

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Exercise Essentials: Range of Motion (TR) 1</p> <p>10:30 Walking club</p> <p>11:00 News Currents (TR)</p> <p>12:30 Baking Club (4K)</p> <p>12:30 News Currents (TR)</p> <p>2:00 Adult Coloring</p> <p>2:00 Afternoon Movie and Popcorn</p> <p>3:00 Mental Aerobics and Social (TR)</p> <p>6:00 Movie Social (TR)</p>	<p>10:00 Walking Club with Sona (TR) 2</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>12:30 Story Time (TR)</p> <p>2:00 Hand Massage</p> <p>3:00 Trivia/Fun Facts and Social (TR)</p> <p>5:30 Movie time</p> <p>6:00 Live with Reflection/Meditation</p>	<p>10:00 Exercise Essential: Ball Toss (TR) 3</p> <p>10:30 Adult Coloring with Students (4K)</p> <p>11:00 Walking Club</p> <p>1:30 Peeling vegetables for Kitchen</p> <p>2:30 Music Appreciation (TR)</p> <p>3:30 Trivia and Brain games and Socials (TR)</p> <p>4:30 Live with Anticipation Club: Diner Club (AR)</p> <p>6:00 Documentary Video (TR)</p>	<p>9:30 Walking Club with Care Managers 4</p> <p>10:30 Meet me at MOMA (4K)</p> <p>11:00 Restaurant outing</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>11:00 Catholic Church</p> <p>1:30 Bingo (4K)</p> <p>2:30 Happy hour with Danny</p> <p>3:30 Trivia and Fun Facts and Socials (TR)</p> <p>7:00 Beauty Corner with Sona (AR)</p>	<p>10:00 Walking Club with Sona 5</p> <p>11:00 Bible Study with Father Adrian</p> <p>12:30 News Currents Club (TR)</p> <p>1:30 Go for Life: Bowling (TR)</p> <p>2:30 Sing along</p> <p>3:30 Chicken soup for Souland Socials (TR)</p> <p>5:30 Musical Movie</p> <p>6:00 Live with Reflection: Meditation</p>	<p>9:30 Walking Club 6</p> <p>10:30 Bible Study</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>1:30 Word Search and Pictionary (4K)</p> <p>2:00 Spiritual Time</p> <p>3:00 Trivia Social (TR)</p> <p>5:15 Friday Movie (TR)</p> <p>7:00 Hand Massage</p>	<p>10:00 Exercise Essential: Ball Toss (TR) 7</p> <p>11:00 Walking Club</p> <p>2:00 Happy hour: Music and Dance</p> <p>3:00 Social Trivia (TR)</p> <p>5:30 Documentary Video (TR)</p> <p>6:00 Live with Reflection: Meditation</p>
<p>9:30 Exercise Essentials: Range of Motion (TR) 8</p> <p>10:30 Walking club</p> <p>11:00 Annual BBQ event</p> <p>11:00 News Currents (TR)</p> <p>12:30 Baking Club (4K)</p> <p>12:30 News Currents (TR)</p> <p>2:00 Adult Coloring</p> <p>2:00 Afternoon Movie and Popcorn</p> <p>3:00 Mental Aerobics and Social (TR)</p> <p>6:00 Movie Social (TR)</p>	<p>10:00 Walking Club with Sona (TR) 9</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>12:30 Story Time (TR)</p> <p>2:00 Dance performance</p> <p>2:00 Hand Massage</p> <p>3:00 Trivia/Fun Facts and Social (TR)</p> <p>5:30 Movie time</p> <p>6:00 Live with Reflection/Meditation</p>	<p>10:00 Exercise Essential: Ball Toss (TR) 10</p> <p>10:30 Adult Coloring with Students (4K)</p> <p>11:00 Walking Club</p> <p>1:30 Tan Jay Clothing</p> <p>1:30 Peeling vegetables for Kitchen</p> <p>2:30 Music Appreciation (TR)</p> <p>3:30 Trivia and Brain games and Socials (TR)</p> <p>4:30 Live with Anticipation Club: Diner Club (AR)</p> <p>6:00 Documentary Video (TR)</p>	<p>9:30 Walking Club with Care Managers 11</p> <p>10:30 Meet me at MOMA (4K)</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>11:00 Catholic Church</p> <p>1:30 Bingo (4K)</p> <p>2:00 Coffee Shop outing</p> <p>2:30 Happy hour with Danny</p> <p>3:30 Trivia and Fun Facts and Socials (TR)</p> <p>7:00 Beauty Corner with Sona (AR)</p>	<p>10:00 Walking Club with Sona 12</p> <p>11:00 Bible Study with Father Adrian</p> <p>12:30 News Currents Club (TR)</p> <p>1:30 Go for Life: Bowling (TR)</p> <p>2:30 Sing along</p> <p>3:30 Chicken soup for Souland Socials (TR)</p> <p>5:30 Musical Movie</p> <p>6:00 Live with Reflection: Meditation</p>	<p>9:30 Walking Club 13</p> <p>10:00 Kajama Tall Ship</p> <p>10:30 Bible Study</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>1:30 Word Search and Pictionary (4K)</p> <p>2:00 Spiritual Time</p> <p>3:00 Trivia Social (TR)</p> <p>5:15 Friday Movie (TR)</p> <p>7:00 Hand Massage</p>	<p>10:00 Exercise Essential: Ball Toss (TR) 14</p> <p>11:00 Walking Club</p> <p>2:00 Happy hour: Music and Dance</p> <p>3:00 Social Trivia (TR)</p> <p>5:30 Documentary Video (TR)</p> <p>6:00 Live with Reflection: Meditation</p>
<p>9:30 Exercise Essentials: Range of Motion (TR) 15</p> <p>10:30 Walking club</p> <p>11:00 News Currents (TR)</p> <p>12:30 Baking Club (4K)</p> <p>12:30 News Currents (TR)</p> <p>2:00 Adult Coloring</p> <p>2:00 Afternoon Movie and Popcorn</p> <p>3:00 Mental Aerobics and Social (TR)</p> <p>6:00 Movie Social (TR)</p>	<p>10:00 Walking Club with Sona (TR) 16</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>12:30 Story Time (TR)</p> <p>2:00 Hand Massage</p> <p>3:00 Trivia/Fun Facts and Social (TR)</p> <p>5:30 Movie time</p> <p>6:00 Live with Reflection/Meditation</p>	<p>10:00 Exercise Essential: Ball Toss (TR) 17</p> <p>10:30 Adult Coloring with Students (4K)</p> <p>11:00 Walking Club</p> <p>1:30 Peeling vegetables for Kitchen</p> <p>2:30 Music Appreciation (TR)</p> <p>3:30 Trivia and Brain games and Socials (TR)</p> <p>4:30 Live with Anticipation Club: Diner Club (AR)</p> <p>6:00 Documentary Video (TR)</p>	<p>9:30 Walking Club with Care Managers 18</p> <p>10:30 Meet me at MOMA (4K)</p> <p>11:00 Farm Trip</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>11:00 Catholic Church</p> <p>1:30 Bingo (4K)</p> <p>2:30 Happy hour with Danny</p> <p>3:30 Trivia and Fun Facts and Socials (TR)</p> <p>7:00 Beauty Corner with Sona (AR)</p>	<p>10:00 Walking Club with Sona 19</p> <p>11:00 Bible Study with Father Adrian</p> <p>12:30 News Currents Club (TR)</p> <p>1:30 Go for Life: Bowling (TR)</p> <p>2:30 Sing along</p> <p>3:30 Chicken soup for Souland Socials (TR)</p> <p>5:30 Musical Movie</p> <p>6:00 Live with Reflection: Meditation</p>	<p>9:30 Walking Club 20</p> <p>10:30 Bible Study</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>1:30 Word Search and Pictionary (4K)</p> <p>2:00 Spiritual Time</p> <p>3:00 Trivia Social (TR)</p> <p>5:15 Friday Movie (TR)</p> <p>7:00 Hand Massage</p>	<p>10:00 Exercise Essential: Ball Toss (TR) 21</p> <p>11:00 Walking Club</p> <p>2:00 Happy hour: Music and Dance</p> <p>3:00 Social Trivia (TR)</p> <p>5:30 Documentary Video (TR)</p> <p>6:00 Live with Reflection: Meditation</p>
<p>9:30 Exercise Essentials: Range of Motion (TR) 22</p> <p>10:30 Walking club</p> <p>11:00 News Currents (TR)</p> <p>12:30 Baking Club (4K)</p> <p>12:30 News Currents (TR)</p> <p>2:00 Adult Coloring</p> <p>2:00 Afternoon Movie and Popcorn</p> <p>3:00 Mental Aerobics and Social (TR)</p> <p>6:00 Movie Social (TR)</p>	<p>10:00 Walking Club with Sona (TR) 23</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>12:30 Story Time (TR)</p> <p>2:00 Clothing Vendor in house</p> <p>2:00 Hand Massage</p> <p>3:00 Trivia/Fun Facts and Social (TR)</p> <p>5:30 Movie time</p> <p>6:00 Live with Reflection/Meditation</p>	<p>10:00 Exercise Essential: Ball Toss (TR) 24</p> <p>10:30 Adult Coloring with Students (4K)</p> <p>11:00 Walking Club</p> <p>1:30 Peeling vegetables for Kitchen</p> <p>2:30 Music Appreciation (TR)</p> <p>3:30 Trivia and Brain games and Socials (TR)</p> <p>4:30 Live with Anticipation Club: Diner Club (AR)</p> <p>6:00 Documentary Video (TR)</p>	<p>9:30 Walking Club with Care Managers 25</p> <p>10:30 Meet me at MOMA (4K)</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>11:00 Catholic Church</p> <p>1:30 Bingo (4K)</p> <p>2:30 Happy hour with Danny</p> <p>3:30 Trivia and Fun Facts and Socials (TR)</p> <p>7:00 Beauty Corner with Sona (AR)</p>	<p>10:00 Walking Club with Sona 26</p> <p>11:00 Bible Study with Father Adrian</p> <p>12:30 News Currents Club (TR)</p> <p>1:30 Go for Life: Bowling (TR)</p> <p>2:30 Sing along</p> <p>3:30 Chicken soup for Souland Socials (TR)</p> <p>5:30 Musical Movie</p> <p>6:00 Live with Reflection: Meditation</p>	<p>9:30 Walking Club 27</p> <p>10:30 Bible Study</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>1:30 Word Search and Pictionary (4K)</p> <p>2:00 Spiritual Time</p> <p>3:00 Trivia Social (TR)</p> <p>5:15 Friday Movie (TR)</p> <p>7:00 Hand Massage</p>	<p>10:00 Exercise Essential: Ball Toss (TR) 28</p> <p>11:00 Walking Club</p> <p>2:00 Happy hour: Music and Dance</p> <p>3:00 Social Trivia (TR)</p> <p>5:30 Documentary Video (TR)</p> <p>6:00 Live with Reflection: Meditation</p>
<p>9:30 Exercise Essentials: Range of Motion (TR) 29</p> <p>10:30 Walking club</p> <p>11:00 News Currents (TR)</p> <p>12:30 Baking Club (4K)</p> <p>12:30 News Currents (TR)</p> <p>2:00 Adult Coloring</p> <p>2:00 Afternoon Movie and Popcorn</p> <p>3:00 Mental Aerobics and Social (TR)</p> <p>6:00 Movie Social (TR)</p>	<p>10:00 Walking Club with Sona (TR) 30</p> <p>11:00 Sit and Fit Physio (TR)</p> <p>12:30 Story Time (TR)</p> <p>2:00 Hand Massage</p> <p>3:00 Trivia/Fun Facts and Social (TR)</p> <p>5:30 Movie time</p> <p>6:00 Live with Reflection/Meditation</p>	<p>4K Kitchen on 4th floor</p> <p>AR Activity Room</p> <p>CA Common Area on First Floor</p> <p>TR TV room</p>				