Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Room B Bistro DR Dining Room G Garden K Kitchen LR Living Room P Patio R Reflection Room RT Round Table				1 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Sunrise Spa Day (K) 10:00 Baking Club (K) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:45 Read Aloud (RT) 2:30 "Crisco" Social (DR) 3:00 Gardening Club (RT) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	2 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:00 Rosary & Communion (AR) 10:30 Exercise Essentials (LR) 11:15 Reminisce the Music of Your Life (LR) 1:45 Go4Life® Walking Club (LR) 2:00 Scenic Drive Outing (P) 3:00 Bingo! (LR) 3:00 Happy Hour Social (LR) 4:00 Evening Stretches (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	3 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 11:00 Go4Life® Walking Club (LR) 1:45 Cranium Crunches (LR) 2:00 SingFit® Social (LR) 3:00 Bowling (LR) 3:15 Van outing to Catholic Mass (B) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)
4 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 10:00 Piano & Poetry with Mario (LR) 1:45 Exercise Essentials (LR) 2:30 Live with Melody (R) 3:00 Tea Time Social (DR) 3:15 Meet Me at MoMA (RT) 4:00 Go4Life® Walking Club (LR) 6:30 Meet Me at the Movies (LR)	5 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:45 Sunrise Spa Day (LR) 2:30 Read Aloud Social (RT) 3:00 Cranium Crunches (LR) 4:15 Evening Relaxation Circle (LR) 6:30 Meet Me at the Movies (LR)	6 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:00 Veterans' Coffee Social (AR) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:30 Music Therapy with Angela (LR) 2:30 Crafter's Corner (RT) 3:00 Bible Study (R) 3:00 Healthy Choice Social (LR) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	7 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:45 Scenic Van Ride (P) 11:00 Read Aloud (LR) 1:45 Go4Life® Walking Club (LR) 2:00 Chef's Demo Social (K) 2:30 News Currents Sr. (LR) 3:30 SingFit® Social (LR) 4:15 Exercise Essentials (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	8 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Sunrise Spa Day (K) 10:00 Baking Club (K) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:45 Read Aloud (RT) 2:30 "Oh Happy Day" Social (LR) 3:00 Gardening Club (RT) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	9 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:00 Rosary & Communion (AR) 10:30 Exercise Essentials (LR) 11:15 Reminisce the Music of Your Life (LR) 1:45 Go4Life® Walking Club (LR) 2:00 Scenic Drive Outing (P) 3:00 Bingo! (LR) 3:00 Happy Hour Social (LR) 4:00 Evening Stretches (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	10 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:30 Yoga with Rhomey & Sonoko (LR) 11:00 Go4Life® Walking Club (LR) 1:45 Cranium Crunches (LR) 2:00 SingFit® Social (LR) 3:00 Bowling (LR) 3:15 Van outing to Catholic Mass (B) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)
11 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 10:00 Piano & Poetry with Mario (LR) 1:45 Exercise Essentials (LR) 2:30 Live with Melody (R) 3:00 Tea Time Social (DR) 3:30 Reminiscing Club (RT) 4:00 Go4Life® Walking Club (LR) 6:30 Meet Me at the Movies (LR)	12 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:45 Sunrise Spa Day (LR) 2:30 Read Aloud Social (RT) 3:00 Cranium Crunches (LR) 4:15 Evening Relaxation Circle (LR) 6:30 Meet Me at the Movies (LR)	13 **Patriots Day** 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:45 Gardening Club (P) 2:30 Crafter's Corner (RT) 3:00 Bible Study (R) 3:00 Healthy Choice Social (LR) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	14 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:45 Scenic Van Ride (P) 11:00 Read Aloud (LR) 1:45 Go4Life® Walking Club (LR) 2:30 News Currents Sr. (LR) 3:30 SingFit® Social (LR) 4:15 Exercise Essentials (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	15 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Sunrise Spa Day (K) 10:00 Baking Club (K) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:30 Massage Therapy (LR) 2:30 "French Cooking Day" Social (LR) 3:00 Gardening Club (RT) 3:30 Sing-Along with Jerry Dallal (LR) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	16 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:00 Rosary & Communion (AR) 10:30 Exercise Essentials (LR) 11:15 Reminisce the Music of Your Life (LR) 1:45 Go4Life® Walking Club (LR) 2:00 Scenic Drive Outing (P) 3:00 Bingo! (LR) 3:00 Happy Hour Social (LR) 4:00 Evening Stretches (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	17 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 11:00 Go4Life® Walking Club (LR) 1:45 Cranium Crunches (LR) 2:00 SingFit® Social (LR) 3:00 Bowling (LR) 3:15 Van outing to Catholic Mass (B) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)
18 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 10:00 Piano & Poetry with Mario (LR) 1:45 Exercise Essentials (LR) 2:30 Live with Melody (R) 3:00 Tea Time Social (DR) 3:15 Meet Me at MoMA (RT) 4:00 Go4Life® Walking Club (LR) 6:30 Meet Me at the Movies (LR)	19 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:45 Sunrise Spa Day (LR) 2:30 Read Aloud Social (RT) 3:00 Cranium Crunches (LR) 4:15 Evening Relaxation Circle (LR) 6:30 Meet Me at the Movies (LR)	20 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:30 Music Therapy with Angela (LR) 2:30 Crafter's Corner (RT) 3:00 Bible Study (R) 3:00 Healthy Choice Social (LR) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	21 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:15 Toddler Center Visits (B) 10:45 Scenic Van Ride (P) 11:00 Read Aloud (LR) 1:45 Go4Life® Walking Club (LR) 2:00 Chef's Demo Social (K) 2:30 News Currents Sr. (LR) 3:30 SingFit® Social (LR) 4:15 Exercise Essentials (LR) 6:00 Family Discussion Series (AR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	22 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Sunrise Spa Day (K) 10:00 Baking Club (K) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:45 Read Aloud (RT) 2:30 "Sunflower Day" Social (AR) 3:00 Gardening Club (RT) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	23 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:00 Rosary & Communion (AR) 10:30 Exercise Essentials (LR) 11:15 Reminisce the Music of Your Life (LR) 1:45 Go4Life® Walking Club (LR) 2:00 Scenic Drive Outing (P) 3:00 Bingo! (LR) 3:00 Happy Hour Social (LR) 4:00 Evening Stretches (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	24 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:30 Yoga with Rhomey & Sonoko (LR) 11:00 Go4Life® Walking Club (LR) 1:45 Cranium Crunches (LR) 2:00 SingFit® Social (LR) 3:00 Bowling (LR) 3:15 Van outing to Catholic Mass (B) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)
25 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 10:00 Piano & Poetry with Mario (LR) 1:45 Exercise Essentials (LR) 2:30 Live with Melody (R) 3:00 Tea Time Social (DR) 3:30 Reminiscing Club (RT) 4:00 Go4Life® Walking Club (LR) 6:30 Meet Me at the Movies (LR)	26 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:45 Sunrise Spa Day (LR) 2:30 Read Aloud Social (RT) 3:00 Cranium Crunches (LR) 4:15 Evening Relaxation Circle (LR) 6:30 Meet Me at the Movies (LR)	27 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:45 Gardening Club (P) 2:30 Crafter's Corner (RT) 3:00 Bible Study (R) 3:00 Healthy Choice Social (LR) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	28 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:15 Lesly Ellis School Visits (B) 10:45 Scenic Van Ride (P) 11:00 Read Aloud (LR) 1:45 Go4Life® Walking Club (LR) 2:30 News Currents Sr. (LR) 3:30 SingFit® Social (LR) 3:30 Resident Birthday Social (B) 4:15 Exercise Essentials (LR) 6:00 Family Forum (AR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	29 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Sunrise Spa Day (K) 10:00 Baking Club (K) 10:30 Exercise Essentials (LR) 11:00 Go4Life® Walking Club (LR) 1:45 Read Aloud (RT) 2:30 "Lemon Juice Day" Social (DR) 3:00 Gardening Club (RT) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	30 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 10:00 Rosary & Communion (AR) 10:30 Exercise Essentials (LR) 11:15 Reminisce the Music of Your Life (LR) 1:45 Go4Life® Walking Club (LR) 2:00 Scenic Drive Outing (P) 3:00 Bingo! (LR) 3:00 Happy Hour Social (LR) 4:00 Evening Stretches (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)	31 9:30 Daily Chronicle (LR) 9:30 Good Morning Chat (LR) 9:30 Sensory Series (R) 10:00 Baking Club (K) 11:00 Go4Life® Walking Club (LR) 1:45 Cranium Crunches (LR) 2:00 SingFit® Social (LR) 3:00 Bowling (LR) 3:15 Van outing to Catholic Mass (B) 4:00 Evening Dance Party (LR) 6:30 Meet Me at the Movies (LR) 6:30 Evening Relaxation Circle (LR)

AUGUST 2019

Reminiscence

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