

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Room BIS Bistro LR Living Room PDR Private Dining Room				9:30 Go4Life® Walking Club (LR) 1 10:00 EXERCISE ESSENTIALS (AR) 11:00 Firepoint Grill Lunch Trip 1:30 This Day In History (AR) 2:30 Soft Pretzel Social (BIS) 3:15 Wheel of Fortune w/Diane (AR) 4:00 Crosswords & Word Searches (BIS) 6:30 Evening Meditation (AR)	9:30 Go4Life® Walking Club (LR) 2 10:00 Manicures (AR) 11:00 Exercise Adventures (LR) 1:30 This Day in History (AR) 2:00 Wheel Of Fortune (AR) 2:30 Wine & Cheese Social (BIS) 3:00 SingFit (AR) 6:30 Crosswords & Word Searches (BIS)	9:30 Go4Life® Walking Club (LR) 3 10:30 Bingo Bash w/Diane (BIS) 10:30 Exercise (Sit & Stretch) (AR) 1:30 This Day in History w/Diane (AR) 2:00 CLASSIC MOVIE MATINEE & POPCORN (AR) 2:30 Ice Cream Sandwich Social (BIS) 4:00 Puzzles Group (LR) 6:30 Evening Meditation (AR)
9:30 Go4Life® Walking Club (LR) 4 11:00 EXERCISE ESSENTIALS (LR) 1:30 This Day in History (AR) 2:00 Meet me at MoVA (AR) 2:30 Arts & Crafts (AR) 2:30 Baked Brownie Social (BIS) 3:00 Live Music w/Todd Horn (BIS) 4:00 NewsCurrents SR (AR) 6:30 Evening Meditation (AR)	Happy Birthday Nancy & Loretta 5 9:30 Go4Life® Walking Club (LR) 10:00 Exercise Essentials (AR) 10:00 Manicures (AR) 11:00 Scenic Drive 2:00 Trivia & You be the Judge (AR) 2:30 Fruit Tart Social (BIS) 3:30 This Day In History (AR) 4:00 SingFit (AR) 6:30 Puzzles & Crosswords (BIS)	9:30 Go4Life® Walking Club (LR) 6 10:00 Exercise Essentials (LR) 11:00 Live with Anticipation Club (AR) 11:30 Community Service Project (AR) 1:30 This Day in History (AR) 2:00 Password (PDR) 2:00 Classic Movie Matinee (AR) 2:30 Fresh Baked Cookie Social (BIS) 6:30 Jigsaw Puzzle Group (LR)	9:30 Go4Life® Walking Club (LR) 7 10:00 Manicures (AR) 11:00 Rosary Group (AR) 1:30 This Day in History (AR) 2:00 Catholic Mass w/ Fr Tom (AR) 2:30 Surprise Social DSC-AVC (BIS) 3:00 Wheel of Fortune w/DIANE (AR) 6:30 BINGO w/Chanel (BIS) 6:30 Exercise (Sit & Stretch) (AR)	9:00 Target Trip 8 9:30 Go4Life® Walking Club (LR) 1:15 Exercise Essentials (LR) 2:00 This Day in History (AR) 2:30 Soft Pretzel Social (BIS) 3:15 Wheel of Fortune w/Diane (AR) 4:00 Crosswords & Word Searches (BIS) 6:30 Evening Meditation (AR)	9:30 Go4Life® Walking Club (LR) 9 10:00 Manicures (AR) 11:00 Exercise Adventures (LR) 1:30 This Day in History (AR) 2:00 Communion Service w/ St. Anastasia (AR) 2:30 Wine & Cheese Social (BIS) 3:00 SingFit (AR) 6:30 Crosswords & Word Searches (BIS)	9:30 Go4Life® Walking Club (LR) 10 10:30 Bingo Bash w/Diane (BIS) 10:30 Exercise (Sit & Stretch) (AR) 1:30 This Day in History w/Diane (AR) 2:00 CLASSIC MOVIE MATINEE & POPCORN (AR) 2:30 Ice Cream Sandwich Social (BIS) 4:00 Puzzles Group (LR) 6:30 Evening Meditation (AR)
9:30 Go4Life® Walking Club (LR) 11 11:00 EXERCISE ESSENTIALS (LR) 1:30 This Day in History (AR) 2:00 Religious Services w/ Liberti Church (LR) 2:30 Baked Brownie Social (BIS) 3:00 Live Music w/Rick Baccare (BIS) 4:00 NewsCurrents SR (AR) 6:30 Evening Meditation (AR)	9:30 Go4Life® Walking Club (LR) 12 10:00 Exercise Essentials (AR) 10:00 Manicures (AR) 1:30 ACME Shopping Trip 2:30 Fruit Tart Social (BIS) 3:30 This Day In History (AR) 4:00 SingFit (AR) 6:30 Puzzles & Crosswords (BIS)	9:30 Go4Life® Walking Club (LR) 13 10:00 Exercise Essentials (LR) 11:00 Live with Anticipation Club (AR) 11:30 Community Service Project (AR) 1:30 This Day in History (AR) 2:00 Password (PDR) 2:00 Classic Movie Matinee (AR) 2:30 Fresh Baked Cookie Social (BIS) 6:30 Jigsaw Puzzle Group (LR)	9:30 Go4Life® Walking Club (LR) 14 10:00 Manicures (AR) 11:00 Rosary Group (AR) 1:30 This Day in History (AR) 2:00 Trivia & Fun Facts 2:30 Surprise Social DSC-AVC (BIS) 3:00 Wheel of Fortune w/DIANE (AR) 6:30 BINGO w/Chanel (BIS) 6:30 Exercise (Sit & Stretch) (AR)	9:30 Go4Life® Walking Club (LR) 15 10:00 EXERCISE ESSENTIALS (AR) 11:00 Pica's of West Chester Lunch Trip 1:30 This Day in History (AR) 2:30 Soft Pretzel Social (BIS) 3:15 Wheel of Fortune w/Diane (AR) 4:00 Crosswords & Word Searches (BIS) 6:30 Evening Meditation (AR)	9:30 Go4Life® Walking Club (LR) 16 10:00 Manicures (AR) 11:00 Exercise Adventures (LR) 1:30 This Day in History (AR) 2:00 Wheel Of Fortune (AR) 2:30 Wine & Cheese Social (BIS) 3:00 SingFit (AR) 6:30 Crosswords & Word Searches (BIS)	9:30 Go4Life® Walking Club (LR) 17 10:30 Bingo Bash w/Diane (BIS) 10:30 Exercise (Sit & Stretch) (AR) 1:30 This Day in History w/Diane (AR) 2:00 CLASSIC MOVIE MATINEE & POPCORN (AR) 2:30 Ice Cream Sandwich Social (BIS) 4:00 Puzzles Group (LR) 6:30 Evening Meditation (AR)
9:30 Go4Life® Walking Club (LR) 18 11:00 EXERCISE ESSENTIALS (LR) 1:30 This Day in History (AR) 2:00 Religious Services w/ Spruce St Baptist Church (LR) 2:30 Baked Brownie Social (BIS) 3:00 Live Music w/John Burgo (BIS) 3:00 Scenic Drive 4:00 NewsCurrents SR (AR) 6:30 Evening Meditation (AR)	9:30 Go4Life® Walking Club (LR) 19 10:00 Manicures (AR) 10:00 Exercise Essentials (AR) 1:30 Hope & Cope w/ Pastor Roland (AR) 2:30 Ceramics w/ Liz (AR) 2:30 Fruit Tart Social (BIS) 3:30 This Day In History (AR) 4:00 SingFit (AR) 6:30 Puzzles & Crosswords (BIS)	9:30 Go4Life® Walking Club (LR) 20 10:00 Exercise Essentials (LR) 11:00 Live with Anticipation Club (AR) 11:30 Community Service Project (AR) 1:30 This Day in History (AR) 2:00 Password (PDR) 2:00 Classic Movie Matinee (AR) 2:30 Fresh Baked Cookie Social (BIS) 6:30 Jigsaw Puzzle Group (LR)	9:30 Go4Life® Walking Club (LR) 21 10:00 Manicures (AR) 11:00 Rosary Group (AR) 1:30 This Day in History (AR) 2:00 Catholic Mass Fr. Tom (AR) 2:30 Surprise Social DSC-AVC (BIS) 3:00 Wheel of Fortune w/DIANE (AR) 6:30 BINGO w/Chanel (BIS) 6:30 Exercise (Sit & Stretch) (AR)	9:00 Dollar Tree Shopping Trip 22 9:30 Go4Life® Walking Club (LR) 1:15 Exercise Essentials (LR) 2:00 This Day in History (AR) 2:30 Soft Pretzel Social (BIS) 3:15 Wheel of Fortune w/Diane (AR) 4:00 Crosswords & Word Searches (BIS) 6:30 Evening Meditation (AR)	9:30 Go4Life® Walking Club (LR) 23 10:00 Manicures (AR) 11:00 Exercise Adventures (LR) 1:30 This Day in History (AR) 2:00 Catholic Mass w/ St Anastasia (AR) 2:30 Wine & Cheese Social (BIS) 3:00 SingFit (AR) 6:30 Crosswords & Word Searches (BIS)	9:30 Go4Life® Walking Club (LR) 24 10:30 Bingo Bash w/Diane (BIS) 10:30 Exercise (Sit & Stretch) (AR) 1:30 This Day in History w/Diane (AR) 2:00 CLASSIC MOVIE MATINEE & POPCORN (AR) 2:30 Ice Cream Sandwich Social (BIS) 4:00 Puzzles Group (LR) 6:30 Evening Meditation (AR)
9:30 Go4Life® Walking Club (LR) 25 11:00 EXERCISE ESSENTIALS (LR) 1:30 This Day in History (AR) 2:00 Meet Me at MoVA (AR) 2:30 Arts & Crafts (AR) 2:30 Baked Brownie Social (BIS) 3:00 Live Music w/Kirk Maurer (BIS) 3:00 Monthly Birthday Social (BIS) 4:00 NewsCurrents SR (AR) 6:30 Evening Meditation (AR)	9:30 Go4Life® Walking Club (LR) 26 10:00 Manicures (AR) 10:00 Exercise Essentials (AR) 1:30 CVS Shopping Trip 2:30 Fruit Tart Social (BIS) 3:30 This Day In History (AR) 4:00 SingFit (AR) 6:30 Puzzles & Crosswords (BIS)	9:30 Go4Life® Walking Club (LR) 27 10:00 Exercise Essentials (LR) 11:00 Live with Anticipation Club (AR) 11:30 Community Service Project (AR) 1:30 This Day in History (AR) 2:00 Password (PDR) 2:00 Classic Movie Matinee (AR) 2:30 Fresh Baked Cookie Social (BIS) 6:30 Jigsaw Puzzle Group (LR)	9:30 Go4Life® Walking Club (LR) 28 10:00 Rosary Group (AR) 10:00 Manicures (AR) 11:00 Resident Council Meeting (AR) 1:30 This Day in History (AR) 2:30 Surprise Social w/DSC-AVC (BIS) 2:45 BINGO AUCTION (BIS) 6:30 BINGO w/Chanel (BIS) 6:30 Exercise (Sit & Stretch) (AR)	9:30 Go4Life® Walking Club (LR) 29 10:00 EXERCISE ESSENTIALS (AR) 11:00 Uno's Lunch Trip 1:30 This Day In History (AR) 2:30 Soft Pretzel Social (BIS) 3:15 Wheel of Fortune w/Diane (AR) 4:00 Crosswords & Word Searches (BIS) 6:30 Evening Meditation (AR)	9:30 Go4Life® Walking Club (LR) 30 10:00 Manicures (AR) 11:00 Exercise Adventures (LR) 1:30 This Day in History (AR) 2:00 Wheel Of Fortune (AR) 2:30 Wine & Cheese Social (BIS) 3:00 SingFit (AR) 6:30 Crosswords & Word Searches (BIS)	9:30 Go4Life® Walking Club (LR) 31 10:30 Bingo Bash w/Diane (BIS) 10:30 Exercise (Sit & Stretch) (AR) 1:30 This Day in History w/Diane (AR) 2:00 CLASSIC MOVIE MATINEE & POPCORN (AR) 2:30 Ice Cream Sandwich Social (BIS) 4:00 Puzzles Group (LR) 6:30 Evening Meditation (AR)