

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:00 Beauty Essentials 9:30 Chapel Service in AL 9:30 Community News & Events 9:45 Spiritual Readings 10:15 Bingo 11:00 Baker's Corner 1:00 Trivia Fun! 2:00 Art Expressions 2:30 Go4Life® Walking Club 2:45 Name 3 3:00 Sundae Sunday Social 4:00 Sensory Activities 6:15 Sunrise Showcase (Movies)</p>	<p>9:00 Beauty Essentials 9:30 Community News & Events 10:00 Morning Stretch 10:15 Bingo 10:30 Baker's Corner 1:00 Whiteboard Hangman 2:00 Art Expressions 2:45 Scattergories 3:00 Silver Sneakers Fitness (REM 1) 4:00 SingFit® & Hydration Hour (REM 2) 6:15 Evening Meditation</p>	<p>9:00 Beauty Essentials 9:30 Community News & Events 10:00 Morning Stretch 10:15 Bingo 10:30 Baker's Corner 1:00 Trivia Fun! 1:30 Silver Sneakers Fitness (REM 2) 2:30 Paint Club 4:00 SingFit® and Hydration Hour (REM 1) 6:15 Evening Meditation</p>	<p>9:00 Beauty Essentials 9:30 Community News & Events 10:00 Morning Stretch 10:15 Bingo 11:00 Baker's Corner 1:00 Whiteboard Hangman 1:30 Silver Sneakers Fitness (REM 1) 2:00 Art Expressions 3:00 Live Music & Munchies in Assisted Living 6:15 Sensory Activities</p>	<p>9:00 Beauty Essentials 9:30 Community News & Events 10:00 Morning Stretch 10:15 Bingo 11:00 Baker's Corner 1:00 Trivia Fun! 1:30 VolleyBallon 3:00 Silver Sneakers Fitness (REM 2) 3:30 Hydration Hour 6:15 Sensory Activities</p>	<p>9:00 Beauty Essentials 9:30 Community News & Events 10:00 Morning Stretch 10:15 Bingo 11:00 Baker's Corner 1:00 Walking Club 1:00 Whiteboard Hangman 2:00 Art Expressions 3:00 Scenic Drive with Jacob 6:00 Sensory Activities 6:00 Friday Night at the Movies</p>	<p>9:30 Community News & Events 10:00 Morning Stretch 10:15 Bingo 10:30 Saturday Spa Social (hand massages) 10:30 Baker's Corner 11:00 Silver Sneakers Fitness 1:00 Trivia Fun! 2:00 Physical Games 3:00 Hydration Hour 6:15 Saturday Night Cinema</p>
<p>9:00 Beauty Essentials 9:30 Chapel Service in AL 9:30 Community News & Events 9:45 Spiritual Readings 10:15 Bingo 11:00 Baker's Corner 1:00 Trivia Fun! 2:00 Art Expressions 2:30 Go4Life® Walking Club 2:45 Name 3 3:00 The Johnson Family 3:00 Sundae Sunday Social 4:00 Sensory Activities 6:15 Sunrise Showcase (Movies)</p>	<p>9:00 Beauty Essentials 9:30 Community News & Events 10:00 Morning Stretch 10:15 Bingo 10:30 Baker's Corner 1:00 Whiteboard Hangman 2:00 Art Expressions 2:45 Scattergories 3:00 Silver Sneakers Fitness (REM 1) 4:00 SingFit® & Hydration Hour (REM 2) 6:15 Evening Meditation</p>	<p>9:00 Beauty Essentials 9:30 Community News & Events 10:00 Morning Stretch 10:15 Bingo 10:30 Baker's Corner 1:00 Trivia Fun! 1:30 Silver Sneakers Fitness (REM 2) 2:30 Paint Club 4:00 SingFit® and Hydration Hour (REM 1) 6:15 Evening Meditation</p>	<p>9:00 Beauty Essentials 9:30 Community News & Events 10:00 Morning Stretch 10:15 Bingo 11:00 Baker's Corner 1:00 Whiteboard Hangman 1:30 Silver Sneakers Fitness (REM 1) 2:00 Art Expressions 3:00 Live Music & Munchies in Assisted Living 6:15 Sensory Activities</p>	<p>9:00 Beauty Essentials 9:30 Community News & Events 10:00 Morning Stretch 10:15 Bingo 11:00 Baker's Corner 1:00 Trivia Fun! 1:30 VolleyBallon 3:00 Silver Sneakers Fitness (REM 2) 3:30 Family Wine and Cheese 3:30 Hydration Hour 6:15 Sensory Activities</p>	<p>9:00 Beauty Essentials 9:30 Community News & Events 10:00 Morning Stretch 10:15 Bingo 11:00 Baker's Corner 1:00 Walking Club 1:00 Whiteboard Hangman 2:00 Art Expressions 3:00 Hydration Hour with Trivia! 3:00 Scenic Drive with Jacob 6:00 Sensory Activities 6:00 Friday Night at the Movies</p>	<p>9:30 Community News & Events 10:00 Morning Stretch 10:15 Bingo 10:30 Saturday Spa Social (hand massages) 10:30 Baker's Corner 11:00 Silver Sneakers Fitness 1:00 Trivia Fun! 2:00 Physical Games 3:00 Hydration Hour 6:15 Saturday Night Cinema</p>
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SEPTEMBER 2019
Reminiscence
 Sunrise of Huntington Beach
 7401 Yorktown Ave., Huntington Beach,
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LIVE WITH PURPOSE

