

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 CBS News Sunday Morning (TV) <b>1</b></p> <p>10:00 Exercise essentials: Stretch (MR)</p> <p>11:00 <b>Interfaith Service &amp; Hymns w/ Reverend Tom (TR)</b></p> <p>1:15 Sunday Matinee (TV)</p> <p>2:00 French Club (AR)</p> <p>3:00 Sweet Tooth Social (TR)</p> <p>3:30 Bingo (TR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Postprandial News &amp; Chat (TV)</p>	<p><b>Labor Day!</b> <b>2</b></p> <p>9:00 News Review (LR)</p> <p>10:00 Exercise Essentials: Strengthen (MR)</p> <p>10:45 <b>Educational Lecture with Dr. Roger Koment (MR)</b></p> <p>1:30 SingFit (3LR)</p> <p>3:00 Monday Munchies (3DR)</p> <p>3:30 <b>Monthly Review (3LR)</b></p> <p>4:00 <b>Labor Day Celebration! (3LR)</b></p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Netflix Series - Call the Midwife (TV)</p>	<p>9:00 News Time (LR) <b>3</b></p> <p>9:30 Bread Baking (AR)</p> <p>10:00 Exercise Essentials: Intervals (MR)</p> <p>11:00 MOMA (AR)</p> <p>1:30 Art Workshop (AR)</p> <p>3:00 Happy Hour (3DR)</p> <p>3:30 Trivia Tuesday (3DR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Table Games w/ Tori (AR)</p>	<p><b>National Wildlife Day!</b> <b>4</b></p> <p>9:00 News &amp; Chat (LR)</p> <p>10:00 Ageless Yoga (MR)</p> <p>11:00 Flower Arranging (AR)</p> <p>1:15 <b>Scenic Ride (L)</b></p> <p>3:00 Scrumptious Social (3DR)</p> <p>3:15 Catholic Communion (AR)</p> <p>3:30 Bingo &amp; Store (3DR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Grey's Anatomy (TV)</p> <p>6:15 Puzzle Club (AR)</p>	<p><b>Kickoff Day!</b> <b>5</b></p> <p>9:00 Catch up w/ News (LR)</p> <p>9:30 Bread Baking (AR)</p> <p>10:00 Cardio &amp; Strength (MR)</p> <p>11:00 <b>Dining Committee (PDR)</b></p> <p>1:30 <b>Shopping Trip (L)</b></p> <p>3:00 Fresh Bread Social (3DR)</p> <p>3:30 Word Games (TR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 News w/ Neighbors (TV)</p> <p>6:15 Postprandial News &amp; Coloring (AR)</p>	<p>9:00 News &amp; Views (LR) <b>6</b></p> <p>10:00 Chair Exercise (MR)</p> <p>11:00 <b>Sunrise Singers w/ Amy (3LR)</b></p> <p>1:30 Light Literature (MR)</p> <p>3:00 Happy Hour (3DR)</p> <p>3:30 Listen &amp; Learn (3LR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Miss Fisher's Murder Mysteries (TV)</p>	<p>9:00 Weekend Edition News (LR) <b>7</b></p> <p>10:00 Arthritis Strength (MR)</p> <p>11:00 Coffee &amp; Coloring (AR)</p> <p>1:30 Fun History (AR)</p> <p>3:00 Chip n' Dip Social (3DR)</p> <p>3:30 Word Play (3DR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Netflix Series - Father Brown (TV)</p>
<p><b>Grandparents Day!</b> <b>8</b></p> <p>9:00 CBS News Sunday Morning (TV)</p> <p>10:00 Exercise essentials: Stretch (MR)</p> <p>11:00 Francis Chan on Youtube (TV)</p> <p>1:15 Sunday Matinee (TV)</p> <p>2:00 Spanish Club (AR)</p> <p>3:00 Sweet Tooth Social (TR)</p> <p>3:30 Bingo (TR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Postprandial News &amp; Chat (TV)</p>	<p>9:00 News Review (LR) <b>9</b></p> <p>10:00 Exercise Essentials: Strengthen (MR)</p> <p>11:00 SingFit (3LR)</p> <p>1:30 <b>Tea &amp; Poetry w/ Peter (AR)</b></p> <p>3:00 Monday Munchies (3DR)</p> <p>3:30 Crosswords (3LR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Netflix Series - Call the Midwife (TV)</p>	<p>9:00 News Time (LR) <b>10</b></p> <p>9:30 Bread Baking (AR)</p> <p>10:00 Exercise Essentials: Intervals (MR)</p> <p>11:00 Nail Spa (AR)</p> <p>1:30 Art Workshop (AR)</p> <p>3:00 Cheese Sampling Social (3DR)</p> <p>3:30 Scattegories (3LR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Table Games w/ Tori (AR)</p>	<p>9:00 News &amp; Chat (LR) <b>11</b></p> <p>10:00 <b>Ageless Yoga (MR)</b></p> <p>11:00 Flower Arranging (AR)</p> <p>1:30 Midweek Documentary (TV)</p> <p>3:00 Scrumptious Social (3DR)</p> <p>3:15 Catholic Communion (AR)</p> <p>3:45 <b>Charlie Performs! (3LR)</b></p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Grey's Anatomy (TV)</p> <p>6:15 Puzzle Club (AR)</p>	<p>9:00 Catch up w/ News (LR) <b>12</b></p> <p>9:30 Bread Baking (AR)</p> <p>10:00 Cardio &amp; Strength (MR)</p> <p>11:15 <b>Lunch Outing (L)</b></p> <p>1:15 Midweek Musical (TV)</p> <p>3:00 Fresh Bread Social (3DR)</p> <p>3:30 Word Games (TR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 News w/ Neighbors (TV)</p> <p>6:15 Postprandial News &amp; Coloring (AR)</p>	<p>9:00 News &amp; Views (LR) <b>13</b></p> <p>10:00 Chair Exercise (MR)</p> <p>11:00 News &amp; Word Games (AR)</p> <p>1:30 Light Literature (MR)</p> <p>3:00 Happy Hour (3DR)</p> <p>3:30 Friday Fun Facts (3DR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Miss Fisher's Murder Mysteries (TV)</p>	<p><b>Harvest Moon!</b> <b>14</b></p> <p>9:00 Weekend Edition News (LR)</p> <p>10:00 Arthritis Strength (MR)</p> <p>11:00 Coffee &amp; Coloring (AR)</p> <p>1:15 <b>Box Office Blockbusters (MR)</b></p> <p>3:00 Chip n' Dip Social (3DR)</p> <p>3:30 Word Play (3DR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Netflix Series - Father Brown (TV)</p>
<p>9:00 CBS News Sunday Morning (TV) <b>15</b></p> <p>10:00 Exercise essentials: Stretch (MR)</p> <p>11:00 <b>Interfaith Service &amp; Hymns w/ Reverend Tom (TR)</b></p> <p>1:15 Sunday Matinee (TV)</p> <p>3:00 Sweet Tooth Social (TR)</p> <p>3:30 Bingo (TR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Postprandial News &amp; Chat (TV)</p>	<p>9:00 News Review (LR) <b>16</b></p> <p>10:00 Exercise Essentials: Strengthen (MR)</p> <p>10:45 <b>Educational Lecture with Dr. Roger Koment (MR)</b></p> <p>1:30 SingFit (3LR)</p> <p>3:00 Monday Munchies (3DR)</p> <p>3:30 Mind Your Mind (3LR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Netflix Series - Call the Midwife (TV)</p>	<p>9:00 News Time (LR) <b>17</b></p> <p>9:30 Bread Baking (AR)</p> <p>10:00 Exercise Essentials: Intervals (MR)</p> <p>11:00 MOMA (AR)</p> <p>1:30 Art Workshop (AR)</p> <p>3:00 Happy Hour (3DR)</p> <p>3:30 Crosswords (3LR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Table Games w/ Tori (AR)</p>	<p><b>Happy Birthday U.S. Air Force!</b> <b>18</b></p> <p>9:00 News &amp; Chat (LR)</p> <p>10:00 <b>Ageless Yoga (MR)</b></p> <p>11:00 Flower Arranging (AR)</p> <p>1:30 Midweek Documentary (TV)</p> <p>3:00 Scrumptious Social (3DR)</p> <p>3:15 Catholic Communion (AR)</p> <p>3:30 Bingo &amp; Store (3DR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Grey's Anatomy (TV)</p> <p>6:15 Puzzle Club (AR)</p>	<p>9:00 Catch up w/ News (LR) <b>19</b></p> <p>9:30 Bread Baking (AR)</p> <p>10:00 Cardio &amp; Strength (MR)</p> <p>11:00 <b>Crafts w/ Jenalyn (AR)</b></p> <p>1:30 <b>Games w/ Aldy! (AR)</b></p> <p>3:00 Fresh Bread Social (3DR)</p> <p>3:30 <b>Word Games w/ Diane (3LR)</b></p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 News w/ Neighbors (TV)</p> <p>6:15 Postprandial News &amp; Coloring (AR)</p>	<p>9:00 News &amp; Views (LR) <b>20</b></p> <p>10:00 Chair Exercise (MR)</p> <p>11:00 <b>Engleside Christian School Performs (3LR)</b></p> <p>1:30 <b>Care Package Assembly (AR)</b></p> <p>3:00 <b>Eric Performs (3LR)</b></p> <p>3:30 Happy Hour (3DR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Miss Fisher's Murder Mysteries (TV)</p>	<p><b>World Alzheimer's Day!</b> <b>21</b></p> <p>9:00 Weekend Edition News (LR)</p> <p>10:00 Arthritis Strength (MR)</p> <p>11:00 Coffee &amp; Coloring (AR)</p> <p>1:30 <b>Evolution of the American Flag w/ Paul (3LR)</b></p> <p>3:00 Chip n' Dip Social (3DR)</p> <p>3:30 <b>Word Games w/ Channail (3LR)</b></p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Netflix Series - Father Brown (TV)</p>
<p>9:00 CBS News Sunday Morning (TV) <b>22</b></p> <p>10:00 Exercise essentials: Stretch (MR)</p> <p>11:00 Francis Chan on Youtube (TV)</p> <p>1:15 Sunday Matinee (TV)</p> <p>3:00 Sweet Tooth Social (TR)</p> <p>3:30 Bingo (TR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Postprandial News &amp; Chat (TV)</p>	<p><b>First Day of Fall!</b> <b>23</b></p> <p>9:00 News Review (LR)</p> <p>10:00 Exercise Essentials: Strengthen (MR)</p> <p>11:00 Mind Your Mind (AR)</p> <p>1:30 SingFit (3LR)</p> <p>3:00 Monday Munchies (3DR)</p> <p>3:30 Crosswords (3DR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Netflix Series - Call the Midwife (TV)</p>	<p>9:00 News Time (LR) <b>24</b></p> <p>9:30 Bread Baking (AR)</p> <p>10:00 Exercise Essentials: Intervals (MR)</p> <p>11:00 Nail Spa (AR)</p> <p>1:30 <b>Sip n' Paint (AR)</b></p> <p>3:00 Happy Hour (3DR)</p> <p>3:30 A to Z (3DR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Table Games w/ Tori (AR)</p>	<p><b>One Hit Wonder Day!</b> <b>25</b></p> <p>9:00 News &amp; Chat (LR)</p> <p>10:00 <b>Ageless Yoga (MR)</b></p> <p>11:00 Flower Arranging (AR)</p> <p>1:30 Midweek Documentary (TV)</p> <p>3:00 Scrumptious Social (3DR)</p> <p>3:15 Catholic Communion (AR)</p> <p>3:30 Bingo &amp; Store (3DR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Grey's Anatomy (TV)</p> <p>6:15 Puzzle Club (AR)</p>	<p>9:00 Catch up w/ News (LR) <b>26</b></p> <p>9:30 Bread Baking (AR)</p> <p>10:00 Cardio &amp; Strength (MR)</p> <p>11:15 <b>Lunch Outing (L)</b></p> <p>1:15 Midweek Musical (TV)</p> <p>3:00 Fresh Bread Social (3DR)</p> <p>3:30 Word Games (TR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 News w/ Neighbors (TV)</p> <p>6:15 Postprandial News &amp; Coloring (AR)</p>	<p>9:00 News &amp; Views (LR) <b>27</b></p> <p>10:00 Chair Exercise (MR)</p> <p>11:00 News &amp; Word Games (AR)</p> <p>1:30 Light Literature (MR)</p> <p>3:00 Happy Hour (3DR)</p> <p>3:30 Listen &amp; Learn (3DR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Miss Fisher's Murder Mysteries (TV)</p>	<p>9:00 Weekend Edition News (LR) <b>28</b></p> <p>10:00 Arthritis Strength (MR)</p> <p>11:00 Coffee &amp; Coloring (AR)</p> <p>1:15 <b>Box Office Blockbusters (MR)</b></p> <p>3:00 Chip n' Dip Social (3DR)</p> <p>3:30 Word Play (3DR)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Netflix Series - Father Brown (TV)</p>
<p><b>Rosh Hashanah</b> <b>29</b></p> <p>9:00 CBS News Sunday Morning (TV)</p> <p>10:00 Exercise essentials: Stretch (MR)</p> <p>11:00 <b>Interfaith Service &amp; Hymns w/ Reverend Tom (TR)</b></p> <p>2:00 <b>Alzheimer's Family Bingo Fundraiser &amp; Walk (TR)</b></p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Postprandial News &amp; Chat (TV)</p>	<p>9:00 News Review (LR) <b>30</b></p> <p>10:00 Exercise Essentials: Strengthen (MR)</p> <p>11:00 <b>Resident Council (TV)</b></p> <p>1:30 SingFit (3LR)</p> <p>3:00 Monday Munchies (3DR)</p> <p>3:30 You Be The Judge (B)</p> <p>4:30 Go4Life Walking Club (L)</p> <p>6:15 Netflix Series - Call the Midwife (TV)</p>	<p>3DR 3rd Floor Dining Room</p> <p>3LR 3rd Floor Living Room</p> <p>AR Activities Room</p> <p>B Bistro</p> <p>L Lobby</p> <p>LR First Floor Living Room</p> <p>MR 3rd Floor Media Room</p> <p>PDR Private Dining Room</p> <p>TR Training Room</p> <p>TV First Floor TV Room</p>			<p><b>Happy Birthday!!!</b></p> <p>9.1 Carol H.</p> <p>9.7 Laszlo S.</p> <p>9.14 Wilhelmina L.</p> <p>9.26 Ann W.</p> <p>9.27 Dorothy M.</p> <p>9.29 Vernon R.</p>	