

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Go4-Life Walking Club 1</p> <p>10:00 Sunday Morning Stretch</p> <p>10:30 Daily Devotions</p> <p>10:45 Finish the Phrase</p> <p>1:30 Old Town Baptist Church</p> <p>3:00 Cheerwine Floats</p> <p>4:00 Build a Word</p> <p>5:30 Household Helpers Club</p> <p>6:30 Meditation & Relaxation</p>	<p>Labor Day 2</p> <p>10:00 Sing Fit</p> <p>10:30 Cookie Prep- Peanut Butter</p> <p>10:30 Daily Devotions</p> <p>11:00 Meet me at MoMA</p> <p>1:15 Scenic Ride- Exploring the Arcadia Community</p> <p>3:00 Cookies & Conversation Social</p> <p>4:00 Making Words w/ Words</p> <p>6:30 Evening Neighborhood Walk</p>	<p>Happy Birthday Virginia M.! 3</p> <p>9:30 Go4-Life Walking Club</p> <p>10:00 Exercise w/ Music</p> <p>10:30 Meet Me in the Kitchen</p> <p>10:30 Daily Devotions</p> <p>11:00 Victrola Music Sing-Long</p> <p>1:30 Art Club- Painting</p> <p>3:00 A Smoothie & Music Social</p> <p>4:00 Bowling</p> <p>5:30 Household Helpers Club</p> <p>6:30 Meditation & Relaxation</p>	<p>Sing Fit 4</p> <p>10:00 Kitchen Creations- Macadamia Nut Cookies</p> <p>10:30 Daily Devotions</p> <p>11:00 Finish the Phrase</p> <p>1:30 Group Sing-a-Long</p> <p>3:00 National Macadamia Nut Day Social</p> <p>4:00 Guess the Word</p> <p>4:00 Music w/ Corey Sims</p> <p>6:30 Evening Art walk</p>	<p>National Cheese 5</p> <p>Pizza Day</p> <p>9:30 Go4-Life Walking Club</p> <p>10:00 Music w/Allegro</p> <p>10:30 Meet me in the Kitchen</p> <p>11:00 Daily Devotions</p> <p>1:30 Handbells w/ Jorie</p> <p>2:30 Life Enrichment w/ Legacy</p> <p>3:00 Say Cheese Social</p> <p>4:00 Noodle Ball</p> <p>6:30 Meditation & Relaxation</p>	<p>National Coffee 6</p> <p>Ice Cream Day</p> <p>9:45 Current Events</p> <p>10:00 Sing Fit</p> <p>10:30 Daily Devotions</p> <p>11:00 Finish the Phrase</p> <p>1:15 Scenic Outing -Tobaccoville Park</p> <p>3:00 Cup of Coffee Ice Cream Social</p> <p>4:00 10 Can Alley</p> <p>5:30 Household Helpers Club</p> <p>6:30 Evening Wellness Walk</p>	<p>9:30 News Currents 7</p> <p>10:00 Exercise</p> <p>10:30 Daily Devotions</p> <p>11:00 10 Can Alley</p> <p>1:00 Household Helpers Club</p> <p>1:30 Piecing It Together</p> <p>3:00 A Dipsey, Chip Social</p> <p>4:00 Words of the Season</p> <p>6:30 Evening Garden Walk</p>
<p>National 8</p> <p>Grandparents Day</p> <p>9:30 Go4-Life Walking Club</p> <p>10:00 Brookstown Methodist Church</p> <p>11:00 Back In The Day When</p> <p>1:30 Manicures</p> <p>3:00 Sunday Sundaes</p> <p>4:00 Piecing it Together</p> <p>4:00 Making Words w/ Words</p> <p>5:30 Household Helpers Club</p> <p>6:30 Meditation & Relaxation</p>	<p>Happy Birthday Nancy B.! 9</p> <p>10:00 Sing Fit</p> <p>10:30 Ceramics w/ Sarah</p> <p>10:30 Daily Devotions</p> <p>11:00 Meet me at MoMA</p> <p>1:15 Scenic Ride- Exploring Walnut Cove</p> <p>3:00 Cookies & Conversation Social</p> <p>4:00 Making Words w/ Words</p> <p>6:30 Evening Neighborhood Walk</p>	<p>9:30 Go4-Life Walking Club 10</p> <p>10:00 Exercise w/ Music</p> <p>10:30 Meet Me in the Kitchen</p> <p>10:30 Daily Devotions</p> <p>11:00 Victrola Music Sing-Long</p> <p>1:30 Art Club- Scrapbooking</p> <p>3:00 National Hot Dog Day Social</p> <p>4:00 Bowling</p> <p>6:30 Meditation & Relaxation</p>	<p>Sing Fit 11</p> <p>10:00 Kitchen Creations- Buttermilk Dropbox Biscuits</p> <p>10:30 Daily Devotions</p> <p>11:00 Finish the Phrase</p> <p>1:30 Men's Music Club</p> <p>4:30 Barbecue Summer Blow Out Social Event</p> <p>5:15 Household Helpers Club</p> <p>6:30 Evening Art walk</p>	<p>National 12</p> <p>Chocolate Milkshake Day</p> <p>9:30 Go4-Life Walking Club</p> <p>10:30 Daily Devotions</p> <p>10:30 Meet me in the Kitchen</p> <p>11:00 Finish The Phrase</p> <p>1:30 Garden Club</p> <p>2:30 Life Enrichment w/ Legacy</p> <p>3:00 A Chocolatey Social</p> <p>4:00 Group Sing-a-Long</p> <p>6:30 Meditation & Relaxation</p>	<p>9:45 Current Events 13</p> <p>10:00 Sing Fit</p> <p>10:30 Daily Devotions</p> <p>11:00 Name 5 in 5 Game</p> <p>1:15 Scenic Outing -C.G.Hill Park</p> <p>3:00 National Peanut Day Social</p> <p>4:00 Name That Tune</p> <p>5:30 Household Helpers Club</p> <p>6:30 Evening Wellness Walk</p>	<p>National Cream-Filled Doughnuts Day 14</p> <p>9:30 News Currents</p> <p>10:00 Exercise</p> <p>10:30 Daily Devotions</p> <p>11:00 iBuild a Word</p> <p>1:00 Household Helpers Club</p> <p>1:30 Piecing It Together</p> <p>2:00 Group Sing-a-Long</p> <p>3:00 A Sweet Creamy Social</p> <p>3:30 Shimmy w/ Kimmy</p> <p>6:30 Evening Garden Walk</p>
<p>9:30 Go4-Life Walking Club 15</p> <p>10:00 Sunday Morning Stretch</p> <p>10:30 Daily Devotions</p> <p>10:45 Finish the Phrase</p> <p>1:30 Old Town Baptist Church</p> <p>3:00 Orange Cream Floats</p> <p>4:00 Making Words w/ Words</p> <p>5:30 Household Helpers Club</p> <p>6:30 Meditation & Relaxation</p>	<p>10:00 Trivia 16</p> <p>10:30 Cookie Prep- Oatmeal & Raisin</p> <p>10:30 Daily Devotions</p> <p>11:00 Meet me at MoMA</p> <p>1:15 Scenic Ride- Exploring Old Salem</p> <p>3:00 Cookies & Conversation Social</p> <p>4:00 Making Words w/ Words</p> <p>6:30 Evening Neighborhood Walk</p>	<p>Family Support Group- 6 p.m.-2nd Floor 17</p> <p>9:30 Go4-Life Walking Club</p> <p>10:00 Exercise w/ Music</p> <p>10:30 Meet Me in the Kitchen</p> <p>10:30 Daily Devotions</p> <p>10:45 Music w/David Lane (AL)</p> <p>11:00 Victrola Music Sing-Long</p> <p>1:30 Art Club- Painting</p> <p>3:00 National Apple Dumpling Day Social</p> <p>4:00 Bowling</p> <p>6:30 Meditation & Relaxation</p>	<p>National 18</p> <p>Cheeseburger Day</p> <p>10:00 Sing Fit</p> <p>10:30 Kitchen Creations- Cheeseburger Casserole</p> <p>10:30 Daily Devotions</p> <p>11:00 Finish the Phrase</p> <p>1:30 Men's Club- Game of Cards</p> <p>2:15 Music w/ Ronnie Reeves</p> <p>3:00 Say Cheese Please Social</p> <p>3:45 Build a Word</p> <p>6:30 Evening Art walk</p>	<p>9:30 Go4-Life Walking Club 19</p> <p>10:00 Music w/Allegro</p> <p>10:30 Meet me in the Kitchen - Peanut Butter Cookies from scratch.</p> <p>11:00 Daily Devotions</p> <p>1:30 Handbells w/ Jorie</p> <p>3:00 A Peanuty Social</p> <p>3:30 Life Enrichment w/ Legacy</p> <p>4:00 Finish the Phrase</p> <p>5:30 Household Helpers Club</p> <p>6:30 Meditation & Relaxation</p>	<p>National Punch Day 20</p> <p>9:45 Current Events</p> <p>10:00 Sing Fit</p> <p>10:30 Daily Devotions</p> <p>11:00 Lunch Outing- Bad Daddys Burger</p> <p>11:00 Finish the Phrase</p> <p>3:00 Punch Bowl Cake Social</p> <p>3:30 Parachute Games</p> <p>4:00 10 Can Alley</p> <p>5:30 Household Helpers Club</p> <p>6:30 Evening Wellness Walk</p>	<p>9:30 News Currents 21</p> <p>10:00 Exercise</p> <p>10:30 Daily Devotions</p> <p>11:00 10 Can Alley</p> <p>1:00 Household Helpers Club</p> <p>1:30 Piecing It Together</p> <p>3:00 A Dipsey Chip Social</p> <p>4:00 Words of the Season</p> <p>6:30 Evening Garden Walk</p>
<p>9:30 Go4-Life Walking Club 22</p> <p>10:00 Brookstown Methodist Church</p> <p>10:30 Sunday Morning Stretch</p> <p>11:00 Back In The Day When</p> <p>3:00 National Ice Cream Cone Day Social</p> <p>4:00 Piecing it Together</p> <p>4:00 Making Words w/ Words</p> <p>5:30 Household Helpers Club</p> <p>6:30 Meditation & Relaxation</p>	<p>Autumn Begins 23</p> <p>10:00 Sing Fit</p> <p>10:30 Cookie Prep</p> <p>10:30 Daily Devotions</p> <p>11:00 Meet me at MoMA</p> <p>1:15 Scenic Ride- Looking For Fall Foliage</p> <p>3:00 Cookies & Conversation Social</p> <p>3:00 Music w/Nancy McGimsey (AL)</p> <p>4:00 Making Words w/ Words</p> <p>6:30 Evening Neighborhood Walk</p>	<p>Happy Birthday Sara H.! 24</p> <p>9:30 Go4-Life Walking Club</p> <p>10:00 Exercise w/ Music</p> <p>10:30 Meet Me in the Kitchen</p> <p>10:30 Daily Devotions</p> <p>11:00 Victrola Music Sing-Long</p> <p>1:30 Art Club- Scrapbooking</p> <p>3:00 A Jubilee Social</p> <p>4:00 Bowling</p> <p>5:30 Household Helpers Club</p> <p>6:30 Meditation & Relaxation</p>	<p>Happy Birthday Ken F.! 25</p> <p>10:00 Sing Fit</p> <p>10:30 Kitchen Creations-Sugar Cookies</p> <p>10:30 Daily Devotions</p> <p>11:00 Finish the Phrase</p> <p>1:30 Making Words out of the words Happy Birthday</p> <p>3:00 A Lemony Sugar Social</p> <p>3:00 Music w/ Larry Pope (AL)</p> <p>3:45 Build a Word</p> <p>5:30 Household Helpers Club</p> <p>6:30 Evening Art walk</p>	<p>9:30 Go4-Life Walking Club 26</p> <p>10:30 Meet me in the Kitchen</p> <p>11:00 Daily Devotions</p> <p>11:00 Finish The Phrase</p> <p>1:30 Garden Club</p> <p>1:45 T.V GUIDE Trivia</p> <p>3:00 Throwback Thursday Social</p> <p>4:00 Fill in the Blank</p> <p>6:30 Meditation & Relaxation</p>	<p>9:45 Current Events 27</p> <p>10:00 Sing Fit</p> <p>10:30 Daily Devotions</p> <p>11:00 Name 5 in 5 Game</p> <p>1:15 Manicures</p> <p>3:00 Friday Tater Tot Social</p> <p>4:00 Name That Tune</p> <p>5:30 Household Helpers Club</p> <p>6:30 Evening Wellness Walk</p>	<p>9:30 News Currents 28</p> <p>10:00 Exercise</p> <p>10:30 Daily Devotions</p> <p>11:00 iBuild a Word</p> <p>1:00 Household Helpers Club</p> <p>1:30 Piecing It Together</p> <p>2:00 Group Sing-a-Long</p> <p>3:00 National Strawberry Cream Pie Day</p> <p>3:30 Shimmy w/ Kimmy</p> <p>6:30 Evening Garden Walk</p>
<p>9:30 Go4-Life Walking Club 29</p> <p>10:00 Sunday Morning Stretch</p> <p>10:30 Daily Devotions</p> <p>10:45 Finish the Phrase</p> <p>1:30 Old Town Baptist Church</p> <p>3:00 Monthly Birthday Party</p> <p>4:00 Making Words w/ Words</p> <p>5:30 Household Helpers Club</p> <p>6:30 Meditation & Relaxation</p>	<p>10:00 Sing Fit 30</p> <p>10:30 Cookie Prep- Chocolate Chip</p> <p>10:30 Daily Devotions</p> <p>11:00 Meet me at MoMA</p> <p>1:15 Scenic Ride- Exploring WS</p> <p>3:00 Cookies & Conversation Social</p> <p>4:00 Making Words w/ Words</p> <p>5:30 Household Helpers Club</p> <p>6:30 Evening Neighborhood Walk</p>					

SEPTEMBER 2019
Reminiscence

Brighton Gardens of Winston-Salem
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NC 27106; 336-722-2224

LIVE WITH PURPOSE

