

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Exercise Essentials 1 11:00 News Currents 11:30 Go4Life® Walking Club 1:00 Wii Bowling (AR) 1:30 Movie & Popcorn (FR) 3:15 Snack and Social (AR) 6:30 Trivia (AR)	10:15 Zumba (ALB) 2 11:00 Wellness Talk (ALB) 11:30 Wii Bowling 11:30 Go4Life® Walking Club 2:00 Music w/ Julie Hall 3:00 Brainteasers w/ Katie 3:15 Snack and Social (AR) 6:00 Monday Night Movie	10:30 Exercise Essentials 3 11:30 Lunch Outing 11:30 Go4Life® Walking Club 1:30 Movie & Popcorn (FR) 3:00 Wii Bowling (AR) 3:00 Auction 3:15 Snack and Social (AR) 6:30 Tuesday Night Trivia w/ Ms. Jordan	10:30 Exercise Essentials 4 11:00 News Currents 11:30 SingFit 11:30 Go4Life® Walking Club 1:30 Nail Painting w/ Katie (AR) 2:30 Art Class w/ Mr. Fellows (AR) 3:15 Snack and Social (AR) 6:30 Movie & Popcorn	10:30 Exercise Essentials 5 11:00 Baking for Pikesville Fire Department (RDR) 11:30 Word Search Challenge (ALB) 11:30 Go4Life® Walking Club 1:30 Nickel Bingo (Bistro) 3:00 Knitting Club 3:15 Snack and Social (AR) 6:30 Card Games (AR)	10:30 Exercise Essentials 6 11:15 Wii Bowling (Activities Room) 11:30 Go4Life® Walking Club 1:00 Making Flower Arrangements (AR) 2:30 Scrapbooking club (AR) 3:00 Music with Nelli (Bistro) 3:15 Wine & Cheese Social 6:30 Take a Trip into History with Louis Richards (Bistro)	10:30 Wii Bowling 7 11:00 Yoga w/ Linda 11:30 Go4Life® Walking Club 1:30 Adult coloring (AR) 3:00 Movie & Popcorn 3:15 Snack and Social (AR) 6:30 Card Games (AR)
10:30 Exercise Essentials 8 11:00 News Currents 11:30 Go4Life® Walking Club 1:00 Wii Bowling (AR) 1:30 Movie & Popcorn (FR) 2:00 Music w/ Harvey 3:15 Snack and Social (AR) 6:30 Trivia (AR)	10:15 Zumba (ALB) 9 11:00 News Currents 11:30 Wii Bowling 11:30 Go4Life® Walking Club 1:30 Bingo w/ Care Manager's (Bistro) 3:00 Brainteasers w/ Katie 3:15 Snack and Social (AR) 6:00 Monday Night Movie	10:30 Exercise Essentials 10 11:00 News Currents 11:30 Lunch Outing 11:30 Go4Life® Walking Club 1:30 Movie & Popcorn (FR) 3:00 Wii Bowling (AR) 3:15 Snack and Social (AR) 6:30 Tuesday Night Trivia w/ Ms. Jordan	10:30 Exercise Essentials 11 11:00 News Currents 11:30 SingFit 11:30 Go4Life® Walking Club 1:30 Inspirational hour (Bistro) 2:30 Art Class w/ Mr. Fellows (AR) 3:15 Snack and Social (AR) 6:30 Movie & Popcorn	10:30 Exercise Essentials 12 11:00 Charades 11:30 Word Search Challenge (ALB) 11:30 Go4Life® Walking Club 1:30 Nickel Bingo (Bistro) 3:00 Knitting Club 3:15 Snack and Social (AR) 6:30 Card Games (AR)	10:30 Exercise Essentials 13 11:00 Rabbi Uri (Bistro) 11:15 Wii Bowling (Activities room) 11:30 Go4Life® Walking Club 1:00 Making Flower Arrangements (AR) 1:30 Cathy's Corner (FR) 2:30 Scrapbooking club (AR) 3:00 Music with Nelli (Bistro) 3:15 Wine & Cheese Social 6:30 Friday Funny Movie (FR)	10:30 Exercise w/ Ms. Jordan 14 11:00 News Currents (Bistro) 11:30 Go4Life® Walking Club 1:30 Adult coloring (AR) 2:00 Music w/ Larry 3:00 Movie & Popcorn 3:15 Snack and Social (AR) 6:30 Card Games (AR)
10:30 Music w/ Mike Smith 15 11:30 Go4Life® Walking Club 1:00 Wii Bowling (AR) 1:30 Movie & Popcorn (FR) 3:15 Snack and Social (AR) 6:30 Trivia (AR)	10:15 Zumba (ALB) 16 11:00 News Currents 11:30 Wii Bowling 11:30 Go4Life® Walking Club 1:30 Bingo w/ Care Manager's (Bistro) 3:00 Brainteasers w/ Katie 3:15 Snack and Social (AR) 6:00 Monday Night Movie	10:30 Exercise Essentials 17 11:00 News Currents 11:30 Lunch Outing 11:30 Go4Life® Walking Club 1:30 Movie & Popcorn (FR) 3:00 Wii Bowling (AR) 3:15 Snack and Social (AR) 6:30 Tuesday Night Trivia w/ Ms. Jordan	10:30 Exercise Essentials 18 11:00 News Currents 11:30 SingFit 11:30 Go4Life® Walking Club 1:30 Nail Painting w/ Katie (AR) 2:30 Art Class w/ Mr. Fellows (AR) 3:00 Birthday Social 3:15 Snack and Social (AR) 6:30 Movie & Popcorn	10:30 Exercise Essentials 19 11:00 Charades 11:30 Word Search Challenge (ALB) 11:30 Go4Life® Walking Club 1:30 Nickel Bingo (Bistro) 3:00 Food Committee w/ James (ALB) 3:00 Knitting Club 3:15 Snack and Social (AR) 6:30 Card Games (AR)	10:30 Exercise Essentials 20 11:15 Wii Bowling (Activities Room) 11:30 Go4Life® Walking Club 1:00 Making Flower Arrangements (AR) 2:30 Scrapbooking club (AR) 3:00 Music with Nelli (Bistro) 3:15 Wine & Cheese Social 6:30 Take a Trip into History with Louis Richards (Bistro)	10:30 Exercise w/ Ms. Jordan 21 11:00 News Currents (Bistro) 11:00 Wii Bowling 11:30 Go4Life® Walking Club 1:30 Adult coloring (AR) 2:00 Music w/ Tom Cooke 3:00 Movie & Popcorn 3:15 Snack and Social (AR) 6:30 Card Games (AR)
10:30 Exercise Essentials 22 11:00 News Currents 11:30 Go4Life® Walking Club 1:00 Wii Bowling (AR) 1:30 Movie & Popcorn (FR) 3:15 Snack and Social (AR) 6:30 Trivia (AR)	10:15 Zumba (ALB) 23 11:00 News Currents 11:30 Wii Bowling 11:30 Go4Life® Walking Club 1:30 Bingo w/ Care Manager's (Bistro) 3:00 Brainteasers w/ Katie 3:15 Snack and Social (AR) 6:00 Monday Night Movie	10:30 Exercise Essentials 24 11:00 News Currents 11:30 Lunch Outing 11:30 Go4Life® Walking Club 1:30 Movie & Popcorn (FR) 2:45 Cooking w/ Rachel (ALB) 3:00 Wii Bowling (AR) 6:30 Tuesday Night Trivia w/ Ms. Jordan	10:30 Exercise Essentials 25 11:00 News Currents 11:30 SingFit 11:30 Go4Life® Walking Club 1:30 Inspirational hour (Bistro) 2:30 Art Class w/ Mr. Fellows (AR) 3:00 Resident Council Meeting (ALB) 3:15 Snack and Social (AR) 6:30 Movie & Popcorn	10:30 Exercise Essentials 26 11:00 Charades 11:30 Word Search Challenge (ALB) 11:30 Go4Life® Walking Club 1:00 1 hour Nickel Bingo w/ Care Manager's 3:00 Knitting Club 3:15 Snack and Social (AR) 6:30 Card Games (AR)	10:30 Exercise Essentials 27 11:00 Rabbi Uri (Bistro) 11:15 Wii Bowling (Activities room) 11:30 Go4Life® Walking Club 1:00 Making Flower Arrangements (AR) 1:30 Cathy's Corner (FR) 2:30 Scrapbooking club (AR) 3:00 Music with Nelli (Bistro) 3:15 Wine & Cheese Social 6:30 Friday Funny Movie (FR)	10:30 Wii Bowling 28 11:00 Yoga w/ Linda 11:30 Go4Life® Walking Club 1:30 Adult coloring (AR) 3:00 Movie & Popcorn 3:15 Snack and Social (AR) 6:30 Card Games (AR)
10:30 Exercise Essentials 29 11:00 News Currents 11:30 Go4Life® Walking Club 1:00 Wii Bowling (AR) 1:30 Movie & Popcorn (FR) 2:00 Music w/ Norman 3:15 Snack and Social (AR) 6:30 Trivia (AR)	10:15 Zumba (ALB) 30 11:00 News Currents 11:30 Wii Bowling 11:30 Go4Life® Walking Club 1:30 Bingo w/ Care Manager's (Bistro) 3:00 Brainteasers w/ Katie 3:15 Snack and Social (AR) 6:00 Monday Night Movie	ALB AL Bistro ALC AL Courtyard ALD AL Dining Room AR AL Activities Room CL Community Library FR AL Family Room RAR Reminiscence Activities Room RDR Reminiscence Dining Room RFR Reminiscence Family Room SR Sun Room				