

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
AR Activity Room B Bistro DR Dining Room LR Living Room MR Media Room P Patio PDR Private Dining Room Rem Reminiscence	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 11:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 Scenic Drive 2:00 Eddy on Guitar (Rem) 3:00 Bean Bag Toss Social (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 10:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 2:00 Total Brain Fitness 3:00 Balloon Volleyball (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 10:45 Music & Rhythm (B) 11:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 SingFit (AR) 3:00 4th of July Special Performance (B) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	Happy Independence Day! 8:00 Breakfast in Terrace Club Dining Room 9:00 Baking with Bonnie (DR) 9:30 Local News 10:00 Exercise Essentials (AR) 12:00 Lunch Hour in Terrace Club Dining Room 2:00 Balloon Volleyball (AR) 3:00 Bingo Social (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 11:00 Flower Arranging (LR) 12:00 Lunch Hour in Terrace Club Dining Room 3:30 CA Game Girls (B) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Move & Groove Exercise (LR) 11:00 Christian Spiritual Study (MR) 12:00 Lunch Hour in Terrace Club Dining Room 3:00 Larry on Piano (LR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	
8:00 Breakfast in Terrace Club Dining Room 9:00 Baking with Bonnie (DR) 9:30 Local News 10:00 Sunday Stretches (LR) 11:15 News Currents with Christine (AR) 12:00 Lunch Hour in Terrace Club Dining Room 3:00 Hot Fudge Sundae (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 11:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 Scenic Drive 3:00 Bean Bag Toss Social (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 10:30 Lee Allen on Piano (B) 12:00 Lunch Hour in Terrace Club Dining Room 2:00 Total Brain Fitness 2:00 Balloon Volleyball (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 11:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 SingFit (AR) 3:00 Horticulture w/ John (AR) 3:45 Steve on Piano (B) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:00 Baking with Bonnie (DR) 9:30 Local News 10:00 Exercise Essentials (AR) 12:00 Lunch Hour in Terrace Club Dining Room 1:45 Iris on Piano (Rem) 2:00 Balloon Volleyball (AR) 3:00 Happy Hour with Oreisha (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 11:00 Flower Arranging (LR) 12:00 Lunch Hour in Terrace Club Dining Room 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Move & Groove Exercise (LR) 11:00 Christian Spiritual Study (MR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 SingFit 3:00 Saturday Social 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	
8:00 Breakfast in Terrace Club Dining Room 9:00 Baking with Bonnie (DR) 9:30 Local News 10:00 Sunday Stretches (LR) 11:15 News Currents with Christine (AR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 Star of the Month: Biography (AR) 3:00 Root Beer Float Sundae (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 11:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 Scenic Drive 3:00 Bean Bag Toss Social (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 12:00 Lunch Hour in Terrace Club Dining Room 2:00 Total Brain Fitness 3:00 Tuesday Social (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 10:45 Music & Rhythm (B) 11:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 SingFit (AR) 3:00 Star of the Month: Trivia & Social 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:00 Baking with Bonnie (DR) 9:30 Local News 10:00 Exercise Essentials (AR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 Dave on Guitar (AR) 3:00 Bingo Social (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 11:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 1:45 Spirit Care w/ Rev. Sue (AR) 3:00 Flower Arranging (LR) 3:30 Movie Matinee: Gone with the Wind 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Move & Groove Exercise (LR) 11:00 Christian Spiritual Study (MR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 Sly Foxe Radio Show (B) 3:00 Bob on the Accordion (Rem) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	
8:00 Breakfast in Terrace Club Dining Room 9:00 Baking with Bonnie (DR) 9:30 Local News 10:00 Sunday Stretches (LR) 11:15 News Currents with Christine (AR) 12:00 Lunch Hour in Terrace Club Dining Room 3:00 Bayers Ice Cream Day (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 11:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 Scenic Drive 3:00 Bean Bag Toss Social (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 12:00 Lunch Hour in Terrace Club Dining Room 2:00 Total Brain Fitness 3:00 Marilyn on Piano (B) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 11:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 SingFit (AR) 3:00 Spa Hour: Hand Massage & Nail Care 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:00 Baking with Bonnie (DR) 9:30 Local News 10:00 Exercise Essentials (AR) 12:00 Lunch Hour in Terrace Club Dining Room 2:00 Total Brain Fitness 3:00 Happy Hour with Oreisha (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 11:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 3:00 Flower Arranging (LR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	Happy Birthday James Heany! 8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Move & Groove Exercise (LR) 11:00 Christian Spiritual Study (MR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 SingFit 3:00 Saturday Social 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	
8:00 Breakfast in Terrace Club Dining Room 9:00 Baking with Bonnie (DR) 9:30 Local News 10:00 Sunday Stretches (LR) 11:15 News Currents with Christine (AR) 12:00 Lunch Hour in Terrace Club Dining Room 3:00 Banana Split Sundae (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 11:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 Scenic Drive 3:00 Bean Bag Toss Social (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 12:00 Lunch Hour in Terrace Club Dining Room 2:00 Total Brain Fitness 3:00 Sip & Paint with Eileen (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	8:00 Breakfast in Terrace Club Dining Room 9:30 Local News 10:00 Exercise Essentials (AR) 11:00 Brain Games and Riddles (LR) 12:00 Lunch Hour in Terrace Club Dining Room 1:30 SingFit (AR) 3:00 Spa Hour: Hand Massage & Nail Care 4:00 Go4Life@ Walking Club 5:00 Dinner in Terrace Club Dining Room 6:00 Evening Relaxation & Movie Night (AR)	Activities are subject to change. Please check dailies for the latest activities update.			