

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 News and Conversation 10:15 Exercise Essentials/bands 10:30 Worship at Ward 10:30 Church for shut ins 11:00 Go4Life@Walking Club (inside) 1:45 Lap Baskets 2:00 Napkin Folding 2:30 Sundaes on Sundays with the grandchildren 3:30 SingFit@ 5:30 Patio time 5:30 Evening baking 6:15 Movie Night</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials/ball 10:45 Shoulder and back rubs 11:00 Go4Life@Walking Club (inside) 1:00 Baking club 1:45 Lap Baskets 2:30 Margarita Monday Social 3:00 Hang Man 3:30 SingFit@ 5:30 Puzle club 6:30 Evening Meditation</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials/music 11:00 Go4Life@Walking Club (inside) 1:00 Botanical Garden 1:00 Baking Club 1:45 Lap Baskets 2:00 Napkin Folding 2:30 Tuesday Tea 3:15 Communion with Saint Kenneth 3:30 SingFit@ 5:30 Easy Does it Trivia 6:30 Evening Meditation</p>	<p>Waffle Wednesday 9:30 News and Conversation 10:15 Exercise Essentials/ball 10:45 Hand and back massage 11:00 Go4Life@Walking Club (inside) 11:15 Lunch Club 1:00 Baking club 2:00 Lap Baskets 2:30 Wine and cheese social 3:30 SingFit@ 5:30 Game night 6:30 Evening Meditation</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials/noodles 11:00 Go4Life@Walking Club (inside) 1:30 Mimosas and Spa Day 1:45 Lap Baskets 2:30 Popcorn/Matinee Social 3:30 Bags for the Homeless 5:30 SingFit@ 6:00 Evening Baking 7:00 Evening Meditation</p>	<p>9:30 News Currents Sr. 10:15 Exercise Essentials/dance 10:45 Massage Therapy 11:00 Go4Life@Walking Club (inside) 1:00 Baking Club 1:30 <i>Entertainment with John Hanba</i> 1:45 Lap Baskets 2:15 Junk drawer detective 3:15 Bingo 5:30 Trivia 6:00 Hangman 6:30 Evening Meditation</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials 11:00 Go4Life@Walking Club (inside) 1:00 Baking Club 1:45 Lap Baskets 2:30 Chefs Choice Social 3:00 Live with Anticipation Club 3:30 SingFit@ 5:30 Adult Coloring 6:30 Evening Mediation</p>
<p>9:30 News and Conversation 10:15 Exercise Essentials/bands 10:30 Church for shut ins 10:30 Worship at Saint Edith 11:00 Go4Life@Walking Club (inside) 1:45 Lap Baskets 2:00 Napkin Folding 2:30 Ice cream with the grand kids 3:30 SingFit@ 5:30 Patio time 5:30 Evening baking 6:15 Movie Night</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials/ball 10:45 Shoulder and back rubs 11:00 Go4Life@Walking Club (inside) 1:00 Baking club 1:45 Lap Baskets 2:30 Margarita Monday Social 3:00 Hang Man 3:30 SingFit@ 5:30 Puzle club 6:30 Evening Meditation</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials/music 11:00 Go4Life@Walking Club (inside) 1:00 Motown Museum 1:00 Baking Club 1:45 Lap Baskets 2:00 Napkin Folding 2:30 Tuesday Tea 3:15 Communion with Saint Kenneth 3:30 SingFit@ 5:30 MOMA 6:30 Evening Meditation</p>	<p>Waffle Wednesday Happy Birthday Virginia 9:30 News and Conversation 10:15 Exercise Essentials/ball 10:45 Hand and back massage 11:00 Go4Life@Walking Club (inside) 11:15 Lunch Club 1:00 Baking club 1:45 Lap Baskets 2:00 Resident Council 2:30 Wine and cheese social 3:00 Adult Color 3:30 SingFit@ 5:30 Game night 6:30 <i>Story telling with Rev. Bob</i></p>	<p>9:30 News and Conversation 10:15 Exercise Essentials/noodles 11:00 Go4Life@Walking Club (inside) 1:30 Mimosas and Spa Day 1:45 Lap Baskets 2:30 Coffee Social 2:30 Popcorn/Matinee Social 3:30 Bags for the Homeless 5:30 SingFit@ 6:00 Evening Baking 7:00 Evening Meditation</p>	<p>9:30 News Currents Sr. 10:15 Exercise Essentials/dance 11:00 Go4Life@Walking Club (inside) 1:00 Communion with Saint Colette 1:00 Baking Club 1:30 <i>Entertainment with Greg</i> 1:45 Lap Baskets 3:15 Bingo 5:30 Trivia 6:00 Hangman 6:30 Evening Meditation</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials 11:00 Go4Life@Walking Club (inside) 1:00 Baking Club 1:45 Lap Baskets 2:30 Chefs Choice Social 3:00 Live with Anticipation Club 3:30 SingFit@ 5:30 Adult Coloring 6:30 Evening Mediation</p>
<p>9:30 News and Conversation 10:15 Exercise Essentials/bands 10:30 Worship at Ward 10:30 Church for shut ins 11:00 Go4Life@Walking Club (inside) 1:45 Lap Baskets 2:00 Napkin Folding 2:30 Sundaes on Sunday with the grand kids 3:30 SingFit@ 5:30 Patio time 5:30 Evening baking 6:15 Movie Night</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials/ball 10:45 Shoulder and back rubs 11:00 Go4Life@Walking Club (inside) 1:00 Baking club 1:45 Lap Baskets 2:30 Margarita Monday Social 3:00 Hang Man 3:30 SingFit@ 5:30 Puzle club 6:30 Evening Meditation</p>	<p>9:30 News and Conversation 10:00 Zumba Gold 11:00 Go4Life@Walking Club (inside) 1:00 Ann Arbors Hands on Museum 1:00 Baking Club 1:45 Lap Baskets 2:00 Napkin Folding 2:30 Tuesday Tea 3:15 Communion with Saint Kenneth 3:30 SingFit@ 5:30 Easy Does it Trivia 6:30 Evening Meditation</p>	<p>Waffle Wednesday 9:30 News and Conversation 10:15 Exercise Essentials/ball 10:45 Hand and back massage 11:00 Go4Life@Walking Club (inside) 11:15 Lunch Club 1:00 Baking club 1:45 Lap Baskets 2:30 Wine and cheese social 3:30 SingFit@ 5:30 Game night 6:30 Evening Meditation</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials/noodles 11:00 Go4Life@Walking Club (inside) 1:30 Mimosas and Spa Day 1:45 Lap Baskets 2:30 Greek social 2:30 Popcorn/Matinee Social 3:30 Bags for the Homeless 5:30 SingFit@ 6:00 Evening Baking 7:00 Evening Meditation</p>	<p>9:30 News Currents Sr. 10:15 Exercise Essentials/dance 10:45 Massage Therapy 11:00 Go4Life@Walking Club (inside) 1:00 Baking Club 1:30 <i>Entertainment with Joel</i> 1:45 Lap Baskets 2:15 Junk drawer detective 3:15 Bingo 5:30 Trivia 6:00 Hangman 6:30 Evening Meditation</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials 11:00 Go4Life@Walking Club (inside) 1:00 Baking Club 1:45 Lap Baskets 2:30 Chefs Choice Social 3:00 Live with Anticipation Club 3:30 SingFit@ 5:30 Adult Coloring 6:30 Evening Mediation</p>
<p>9:30 News and Conversation 10:15 Exercise Essentials/bands 10:30 Worship at Saint Edith 11:00 Go4Life@Walking Club (inside) 1:45 Lap Baskets 2:00 Napkin Folding 2:30 Ice cream with the grand kids 3:30 SingFit@ 5:30 Patio time 5:30 Evening baking 6:15 Movie Night</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials/ball 10:45 Shoulder and back rubs 11:00 Go4Life@Walking Club (inside) 1:00 <i>Art with Leonard</i> 1:45 Lap Baskets 2:30 Margarita Monday Social 3:00 Hang Man 3:30 SingFit@ 5:30 Evening Baking club 5:30 Puzle club 6:30 Evening Meditation</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials/music 11:00 Lunch club 11:00 Go4Life@Walking Club (inside) 1:00 Baking Club 1:45 Lap Baskets 2:00 Napkin Folding 2:30 Tuesday Tea 3:15 Communion with Saint Kenneth 3:30 SingFit@ 5:30 MOMA 6:30 Evening Meditation</p>	<p>Waffle Wednesday 9:30 News and Conversation 10:15 Exercise Essentials/ball 10:45 Hand and back massage 11:00 Go4Life@Relay (inside) 1:00 Baking club 1:45 Lap Baskets 2:30 Wine and cheese social 3:30 SingFit@ 5:30 Game night 6:30 Evening Meditation</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials/noodles 11:00 Go4Life@Walking Club (inside) 1:30 Mimosas and Spa Day 1:45 Lap Baskets 2:30 Italian Social 2:30 Popcorn/Matinee Social 3:30 Bags for the Homeless 5:30 SingFit@ 6:00 Evening Baking 7:00 Evening Meditation</p>	<p>9:30 News Currents Sr. 10:15 Exercise Essentials/dance 11:00 Go4Life@Walking Club (inside) 1:00 Communion with Saint Colette 1:00 Baking Club 1:30 <i>Entertainment with Scott</i> 1:45 Lap Baskets 3:15 Bingo 5:30 Trivia 6:00 Hangman 6:30 Evening Meditation</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials 11:00 Go4Life@Walking Club (inside) 1:00 Baking Club 1:45 Lap Baskets 2:30 Chefs Choice Social 3:00 Live with Anticipation Club 3:30 SingFit@ 5:30 Adult Coloring 6:30 Evening Mediation</p>
<p>Happy Birthday Theresa 9:30 News and Conversation 10:15 Exercise Essentials/bands 10:30 Worship at Ward 10:30 Church for shut ins 11:00 Go4Life@Walking Club (inside) 1:45 Lap Baskets 2:00 Napkin Folding 2:30 Sundaes on Sunday with the grand kids 3:30 SingFit@ 5:30 Patio time 5:30 Evening baking 6:15 Movie Night</p>	<p>9:30 News and Conversation 10:15 Exercise Essentials/ball 10:45 Shoulder and back rubs 11:00 Go4Life@Walking Club (inside) 1:00 Baking club 1:45 Lap Baskets 2:30 Margarita Monday Social 3:00 Hang Man 3:30 SingFit@ 5:30 Puzle club 6:30 Evening Meditation</p>	<p>Foyer TV Room Parlor Patio St. Kenneth Hines Park First Floor Activity Room Ward Church Off premises outside Snooze Room Bistroe Second floor Hallway Second Floor Activity Room Kitchen Dinning Area</p>				