

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Current Events (AR) 10:00 Reading (AR) 10:15 Bus to St. Timothy's Catholic Church (FP) 10:30 Coffee Hour (AR) 11:00 Non-Denominational / Meditation Hour (AR) 1:30 Round Table Reading..Independent Activity (AR) 2:00 Dominoes/ Card Games (AR) 3:00 Entertainment: Dori Miller (ALL) 6:15 Bingo Game (ALA)</p>	<p>1 Happy Labor Day 2 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Bean Bag Toss (AR) 10:30 Coffee Hour/ Current Events (AR) 12:00 "Labor Day Luncheon" (DR) 1:30 Mix & Mingle (AR) 2:15 Pretty Nails (AR) 3:00 Labor Day Social (AR) 3:30 1:1 R-R Engagement Cart (R-R) 6:15 Bingo Game (AL-AR)</p>	<p>3 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 10:00 Entertainment w/ Bill Montgomery (DR) 11:00 Coffee Hour (DR) 1:00 Pianist: Mike Warner (ALL) 1:30 Round Table Reading "Independent Activity (AR) 2:15 Bingo Game (AR) 3:00 Social Hour (AR) 3:30 Garden Club (FP) 6:15 Movie Hour: Resident's Choice (MR)</p>	<p>4 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Word Search Puzzles (AR) 10:00 Catholic Communion (R-R) 10:30 Coffee Hour (AR) 1:30 Mix & Mingle (AR) 2:15 Crazy 8 Card Games (AR) 3:00 Social Hour (AR) 3:30 1:1 R-R Engagement Cart (R-R) 6:15 Bingo Game (AL-AR)</p>	<p>5 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Beauty Makeover & Massage (AR) 10:30 Coffee Hour (AR) 1:30 Round Table Reading "Independent Activity (AR) 2:15 Royal Nails (AR) 3:00 Ice Cream Social (AR) 6:15 Movie Hour: Resident's Choice (MR) 6:15 Entertainment: Jim Crabtree (ALL)</p>	<p>6 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Arts & Crafts: Let's Get Creative (AR) 10:30 Coffee Hour (AR) 1:30 Mix & Mingle (AR) 2:15 Bingo Game (AR) 3:00 Happy Hour "Movie & Snacks (MR) 3:30 1:1 R-R Engagement Cart (R-R) 6:15 Bingo Game (AL-AR)</p>	<p>7 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Dominoes Game (AR) 10:30 Coffee Hour (AR) 11:55 Room - Room Visits (R-R) 1:00 Winds of Praise Group Choir/Idlewild Baptist Church Presentation (ALL) 2:00 Open Card Games (AR) 3:00 Ice Cream Social (AR) 4:00 Patio Hour 6:15 Bingo Game (AL-AR)</p>
<p>8 Grand Parents Day / Nat'l Assisted Living Week..8-14 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Ball Toss (AR) 10:00 Reading (AR) 10:15 Bus to St. Timothy's Catholic Church (FP) 10:30 Coffee Hour (AR) 11:00 Non-Denominational / Meditation Hour (AR) 1:30 Round Table Reading..Independent Activity (AR) 2:00 Dominoes/ Card Games (AR) 3:00 Entertainment: Roger Harrison (ALA) 6:15 Bingo Game (ALA)</p>	<p>9 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Trivia Wiz Club (AR) 10:30 Coffee Hour/ News Currents (AR) 1:30 Mix & Mingle (AR) 2:15 Pretty Nails (AR) 3:00 Mango Margarita Social (AR) 3:30 1:1 R-R Engagement Cart (R-R) 6:15 Bingo (ALA)</p>	<p>10 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 10:00 Entertainment w/ Don Bishop (DR) 11:00 Coffee Hour (DR) 1:30 Round Table Reading "Independent Activity (AR) 2:15 Bingo Game (AR) 3:00 Social Hour (AR) 3:30 Garden Club (FP) 6:15 Movie Hour: Resident's Choice (MR) 6:15 "Crossroad Band" (AL)</p>	<p>11 Patriot's Day 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Word Challenge Trivia (AR) 10:00 Catholic Communion (R-R) 10:15 Hand & Arm Massage (AR) 10:30 Coffee Hour (AR) 1:30 Mix & Mingle (AR) 2:30 Poetry Club "The Road Less Traveled" (AR) 2:30 Coloring Therapy (AR) 3:00 Social Hour (AR) 3:30 1:1 R-R Engagement Cart (R-R) 6:15 Bingo Game (AL-AR)</p>	<p>12 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 10:00 Resident Council Meeting (AR) 10:30 Coffee Hour (AR) 1:30 Round Table Reading "Independent Activity (AR) 2:15 Painting w/ Audris (AR) 3:00 Chris Wells Travels to Italy (ALL) 3:00 Social Hour (AR) 3:00 Rootbeer Float Social (AR)</p>	<p>13 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Dominoes Game (AR) 10:30 Coffee Hour (AR) 1:30 Mix & Mingle (AR) 2:15 Bingo Game (AR) 3:00 Happy Hour " Movie & Popcorn (MR) 3:30 1:1 R-R Engagement Cart (R-R) 6:15 Bingo Game (AL-AR)</p>	<p>14 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Bingo Game (AR) 10:30 Coffee Hour (AR) 11:55 Room - Room Visits (R-R) 2:00 Open Card Game (AR) 3:00 Ice Cream Social (AR) 4:00 Patio Hour 6:15 Bingo Game (AL-AR)</p>
<p>15 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Current Events (AR) 10:00 Reading (AR) 10:15 Bus to St. Timothy's Catholic Church (FP) 10:30 Coffee Hour (AR) 11:00 Non-Denominational / Meditation Hour (AR) 1:30 Round Table Reading..Independent Activity (AR) 2:00 Men's Club Dominoes/ Card Games (AR) 3:00 Entertainment: Craig Balden (ALL) 6:15 Bingo Game (ALA)</p>	<p>16 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Card Shark Club (AR) 10:30 Coffee Hour/ News Currents (AR) 1:30 Mix & Mingle (AR) 2:15 Pretty Nails (AR) 3:00 Monday Social (AR) 3:30 1:1 R-R Engagement Cart (R-R) 6:15 Tampa Bay Big Band (ALL)</p>	<p>17 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Culinary Arts Club "Easy Bake" (AR) 10:30 Coffee Hour (DR) 11:00 Tampa City Ballet: "Frida Kahlo" (ALL) 1:30 Round Table Reading "Independent Activity (AR) 2:15 Bingo Game (AR) 3:00 Social Hour (AR) 3:30 Garden Club (FP) 6:15 Movie Hour: Resident's Choice (MR)</p>	<p>18 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Word Search Puzzles (AR) 10:00 Catholic Mass (ALA) 10:00 Catholic Communion (R-R) 10:30 Coffee Hour (AR) 1:30 Mix & Mingle (AR) 2:15 Open Card Games (AR) 3:00 Social Hour (AR) 3:30 1:1 R-R Engagement Cart (R-R) 6:15 Bingo Game (AL-AR)</p>	<p>19 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Beauty Makeover & Massage (AR) 10:30 Coffee Hour (AR) 1:30 Round Table Reading "Independent Activity (AR) 2:15 Royal Nails (AR) 3:00 Fresh Fruit Salad Social Hour (AR) 6:15 Movie Hour: Resident's Choice (MR) 6:15 Entertainment: Singer Jim Crabtree (ALL)</p>	<p>20 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Arts & Crafts " Floral Design" (AR) 10:30 Coffee Hour (AR) 1:30 Mix & Mingle (AR) 2:15 Bingo Game (AR) 3:00 Happy Hour "Movie & Snacks (MR) 3:30 1:1 R-R Engagement Cart (R-R) 4:00 Drew Andrews: Discovery Series (ALL) 6:15 Bingo Game (AL-AR)</p>	<p>21 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Word Game (AR) 10:30 Coffee Hour (AR) 11:55 Room - Room Visits (R-R) 2:00 Open Card Games (AR) 3:00 Ice Cream Social (AR) 4:00 Patio Hour 6:15 Bingo Game (AL-AR)</p>
<p>22 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Ball Toss (AR) 10:00 Reading (AR) 10:15 Bus to St. Timothy's Catholic Church (FP) 10:30 Coffee Hour (AR) 11:00 Non-Denominational / Meditation Hour (AR) 1:30 Round Table Reading..Independent Activity (AR) 1:45 Empowering Ministries Non-Denominational Church Service (DR) 2:00 Dominoes/ Card Games (AR) 3:00 Entertainment: Ritchie Bell (ALL) 6:15 Bingo Game (ALA)</p>	<p>23 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Trivia Wiz Club (AR) 10:30 Coffee Hour (AR) 1:30 Mix & Mingle (AR) 2:15 Pretty Nails (AR) 3:00 Strawberry Daquiri Social (AR) 3:00 Mango Margarita Social (AR) 3:30 1:1 R-R Engagement Cart (R-R) 6:15 Bingo Game (AL-AR)</p>	<p>24 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 10:00 Reminiscing to Music on Keyboard w/ Bette Kerfoot (DR) 11:00 Coffee Hour (DR) 1:30 Round Table Reading "Independent Activity (AR) 2:15 Bingo Game (AR) 3:00 Social Hour (AR) 3:30 Garden Club (FP) 6:15 Movie Hour: Resident's Choice (MR) 6:15 Singer/Guitarists: Stan & Andy</p>	<p>25 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Family Feud -Trivia (AR) 10:00 Catholic Communion (R-R) 10:15 Hand & Arm Massage (AR) 10:30 Coffee Hour (AR) 1:30 Mix & Mingle (AR) 2:30 Coloring Therapy (AR) 3:00 Ladies Tea Social (AR) 3:30 1:1 R-R Engagement Cart (R-R) 6:15 Bingo Game (AL-AR)</p>	<p>26 Alzheimer's Walk 9:00 Reminiscing to Music (AR) 9:30 Go4Life® Walk for Alzheimer's (ALL) 10:30 Coffee Hour (AR) 1:30 Round Table Reading "Independent Activity (AR) 2:15 Painting w/ Audris (AR) 3:00 Rootbeer Float Social (AR) 6:15 Movie: Resident Choice</p>	<p>27 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Dominoes Game (AR) 10:30 Coffee Hour (AR) 1:30 Mix & Mingle (AR) 2:15 Bingo Game (AR) 3:00 Happy Hour " Movie & Popcorn (MR) 3:30 1:1 R-R Engagement Cart (R-R) 6:15 Bingo Game (AL-AR)</p>	<p>28 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Arts & Crafts (AR) 10:30 Coffee Hour (AR) 11:55 Room - Room Visits (R-R) 2:00 Open Card Game (AR) 3:00 Ice Cream Social (AR) 4:00 Patio Hour 6:15 Bingo Game (AL-AR)</p>
<p>29 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Current Events (AR) 10:00 Reading (AR) 10:15 Bus to St. Timothy's Catholic Church (FP) 10:30 Coffee Hour (AR) 11:00 Non-Denominational / Meditation Hour (AR) 1:30 Round Table Reading..Independent Activity (AR) 2:00 Dominoes/ Card Games (AR) 3:00 Entertainment: Bill Montgomery (ALL) 6:15 Bingo Game (ALA)</p>	<p>30 9:00 Reminiscing to Music (AR) 9:15 Go4Life Exercise: Moving & Grooving (AR) 9:45 Card Shark Club (AR) 10:30 Coffee Hour/ News Currents (AR) 1:30 Mix & Mingle (AR) 2:15 Pretty Nails (AR) 3:00 Coke Float Social (AR) 3:30 1:1 R-R Engagement Cart (R-R) 6:15 Bingo Game (AL-AR)</p>	<p>ALAAL Activity Room ALL AL Living Room AR Activity Room DR Dining Room FP Front Porch MR Movie Room R-R Room - Room</p>				

SEPTEMBER 2019
Skilled Nursing
 Brighton Gardens of Tampa
 16702 North Dale Mabry Hwy, Tampa,
 FL 33618; 813-908-2333

LIVE WITH PURPOSE

