

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Spiritual Program (LR) <b>1</b></p> <p>10:00 Catholic Mass (AR)</p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Essential Oil Meditation with Marlee (AR)</p> <p>2:30 Healthy Hands Class (LR)</p> <p>3:00 Dropline (LR)</p> <p>3:30 Tea Time Social (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p><b>Happy Birthday Beverly!</b> <b>2</b></p> <p>10:00 Morning Exercise (LR)</p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Brain Fitness: Trivia (LR)</p> <p>2:30 Bean Bag Toss (AA)</p> <p>3:30 Labor Day Celebration with Tia (DR)</p> <p>3:30 Trivia (LR)</p> <p>3:30 Sunrise Happy Hour (BIS)</p> <p>3:30 Flower Arrangement Club (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>3</b></p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>11:00 Brain Fitness: Trivia (LR)</p> <p>2:00 America's Got Talent! (LR)</p> <p>3:00 Afternoon Social with Musical Performance by Rex Perry (DR)</p> <p>3:30 Parachute Exercise (LR)</p> <p>3:30 Art is Like Chocolate for brain (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p><b>Happy Birthday Spencer!</b> <b>4</b></p> <p>10:00 Fitness with Bruno (LR)</p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>1:00 SingFit® (LR)</p> <p>2:30 Healthy Hands Class (LR)</p> <p>3:00 Dropline (LR)</p> <p>3:30 Gardening Club (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Daily Chronicle (LR) <b>5</b></p> <p>10:00 Watercolor Class with Megan (AR)</p> <p>10:30 Naam Yoga (LR)</p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>11:30 Brain Fitness: Trivia (LR)</p> <p>1:30 Puzzles (LR)</p> <p>1:30 Ping-Pong with Coach Irina (LIB)</p> <p>2:30 Sing-A-Long (LR)</p> <p>3:00 Bingo Social (AA)</p> <p>3:30 Men's Club with Markeis (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>6</b></p> <p>10:30 Lunch at Original Thai Dishes (LIB)</p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>2:15 Parachute Exercise (LR)</p> <p>3:00 "Back in the Day" (AA)</p> <p>3:00 End of Week Happy Hour (BIS)</p> <p>3:30 Day Spa for the Taste Buds (RDR)</p> <p>4:30 Shabbat Service (BIS)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>7</b></p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 SingFit® (LR)</p> <p>1:30 Letters Home (AA)</p> <p>2:30 Bingo! (AA)</p> <p>3:00 Spa Saturday Social (SR)</p> <p>3:00 Aromatherapy with Nicole (AR)</p> <p>6:30 Evening Cinema (LR)</p>
<p>9:00 Spiritual Program (LR) <b>8</b></p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Essential Oil Meditation (AR)</p> <p>2:30 Healthy Hands Class (LR)</p> <p>3:00 Dropline (LR)</p> <p>3:30 Tea Time Social (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>9</b></p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Brain Fitness: Trivia (LR)</p> <p>11:00 Christian Hymn Singing with New Daybreak Ministry (AR)</p> <p>2:30 Bean Bag Toss (AA)</p> <p>3:30 Trivia (LR)</p> <p>3:30 Sunrise Happy Hour (BIS)</p> <p>3:30 Flower Arrangement Club (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>10</b></p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Brain Fitness: Trivia (LR)</p> <p>2:00 America's Got Talent! (LR)</p> <p>2:30 Karaoke Fun with Meg (LR)</p> <p>3:30 Parachute Exercise (LR)</p> <p>3:30 Art is Like Chocolate for brain (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>11</b></p> <p>10:30 Shopping at Target (LIB)</p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>1:00 SingFit® (LR)</p> <p>2:00 Scenic Drive (LIB)</p> <p>2:30 Healthy Hands Class (LR)</p> <p>3:00 Dropline (LR)</p> <p>3:30 Gardening Club (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Daily Chronicle (LR) <b>12</b></p> <p>10:30 Naam Yoga (LR)</p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>11:30 Brain Fitness: Trivia (LR)</p> <p>1:30 Puzzles (LR)</p> <p>1:30 Ping-Pong with Coach Irina (LIB)</p> <p>2:30 Sing-A-Long (LR)</p> <p>3:00 Bingo Social (AA)</p> <p>3:30 Men's Club with Markeis (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>13</b></p> <p>10:30 Visit to the California Heritage Museum (LIB)</p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>2:15 Parachute Exercise (LR)</p> <p>3:00 "Back in the Day" (AA)</p> <p>3:00 End of Week Happy Hour (BIS)</p> <p>3:30 Day Spa for the Taste Buds (RDR)</p> <p>4:30 Shabbat Service (BIS)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Resident Picture Day (LIB) <b>14</b></p> <p>10:00 Morning Exercise (LR)</p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 SingFit® (LR)</p> <p>1:30 Letters Home (AA)</p> <p>2:15 Parachute Exercise (LR)</p> <p>2:30 Bingo! (AA)</p> <p>3:00 Spa Saturday Social (SR)</p> <p>3:00 Aromatherapy with Nicole (AR)</p> <p>3:30 Saxophone Performance by Trevor Scott (DR)</p> <p>3:30 Bowling (LR)</p> <p>6:30 Evening Cinema (LR)</p>
<p>9:00 Spiritual Program (LR) <b>15</b></p> <p>10:00 Catholic Mass (AR)</p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Essential Oil Meditation (AR)</p> <p>2:30 Healthy Hands Class (LR)</p> <p>3:00 Dropline (LR)</p> <p>3:30 Tea Time Social (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>16</b></p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Brain Fitness: Trivia (LR)</p> <p>11:00 Christian Hymn Singing with New Daybreak Ministry (AR)</p> <p>2:30 Bean Bag Toss (AA)</p> <p>3:30 Trivia (LR)</p> <p>3:30 Sunrise Happy Hour (BIS)</p> <p>3:30 Flower Arrangement Club (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>17</b></p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Brain Fitness: Trivia (LR)</p> <p>2:00 America's Got Talent! (LR)</p> <p>3:00 Afternoon Social with Musical Performance by Jordan Preston (DR)</p> <p>3:30 Parachute Exercise (LR)</p> <p>3:30 Art is Like Chocolate for brain (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Fitness with Bruno (LR) <b>18</b></p> <p>10:30 Visit to the Santa Monica Library (LIB)</p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>1:00 SingFit® (LR)</p> <p>2:00 Scenic Drive (LIB)</p> <p>2:30 Healthy Hands Class (LR)</p> <p>3:00 Dropline (LR)</p> <p>3:30 Gardening Club (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Daily Chronicle (LR) <b>19</b></p> <p>10:00 Watercolor Class with Megan (AR)</p> <p>10:30 Naam Yoga (LR)</p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>11:30 Brain Fitness: Trivia (LR)</p> <p>1:30 Puzzles (LR)</p> <p>1:30 Ping-Pong with Coach Irina (LIB)</p> <p>2:30 Sing-A-Long (LR)</p> <p>3:00 Bingo Social (AA)</p> <p>3:30 Men's Club with Markeis (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>20</b></p> <p>10:30 Lunch at Wokano (LIB)</p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>2:15 Parachute Exercise (LR)</p> <p>3:00 "Back in the Day" (AA)</p> <p>3:00 End of Week Happy Hour (BIS)</p> <p>3:30 Day Spa for the Taste Buds (RDR)</p> <p>4:30 Shabbat Service (BIS)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>21</b></p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 SingFit® (LR)</p> <p>1:30 Letters Home (AA)</p> <p>2:30 Bingo! (AA)</p> <p>3:00 Spa Saturday Social (SR)</p> <p>3:00 Aromatherapy with Nicole (AR)</p> <p>3:00 Trip to Memory Market (RDR)</p> <p>6:30 Evening Cinema (LR)</p>
<p>9:00 Spiritual Program (LR) <b>22</b></p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Essential Oil Meditation (AR)</p> <p>2:30 Healthy Hands Class (LR)</p> <p>3:00 Dropline (LR)</p> <p>3:30 Tea Time Social (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>23</b></p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Brain Fitness: Trivia (LR)</p> <p>11:00 Christian Hymn Singing with New Daybreak Ministry (AR)</p> <p>2:30 Bean Bag Toss (AA)</p> <p>3:30 Trivia (LR)</p> <p>3:30 Sunrise Happy Hour (BIS)</p> <p>3:30 Flower Arrangement Club (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>24</b></p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Brain Fitness: Trivia (LR)</p> <p>2:00 America's Got Talent! (LR)</p> <p>2:30 Karaoke Fun with Meg (LR)</p> <p>3:30 Parachute Exercise (LR)</p> <p>3:30 Art is Like Chocolate for brain (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>25</b></p> <p>10:30 Shopping at 99 Cent Store (LIB)</p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>1:00 SingFit® (LR)</p> <p>2:00 Scenic Drive (LIB)</p> <p>2:30 Healthy Hands Class (LR)</p> <p>3:00 Dropline (LR)</p> <p>3:30 Gardening Club (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Daily Chronicle (LR) <b>26</b></p> <p>10:30 Naam Yoga (LR)</p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>11:30 Brain Fitness: Trivia (LR)</p> <p>1:30 Puzzles (LR)</p> <p>1:30 Ping-Pong with Coach Irina (LIB)</p> <p>2:30 Sing-A-Long (LR)</p> <p>3:00 Bingo Social (AA)</p> <p>3:30 Men's Club with Markeis (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>27</b></p> <p>10:30 Visit to the Skirball Cultural Center (LIB)</p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>2:15 Parachute Exercise (LR)</p> <p>3:00 "Back in the Day" (AA)</p> <p>3:00 End of Week Happy Hour (BIS)</p> <p>3:30 Day Spa for the Taste Buds (RDR)</p> <p>4:30 Shabbat Service (BIS)</p> <p>6:30 Evening Cinema (LR)</p>	<p>10:00 Morning Exercise (LR) <b>28</b></p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 SingFit® (LR)</p> <p>1:30 Letters Home (AA)</p> <p>2:30 Shopping at the Sunrise Boutique Store (LIB)</p> <p>2:30 Bingo! (AA)</p> <p>3:00 Spa Saturday Social (SR)</p> <p>3:00 Aromatherapy with Nicole (AR)</p> <p>3:30 Bowling (LR)</p> <p>6:30 Evening Cinema (LR)</p>
<p>9:00 Spiritual Program (LR) <b>29</b></p> <p>10:00 Catholic Mass (AR)</p> <p>10:30 Exerstriders Walking Club (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Essential Oil Meditation (AR)</p> <p>2:30 Healthy Hands Class (LR)</p> <p>3:00 Dropline (LR)</p> <p>3:30 Tea Time Social (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p><b>Rosh Hashanah Begins</b> <b>30</b></p> <p>10:00 Rosh Hashanah Celebration</p> <p>10:00 Morning Exercise (LR)</p> <p>10:30 Nurturing the Spirit Outdoor Walk (LIB)</p> <p>10:30 Daily Chronicles (LR)</p> <p>11:00 Brain Fitness: Trivia (LR)</p> <p>11:00 Christian Hymn Singing with New Daybreak Ministry (AR)</p> <p>2:30 Bean Bag Toss (AA)</p> <p>3:00 Musical Performance by Sharyn Scott (LR)</p> <p>3:30 Trivia (LR)</p> <p>3:30 Sunrise Happy Hour (BIS)</p> <p>3:30 Flower Arrangement Club (AA)</p> <p>6:30 Evening Cinema (LR)</p>	<p>AA Activity Area</p> <p>AR 2nd Floor</p> <p>BIS 1st Floor Bistro</p> <p>DR 1st Floor Dining Room</p> <p>LIB 1st Floor Library</p> <p>LR Living Room</p> <p>PAT Patio</p> <p>RDR Dining Room</p> <p>SR Reflectoin Room</p>				