

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Room B Bistro FF First Floor L Lounge LB Library O Outside Community R Reminiscense			<b>HAPPY BIRTHDAY</b> Imogene Williamson 8/3 Margaret Speckman 8/4 Renee Stern 8/14 Newton Smith 8/28	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Out to Lunch Bunch (O)</b> 11:00 Rummikub (AR) 1:30 <b>Bocce Ball (L)</b> 2:30 Bingo (AR) 3:00 <b>Bridge Club (AR)</b> 3:00 <b>Mexican Train (AR)</b> 6:00 Evening Relaxation (AR) 6:30 Thursday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 9:30 <b>Flower Arranging w/Bobbie (B)</b> 10:00 Exercise Essentials (AR) 10:30 <b>Rummikub (AR)</b> 1:00 <b>Documentary (AR)</b> 1:00 Painting w/Bobbie (R) 3:30 <b>Happy Hour-Holiday Inspired (B)</b> 6:00 Evening Relaxation (AR) 6:30 <b>Friday Night at the movies (AR)</b>	9:15 Exercise w/ Bobbie (R) 9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 11:00 <b>Arts and crafts w/ Delores (AR)</b> 1:30 <b>Bingo (B)</b> 3:00 <b>Entertainment w/ Panama G (AR)</b> 6:00 Evening Relaxation (AR) 6:30 <b>Saturday Night at the movies (AR)</b>
9:00 <b>Sunday Service w/ Pastor Doug (AR)</b> 9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Art W/ Shari (AR)</b> 1:00 <b>Wii Bowling (AR)</b> 1:00 <b>Wii Bowling (AR)</b> 1:30 <b>Communion w/Beth (L)</b> 2:30 Baking W/ Shari (AR) 6:00 Evening Relaxation (AR) 6:30 Sunday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Current Events W/ Fred (AR)</b> 11:00 <b>Current Events w/ Fred (AR)</b> 1:00 <b>Active Aging w/ Health Pro (AR)</b> 1:00 Trivia w/ Shari (R) 2:30 <b>Trivia or Exercise (AR)</b> 6:00 Evening Relaxation (AR) 6:30 Monday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Rummikub (AR)</b> 1:00 <b>Black Jack (AR)</b> 1:30 <b>Bocce Ball (L)</b> 2:00 <b>Entertainment w/ Jerry Weisbecker (AR)</b> 2:30 Sing Fit (AR) 3:00 <b>Jingo and Margarita Social (B)</b> 6:00 Evening Relaxation (AR) 6:30 Tuesday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Heritage Conservatory (R)</b> 11:00 Sing Fit (AR) 1:30 <b>Bingo (B)</b> 1:30 <b>Scenic Drive/Shopping (O)</b> 2:00 Painting W/ Megan (R) 2:00 <b>Entertainment w/ Roscoe and Rose (AR)</b> 3:30 <b>Classical Music Hour (AR)</b> 6:00 <b>Poker Night (L)</b> 6:00 Evening Relaxation (AR) 6:30 <b>Wednesday Night at the movies (AR)</b>	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Out to Lunch Bunch (O)</b> 11:00 Rummikub (AR) 1:30 <b>Bocce Ball (L)</b> 2:30 Bingo (AR) 3:00 <b>Bridge Club (AR)</b> 3:00 <b>Mexican Train (AR)</b> 6:00 Evening Relaxation (AR) 6:30 Thursday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 9:30 <b>Flower Arranging w/Bobbie (B)</b> 10:00 Exercise Essentials (AR) 10:30 <b>Rummikub (AR)</b> 1:00 <b>Documentary (AR)</b> 1:00 Painting w/Bobbie (R) 3:30 <b>Happy Hour-Holiday Inspired (B)</b> 6:00 Evening Relaxation (AR) 6:30 <b>Friday Night at the movies (AR)</b>	9:15 Exercise w/ Bobbie (R) 9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 11:00 <b>Arts and crafts w/ Delores (AR)</b> 1:30 <b>Bingo (B)</b> 3:00 <b>Entertainment w/ Greg (AR)</b> 6:00 Evening Relaxation (AR) 6:30 <b>Saturday Night at the movies (AR)</b>
9:00 <b>Sunday Service w/ Pastor Doug (AR)</b> 9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Art W/ Shari (AR)</b> 1:00 <b>Wii Bowling (AR)</b> 1:00 <b>Wii Bowling (AR)</b> 1:30 <b>Communion w/Beth (L)</b> 2:30 Baking W/ Shari (AR) 6:00 Evening Relaxation (AR) 6:30 Sunday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Current Events W/ Fred (AR)</b> 11:00 <b>Current Events w/ Fred (AR)</b> 1:00 Trivia w/ Shari (R) 2:30 <b>Trivia or Exercise (AR)</b> 6:00 Evening Relaxation (AR) 6:30 Monday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Rummikub (AR)</b> 1:00 <b>Black Jack (AR)</b> 1:30 <b>Bocce Ball (L)</b> 2:00 <b>Entertainment w/ Bob Ryman (AR)</b> 2:30 Sing Fit (AR) 3:00 <b>Jingo and Margarita Social (B)</b> 6:00 Evening Relaxation (AR) 6:30 Tuesday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Heritage Conservatory (AR)</b> 11:00 Sing Fit (AR) 1:30 <b>Bingo (B)</b> 1:30 <b>Scenic Drive/Shopping (O)</b> 2:00 Painting W/ Megan (R) 3:30 <b>Classical Music Hour (AR)</b> 6:00 <b>Poker Night (L)</b> 6:00 Evening Relaxation (AR) 6:30 <b>Wednesday Night at the movies (AR)</b>	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Out to Lunch Bunch (O)</b> 11:00 Rummikub (AR) 1:30 <b>Bocce Ball (L)</b> 2:30 Bingo (AR) 3:00 <b>Bridge Club (AR)</b> 3:00 <b>Mexican Train (AR)</b> 6:00 Evening Relaxation (AR) 6:30 Thursday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 9:30 <b>Flower Arranging w/Bobbie (B)</b> 10:00 Exercise Essentials (AR) 10:30 <b>Rummikub (AR)</b> 1:00 <b>Documentary (AR)</b> 1:00 Painting w/Bobbie (R) 3:30 <b>Happy Hour-Holiday Inspired (B)</b> 6:00 Evening Relaxation (AR) 6:30 <b>Friday Night at the movies (AR)</b>	9:15 Exercise w/ Bobbie (R) 9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 11:00 <b>Arts and crafts w/ Delores (AR)</b> 1:30 <b>Bingo (B)</b> 3:00 <b>Entertainment W/ Mark (AR)</b> 6:00 Evening Relaxation (AR) 6:30 <b>Saturday Night at the movies (AR)</b>
9:00 <b>Sunday Service w/ Pastor Doug (AR)</b> 9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Art W/ Shari (AR)</b> 1:00 <b>Wii Bowling (AR)</b> 1:00 <b>Wii Bowling (AR)</b> 1:30 <b>Communion w/Beth (L)</b> 2:30 Baking W/ Shari (AR) 6:00 Evening Relaxation (AR) 6:30 Sunday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Current Events W/ Fred (AR)</b> 11:00 <b>Current Events w/ Fred (AR)</b> 1:00 Trivia w/ Shari (R) 2:30 <b>Trivia or Exercise (AR)</b> 6:00 Evening Relaxation (AR) 6:30 Monday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Rummikub (AR)</b> 1:00 <b>Black Jack (AR)</b> 1:30 <b>Bocce Ball (L)</b> 2:00 <b>Entertainment W Rick Jarrett (AR)</b> 2:30 Sing Fit (AR) 3:00 <b>Jingo and Margarita Social (B)</b> 6:00 Evening Relaxation (AR) 6:30 Tuesday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Heritage Conservatory (AR)</b> 11:00 Sing Fit (AR) 1:30 <b>Bingo (B)</b> 1:30 <b>Scenic Drive/Shopping (O)</b> 2:00 Painting W/ Megan (R) 3:30 <b>Classical Music Hour (AR)</b> 6:00 <b>Poker Night (L)</b> 6:00 Evening Relaxation (AR) 6:30 <b>Wednesday Night at the movies (AR)</b>	9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 10:30 <b>Out to Lunch Bunch (O)</b> 11:00 Rummikub (AR) 1:30 <b>Bocce Ball (L)</b> 2:30 Bingo (AR) 3:00 <b>Bridge Club (AR)</b> 3:00 <b>Mexican Train (AR)</b> 6:00 Evening Relaxation (AR) 6:30 Thursday Night at the movies (AR)	9:30 Go4lifewalking Club (AR) 9:30 <b>Flower Arranging w/Bobbie (B)</b> 10:00 Exercise Essentials (AR) 10:30 <b>Rummikub (AR)</b> 1:00 <b>Documentary (AR)</b> 1:00 Painting w/Bobbie (R) 3:30 <b>Happy Hour-Holiday Inspired (B)</b> 6:00 Evening Relaxation (AR) 6:30 <b>Friday Night at the movies (AR)</b>	9:15 Exercise w/ Bobbie (R) 9:30 Go4lifewalking Club (AR) 10:00 Exercise Essentials (AR) 11:00 <b>Arts and crafts w/ Delores (AR)</b> 1:30 <b>Bingo (B)</b> 6:00 Evening Relaxation (AR) 6:30 <b>Saturday Night at the movies (AR)</b>
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