

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 Daily Chronicle (TCA) <b>1</b> 10:30 <b>Catholic Communion (TAR)</b> 11:00 Exercise Essentials (TAR) 2:00 Patio Time (TFP) 2:30 Afternoon Social (TCA) 3:00 Meet Me at MoVA (TAR) 3:00 Garden Society 3:30 Go4Life@ Walking Club (TCA) 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>2</b> 10:30 <b>Chair Yoga with Angie (TAR)</b> 11:15 Adult Coloring (TAK) 11:30 Patio Time (TFP) 1:45 Faces & Places (TAR) 2:00 <b>Sing-A-Long with Bonnie (TCA)</b> 2:30 Afternoon Social (TCA) 3:30 Go4Life@ Walking Club (TCA) 6:00 Evening Social & Movie (TAR)	10:00 <b>Manicures and Pedicures with Cindy (HS)</b> <b>3</b> 10:15 Daily Chronicle (TCA) 10:30 Balloon Noodle Volleyball (TCA) 11:30 Patio Time (TFP) 1:30 Go4Life@ Walking Club (TCA) 2:00 SingFit (TCA) 2:30 Afternoon Social (TCA) 3:00 Garden Society 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>4</b> 10:30 Exercise Essentials 11:15 Go4Life@ Walking Club (TCA) 11:15 <b>Catholic Communion (TAR)</b> 11:30 Patio Time (TFP) 2:30 Afternoon Social (TCA) 3:00 SingFit (TAR) 3:30 Bingo (TAK) 6:00 Evening Social & Movie (TAR)	9:00 Pam's Beauty and Barber Shop (HS) <b>5</b> 10:15 Daily Chronicle (TCA) 10:30 Cardio Drumming 11:30 Patio Time (TFP) 2:00 Sunrise Singers with Mary 2:30 Afternoon Social (TCA) 3:00 News Currents with Barb 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>6</b> 10:30 <b>Kaleidoscope Art Class (TAR)</b> 1:30 Go4Life@ Walking Club (TCA) 1:45 Live with Anticipation Club Scenic Dr. (TCA) 2:00 Exercise Essentials (TAR) 2:30 Afternoon Social (TCA) 3:00 Brain Games (TCA) 4:00 Word Games with Konrad (TAR) 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>7</b> 10:30 Go4Life@ Walking Club (TCA) 1:45 Polish Me Pretty (TAK) 2:00 Flower Arranging (TAK) 2:30 Afternoon Social (TCA) 3:00 Sing Fit 3:00 Garden Society 6:00 Meditation and Relaxation 6:00 Evening Social & Movie (TAR)
10:15 Daily Chronicle (TCA) <b>8</b> 10:30 <b>Catholic Communion (TAR)</b> 11:00 Exercise Essentials (TAR) 2:00 Patio Time (TFP) 2:30 Afternoon Social (TCA) 3:00 Garden Society 3:30 Go4Life@ Walking Club (TCA) 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>9</b> 10:30 Cardio Drumming (TAR) 11:15 Adult Coloring (TAK) 11:30 Patio Time (TFP) 1:45 Faces & Places (TAR) 2:30 Afternoon Social (TCA) 3:30 Go4Life@ Walking Club (TCA) 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>10</b> 10:30 Balloon Noodle Volleyball (TCA) 11:30 Patio Time (TFP) 1:30 Go4Life@ Walking Club (TCA) 2:00 SingFit (TCA) 2:30 Afternoon Social (TCA) 3:00 Garden Society 6:00 Evening Social & Movie (TAR)	10:00 <b>Piano Therapy with Frances (TCA)</b> <b>11</b> 10:30 Exercise Essentials 11:00 <b>Fiddle Music w/ Una (TCA)</b> 11:15 Go4Life@ Walking Club (TCA) 1:30 <b>Catholic Communion (TAR)</b> 2:30 Afternoon Social (TCA) 3:00 SingFit (TAR) 3:30 Bingo (TAK) 6:00 Evening Social & Movie (TAR)	9:00 Pam's Beauty and Barber Shop (HS) <b>12</b> 10:00 <b>Bristol Ministries (TAR)</b> 10:15 Daily Chronicle (TCA) 10:30 Cardio Drumming 11:30 Patio Time (TFP) 2:00 Sunrise Singers with Mary 2:30 Afternoon Social (TCA) 3:00 News Currents with Barb 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>13</b> 10:30 Exercise Essentials 11:15 Let's Google It (TAR) 1:30 Go4Life@ Walking Club (TCA) 1:45 Live with Anticipation Club Scenic Dr. (TCA) 2:00 <b>Piano Entertainment (Richard) (TCA)</b> 3:00 Brain Games (TCA) 4:00 Word Games with Konrad (TAR) 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>14</b> 10:30 Go4Life@ Walking Club (TCA) 10:45 Karaoke with Marlene 2:00 Flower Arranging (TAK) 2:30 Afternoon Social (TCA) 3:00 Garden Society 6:00 Meditation and Relaxation 6:00 Evening Social & Movie (TAR)
10:15 Daily Chronicle (TCA) <b>15</b> 10:30 <b>Catholic Communion (TAR)</b> 11:00 Exercise Essentials (TAR) 2:00 Patio Time (TFP) 2:30 Afternoon Social (TCA) 3:00 Meet Me at MoVA (TAR) 3:00 Garden Society 3:30 Go4Life@ Walking Club (TCA) 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>16</b> 10:30 Cardio Drumming (TAR) 11:15 Adult Coloring (TAK) 11:30 Patio Time (TFP) 1:45 Faces & Places (TAR) 2:00 Mind Your Mind Brain Games (TCA) 2:30 Afternoon Social (TCA) 3:30 Go4Life@ Walking Club (TCA) 6:00 Evening Social & Movie (TAR)	10:00 <b>Scarecrow Contest Brainstorming Ideas (TAR)</b> <b>17</b> 10:15 Daily Chronicle (TCA) 10:30 Balloon Noodle Volleyball (TCA) 11:30 Patio Time (TFP) 1:30 Go4Life@ Walking Club (TCA) 2:00 SingFit (TCA) 2:30 Afternoon Social (TCA) 3:00 Garden Society 6:00 Evening Social & Movie (TAR)	10:15 <b>Scarecrow Contest Brainstorming Ideas (TFP)</b> <b>18</b> 10:15 Daily Chronicle (TCA) 10:30 Exercise Essentials 11:15 Go4Life@ Walking Club (TCA) 11:30 Patio Time (TFP) 1:30 <b>Catholic Communion (TAR)</b> 2:30 Afternoon Social (TCA) 3:00 SingFit (TAR) 3:30 Bingo (TAK) 6:00 Evening Social & Movie (TAR)	9:00 Pam's Beauty and Barber Shop (HS) <b>19</b> 10:15 Daily Chronicle (TCA) 10:30 Cardio Drumming 11:30 Patio Time (TFP) 2:00 <b>Entertainment (Andy)</b> 2:30 Afternoon Social (TCA) 3:00 News Currents with Barb 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>20</b> 10:30 <b>Kaleidoscope Art Class (TAR)</b> 1:30 Go4Life@ Walking Club (TCA) 1:45 Live with Anticipation Club Scenic Dr. (TCA) 2:00 Exercise Essentials (TAR) 2:30 Afternoon Social (TCA) 3:00 Brain Games (TCA) 4:00 Word Games with Konrad (TAR) 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>21</b> 10:30 Go4Life@ Walking Club (TCA) 1:45 Polish Me Pretty (TAK) 2:00 Flower Arranging (TAK) 2:30 Afternoon Social (TCA) 3:00 Sing Fit 3:00 Garden Society 6:00 Meditation and Relaxation 6:00 Evening Social & Movie (TAR)
10:15 Daily Chronicle (TCA) <b>22</b> 10:30 <b>Catholic Communion (TAR)</b> 11:00 Exercise Essentials (TAR) 2:00 Patio Time (TFP) 2:30 Afternoon Social (TCA) 3:00 Garden Society 3:30 Go4Life@ Walking Club (TCA) 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>23</b> 10:30 <b>Catholic Communion (TAR)</b> 10:30 Cardio Drumming (TAR) 11:15 Adult Coloring (TAK) 11:30 Patio Time (TFP) 1:45 Faces & Places (TAR) 2:30 Afternoon Social (TCA) 3:30 Go4Life@ Walking Club (TCA) 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>24</b> 10:30 Balloon Noodle Volleyball (TCA) 11:30 Patio Time (TFP) 1:30 Go4Life@ Walking Club (TCA) 2:00 SingFit (TCA) 2:30 Afternoon Social (TCA) 3:00 Garden Society 6:00 Evening Social & Movie (TAR)	10:15 <b>Drumming Circle with Chris (TAR)</b> <b>25</b> 10:15 Daily Chronicle (TCA) 10:30 Exercise Essentials 11:15 Go4Life@ Walking Club (TCA) 11:15 Catholic Communion (TAR) 11:30 Patio Time (TFP) 2:00 <b>Whole Home Birthday Social</b> 2:30 Afternoon Social (TCA) 3:00 SingFit (TAR) 3:30 Bingo (TAK) 6:00 Evening Social & Movie (TAR)	9:00 Pam's Beauty and Barber Shop (HS) <b>26</b> 10:15 Daily Chronicle (TCA) 10:30 Cardio Drumming 11:30 Patio Time (TFP) 2:00 Sunrise Singers with Mary 3:00 News Currents with Barb 4:00 Go4Life@ Walking Club (TCA) 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>27</b> 10:30 Exercise Essentials 11:15 Let's Google It (TAR) 1:30 Go4Life@ Walking Club (TCA) 1:45 Live with Anticipation Club Scenic Dr. (TCA) 2:30 Afternoon Social (TCA) 3:00 Brain Games (TCA) 4:00 Word Games with Konrad (TAR) 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>28</b> 10:30 Go4Life@ Walking Club (TCA) 1:45 Polish Me Pretty (TAK) 2:00 Flower Arranging (TAK) 2:30 Afternoon Social (TCA) 3:00 Sing Fit 3:00 Garden Society 6:00 Meditation and Relaxation 6:00 Evening Social & Movie (TAR)
10:15 Daily Chronicle (TCA) <b>29</b> 10:30 <b>Catholic Communion (TAR)</b> 11:00 Exercise Essentials (TAR) 2:00 Patio Time (TFP) 2:30 Afternoon Social (TCA) 3:00 Garden Society 3:30 Go4Life@ Walking Club (TCA) 6:00 Evening Social & Movie (TAR)	10:15 Daily Chronicle (TCA) <b>30</b> 10:30 Cardio Drumming (TAR) 11:15 Adult Coloring (TAK) 11:30 Patio Time (TFP) 1:45 Faces & Places (TAR) 2:00 Mind Your Mind Brain Games (TCA) 2:30 Afternoon Social (TCA) 3:30 Go4Life@ Walking Club (TCA) 6:00 Evening Social & Movie (TAR)	HS Hair Salon TAK Terrace Club Activity Kitchen TAR Terrace Club Activity Room TBP Terrace Club Back Patio TCA Terrace Club Common Area TFP Terrace Club Front Porch TFS Terrace Club Fireplace Seating				