

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(MV) = Mountain View (SR) = Sunrise Cottage (REM) = Reminiscence (DR) = Diningroom (LR) = Livingroom (N) = Nook (S) = Sunroom	9:30 Exercise Essentials (MV-DR) <b>1</b> 9:30 Tai Chi w/ Audrey (SR-DR) 10:00 Craft Corner (DR) - Flower Arranging 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Bingo Bonanza (DR) 3:30 Dip & Dice Social (DR) 4:00 News (LR)	<b>Phyllis S.'s Birthday</b> <b>2</b> 9:30 Exercise Essentials (DR) 10:15 Intergenerational Activity w/ FRIENDS of Broomfield (DR) - Livingroom 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 News Currents (MV-DR) 2:00 Birthday Celebration (SR-DR) - Phyllis S. 4:30 News (LR) 6:45 Netflix Nature TV Show (DR) - Resident Choice	9:30 Exercise Essentials (DR) <b>3</b> 10:00 Rosary & Holy Communion (MV-S) 10:30 Lunch Bunch Outing - Goody's Eatery 11:00 Go4Life® Walking Club - Meet in Livingroom 1:00 Netflix (DR) - Planet Earth - Ep 4 - Jungles 3:00 Novel - Tea Social (DR) 4:00 News (LR) 7:15 Northwest Church of Christ	<b>4th of July Celebration</b> <b>4</b> <b>Joan M.'s Birthday</b> 11:00 Go4Life® Walking Club - Resident Led - Meet in Livingroom 7:00 4th of July Celebration	9:30 Exercise Essentials <b>5</b> 10:00 MoMA in Action (MV-BI) - Fauvism 10:00 Stick Together Art (DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 3:15 SingFit (DR) 4:00 News (LR) 6:45 Netflix Movie Night (DR) - Resident Choice	9:30 Exercise Essentials (DR) <b>6</b> 10:00 Bingo (DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Cooking Group (DR) - Tomato Basil Puffs 2:30 Reminiscing (DR) - How Did You and Your Spouse You Parents and Grandparents 3:00 Wine, Dine and Word Game Social (DR) - ABC Topic 4:00 News (LR) 6:45 Netflix TV Show (DR) - Resident Choice
9:00 Catholic Mass (LR) - CH3 <b>7</b> 9:30 Catholic Communion (SR - S or LR) 9:45 Catholic Communion (MV-S) 10:00 Prayer & Praise (MV-DR) 10:30 Church w/ Pastor Mike (SR-LR) 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Sing A-long, (MV-DR) 3:00 Sing A-long Social (SR-DR) 4:00 Popcorn & Netflix Movie (DR) - Strangers on a Train 6:45 Netflix - Jeopardy	9:30 Exercise Essentials (MV-DR) <b>8</b> 9:30 Tai Chi w/ Audrey (SR-DR) 10:00 Craft Corner (MV-DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Bingo Bonanza (DR) 3:30 Dip & Dominoes Social (DR) 4:00 News (LR)	11:00 Go4Life® Walking Club - Resident Led - Meet in Livingroom <b>9</b> 3:30 Happy Hour Social (MV-DR) - Leo Everett - SERVING BEER AND WINE ONLY 4:30 News (LR) 6:45 Netflix Nature TV Show (DR) - Resident Choice	9:30 Exercise Essentials (DR) <b>10</b> 10:00 Rosary & Holy Communion (SR) 10:30 Lunch Bunch Outing - Macaroni Grill 11:00 Go4Life® Walking Club - Meet in Livingroom 1:00 Netflix (DR) - Planet Earth - Ep 5: Ice Worlds 3:00 Novel - Tea Social (DR) 4:00 News (LR) 7:00 Game Time w/ Dave (SR) 7:00 Guided Meditation (MV-DR)	9:30 Exercise Essentials (SR-DR) <b>11</b> 10:00 Devotions (SR-DR) - Whittle-down World 10:00 Food Committee Meeting (MV-LR) 10:15 Resident Council Meeting (MV-LR) 10:45 Activity Advisory Meeting (MV-LR) 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Brian Games (MV-DR) Mixed up Bowling/Word Building 3:30 Happy Hour Social (SR-D) Don Garcia 4:30 News (LR) 6:45 Classical Music & Therapeutic Coloring (DR)	9:30 Exercise Essentials <b>12</b> 10:00 MoMA in Action (MV-BI) - Fauvism 10:00 Stick Together Art (SR-DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 12:45 Outing - Walmart 3:15 SingFit (DR) 4:00 News (LR) 6:45 Netflix Movie Night (DR) - Resident Choice	9:30 Exercise Essentials (DR) <b>13</b> 10:00 Bingo (DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Cooking Group (DR) - Watermelon Cupcakes 2:30 Reminiscing (DR) - Never Have I Ever ... 3:00 Wine, Dine and Word Game Social (DR) - Hangman 4:00 News (LR) 6:45 Netflix TV Show (DR) - Resident Choice
9:00 Catholic Mass (LR) - CH3 <b>14</b> 9:30 Catholic Communion (SR - S or LR) 9:45 Catholic Communion (MV-S) 10:00 Prayer & Praise (MV-DR) 10:30 Church w/ Pastor Mike (SR-LR) 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Sing-A-Long Social (MV-DR) 4:00 Popcorn & Netflix Movie (DR) - The Theory of Everything 6:45 Netflix - Jeopardy	9:30 Exercise Essentials (SR-DR) <b>15</b> 10:00 Craft Corner (SR-DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Bingo Bonanza (MV-DR) 4:00 News (LR)	9:30 Exercise Essentials (SR-DR) <b>16</b> 10:15 Intergenerational Activity w/ FRIENDS of Broomfield (MV-DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 3:30 Happy Hour Social (MV-DR) - Randy Johnson 4:30 News (LR) 6:45 Netflix Nature TV Show (DR) - Resident Choice	9:30 Exercise Essentials (MV-DR) <b>17</b> 10:00 Rosary & Holy Communion (MV-S) 10:30 Lunch Bunch Outing - Old Santa Fe 11:00 Go4Life® Walking Club - Meet in Livingroom 1:00 Netflix (DR) - Planet Earth - EP 6: Deserts 3:00 Novel - Tea Social (SR-DR) 4:00 News (LR) 7:00 Guided Meditation (DR)	<b>Town Hall</b> <b>18</b> 9:30 Exercise Essentials (MV-DR) 10:00 Devotion (MV-DR) - Whittle-down World 10:00 Food Committee Meeting (SR-LR) 10:15 Resident Council Meeting (SR-DR) 10:45 Activity Advisory Meeting (SR-DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 3:30 Happy Hour Social (SR-D) - Eilee George 4:30 News (LR) 6:45 Classical Music & Therapeutic Coloring (DR)	9:20 Exercise Essentials (SR-DR) <b>19</b> 9:45 Exercise Essentials (MV-DR) 10:15 Stick Together Art (MV-DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 3:15 SingFit (SR-DR) 4:00 News (LR) 6:45 Netflix Movie Night (DR) - Resident Choice	9:30 Exercise Essentials (SR-DR) <b>20</b> 10:00 Bingo (SR-DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Cooking Group (MV-DR) - Crescent Moon Pepperoni Pizza 2:30 Reminiscing (MV-DR) Would You Rather 3:00 Wine, Dine and Word Game Social (MV-DR) Scattergories 4:00 News (LR) 6:45 Netflix TV Show (DR) - Resident Choice
<b>Dick H.'s Birthday</b> <b>21</b> 9:00 Catholic Mass (LR) - CH3 9:30 Catholic Communion (SR - S or LR) 9:45 Catholic Communion (MV-S) 10:00 Prayer & Praise (MV-DR) 10:30 Church w/ Pastor Mike (SR-LR) 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Sing A-long Social (SR-DR) 4:00 Popcorn & Netflix Movie (DR) - Big Miracle 6:45 Netflix - Jeopardy	9:30 Exercise Essentials (SR-DR) <b>22</b> 10:00 Craft Corner (SR-DR) - Flower Arranging 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Bingo Bonanza (MV-DR) 4:00 News (LR)	9:30 Exercise Essentials (SR-DR) <b>23</b> 10:15 Intergenerational Activity w/ FRIENDS of Broomfield (MV-DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 News Currents (SR-DR) 3:30 Happy Hour Social (MV-DR) - Bobbie Belle 4:30 News (LR) 6:45 Netflix Nature TV Show (DR) - Resident Choice	9:30 Exercise Essentials (SR-DR) <b>24</b> 10:00 Rosary & Holy Communion (SR) 10:30 Lunch Bunch Outing - Bonefish Grill 11:00 Go4Life® Walking Club - Meet in Livingroom 1:00 Netflix (DR) - Planet Earth - Ep 7: Caves 3:00 Novel - Tea Social (MV-DR) 4:00 News (LR) 7:00 Guided Meditation (DR)	<b>Darleen F.'s Birthday</b> <b>25</b> 9:30 Exercise Essentials (MV-DR) 10:00 Devotion (MV-DR) - Forgotten 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Birthday Celebration (SR-DR) - Darleen F. 3:30 Happy Hour Social (SR-DR) - Chuck Fisher 4:30 News (LR) 6:45 Classical Music & Therapeutic Coloring (DR)	9:20 Exercise Essentials (SR-DR) <b>26</b> 9:45 Exercise Essentials (MV-DR) 10:15 Stick Together Art (MV-DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 12:45 Outing - Walmart 3:15 SingFit (SR-DR) 4:00 News (LR) 6:45 Netflix Movie Night (DR) - Resident Choice	9:30 Exercise Essentials (SR-DR) <b>27</b> 10:00 Bingo (SR-DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Cooking Group (MV-DR) - Lemon Crisp Cookies 2:30 Reminiscing (MV-DR) Favorite Childhood Memories 3:00 Wine, Dine and Word Game Social (MV-DR) Boggle 4:00 News (LR) 6:45 Netflix TV Show (DR) - Resident Choice
9:00 Catholic Mass (LR) - CH3 <b>28</b> 9:30 Catholic Communion (SR - S or LR) 9:45 Catholic Communion (MV-S) 10:00 Prayer & Praise (MV-DR) 10:30 Church w/ Pastor Mike (SR-LR) 11:00 Go4Life® Walking Club - Meet in Livingroom 3:00 Birthday Celebration - Al B. (SR-DR) 4:00 Popcorn & Netflix Movie (DR) - War Horse 6:45 Netflix - Jeopardy	9:30 Exercise Essentials (SR-DR) <b>29</b> 10:00 Craft Corner (SR-DR) - 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 Bingo Bonanza (MV-DR) 4:00 News (LR)	9:30 Exercise Essentials (SR-DR) <b>30</b> 10:15 Intergenerational Activity w/ FRIENDS of Broomfield (MV-DR) 11:00 Go4Life® Walking Club - Meet in Livingroom 2:00 News Currents (SR-DR) 3:30 Happy Hour Social (MV-DR) - Mark Cormican 4:30 News (LR) 6:45 Netflix Nature TV Show (DR) - Resident Choice	9:30 Exercise Essentials (DR) <b>31</b> 10:00 Rosary & Holy Communion (MV-S) 10:30 Lunch Bunch Outing - BJ's 11:00 Go4Life® Walking Club - Meet in Livingroom 1:00 Netflix (DR) - Planet Earth - Ep 8: The Shallow Seas 3:30 Novel - Tea Social (DR) 4:00 News (LR) 7:00 Guided Meditation (DR)	<b>*Activities are subject to change*</b>		