

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Exercise Essentials w/ Care Managers (3A) <b>1</b> 10:30 News Currents w/ Angela (3A) 11:00 St. Charles Catholic Church 11:00 Drum Circle (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Sunday Art Club w/ Care Managers (3A) 3:00 Afternoon Social w/ Pianist Adrienne Cleary 4:15 Brain Games (3A) 6:30 Hand Massage w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>2</b> 10:30 News Currents w/ Angela (3A) 11:00 Cooking Club w/ Leah (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Monday Manicures (3A) 3:00 Table Games and Card Games w/ Leah (3A) 4:15 Brain Games (3A) 6:00 Puzzles and Soothing Melodies w/ Care Managers (3A) 11:30 Daily Chronicle w/ Jocelyn (4AR)	9:30 Exercise Essentials w/ Care Managers (3A) <b>3</b> 10:30 News Currents w/ Dot (3A) 11:00 Cooking Club w/ Dot (3A) 12:00 Lunch and Melodies w/ Jocelyn (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Table Talk w/ Dot (3A) 3:00 Wine & Cheese Social Wendall B. 3:30 Puzzles w/ Care Managers (3A) 4:15 Brain Games (3A) 6:30 Hand Massage w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>4</b> 10:00 Daily Chronicles & Trivia w/ Care Managers (3A) 10:30 News Currents w/ Dot (3A) 11:00 Cooking Club w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Resident Council Meeting (4LR) 3:00 Music and Memories: Deena Javor (4LR) 4:15 Brain Games (3A) 5:30 Meal and Mood Music w/ Jocelyn (3A) 6:30 Pick a Puzzle w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>5</b> 10:30 News Currents w/ Dot (3A) 11:00 Outing: Lil City Creamery (MAE) 11:00 Cooking Club w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 3:00 Sip & Savor w/ Chef Dee Dee (4LR) 4:15 Documentary: Sour Grapes (3A) 4:45 The Best of Comedy (3A) 6:30 Hand Massage w/ Care Managers (3A)	10:15 Exercise Essentials w/ Ellen <b>6</b> 11:00 Scenic Bus Ride 1:30 Go4Life@ Walking Club (3A) 2:15 BINGO w/ Jocelyn (3A) 3:00 Music w/ Eric Highsmith 3:00 Comedy Hour: Viewers Choice (3A) 4:15 Brain Games w/ Dorothy (3A) 4:30 Art Perspectives (4AR) 4:45 I Love Lucy (3A) 7:00 Favorite Musicals Viewers' Choice (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>7</b> 10:30 Snacks and Reflections w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 1:45 The Joys of Cooking (3A) 2:00 Afternoon Art w/ Winnie (4AR) 3:00 Classics w/ Old Dominion Jazz Trio (4LR) 4:15 Serving Hearts Service Club w/ LEM (3A) 7:30 Classic Comedy (3A)
9:30 Exercise Essentials w/ Care Managers (3A) <b>8</b> 10:30 News Currents w/ Dot (3A) 11:00 St. Charles Catholic Church 1:30 Go4Life@ Walking Club (3A) 2:15 Sunday Art Club w/ Care Managers (3A) 3:00 Classical Piano w/ Jeff Pace 4:15 Brain Games (3A) 6:30 Hand Massage w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>9</b> 10:30 News Currents w/ Dot (3A) 11:00 Cooking Club w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Monday Manicures (3A) 3:00 Table Games and Card Games w/ Leah (3A) 4:15 Brain Games (3A) 6:00 Puzzles and Soothing Melodies w/ Care Managers (3A) 11:30 Daily Chronicle w/ Jocelyn (4AR)	9:30 Exercise Essentials w/ Care Managers (3A) <b>10</b> 10:30 News Currents w/ Dot (3A) 11:00 Cooking Club w/ Dot (3A) 12:00 Lunch and Melodies w/ Jocelyn (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Table Talk w/ Dot (3A) 2:30 Memories and Melodies w/ Pianist David M. (4LR) 3:30 Puzzles w/ Care Managers (3A) 4:15 Brain Games (3A) 6:30 Hand Massage w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>11</b> 10:00 Daily Chronicles & Trivia w/ Care Managers (3A) 10:30 News Currents w/ Dot (3A) 11:00 Cooking Club w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 2:00 Flower Arranging (3A) 3:00 Sing-a-Long w/ Old Dominion Trio (4LR) 4:15 Brain Games (3A) 5:30 Meal and Mood Music w/ Jocelyn (3A) 6:30 Pick a Puzzle w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>12</b> 10:30 News Currents w/ Dot (3A) 11:00 Outing: Museum of Natural History (MAE) 11:00 Cooking Club w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Trivia Time w/ Dot (3A) 3:00 Music Club w/ Jocelyn (3A) 3:00 Tai Chi w/ Nan (4AR) 4:15 Brain Games (3A) 4:45 The Best of Comedy (3A) 6:30 Hand Massage w/ Care Managers (3A)	10:15 Exercise Essentials w/ Ellen <b>13</b> 11:00 Scenic Bus Ride 1:30 Go4Life@ Walking Club (3A) 2:15 BINGO w/ Jocelyn (3A) 3:00 Comedy Hour: Viewers Choice (3A) 4:15 Brain Games w/ Dorothy (3A) 4:30 Art Perspectives (4AR) 4:45 I Love Lucy (3A) 7:00 Favorite Musicals Viewers' Choice (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>14</b> 10:30 Snacks and Reflections w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 1:45 The Joys of Cooking (3A) 2:00 Afternoon Art w/ Winnie (4AR) 3:00 Saturday Spa w/ Winnie (4AR) 4:15 Serving Hearts Service Club w/ LEM (3A) 7:30 Classic Comedy (3A)
9:30 Exercise Essentials w/ Care Managers (3A) <b>15</b> 10:30 News Currents w/ Dot (3A) 11:00 St. Charles Catholic Church 1:30 Go4Life@ Walking Club (3A) 2:15 Sunday Art Club w/ Care Managers (3A) 3:00 Crossword Puzzle w/ Angela (4AR) 4:15 Brain Games (3A) 6:30 Hand Massage w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>16</b> 10:30 News Currents w/ Dot (3A) 11:00 Cooking Club w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Monday Manicures (3A) 3:00 Table Games and Card Games w/ Leah (3A) 4:15 Brain Games (3A) 6:00 Puzzles and Soothing Melodies w/ Care Managers (3A) 11:30 Daily Chronicle w/ Jocelyn (4AR)	9:30 Exercise Essentials w/ Care Managers (3A) <b>17</b> 10:30 News Currents w/ Dot (3A) 11:00 Cooking Club w/ Dot (3A) 12:00 Lunch and Melodies w/ Jocelyn (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Table Talk w/ Dot (3A) 3:00 Wine & Cheese Social Hector M. 3:30 Puzzles w/ Care Managers (3A) 4:15 Brain Games (3A) 6:30 Hand Massage w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>18</b> 10:00 Daily Chronicles & Trivia w/ Care Managers (3A) 10:30 News Currents w/ Dot (3A) 11:00 Cooking Club w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 2:00 Dale Jarrett & Garrey Birthday Social (4LR) 3:00 Flower Arranging (3A) 4:15 Brain Games (3A) 5:30 Meal and Mood Music w/ Jocelyn (3A) 6:30 Pick a Puzzle w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>19</b> 10:30 News Currents w/ Dot (3A) 11:00 Outing: True Food (MAE) 11:00 Cooking Club w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Pick Your Prize Hour (4AR) 2:15 Trivia Time w/ Dot (3A) 3:00 Music Club w/ Jocelyn (3A) 3:00 Tai Chi w/ Nan (4AR) 4:15 Brain Games (3A) 4:45 The Best of Comedy (3A) 6:30 Hand Massage w/ Care Managers (3A)	10:15 Exercise Essentials w/ Ellen <b>20</b> 11:00 Music Time w/ David (3A) 11:00 Scenic Bus Ride 1:30 Go4Life@ Walking Club (3A) 2:15 BINGO w/ Jocelyn (3A) 3:00 Comedy Hour: Viewers Choice (3A) 4:15 Brain Games w/ Dorothy (3A) 4:30 Art Perspectives (4AR) 4:45 I Love Lucy (3A) 7:00 Favorite Musicals Viewers' Choice (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>21</b> 10:30 Snacks and Reflections w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 1:45 The Joys of Cooking (3A) 2:00 Afternoon Art w/ Winnie (4AR) 3:00 Saturday Spa w/ Winnie (4AR) 4:15 Serving Hearts Service Club w/ LEM (3A) 7:30 Classic Comedy (3A)
9:30 Exercise Essentials w/ Care Managers (3A) <b>22</b> 10:30 News Currents w/ Dot (3A) 11:00 St. Charles Catholic Church 1:30 Go4Life@ Walking Club (3A) 2:15 Sunday Art Club w/ Care Managers (3A) 3:00 Crossword Puzzle w/ Angela (4AR) 4:15 Brain Games (3A) 6:30 Hand Massage w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>23</b> 10:30 News Currents w/ Dot (3A) 11:00 Cooking Club w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Monday Manicures (3A) 3:00 Table Games and Card Games w/ Leah (3A) 4:15 Brain Games (3A) 6:00 Puzzles and Soothing Melodies w/ Care Managers (3A) 11:30 Daily Chronicle w/ Jocelyn (4AR)	9:30 Exercise Essentials w/ Care Managers (3A) <b>24</b> 10:30 News Currents w/ Dot (3A) 11:00 Cooking Club w/ Dot (3A) 12:00 Lunch and Melodies w/ Jocelyn (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Table Talk w/ Dot (3A) 3:00 Wine & Cheese Social: Jeff Pace 3:30 Puzzles w/ Care Managers (3A) 4:15 Brain Games (3A) 6:30 Hand Massage w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>25</b> 10:00 Daily Chronicles & Trivia w/ Care Managers (3A) 10:30 News Currents w/ Dot (3A) 11:00 Cooking Club w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Trivia Time w/ Dot (3A) 3:00 Flower Arranging (3A) 4:15 Brain Games (3A) 6:30 Pick a Puzzle w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>26</b> 10:30 News Currents w/ Dot (3A) 11:00 Outing: Air and Space Museum (MAE) 11:00 Cooking Club w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Trivia Time w/ Dot (3A) 3:00 Music Club w/ Jocelyn (3A) 3:00 Tai Chi w/ Nan (4AR) 4:15 Brain Games (3A) 4:45 The Best of Comedy (3A) 6:30 Hand Massage w/ Care Managers (3A)	10:15 Exercise Essentials w/ Ellen <b>27</b> 11:00 Music Time w/ David M (3A) 11:00 Scenic Bus Ride 1:30 Go4Life@ Walking Club (3A) 2:15 BINGO w/ Jocelyn (3A) 3:00 Sing a Tune w/ Deena Javor 3:00 Comedy Hour: Viewers Choice (3A) 4:15 Brain Games w/ Dorothy (3A) 4:30 Art Perspectives (4AR) 4:45 I Love Lucy (3A) 7:00 Favorite Musicals Viewers' Choice (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>28</b> 10:30 Snacks and Reflections w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 1:45 The Joys of Cooking (3A) 2:00 Afternoon Art w/ Winnie (4AR) 3:00 Saturday Spa w/ Winnie (4AR) 4:15 Serving Hearts Service Club w/ LEM (3A) 7:30 Classic Comedy (3A)
9:30 Exercise Essentials w/ Care Managers (3A) <b>29</b> 10:30 News Currents w/ Dot (3A) 11:00 St. Charles Catholic Church 1:30 Go4Life@ Walking Club (3A) 2:15 Sunday Art Club w/ Care Managers (3A) 3:00 Crossword Puzzle w/ Angela (4AR) 4:15 Brain Games (3A) 6:30 Hand Massage w/ Care Managers (3A)	9:30 Exercise Essentials w/ Care Managers (3A) <b>30</b> 10:30 News Currents w/ Dot (3A) 11:00 Cooking Club w/ Dot (3A) 1:30 Go4Life@ Walking Club (3A) 2:15 Monday Manicures (3A) 3:00 Table Games and Card Games w/ Leah (3A) 4:15 Brain Games (3A) 6:00 Puzzles and Soothing Melodies w/ Care Managers (3A) 11:30 Daily Chronicle w/ Jocelyn (4AR)	3A 3rd Floor Arbor 4AR 4th Floor Activity Room 4LR 4th Floor Living Room DR 2nd Floor Dining Room LR 2nd Floor Living Room M67 Monticello Room and Ch. 67 MAE Meet at Elevator MIL Meet In Lobby MR Monticello Room				

