

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2nd Second floor 3rd Third floor BI Bistro CG Community Garden FP Front Porch FS Fireside LB Library				9:45 Balloon Volleyball (2nd) <b>1</b> 10:15 Catholic Communion (2nd) 11:00 Meet Me At MoMa - art class (2nd) 1:00 Walking Club 1:30 Health Talk with Ruslana 2:30 Baking Club (2nd) 3:30 Welcome to August Day Social 6:00 Bingo with John and Flor (2nd) 7:00 NOVA Series	10:00 Chair Yoga (2nd) <b>2</b> 10:30 Devotions with Stephanie (LB) 11:00 Crossword Puzzle with Ann (2nd) 1:15 Bartell Drugs Shopping Trip 2:00 Go4Life® Walking Club 2:30 Chair Zumba with Stephanie (2nd) 3:00 Travel Video (2nd) 3:30 Popcorn Social (2nd) 6:15 Movie Night (2nd)	10:00 Morning Stretch with Ann <b>3</b> 10:30 News Currents® (2nd) 1:00 Walking Club 1:15 Nature Video (2nd) 2:00 Hymn Singing with Ann (2nd) 2:45 Manicures with Care Managers (2nd) 3:30 Happy Hour Social 6:15 Movie Night (2nd)
<b>Happy Birthday Sue T</b> <b>4</b> 9:30 Chair Zumba with Katy (2nd) 10:15 Trivia Time (2nd) 1:00 Go4Life® Walking Club 1:15 SingFit® (2nd) 2:00 Learn Japanese with Aya (FS) 2:30 Board Games (BI) 3:00 Sunday Baking with Jenny and Anne (2nd) 3:30 Music Social with Richard Dean (BI) 6:00 Sunrise Sing Along Club (FS) 6:45 Movie Night (2nd)	<b>Happy Birthday Geraldine A.</b> <b>5</b> 9:30 Exercise Essentials - bands (2nd) 10:30 Mind Games 1:00 Walking Club 1:00 Nature Video (2nd) 1:45 Creative Arts (2nd) 2:00 Dominoes Club (2nd) 3:30 Share Your Treasure Social (BI) 5:45 Evening Meditation (LB) 6:15 Movie Night (2nd) 6:30 Evening Piano Music with Eugenia (FS)	9:45 Wii Fit with Trent (2nd) <b>6</b> 11:00 Mind Game (2nd) 1:00 Travel Video (2nd) 1:30 Walk to the Farmers Market 2:00 Garden Club (CG) 2:30 Community Service project 3:30 Root Beer Floats Social 6:30 Brain Fitness with Brian (2nd) 7:00 Movie Night (2nd)	<b>Happy Birthday Harry M.</b> <b>7</b> 9:30 Exercise Essentials - bands (2nd) 10:15 News Currents® (2nd) 11:15 Lunch Bunch Outing 1:00 Nature Video (2nd) 1:00 Walking Club 2:00 Bingo (2nd) 3:30 Tea Party (BI) 5:30 Evening Piano Music with Nelson The Piano Man (BI) 6:30 History Documentary (2nd)	<b>Happy Birthday Kathryn B.</b> <b>8</b> 9:30 Exercise Essentials- Noodles (2nd) 10:15 Catholic Communion (2nd) 11:00 Drama Club (2nd) 1:00 Walking Club 1:30 Mind Joggers (2nd) 2:30 Baking Club (2nd) 3:30 Music Social with Larissa (BI) 6:00 Bingo with John and Flor (2nd) 7:00 NOVA Series	10:00 Chair Yoga (2nd) <b>9</b> 10:30 Devotions with Stephanie (LB) 11:00 Crossword Puzzle with Ann (2nd) 1:15 Bartell Drugs Shopping Trip 2:00 Go4Life® Walking Club 2:30 Chair Zumba with Stephanie (2nd) 3:00 Travel Video (2nd) 3:30 Popcorn Social (2nd) 6:15 Movie Night (2nd)	10:00 Morning Stretch with Ann <b>10</b> 10:30 News Currents® (2nd) 1:00 Walking Club 1:15 Nature Video (2nd) 2:00 Hymn Singing with Ann (2nd) 2:45 Manicures with Care Managers (2nd) 3:30 Happy Hour Social 3:45 Sing Along with Larisa 6:15 Movie Night (2nd)
9:30 Chair Zumba with Katy (2nd) <b>11</b> 10:15 Trivia Time (2nd) 1:00 Go4Life® Walking Club 1:30 BYT Play Pippi and the Wayward Pirates - outing 2:30 St. Peter's Church Sunday Service (2nd) 3:00 Board Games (BI) 3:30 Sunday Social with Care Managers 6:00 Sunrise Sing Along Club (FS) 6:45 Movie Night (2nd)	9:30 Exercise Essentials-Balls (2nd) <b>12</b> 10:30 Mind Games 1:00 Walking Club 1:00 Nature Video (2nd) 1:45 Creative Arts (2nd) 2:00 Dominoes Club (2nd) 3:00 Music with Rick and Margie - 50's Sock-Hop (BI) 5:45 Evening Meditation (LB) 6:15 Movie Night (2nd) 6:30 Toastmasters Meeting (3rd)	<b>Happy Birthday Faith Z.</b> <b>13</b> 9:45 Wii Fit with Trent (2nd) 11:00 The Purple Primer Learning (2nd) 1:00 Travel Video (2nd) 1:15 Walk to the Farmers Market 2:00 Garden Club (CG) 2:30 History Presentation by Kent Morgan - Helen Keller (2nd) 3:30 Fresh Fruit Social (FP) 4:00 Community Service project 6:30 Brain Fitness with Brian (2nd) 7:00 Movie Night (2nd)	9:30 Exercise Essentials-balance (2nd) <b>14</b> 10:15 News Currents® (2nd) 11:15 Lunch Bunch Outing 1:00 Nature Video (2nd) 1:00 Walking Club 2:00 Bingo (2nd) 3:30 Vacation Memories Social (FP) 5:30 Evening Piano Music with Nelson The Piano Man (BI) 6:30 History Documentary (2nd)	9:45 Balloon Volleyball (2nd) <b>15</b> 10:15 Catholic Communion (2nd) 11:00 Meet Me At MoMa - art class (2nd) 1:00 Walking Club 1:30 Mind Joggers (2nd) 2:15 Dining Meeting (LB) 2:30 Baking Club (2nd) 3:30 World Elephant Day Social (2nd) 6:00 Bingo with John and Flor (2nd) 7:00 NOVA Series	10:00 Chair Yoga (2nd) <b>16</b> 10:30 Devotions with Stephanie (LB) 11:00 Crossword Puzzle with Ann (2nd) 1:15 Bartell Drugs Shopping Trip 2:00 Go4Life® Walking Club 2:45 Chair Zumba with Stephanie (2nd) 3:00 Travel Video (2nd) 3:30 Popcorn Social (2nd) 6:15 Movie Night (2nd)	10:00 Morning Stretch with Ann <b>17</b> 10:30 News Currents® (2nd) 1:00 Walking Club 1:15 Nature Video (2nd) 2:00 Hymn Singing with Ann (2nd) 2:45 Manicures with Care Managers (2nd) 3:45 Happy Hour with Larissa (BI) 6:15 Movie Night (2nd)
9:30 Chair Zumba with Katy (2nd) <b>18</b> 10:15 Trivia Time (2nd) 1:00 Go4Life® Walking Club 1:30 Learn Japanese with Aya (FS) 2:30 Board Games (BI) 3:00 Sunday Baking with Jenny and Anne (2nd) 3:30 Sunday Social with Care Managers 4:15 Yoga Stretch with Anitha (2nd) 6:00 Sunrise Sing Along Club (FS) 6:45 Movie Night (2nd)	9:45 Exercise Essentials-weights <b>19</b> 10:30 Mind Games 1:00 Walking Club 1:00 Nature Video (2nd) 1:45 Creative Arts (2nd) 2:00 Dominoes Club (2nd) 3:30 Margarita Monday Social 5:45 Evening Meditation (LB) 6:15 Movie Night (2nd) 6:30 Evening Piano Music with Eugenia (FS)	9:45 Wii Fit with Trent (2nd) <b>20</b> 10:45 Word Game 1:00 Travel Video (2nd) 1:00 Walking Club 1:30 Walk to the Farmers Market 2:00 Garden Club (CG) 2:30 Community Service project 3:30 Wheel of Fortune Social (BI) 6:30 Brain Fitness with Brian (2nd) 7:00 Movie Night (2nd)	9:30 Exercise Essentials -bands (2nd) <b>21</b> 10:15 News Currents® (2nd) 11:15 Lunch Bunch Outing 1:00 Nature Video (2nd) 1:00 Walking Club 2:00 Bingo (2nd) 2:15 Hand Chimes with Rebecca (2nd) 3:30 50 States Social - Hawaii (BI) 5:30 Evening Piano Music with Nelson The Piano Man (BI) 6:30 History Documentary (2nd)	9:45 Frog Toss (2nd) <b>22</b> 10:15 Catholic Communion (2nd) 1:00 Walking Club 1:15 Resident Council Meeting (2nd) 1:30 Mind Joggers (2nd) 2:30 Baking Club (2nd) 3:30 American Music History with Rose Barr (BI) 6:00 Bingo with John and Flor (2nd) 7:00 NOVA Series	10:00 Chair Yoga (2nd) <b>23</b> 10:30 Devotions with Stephanie (LB) 11:00 Crossword Puzzle with Ann (2nd) 1:15 Bartell Drugs Shopping Trip 1:30 Board Games (BI) 2:00 Go4Life® Walking Club 2:45 Chair Zumba with Stephanie (2nd) 3:00 Travel Video (2nd) 3:30 Popcorn Social (2nd) 6:00 Evening Meditation with Anitha 6:15 Movie Night (2nd)	10:00 Morning Stretch with Ann <b>24</b> 10:30 News Currents® (2nd) 12:00 Family Hawaiian Party 2:00 Hymn Singing with Ann (2nd) 2:45 Manicures with Care Managers (2nd) 3:30 Happy Hour Social 4:00 Walking Club 6:15 Movie Night (2nd)
9:30 Chair Zumba with Katy (2nd) <b>25</b> 10:15 Trivia Time (2nd) 11:00 Cross Of Christ Church Sunday Service (2nd) 1:00 Go4Life® Walking Club 1:15 SingFit® (2nd) 1:30 Learn Japanese with Aya (FS) 2:30 Board Games (BI) 3:00 Sunday Baking with Jenny and Anne (2nd) 3:30 Sunday Social with Care Managers 4:15 Yoga Stretch with Anitha (2nd) 6:00 Sunrise Sing Along Club (FS) 6:45 Movie Night (2nd)	9:30 Exercise Essentials-Balls (2nd) <b>26</b> 10:30 Mind Games 1:00 Walking Club 1:00 Nature Video (2nd) 1:45 Creative Arts (2nd) 2:00 Dominoes Club (2nd) 3:30 Banana Lovers Day Social 5:45 Evening Meditation (LB) 6:15 Movie Night (2nd) 6:30 Toastmasters Meeting (3rd)	9:45 Wii Fit with Trent (2nd) <b>27</b> 10:30 Faces and Places (2nd) 11:00 Community Service Project-Trip to the Animal Shelter 1:00 Travel Video (2nd) 1:00 Walking Club 1:30 Walk to the Farmers Market 2:00 Garden Club (CG) 3:30 Sunflower Day Social 6:30 Brain Fitness with Brian (2nd) 7:00 Movie Night (2nd)	9:30 Exercise Essentials -balls (2nd) <b>28</b> 10:15 News Currents® (2nd) 11:15 Trip to Snoqualmie Casino 1:00 Nature Video (2nd) 1:00 Walking Club 2:00 Bingo (2nd) 3:30 House Social (BI) 5:30 Evening Piano Music with Nelson The Piano Man (BI) 6:30 History Documentary (2nd)	9:45 Balloon Volleyball (2nd) <b>29</b> 10:15 Catholic Communion (2nd) 11:00 Drama Club (2nd) 1:00 Walking Club 1:30 Mind Joggers (2nd) 2:30 Baking Club (2nd) 3:30 Mary Poppins Day Social (BI) 6:00 Bingo with John and Flor (2nd) 7:00 NOVA Series	10:00 Chair Yoga (2nd) <b>30</b> 11:00 Crossword Puzzle with Ann (2nd) 1:15 Bartell Drugs Shopping Trip 1:30 Board Games (BI) 2:00 Go4Life® Walking Club 2:45 Chair Zumba with Stephanie (2nd) 3:00 Travel Video (2nd) 3:30 Popcorn Social (2nd) 6:15 Movie Night (2nd)	10:00 Morning Stretch with Ann <b>31</b> 10:30 News Currents® (2nd) 1:00 Walking Club 1:15 Nature Video (2nd) 2:00 Hymn Singing with Ann (2nd) 2:45 Manicures with Care Managers (2nd) 3:30 Happy Hour Social 6:15 Movie Night (2nd)

**AUGUST 2019**  
Assisted Living  
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LIVE WITH PURPOSE



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