

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1F First Floor K Kitchen Area LR Main Living Room	9:45 Coffee & Current Events (LR) 1 10:30 Morning Stretch (LR) 11:00 Bake & Chat (K) 1:00 SingFit (LR) 2:00 This Day in History (K) 2:30 Cupcake & Card Games Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 Watercolor Art (LR) 6:00 Evening Meditation (LR)	9:45 Coffee & Current Events (LR) 2 10:30 Bake & Chat (K) 11:00 Going Fit Exercise (LR) 1:00 Word Search (K) 2:00 Comm. Service Project (K) 2:30 Cookies & Word Jumble Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 NewsCurrents SR 6:00 Conversational Ball Toss (LR)	9:45 Coffee & Current Events (LR) 3 10:30 Bake & Chat (K) 11:00 MOD Pizza 11:15 Exercise Essentials (LR) 2:15 Classic Movie Matinee (LR) 2:30 Fresh Fruit & Penny Ante Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 BINGO (LR) 6:00 Evening Meditation (LR)	INDEPENDENCE DAY 4 9:45 Coffee & Current Events (LR) 10:30 Bake & Chat (K) 11:15 Exercise Essentials (LR) 1:15 This Day in History 2:30 Jello & Trivia Social (K) 3:15 Go4Life® Walking Club (LR) 3:15 SingFit (LR) 4:15 Live w/ Anticipation Club (LR) 6:00 Evening Meditation (LR)	9:45 Coffee & Current Events (LR) 5 10:15 Exercise Essentials w/Bands (LR) 10:30 Bake & Chat (K) 11:00 BINGO w/Diane (LR) 2:30 Wine & Cheese & Word Searches (K) 3:15 Go4Life® Walking Club (LR) 4:15 Aromatherapy (LR) 6:00 Evening Tea & Poetry (LR)	Happy Birthday Peg M 6 9:45 Coffee & Current Events (LR) 10:30 Bake & Chat (K) 11:00 Name Five! (LR) 1:00 Baby Washing Club (LR) 2:00 SingFit (LR) 2:30 Ice Cream Sandwich & Trivia Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 Arts & Crafts (K) 6:00 Evening Meditation (LR)
9:45 Coffee & Current Events (LR) 7 10:30 Bake & Chat (K) 11:15 Exercise Essentials (LR) 1:30 Scenic Drive 2:30 Slider of the Day Social (K) 3:00 Live Music- Bistro (1F) 3:15 Go4Life® Walking Club (LR) 4:00 Lap Basket -Sorting (LR) 6:15 Family Stories & Share (LR)	9:45 Coffee & Current Events (LR) 8 10:30 Morning Stretch (LR) 11:00 Bake & Chat (K) 1:00 SingFit (LR) 2:00 This Day in History (K) 2:30 Cupcake & Card Games Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 Watercolor Art (LR) 6:00 Evening Meditation (LR)	9:45 Coffee & Current Events (LR) 9 10:30 Bake & Chat (K) 11:00 Going Fit Exercise (LR) 1:00 Word Search (K) 2:00 Comm. Service Project (K) 2:30 Cookies & Word Jumble Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 NewsCurrents SR 6:00 Conversational Ball Toss (LR)	9:45 Coffee & Current Events (LR) 10 10:30 Bake & Chat (K) 11:00 Pica's Lunch Trip 11:15 Exercise Essentials (LR) 2:15 Classic Movie Matinee (LR) 2:30 Fresh Fruit & Penny Ante Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 BINGO (LR) 6:00 Evening Meditation (LR)	9:45 Coffee & Current Events (LR) 11 10:30 Bake & Chat (K) 11:15 Exercise Essentials (LR) 1:15 This Day in History 2:30 Jello & Trivia Social (K) 3:15 Go4Life® Walking Club (LR) 3:15 SingFit (LR) 4:15 Live w/ Anticipation Club (LR) 6:00 Evening Meditation (LR)	9:45 Coffee & Current Events (LR) 12 10:15 Exercise Essentials w/Bands (LR) 10:30 Bake & Chat (K) 11:00 BINGO w/Diane (LR) 2:00 Communion Service 2:30 Wine & Cheese & Word Searches (K) 3:15 Go4Life® Walking Club (LR) 4:15 Aromatherapy (LR) 6:00 Evening Tea & Poetry (LR)	9:45 Coffee & Current Events (LR) 13 10:30 Bake & Chat (K) 11:00 Name Five! (LR) 1:00 Baby Washing Club (LR) 2:00 SingFit (LR) 2:30 Ice Cream Sandwich & Trivia Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 Arts & Crafts (K) 6:00 Evening Meditation (LR)
9:45 Coffee & Current Events (LR) 14 10:30 Bake & Chat (K) 11:15 Exercise Essentials (LR) 1:30 Scenic Drive 2:00 Religious Services 2:30 Slider of the Day Social (K) 3:00 Live Music- Bistro (1F) 3:15 Go4Life® Walking Club (LR) 4:00 Lap Basket -Sorting (LR) 6:15 Family Stories & Share (LR)	9:45 Coffee & Current Events (LR) 15 10:30 Morning Stretch (LR) 11:00 Bake & Chat (K) 1:00 SingFit (LR) 2:00 This Day in History (K) 2:30 Cupcake & Card Games Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 Watercolor Art (LR) 6:00 Evening Meditation (LR)	9:45 Coffee & Current Events (LR) 16 10:30 Bake & Chat (K) 11:00 Going Fit Exercise (LR) 1:00 Word Search (K) 2:00 Comm. Service Project (K) 2:30 Cookies & Word Jumble Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 NewsCurrents SR 6:00 Conversational Ball Toss (LR)	9:45 Coffee & Current Events (LR) 17 10:30 Bake & Chat (K) 11:00 Zoe's Kitchen Lunch Trip 11:15 Exercise Essentials (LR) 2:15 Classic Movie Matinee (LR) 2:30 Fresh Fruit & Penny Ante Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 BINGO (LR) 6:00 Evening Meditation (LR)	9:45 Coffee & Current Events (LR) 18 10:30 Bake & Chat (K) 11:15 Exercise Essentials (LR) 1:15 This Day in History 2:30 Jello & Trivia Social (K) 3:15 Go4Life® Walking Club (LR) 3:15 SingFit (LR) 4:15 Live w/ Anticipation Club (LR) 6:00 Evening Meditation (LR)	9:45 Coffee & Current Events (LR) 19 10:15 Exercise Essentials w/Bands (LR) 10:30 Bake & Chat (K) 11:00 BINGO w/Diane (LR) 2:30 Wine & Cheese & Word Searches (K) 3:15 Go4Life® Walking Club (LR) 4:15 Aromatherapy (LR) 6:00 Evening Tea & Poetry (LR)	9:45 Coffee & Current Events (LR) 20 10:30 Bake & Chat (K) 11:00 Name Five! (LR) 1:00 Baby Washing Club (LR) 2:00 SingFit (LR) 2:30 Ice Cream Sandwich & Trivia Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 Arts & Crafts (K) 6:00 Evening Meditation (LR)
9:45 Coffee & Current Events (LR) 21 10:30 Bake & Chat (K) 11:15 Exercise Essentials (LR) 1:30 Scenic Drive 2:00 Religious Services (1F) 2:30 Slider of the Day Social (K) 3:00 Live Music- Bistro (1F) 3:15 Go4Life® Walking Club (LR) 4:00 Lap Basket -Sorting (LR) 6:15 Family Stories & Share (LR)	9:45 Coffee & Current Events (LR) 22 10:30 Morning Stretch (LR) 11:00 Bake & Chat (K) 1:00 SingFit (LR) 2:00 This Day in History (K) 2:30 Cupcake & Card Games Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 Watercolor Art (LR) 6:00 Evening Meditation (LR)	9:45 Coffee & Current Events (LR) 23 10:30 Bake & Chat (K) 11:00 Going Fit Exercise (LR) 1:00 Word Search (K) 2:00 Comm. Service Project (K) 2:30 Cookies & Word Jumble Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 NewsCurrents SR 6:30 JULY JAMBOREE FAMILY NIGHT (1F)	9:45 Coffee & Current Events (LR) 24 10:30 Bake & Chat (K) 11:00 Teca Lunch Trip 11:15 Exercise Essentials (LR) 2:15 Classic Movie Matinee (LR) 2:30 Fresh Fruit & Penny Ante Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 BINGO (LR) 6:00 Evening Meditation (LR)	9:45 Coffee & Current Events (LR) 25 10:30 Bake & Chat (K) 11:15 Exercise Essentials (LR) 1:15 This Day in History 2:30 Jello & Trivia Social (K) 3:15 Go4Life® Walking Club (LR) 3:15 SingFit (LR) 4:15 Live w/ Anticipation Club (LR) 6:00 Evening Meditation (LR)	9:45 Coffee & Current Events (LR) 26 10:15 Exercise Essentials w/Bands (LR) 10:30 Bake & Chat (K) 11:00 BINGO w/Diane (LR) 2:00 Catholic Mass- 2nd floor 2:30 Wine & Cheese & Word Searches (K) 3:15 Go4Life® Walking Club (LR) 4:15 Aromatherapy (LR) 6:00 Evening Tea & Poetry (LR)	9:45 Coffee & Current Events (LR) 27 10:30 Bake & Chat (K) 11:00 Name Five! (LR) 1:00 Baby Washing Club (LR) 2:00 SingFit (LR) 2:30 Ice Cream Sandwich & Trivia Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 Arts & Crafts (K) 6:00 Evening Meditation (LR)
9:45 Coffee & Current Events (LR) 28 10:30 Bake & Chat (K) 11:15 Exercise Essentials (LR) 1:30 Scenic Drive 2:30 Slider of the Day Social (K) 3:00 Live Music- Bistro (1F) 3:15 Go4Life® Walking Club (LR) 4:00 Lap Basket -Sorting (LR) 6:15 Family Stories & Share (LR)	9:45 Coffee & Current Events (LR) 29 10:30 Morning Stretch (LR) 11:00 Bake & Chat (K) 1:00 SingFit (LR) 2:00 This Day in History (K) 2:30 Cupcake & Card Games Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 Watercolor Art (LR) 6:00 Evening Meditation (LR)	9:45 Coffee & Current Events (LR) 30 10:30 Bake & Chat (K) 11:00 Going Fit Exercise (LR) 1:00 Word Search (K) 2:00 Comm. Service Project (K) 2:30 Cookies & Word Jumble Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 NewsCurrents SR 6:00 Conversational Ball Toss (LR)	9:45 Coffee & Current Events (LR) 31 10:30 Bake & Chat (K) 11:00 Going Fit Exercise (LR) 11:15 Exercise Essentials (LR) 2:15 Classic Movie Matinee (LR) 2:30 Fresh Fruit & Penny Ante Social (K) 3:15 Go4Life® Walking Club (LR) 4:00 BINGO (LR) 6:00 Evening Meditation (LR)			