

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:15 Baking Club 10:00 Divine Chaplet (LR3) 10:30 Exercise Essentials (AR) 11:15 Dice Game with Jodi (AR) 1:00 Puzzle Club 1:15 Domino Club (B) 1:30 Scenic Sunday Drive 2:30 Sweet Treat Mingle and Meet 4:00 Go4Life® Walking Club (MIL) 6:30 Meditation & Relaxation Time</p>	<p>9:15 Jodi's Chatty Crafters (AR) 10:30 Silver Sneakers (AR) 11:15 SingFit Music and Motion (AR) 12:00 LABOR DAY PICNIC in Dining Rooms 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:30 Gwendolyn's Gifts 3:15 Bingo Club Social Hour (B) 4:00 Mindful Mediation Yoga (TVR) 6:00 Puzzle Club 6:00 New Currents with Damian (LR3)</p>	<p>9:15 Trivia & Word Games (AR) 10:30 Silver Sneakers Exercise (AR) 10:45 Lunch Bunch Club Outing (MIL) 11:00 Jewish Services 1:00 Puzzle Club 1:15 Domino Club (B) 1:30 Jodi's Caring Hearts Club (AR) 2:00 Go4Life® Walking Club (MIL) 3:15 Poker Club (B) 6:30 Meditation & Relaxation</p>	<p>9:15 Name that Tune (AR) 10:30 Exercise Essentials (AR) 11:00 Non-Denominational Church Service (LR3) 11:00 Penny Toss 1:00 puzzle club 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:15 Maria Singing by the Fire Place 3:00 Trivia & Ice Cream Social (B) 6:15 Movie Night 6:30 Meditation & Relaxation Time</p>	<p>9:15 Word Games with Jodi (AR) 10:30 Silver Sneakers Exercise (AR) 10:45 Lunch Bunch Club Outing (MIL) 1:00 Puzzle Club 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:00 Knitting & Crochet Club (AR) 2:15 Anticipation Club (L) 3:00 Hydration Station on Wheels with Ann 3:15 Bingo Social with Popcorn & Cookies (B) 3:30 Sing Fit Movement and Music 4:00 Mindful Mediation Yoga (TVR) 6:00 Puzzle Club 6:30 Meditation & Relaxation</p>	<p>9:15 Arts & Crafts with Jodi (AR) 10:00 Rosary & Communion (LR3) 10:30 Exercise Essentials 1:15 Domino Club (B) 1:30 Maria Singing 3rd Floor Living Room 2:00 Go4Life® Walking Club (MIL) 3:00 Happy Hour (B) 6:00 Puzzle Club 6:30 Meditation & Relaxation Time</p>	<p>9:15 Game Time (B) 10:30 Exercise Essentials (AR) 10:30 In Motion with Vanessa 11:15 Baking Club 1:00 Puzzle Club 1:15 Domino Club (B) 1:15 Marvelous Manicures with Terri (AR) 2:30 Wine and Cheese Social 4:00 Go4Life® Walking Club (MIL) 6:30 Movie and Popcorn Club (AR)</p>
<p>National Grandparents Day 9:15 Baking Club 10:00 Divine Chaplet (LR3) 10:30 Exercise Essentials (AR) 11:15 Dice Game with Jodi (AR) 1:00 Puzzle Club 1:15 Domino Club (B) 1:30 Scenic Sunday Drive 2:30 Sweet Treat Mingle and Meet 3:15 Non-Denominational Church Service (AR) 4:00 Go4Life® Walking Club (MIL) 6:30 Meditation & Relaxation Time</p>	<p>ASHURAH DAY 9:15 Jodi's Chatty Crafters (AR) 10:30 Silver Sneakers (AR) 11:15 SingFit Music and Motion (AR) 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:30 Gwendolyn's Gifts 3:15 Bingo Club Social Hour (B) 4:00 Mindful Mediation Yoga (TVR) 6:00 Meet Me at MOMA With Damian (Art) (LR3) 6:00 Puzzle Club</p>	<p>9:15 Trivia & Word Games (AR) 10:30 Silver Sneakers Exercise (AR) 10:45 Lunch Bunch Club Outing (MIL) 1:00 Puzzle Club 1:15 Domino Club (B) 1:30 Jodi's Caring Hearts Club (AR) 2:00 Go4Life® Walking Club (MIL) 3:15 Poker Club (B) 6:30 Meditation & Relaxation</p>	<p>9:15 Name that Tune (AR) 10:00 Jewish Church Service 10:30 Exercise Essentials (AR) 11:00 Non-Denominational Church Service (LR3) 11:00 Penny Toss 1:00 puzzle club 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:15 Maria Singing by the Fire Place 6:15 Movie Night 6:30 Meditation & Relaxation Time</p>	<p>9:15 Word Games with Jodi (AR) 10:30 Silver Sneakers Exercise (AR) 10:45 Lunch Bunch Club Outing (MIL) 1:00 Puzzle Club 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:00 Knitting & Crochet Club (AR) 2:15 Anticipation Club (L) 3:00 Hydration Station on Wheels with Ann 3:15 Bingo Social with Popcorn & Cookies (B) 3:30 Sing Fit Movement and Music 4:00 Mindful Mediation Yoga (TVR) 6:00 Puzzle Club 6:30 Meditation & Relaxation</p>	<p>9:15 Arts & Crafts with Jodi (AR) 10:00 Rosary & Communion (LR3) 10:30 Brain Games with Don (AR) 10:30 Exercise Essentials 1:15 Domino Club (B) 1:30 Maria Singing 3rd Floor Living Room 2:00 Go4Life® Walking Club (MIL) 3:00 Happy Hour (B) 6:00 Puzzle Club 6:30 Meditation & Relaxation Time</p>	<p>9:15 Game Time (B) 10:30 Exercise Essentials (AR) 10:30 Chime Playing with Yvonne 11:15 Baking Club 1:00 Puzzle Club 1:15 Domino Club (B) 1:15 Marvelous Manicures with Terri (AR) 1:30 News Currents with Terri 2:30 Wine and Cheese Social 3:00 Riga Concert Pianist 4:00 Go4Life® Walking Club (MIL) 6:30 Movie and Popcorn Club (AR)</p>
<p>9:15 Baking Club 10:00 Divine Chaplet (LR3) 10:30 Exercise Essentials (AR) 11:15 Dice Game with Jodi (AR) 1:00 Puzzle Club 1:15 Domino Club (B) 1:30 Scenic Sunday Drive 2:30 Sweet Treat Mingle and Meet 3:00 Tom O'Brien Music Show (B) 4:00 Go4Life® Walking Club (MIL) 6:30 Meditation & Relaxation Time</p>	<p>9:15 Jodi's Chatty Crafters (AR) 10:30 Silver Sneakers (AR) 11:15 SingFit Music and Motion (AR) 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:30 Gwendolyn's Gifts 3:15 Bingo Club Social Hour (B) 4:00 Mindful Mediation Yoga (TVR) 6:00 News Currents with Damian 6:00 Puzzle Club 6:00 New Currents with Damian (LR3)</p>	<p>9:15 Trivia & Word Games (AR) 10:30 Silver Sneakers Exercise (AR) 10:45 Lunch Bunch Club Outing (MIL) 1:00 Puzzle Club 1:15 Domino Club (B) 1:30 Jodi's Caring Hearts Club (AR) 2:00 Go4Life® Walking Club (MIL) 3:15 Poker Club (B) 3:30 How To Cope With Grief During Life's Changes 5:00 National Cheeseburger Day (DR) 6:30 Meditation & Relaxation</p>	<p>9:15 Name that Tune (AR) 10:30 Exercise Essentials (AR) 11:00 Non-Denominational Church Service (LR3) 11:00 Penny Toss 1:00 puzzle club 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:15 Maria Singing by the Fire Place 3:00 Trivia & Ice Cream Social (B) 6:15 Movie Night 6:30 Meditation & Relaxation Time</p>	<p>9:15 Word Games with Jodi (AR) 10:30 Silver Sneakers Exercise (AR) 10:45 Lunch Bunch Club Outing (MIL) 1:00 Puzzle Club 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:00 Knitting & Crochet Club (AR) 2:15 Anticipation Club (L) 3:00 Hydration Station on Wheels with Ann 3:15 Bingo Social with Popcorn & Cookies (B) 3:30 Sing Fit Movement and Music 4:00 Mindful Mediation Yoga (TVR) 6:00 Puzzle Club 6:30 Meditation & Relaxation</p>	<p>9:15 Arts & Crafts with Jodi (AR) 10:00 Full Catholic Mass with Priest and Communion 10:00 Exercise Essentials 10:30 Brain Game With Don 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 3:00 National Queso Day Social (B) 3:00 Happy Hour (B) 6:00 Puzzle Club 6:30 Meditation & Relaxation Time</p>	<p>9:15 Game Time (B) 10:30 Exercise Essentials (AR) 10:30 Movement with Vanessa (AR) 11:15 Baking Club 1:00 Puzzle Club 1:15 Domino Club (B) 1:15 Marvelous Manicures with Terri (AR) 2:30 Wine and Cheese Social 3:00 Tim Laramore Concert Pianist (AR) 4:00 Go4Life® Walking Club (MIL) 6:30 Movie and Popcorn Club (AR)</p>
<p>9:15 Baking Club 10:00 Divine Chaplet (LR3) 10:30 Exercise Essentials (AR) 11:15 Dice Game with Jodi (AR) 1:00 Puzzle Club 1:15 Domino Club (B) 1:30 Scenic Sunday Drive 2:30 National Ice Cream Day Social 3:15 Non-Denominational Church Service (AR) 4:00 Go4Life® Walking Club (MIL) 6:30 Meditation & Relaxation Time</p>	<p>9:15 Jodi's Chatty Crafters (AR) 10:30 Silver Sneakers (AR) 11:15 SingFit Music and Motion (AR) 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:30 Gwendolyn's Gifts 3:15 Bingo Club Social Hour (B) 4:00 Mindful Mediation Yoga (TVR) 6:00 Meet Me at MOMA With Damian (Art) (LR3) 6:00 Puzzle Club</p>	<p>9:15 Trivia & Word Games (AR) 10:30 Silver Sneakers Exercise (AR) 10:45 Lunch Bunch Club Outing (MIL) 1:00 Puzzle Club 1:15 Domino Club (B) 1:30 Jodi's Caring Hearts Club (AR) 2:00 Go4Life® Walking Club (MIL) 3:15 Poker Club (B) 3:30 Resident Council/Food Committee 6:30 Meditation & Relaxation</p>	<p>9:15 Name that Tune (AR) 10:30 Rosh Hashanah Celebration With Rabbi Jessica 10:30 Exercise Essentials (AR) 11:00 Non-Denominational Church Service (LR3) 11:00 Penny Toss 1:00 puzzle club 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:15 Maria Singing by the Fire Place 3:00 National Heritage Day Social 6:15 Movie Night 6:30 Meditation & Relaxation Time</p>	<p>9:15 Word Games with Jodi (AR) 10:30 Silver Sneakers Exercise (AR) 10:45 Lunch Bunch Club Outing (MIL) 1:00 Puzzle Club 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:00 Knitting & Crochet Club (AR) 2:15 Anticipation Club (L) 3:00 Hydration Station on Wheels with Ann 3:15 Bingo Social with Popcorn & Cookies (B) 3:30 Sing Fit Movement and Music 4:00 Mindful Mediation Yoga (TVR) 6:00 Puzzle Club 6:30 Meditation & Relaxation</p>	<p>9:15 Arts & Crafts with Jodi (AR) 10:00 Rosary & Communion (LR3) 10:00 Exercise Essentials 10:30 Brain Games with Don (AR) 1:15 Domino Club (B) 1:30 Bingo Store (B) 1:30 Maria Singing 3rd Floor Living Room 2:00 Go4Life® Walking Club (MIL) 2:00 BINGO STORE (AR) 3:00 Resident Birthday Party Social (B) 6:00 Puzzle Club 6:30 Meditation & Relaxation Time</p>	<p>9:15 Game Time (B) 10:30 Exercise Essentials (AR) 10:30 Chime Playing with Yvonne 11:15 Baking Club 1:00 Puzzle Club 1:15 Domino Club (B) 1:15 Marvelous Manicures with Terri (AR) 1:30 News Currents with Terri 2:30 Wine and Cheese Social 4:00 Go4Life® Walking Club (MIL) 6:30 Movie and Popcorn Club (AR)</p>
<p>Rosh Hashanah Begins at Sunset 9:15 Baking Club 10:00 Divine Chaplet (LR3) 10:30 Exercise Essentials (AR) 11:15 Dice Game with Jodi (AR) 1:00 Puzzle Club 1:15 Domino Club (B) 1:30 Scenic Sunday Drive 2:30 Sweet Treat Mingle and Meet 4:00 Go4Life® Walking Club (MIL) 6:30 Meditation & Relaxation Time</p>	<p>9:15 National Coffee Day (B) 10:30 Silver Sneakers (AR) 11:15 SingFit Music and Motion (AR) 1:15 Domino Club (B) 2:00 Go4Life® Walking Club (MIL) 2:30 Gwendolyn's Gifts 3:15 Bingo Club Social Hour (B) 4:00 Mindful Mediation Yoga (TVR) 6:00 News Currents with Damian 6:00 Puzzle Club</p>	<p>AR Activity Room 2nd Floor AT3 Activity Table 3rd Floor B Bistro DR Dining Room FPL Fire Place in Living Room L Library LR Living Room LR3 3rd Floor Living Room MIL Meet in the Lobby O Outing TVRTV Room</p>				

SEPTEMBER 2019
Assisted Living
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LIVE WITH PURPOSE

