

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 The Daily Chronicle 1 10:30 Exercise 11:00 News Currents 2:30 Singfit 3:15 Snack and Social 3:30 Birthday Party! 4:00 Book Club 6:00 Bowling	10:15 The Daily Chronicle 2 10:30 News with Donna 11:00 Zumba 1:30 Baking w/ Care Manager's 2:30 Bowling with Donna 3:15 Snack and Social 6:30 Bingo with Care Manager's	10:15 The Daily Chronicle 3 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 2:00 Book Club 2:30 Singfit 3:15 Snack and Social 6:30 Adult Coloring	10:00 Knitting w/ Porsher (2nd floor) 4 10:15 The Daily Chronicle 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:15 Baking w/ Porsher (2nd floor) 2:00 Sing fit 3:15 Snack and Social 6:30 Bingo with Care Manager's	10:15 The Daily Chronicle 5 10:30 Exercise 11:00 News Currents 11:15 Lunch Outing 11:30 Go4Life® Walking Club 3:00 Book Club w/ Donna 3:15 Snack and Social 3:30 Bingo with Emily (2nd floor) 6:30 Adult Coloring	10:15 The Daily Chronicle 6 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:00 Making Flower Arrangements (Bistro) 1:30 Baking w/ Care Manager's 3:00 Music with Nelli (Bistro) 3:15 Wine & Cheese Social 6:30 Bingo with Care Manager's	10:15 The Daily Chronicle 7 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 3:00 Arts & Crafts 3:15 Snack and Social 6:30 Adult Coloring
10:15 The Daily Chronicle 8 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 2:30 Singfit 3:15 Snack and Social 6:30 Table Games	10:15 The Daily Chronicle 9 10:30 News with Donna 11:00 Zumba 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 2:30 Bowling with Donna 3:15 Snack and Social 6:30 Bingo with Care Manager's	10:15 The Daily Chronicle 10 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 2:00 Scrapbooking club 2:30 Singfit 3:15 Snack and Social 6:30 Adult Coloring	10:00 Knitting w/ Porsher (2nd floor) 11 10:15 The Daily Chronicle 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:15 Baking w/ Porsher (2nd floor) 2:30 Music w/ Bob 3:15 Snack and Social 6:30 Bingo with Care Manager's	10:15 The Daily Chronicle 12 10:30 Exercise 11:00 News Currents 11:15 Lunch Outing 11:30 Go4Life® Walking Club 3:00 Book Club w/ Donna 3:15 Snack and Social 3:30 Bingo with Emily (2nd floor) 6:30 Adult Coloring	10:15 The Daily Chronicle 13 10:30 Exercise 11:00 Rabbi Uri (Bistro) 11:00 News Currents 11:30 Go4Life® Walking Club 1:00 Making Flower Arrangements (Bistro) 1:30 Baking w/ Care Manager's 3:00 Music with Nelli (Bistro) 3:15 Wine & Cheese Social 6:30 Bingo with Care Manager's	10:15 The Daily Chronicle 14 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 3:00 Arts & Crafts 3:15 Snack and Social 6:30 Adult Coloring
10:15 The Daily Chronicle 15 10:30 Exercise 10:30 Music w/ Mike Smith (Bistro) 11:00 News Currents 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 2:30 Singfit 3:15 Snack and Social 6:30 Table Games	10:15 The Daily Chronicle 16 10:30 News with Donna 11:00 Zumba 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 2:30 Bowling with Donna 3:15 Snack and Social 6:30 Bingo with Care Manager's	10:15 The Daily Chronicle 17 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 2:00 Scrapbooking club 2:30 Singfit 3:15 Snack and Social 6:30 Adult Coloring	10:00 Knitting w/ Porsher (2nd floor) 18 10:15 The Daily Chronicle 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:15 Baking w/ Porsher (2nd floor) 3:15 Snack and Social 6:30 Bingo with Care Manager's	10:15 The Daily Chronicle 19 10:30 Exercise 11:00 News Currents 11:15 Lunch Outing 11:30 Go4Life® Walking Club 3:00 Book Club w/ Donna 3:15 Snack and Social 3:30 Bingo with Emily (2nd floor) 6:30 Adult Coloring	10:15 The Daily Chronicle 20 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:00 Making Flower Arrangements (Bistro) 1:30 Baking w/ Care Manager's 3:00 Music with Nelli (Bistro) 3:15 Wine & Cheese Social 6:30 Bingo with Care Manager's	10:15 The Daily Chronicle 21 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 3:00 Arts & Crafts 3:15 Snack and Social 6:30 Adult Coloring
10:15 The Daily Chronicle 22 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 2:30 Singfit 3:15 Snack and Social 6:30 Table Games	10:15 The Daily Chronicle 23 10:30 News with Donna 11:00 Zumba 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 2:00 Nail painting w/ Porsher (2nd floor) 2:30 Bowling with Donna 3:15 Snack and Social 6:30 Bingo with Care Manager's	10:15 The Daily Chronicle 24 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 2:00 Scrapbooking club 2:30 Singfit 3:15 Snack and Social 6:30 Adult Coloring	10:00 Knitting w/ Porsher (2nd floor) 25 10:15 The Daily Chronicle 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:15 Baking w/ Porsher (2nd floor) 2:30 Music w/ Paul 3:15 Snack and Social 6:30 Bingo with Care Manager's	10:15 The Daily Chronicle 26 10:30 Exercise 11:00 News Currents 11:15 Lunch Outing 11:30 Go4Life® Walking Club 3:00 Book Club w/ Donna 3:15 Snack and Social 3:30 Bingo with Emily (2nd floor) 6:30 Adult Coloring	10:15 The Daily Chronicle 27 10:30 Exercise 11:00 Rabbi Uri (Bistro) 11:00 News Currents 11:30 Go4Life® Walking Club 1:00 Making Flower Arrangements (Bistro) 1:30 Cathy's Corner 1:30 Baking w/ Care Manager's 3:00 Music with Nelli (Bistro) 6:30 Bingo with Care Manager's	10:15 The Daily Chronicle 28 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 3:00 Arts & Crafts 3:15 Snack and Social 6:30 Adult Coloring
10:15 The Daily Chronicle 29 10:30 Exercise 11:00 News Currents 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 2:30 Singfit 3:15 Snack and Social 6:30 Table Games	10:15 The Daily Chronicle 30 10:30 News with Donna 11:00 Zumba 11:30 Go4Life® Walking Club 1:30 Baking w/ Care Manager's 2:30 Bowling with Donna 3:15 Snack and Social 6:30 Bingo with Care Manager's					**Times and activities subject to change