

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday   |   |
|--|---|---|--|---|--|--|---|
| <p>9:00 CBS News Sunday (LR)<br/>10:00 Family Volleyball (LR)<br/>10:45 Sunday Hymns (LR)<br/>11:00 <b>Interfaith Service &amp; Hymns w/ Reverend Tom (TR)</b><br/>1:15 Sunday Matinee (LR)<br/>3:00 Sweet Tooth Social (DR)<br/>3:30 Bingo (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Adult Coloring (DR)</p>   | <p><b>1 Labor Day!</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Stretch Time (LR)<br/>11:00 Name Five (LR)<br/>1:30 Classic Movie Monday (LR)<br/>3:00 Munchies Social (DR)<br/>3:30 Nail Salon (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Sing-A-Long (LR)</p>         | <p><b>2</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Exercise Essentials: Senior Stretch w/Patty (LR)<br/>11:00 SingFit w/Patty (LR)<br/>1:30 Pleasing Puzzles (DR)<br/>3:00 Tasty Tuesday Social (DR)<br/>3:30 Fill in the Phrase (LR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Old Time TV Favorites (LR)</p>  | <p><b>3 National Wildlife Day!</b><br/>9:00 Morning News Shows (LR)<br/>10:30 <b>Scenic Ride w/Patty (LR)</b><br/>11:00 Baking w/Lisa (DR)<br/>1:30 Adult Coloring (DR)<br/>3:00 Scrumptious Social (DR)<br/>3:15 Catholic Communion (AR)<br/>3:30 Dice &amp; Kisses (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Puzzle Fun! (DR)</p>                           | <p><b>4 Kickoff Day!</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Balloon Volleyball w/Patty (LR)<br/>10:45 SingFit (LR)<br/>1:30 Midweek Musical (LR)<br/>3:00 Pub Food Social (LR)<br/>3:30 Craft Time! (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Love To Learn (LR)</p> | <p><b>5</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Exercise Essentials: Senior Dance w/Patty (LR)<br/>11:00 <b>Sunrise Singers w/ Amy (B)</b><br/>1:15 Nail Spa (DR)<br/>3:00 Cheese &amp; Cracker Social (DR)<br/>3:30 Fill in the Phrase (LR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Friday Night Movie (DR)</p>                              | <p><b>6</b><br/>9:00 Weekend Edition News (LR)<br/>9:30 Bread Baking (DR)<br/>10:00 Exercise Essentials: Senior Stretch w/Patty (LR)<br/>11:00 Dice &amp; Kisses (DR)<br/>1:30 Word Games (LR)<br/>3:00 Fresh Bread Social (DR)<br/>3:30 Puzzle Time (LR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Sing-A-Long (LR)</p>                 |   |
| <p><b>8 Grandparents Day!</b><br/>9:00 CBS News Sunday (LR)<br/>10:00 Family Volleyball (LR)<br/>10:45 Sunday Hymns (LR)<br/>1:15 Sunday Matinee (LR)<br/>3:00 Sweet Tooth Social (DR)<br/>3:30 Bingo (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Adult Coloring (DR)</p>   | <p><b>9</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Stretch Time (LR)<br/>11:00 Name Five (LR)<br/>1:30 Classic Movie Monday (LR)<br/>3:00 Munchies Social (DR)<br/>3:30 Nail Salon (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Sing-A-Long (LR)</p>                    | <p><b>10</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Exercise Essentials: Senior Stretch w/Patty (LR)<br/>11:00 SingFit w/Patty (LR)<br/>1:30 Pleasing Puzzles (DR)<br/>3:00 Tasty Tuesday Social (DR)<br/>3:30 Fill in the Phrase (LR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Old Time TV Favorites (LR)</p> | <p><b>11</b><br/>9:00 Morning News Shows (LR)<br/>10:30 <b>Scenic Ride w/Patty (LR)</b><br/>11:00 Sing-A-Long w/ Gladys (LR)<br/>1:30 Adult Coloring (DR)<br/>3:00 Scrumptious Social (DR)<br/>3:15 Catholic Communion (AR)<br/>3:30 Dice &amp; Kisses (DR)<br/>3:45 <b>Charlie Performs! (3LR)</b><br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Puzzle Fun! (DR)</p> | <p><b>12</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Balloon Volleyball w/Patty (LR)<br/>11:00 SingFit (LR)<br/>1:30 Midweek Musical (LR)<br/>3:00 Pub Food Social (LR)<br/>3:30 Craft Time! (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Love To Learn (LR)</p>             | <p><b>13</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Exercise Essentials: Senior Dance w/Patty (LR)<br/>10:45 Artist Study-MoMA w/Patty (LR)<br/>1:15 Nail Spa (DR)<br/>3:00 Cheese &amp; Cracker Social (DR)<br/>3:30 Fill in the Phrase (LR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Friday Night Movie (DR)</p>                                | <p><b>14 Harvest Moon!</b><br/>9:00 Weekend Edition News (LR)<br/>9:30 Bread Baking (DR)<br/>10:00 Exercise Essentials: Senior Stretch w/Patty (LR)<br/>11:00 Dice &amp; Kisses (DR)<br/>1:30 Word Games (LR)<br/>3:00 Fresh Bread Social (DR)<br/>3:30 Puzzle Time (LR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Sing-A-Long (LR)</p>  |   |
| <p><b>15</b><br/>9:00 CBS News Sunday (LR)<br/>10:00 Family Volleyball (LR)<br/>10:45 Sunday Hymns (LR)<br/>11:00 <b>Interfaith Service &amp; Hymns w/ Reverend Tom (TR)</b><br/>1:15 Sunday Matinee (LR)<br/>3:00 Sweet Tooth Social (DR)<br/>3:30 Bingo (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Adult Coloring (DR)</p>   | <p><b>16</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Stretch Time (LR)<br/>11:00 Name Five (LR)<br/>1:30 Classic Movie Monday (LR)<br/>3:00 Munchies Social (DR)<br/>3:30 Nail Salon (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Sing-A-Long (LR)</p>                   | <p><b>17</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Exercise Essentials: Senior Stretch (LR)<br/>11:00 SingFit w/Hannah (LR)<br/>1:30 Pleasing Puzzles (DR)<br/>3:00 Tasty Tuesday Social (DR)<br/>3:30 Fill in the Phrase (LR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Old Time TV Favorites (LR)</p>        | <p><b>18 Happy Birthday U.S. Air Force!</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Senior Stretch (LR)<br/>11:00 Baking w/Lisa (DR)<br/>1:30 Adult Coloring (DR)<br/>3:00 Scrumptious Social (DR)<br/>3:15 Catholic Communion (AR)<br/>3:30 Dice &amp; Kisses (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Puzzle Fun! (DR)</p>                              | <p><b>19</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Balloon Volleyball (LR)<br/>11:00 Name Five (LR)<br/>1:30 Midweek Musical (LR)<br/>3:00 Pub Food Social (LR)<br/>3:30 Craft Time! (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Love To Learn (LR)</p>                   | <p><b>20</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Balloon Volleyball (LR)<br/>10:30 <b>Engleside Christian School Performs (LR)</b><br/>1:15 Nail Spa (DR)<br/>3:00 <b>Eric Performs! (3LR)</b><br/>3:00 Cheese &amp; Cracker Social (DR)<br/>3:30 Fill in the Phrase (LR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Friday Night Movie (DR)</p> | <p><b>21 World Alzheimer's Day!</b><br/>9:00 Weekend Edition News (LR)<br/>9:30 Bread Baking (DR)<br/>10:00 Exercise Essentials: Senior Stretch (LR)<br/>11:00 Dice &amp; Kisses (DR)<br/>1:30 Word Games (LR)<br/>3:00 Fresh Bread Social (DR)<br/>3:30 Puzzle Time (LR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Sing-A-Long (LR)</p> |   |
| <p><b>22</b><br/>9:00 CBS News Sunday (LR)<br/>10:00 Family Volleyball (LR)<br/>10:45 Sunday Hymns (LR)<br/>1:15 Sunday Matinee (LR)<br/>3:00 Sweet Tooth Social (DR)<br/>3:30 Bingo (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Adult Coloring (DR)</p>  | <p><b>23 First Day of Fall</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Stretch Time (LR)<br/>11:00 Name Five (LR)<br/>1:30 Classic Movie Monday (LR)<br/>3:00 Munchies Social (DR)<br/>3:30 Nail Salon (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Sing-A-Long (LR)</p> | <p><b>24</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Exercise Essentials: Senior Stretch w/Patty (LR)<br/>11:00 SingFit w/Patty (LR)<br/>1:30 Pleasing Puzzles (DR)<br/>3:00 Tasty Tuesday Social (DR)<br/>3:30 Fill in the Phrase (LR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Old Time TV Favorites (LR)</p> | <p><b>25 One Hit Wonder Day!</b><br/>9:00 Morning News Shows (LR)<br/>10:30 <b>Scenic Ride w/Patty (LR)</b><br/>11:00 Sing-A-Long w/ Gladys (LR)<br/>1:30 Adult Coloring (DR)<br/>3:00 Scrumptious Social (DR)<br/>3:15 Catholic Communion (AR)<br/>3:30 Dice &amp; Kisses (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Puzzle Fun! (DR)</p>                     | <p><b>26</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Balloon Volleyball w/Patty (LR)<br/>11:00 SingFit (LR)<br/>1:30 Midweek Musical (LR)<br/>3:00 Pub Food Social (LR)<br/>3:30 Craft Time! (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Love To Learn (LR)</p>             | <p><b>27</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Exercise Essentials: Senior Dance w/Patty (LR)<br/>10:45 Artist Study-MoMA w/Patty (LR)<br/>1:15 Nail Spa (DR)<br/>3:00 Cheese &amp; Cracker Social (DR)<br/>3:30 Fill in the Phrase (LR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Friday Night Movie (DR)</p>                                | <p><b>28</b><br/>9:00 Weekend Edition News (LR)<br/>9:30 Bread Baking (DR)<br/>10:00 Exercise Essentials: Senior Stretch w/Patty (LR)<br/>11:00 Dice &amp; Kisses (DR)<br/>1:30 Word Games (LR)<br/>3:00 Fresh Bread Social (DR)<br/>3:30 Puzzle Time (LR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Sing-A-Long (LR)</p>                |   |
| <p><b>29 Rosh Hashanah</b><br/>9:00 CBS News Sunday (LR)<br/>10:00 Family Volleyball (LR)<br/>10:45 Sunday Hymns (LR)<br/>11:00 <b>Interfaith Service &amp; Hymns w/ Reverend Tom (TR)</b><br/>1:15 Sunday Matinee (LR)<br/>2:00 <b>Alzheimer's Family Bingo Fundraiser &amp; Walk (TR)</b><br/>3:00 Sweet Tooth Social (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Adult Coloring (DR)</p> | <p><b>30</b><br/>9:00 Morning News Shows (LR)<br/>10:00 Stretch Time (LR)<br/>11:00 Name Five (LR)<br/>1:30 Classic Movie Monday (LR)<br/>3:00 Munchies Social (DR)<br/>3:30 Nail Salon (DR)<br/>4:30 Go4Life Walking Club (LR)<br/>6:15 Sing-A-Long (LR)</p>                   | <p>3LR 3rd Floor Living Room<br/>AR Activities Room<br/>B Bistro<br/>DR Dining Room<br/>G Garden<br/>LR Living Room<br/>MR 3rd Floor Media Room<br/>RR Reflection Room<br/>TR Training Room<br/>TV First Floor TV Room</p>  |  |   |  |  | <p>Happy Birthday!!<br/>9.4 Cynthia P.<br/>9.11 Tracey B.<br/>9.16 Lillian J.</p> |

**SEPTEMBER 2019**  
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**LIVE WITH PURPOSE**

