

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 Newspaper & Coffee (4AR) 1 10:30 Sunday Morning Stretch (4AR) 11:00 St. Charles Catholic Church (MR) 11:00 Current Events w/ Angela (4AR) 12:00 Go4Life® Walking Club (MAE) 2:00 Sunday BINGO Club (4AR) 3:00 Afternoon Social w/ Pianist Adrienne Cleary (4LR) 4:15 Brain Games w/ Angela (4AR) 5:15 Inspirational Ted Talks (4AR) 7:15 Movie & A Manicure (4AR)	10:15 Exercise Essentials w/ Angela 2 11:00 News and Views w/ Angela (4AR) 11:30 Trivia Challenge w/ Angela (4AR) 2:00 Bonus BINGO (4AR) 3:00 Go4Life® Walking Club (MAE) 4:00 Manicures and a Movie: Patch Adams (4AR) 6:30 Patch Adams: Part 2 (4AR)	10:15 News Currents Sr. w/ Patrice (4AR) 3 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:15 Mindfulness w/ Patrice (4AR) 3:00 Wine & Cheese Social Wendall B. (4LR) 4:15 Afternoon Stretch w/ Jocelyn (4AR) 5:30 Poetry Club w/ Jocelyn (4AR) 6:15 Evening News (4AR) 8:00 Tuesday Night Bingo (4AR)	10:15 Exercise Essentials w/ Ellen 4 10:30 Catholic Services (4LR) 11:00 News Currents with Patrice (4AR) 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:15 Resident Council Meeting (4LR) 3:00 Music and Memories: Deena Javor (4LR) 4:15 Meet Me at MoMA (4AR) 5:00 I Love Lucy: Viewer's Choice (4AR) 7:00 Evening Cinema: Viewer's Choice (4AR)	10:15 News Currents Sr. w/ Patrice (4AR) 5 11:00 Outing: Lil City Creamery (MAE) 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:30 A Review of Legendary Entertainers (4AR) 3:00 Sip & Savor w/ Chef Dee Dee Javor (4LR) 3:30 Afternoon Stretch w/ Jocelyn (4AR) 4:00 Afternoon Documentary: Sour Grapes (4AR) 7:00 Soothing Melodies w/ Ted A. (4LR) 8:00 BINGO Club	10:15 News Currents Sr. w/ Patrice (4AR) 6 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:00 Friday BINGO Club (4AR) 3:00 Music w/ Eric Highsmith (4LR) 4:15 Afternoon Stretch w/ Jocelyn (4AR) 4:30 Art Perspectives (4AR) 4:45 Planet Earth (4AR) 7:15 Games & Puzzles w/ Care Managers (4AR)	10:00 Go4Life Walking Club: Newspaper Delivery Walking Club (4AR) 7 10:30 Morning Stretch w/ Winnie (4AR) 11:00 Morning Mental Workout w/ Winnie (4AR) 11:30 BINGO Club (4AR) 2:00 Afternoon Art w/ Winnie (4AR) 3:00 Classics w/ Old Dominion Jazz Trio 4:30 Trivia Time w/ Angela (4AR) 7:15 Evening Manicures w/ Angela (4AR)
10:00 Newspaper & Coffee (4AR) 8 10:30 Sunday Morning Stretch (4AR) 11:00 St. Charles Catholic Church (MR) 11:00 Current Events w/ Angela (4AR) 12:00 Go4Life® Walking Club (MAE) 2:00 Sunday BINGO Club (4AR) 3:00 Classical Piano w/ Jeff Pace (4LR) 4:15 Brain Games w/ Angela (4AR) 5:15 Inspirational Ted Talks (4AR) 7:15 Movie & A Manicure (4AR) 10:30 Sunday Morning Stretch (4AR)	10:15 Exercise Essentials w/ Ellen 9 11:00 Dancing w/ Garrey Stinson (4AR) 12:00 Daily Chronicle w/ Jocelyn (4AR) 12:30 Lunch Melodies w/ Jerry (4DR) 2:00 Live w/ Anticipation (4AR) 3:00 Go4Life® Walking Club (MAE) 4:00 Card and Table Games w/ Jocelyn & Friends (4AR) 5:00 Gratitude and Attitude (4AR) 6:30 Pick a Puzzle w/ Care Managers (4AR)	10:15 News Currents Sr. w/ Patrice (4AR) 10 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:15 Mindfulness w/ Patrice (4AR) 2:30 Memories and Melodies w/ Pianist David M. (4LR) 4:15 Poetry Club w/ Jocelyn (4AR) 4:15 Afternoon Stretch w/ Jocelyn (4AR) 4:30 Poetry Club w/ Jocelyn (4AR) 5:15 Evening News (4AR) 8:00 Tuesday Night Bingo (4AR)	10:15 Exercise Essentials w/ Ellen 11 10:30 Catholic Services (4LR) 11:00 News Currents with Patrice (4AR) 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:00 Brain Games w/ Patrice (4AR) 3:00 Sing-a-Long w/ Old Dominion Trio (4LR) 4:15 Flower Arranging w/ Patrice (4AR) 5:00 I Love Lucy: Viewer's Choice (4AR) 7:00 Evening Cinema: Viewer's Choice (4AR)	10:15 News Currents Sr. w/ Patrice (4AR) 12 11:00 Outing: Museum of Natural History (MAE) 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:30 A Review of Legendary Entertainers (4AR) 3:00 Tai Chi w/ Nan (4AR) 4:15 Trivia Time w/ Jocelyn (4AR) 5:00 I Love Lucy: Viewer's Choice (4AR) 8:00 BINGO Club	10:15 News Currents Sr. w/ Patrice (4AR) 13 11:00 Scenic Bus Ride (MAE) 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:00 Friday BINGO Club (4AR) 3:00 Classic Movie Social: Brigadoon (4AR) 5:00 Afternoon Stretch w/ Jocelyn (4AR) 7:15 Games & Puzzles w/ Care Managers (4AR)	10:00 Go4Life Walking Club: Newspaper Delivery Walking Club (4AR) 14 10:30 Morning Stretch w/ Winnie (4AR) 11:00 Morning Mental Workout w/ Winnie (4AR) 11:30 BINGO Club (4AR) 2:00 Afternoon Art w/ Winnie (4AR) 3:00 Saturday Spa w/ Winnie (4AR) 4:30 Trivia Time w/ Angela (4AR) 7:15 Evening Manicures w/ Angela (4AR)
10:00 Newspaper & Coffee (4AR) 15 10:30 Sunday Morning Stretch (4AR) 11:00 St. Charles Catholic Church (MR) 11:00 Current Events w/ Angela (4AR) 12:00 Go4Life® Walking Club (MAE) 2:00 Sunday BINGO Club (4AR) 3:00 Crossword Puzzle w/ Angela (4AR) 4:15 Brain Games w/ Angela (4AR) 5:15 Inspirational Ted Talks (4AR) 7:15 Movie & A Manicure (4AR)	10:15 Exercise Essentials w/ Ellen 16 11:30 Drum Circle (4AR) 12:00 Daily Chronicle w/ Jocelyn (4AR) 2:00 Live w/ Anticipation (4AR) 3:00 Go4Life® Walking Club (MAE) 4:00 Card and Table Games w/ Jocelyn & Friends (4AR) 5:00 Gratitude and Attitude (4AR) 6:30 Pick a Puzzle w/ Care Managers (4AR)	10:15 News Currents Sr. w/ Patrice (4AR) 17 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:15 Mindfulness w/ Patrice (4AR) 3:00 Wine & Cheese Social Hector M. (4LR) 4:15 Afternoon Stretch w/ Jocelyn (4AR) 4:30 Poetry Club w/ Jocelyn (4AR) 5:15 Evening News (4AR) 8:00 Tuesday Night Bingo (4AR)	10:15 Exercise Essentials w/ Ellen 18 10:30 Catholic Services (4LR) 11:00 News Currents with Patrice (4AR) 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:00 Dale Jarrett & Garrey Birthday Social (4LR) 3:30 Flower Factory w/ Jocelyn (4AR) 5:00 I Love Lucy: Viewer's Choice (4AR) 7:00 Evening Cinema: Viewer's Choice (4AR)	10:15 News Currents Sr. w/ Patrice (4AR) 19 11:00 Outing: True Food (MAE) 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 1:30 Pick Your Prize Hour (4AR) 2:30 A Review of Legendary Entertainers (4AR) 3:00 Tai Chi w/ Nan (4AR) 4:15 Trivia Time w/ Jocelyn (4AR) 5:00 I Love Lucy: Viewer's Choice (4AR) 8:00 BINGO Club	10:15 News Currents Sr. w/ Patrice (4AR) 20 11:00 Scenic Bus Ride (4AR) 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:00 Friday BINGO Club (4AR) 3:00 Afternoon Stretch w/ Jocelyn (4AR) 4:00 Piano Concert w/ Stephen Baddour (4LR) 4:15 Afternoon Stretch w/ Jocelyn (4AR) 4:30 Art Perspectives (4AR) 7:15 Games & Puzzles w/ Care Managers (4AR)	10:00 Go4Life Walking Club: Newspaper Delivery Walking Club (4AR) 21 10:30 Morning Stretch w/ Winnie (4AR) 11:00 Morning Mental Workout w/ Winnie (4AR) 11:30 BINGO Club (4AR) 2:00 Afternoon Art w/ Winnie (4AR) 3:00 Saturday Spa w/ Winnie (4AR) 4:30 Trivia Time w/ Angela (4AR) 7:15 Evening Manicures w/ Angela (4AR)
10:00 Newspaper & Coffee (4AR) 22 10:30 Sunday Morning Stretch (4AR) 11:00 St. Charles Catholic Church (MR) 11:00 Current Events w/ Angela (4AR) 12:00 Go4Life® Walking Club (MAE) 2:00 Sunday BINGO Club (4AR) 3:00 Crossword Puzzle w/ Angela (4AR) 4:15 Brain Games w/ Angela (4AR) 5:15 Inspirational Ted Talks (4AR) 7:15 Movie & A Manicure (4AR)	10:15 Exercise Essentials w/ Ellen 23 11:30 News and Views w/ Jocelyn (4AR) 12:00 Daily Chronicle w/ Jocelyn (4AR) 2:00 Live w/ Anticipation (4AR) 3:00 Go4Life® Walking Club (MAE) 4:00 Card and Table Games w/ Jocelyn & Friends (4AR) 5:00 Gratitude and Attitude (4AR) 6:30 Pick a Puzzle w/ Care Managers (4AR)	10:15 News Currents Sr. w/ Patrice (4AR) 24 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:15 Mindfulness w/ Patrice (4AR) 3:00 Wine & Cheese Social: Jeff Pace (4LR) 4:15 Afternoon Stretch w/ Jocelyn (4AR) 4:30 Poetry Club w/ Jocelyn (4AR) 5:15 Evening News (4AR) 8:00 Tuesday Night Bingo (4AR)	10:15 Exercise Essentials w/ Ellen 25 10:30 Catholic Services (4LR) 11:00 News Currents with Patrice (4AR) 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:00 Brain Games w/ Patrice (4AR) 3:00 Flower Factory w/ Jocelyn (4AR) 5:00 I Love Lucy: Viewer's Choice (4AR) 7:00 Evening Cinema: Viewer's Choice (4AR)	10:15 News Currents Sr. w/ Patrice (4AR) 26 11:00 Outing: Air and Space Museum (MAE) 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:30 A Review of Legendary Entertainers (4AR) 3:00 Tai Chi w/ Nan (4AR) 4:15 Documentary and Discussion: He Named His Malia (4AR) 8:00 BINGO Club	10:15 News Currents Sr. w/ Patrice (4AR) 27 11:00 Scenic Bus Ride (MAE) 11:30 Comedy Highlights (4AR) 12:00 Go4Life® Walking Club (MAE) 2:00 Friday BINGO Club (4AR) 3:00 Sing a Tune w/ Deena Javor (4LR) 4:15 Afternoon Stretch w/ Jocelyn (4AR) 4:30 Art Perspectives (4AR) 4:45 Planet Earth (4AR) 7:15 Games & Puzzles w/ Care Managers (4AR)	10:00 Go4Life Walking Club: Newspaper Delivery Walking Club (4AR) 28 10:30 Morning Stretch w/ Winnie (4AR) 11:00 Morning Mental Workout w/ Winnie (4AR) 11:30 BINGO Club (4AR) 2:00 Afternoon Art w/ Winnie (4AR) 3:00 Saturday Spa w/ Winnie (4AR) 4:30 Trivia Time w/ Angela (4AR) 7:15 Evening Manicures w/ Angela (4AR)
10:00 Newspaper & Coffee (4AR) 29 10:30 Sunday Morning Stretch (4AR) 11:00 St. Charles Catholic Church (MR) 11:00 Current Events w/ Angela (4AR) 12:00 Go4Life® Walking Club (MAE) 2:00 Sunday BINGO Club (4AR) 3:00 Crossword Puzzles w/ Angela (4AR) 4:15 Brain Games w/ Angela (4AR) 5:15 Inspirational Ted Talks (4AR) 7:15 Movie & A Manicure (4AR)	10:15 Exercise Essentials w/ Ellen 30 11:30 News and Views w/ Jocelyn (4AR) 12:00 Daily Chronicle w/ Jocelyn (4AR) 2:00 Live w/ Anticipation (4AR) 3:00 Afternoon Concert w/ Dale Jarrett (4LR) 3:00 Go4Life® Walking Club (MAE) 4:00 Card and Table Games w/ Jocelyn & Friends (4AR) 5:00 Gratitude and Attitude (4AR) 6:30 Pick a Puzzle w/ Care Managers (4AR)	4AR 4th Floor Activity Room 4DR 4th Floor Dining Room 4LR 4th Floor Living Room DR 2nd Floor Dining Room M67 Monticello Room and Ch. 67 M67 Monument Room & Ch. 67 MAE Meet at Elevator MIL Meet in Lobby MIR Monticello Room				

