

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY						
30						1						
2	9:15 Wil Powercise 10:00 Sitting Strong 10:00 Bocce 1:30 Joy in Singing 3:00 Knitter's Group 4:00 Reading of... 6:30 Progressive Bridge 7:45 Movie of the week	3	10:00 Banding Together 10:30 Liquid Exercise 11:15 Current Events 2:30 Adult Coloring Group 4:00 Spanish Reading 7:45 Movie of the Week	4	9:15 Wil Powercise 10:00 Sitting Strong 10:00 Adventures in Clay 10:00 Wii with Wil 10:30 Roundelays 11:30 Bible Study 12:30 Adventures in Clay 2:30 Religion Lectures 2:30 Chess Group 4:00 Qigong Class 6:30 Duplicate Bridge	5	10:00 Banding Together 10:30 Liquid Exercise 10:30 Great Conversations 11:00 Putting 2:00 Line Dancing 3:00 Ping Pong Powerplay 4:00 DVD Composer Series 4:30 Ulysses Group	6	9:15 Wil Powercise 10:00 Sitting Strong 10:30 Liquid Exercise 1:00 Chair yoga 2:00 Balance Class 2:30 Pool Shooters 2:30 Spanish Conversation 4:00 Yiddish Fun Hour 4:15 Happy Q 7:45 Classic Cinema	7		8
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16	9:15 Wil Powercise 10:00 Sitting Strong 10:00 Bocce 1:30 Joy in Singing 3:00 Knitter's Group 4:00 Reading of... 6:30 Progressive Bridge 7:45 Movie of the week	17	10:00 Banding Together 10:30 Liquid Exercise 11:15 Current Events 2:30 Adult Coloring Group 4:00 Spanish Reading 7:45 Movie of the Week	18	9:15 Wil Powercise 10:00 Sitting Strong 10:00 Adventures in Clay 10:00 Wii with Wil 10:30 Roundelays 11:30 Bible Study 12:30 Adventures in Clay 2:30 Religion Lectures 2:30 Chess Group 4:00 Qigong Class 6:30 Duplicate Bridge	19	10:00 Banding Together 10:30 Liquid Exercise 10:30 Great Conversations 11:00 Putting 2:00 Line Dancing 3:00 Ping Pong Powerplay 4:00 DVD Composer Series 4:30 Ulysses Group	20	9:15 Wil Powercise 10:00 Sitting Strong 10:30 Liquid Exercise 1:00 Chair yoga 2:00 Balance Class 2:30 Pool Shooters 2:30 Spanish Conversation 4:00 Yiddish Fun Hour 4:15 Happy Q 7:45 Classic Cinema	21		22
23	9:15 Wil Powercise 10:00 Sitting Strong 10:00 Bocce 1:30 Joy in Singing 3:00 Knitter's Group 4:00 Reading of... 6:30 Progressive Bridge 7:45 Movie of the week	24	10:00 Banding Together 10:30 Liquid Exercise 11:15 Current Events 2:30 Adult Coloring Group 4:00 Spanish Reading 7:45 Movie of the Week	25	9:15 Wil Powercise 10:00 Sitting Strong 10:00 Adventures in Clay 10:00 Wii with Wil 10:30 Roundelays 11:30 Bible Study 12:30 Adventures in Clay 2:30 Religion Lectures 2:30 Chess Group 4:00 Qigong Class 6:30 Duplicate Bridge	26	10:00 Banding Together 10:30 Liquid Exercise 10:30 Great Conversations 11:00 Putting 2:00 Line Dancing 3:00 Ping Pong Powerplay 4:00 DVD Composer Series 4:30 Ulysses Group	27	9:15 Wil Powercise 10:00 Sitting Strong 10:00 Writer's Group 10:30 Liquid Exercise 1:00 Chair Yoga 2:00 Balance Class 2:30 Pool Shooters 2:30 Spanish Conversation 4:00 Yiddish Fun Hour 4:15 Happy Q 7:45 Classic Cinema	28		29