

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 Van to Worship Services 30 10:00 Morning Stretch with Jeff (L) 10:30 Topics for Discussion (AR) 1:30 Go4Life Walking Club (L) 2:00 Holly's Book Club (LR) 3:00 Sundaes on Sunday (LR) 3:30 B-I-N-G-O (AR) 6:00 Meditate to Classical Music	2H 2nd Floor Hub 3H 3rd Floor Hub AR Activity Room L Lobby LB Library LR Living Room MDR Main Dining Room PDR Private Dining Room T Tunnels					Happy Birthday Carolyn! 10:00 Happy Yoga (AR) 10:30 Culinary Club (AR) 1:30 Go4Life® Walking Club (L) 1:30 Bridge Club (LR) 2:00 Arts & Crafts (AR) 3:00 Chef's Choice Social (LR) 3:30 Afternoon Trivia (LR) 6:00 Movie Night (LR)
10:00 Van to Worship Services 2 10:00 Morning Stretch with Jeff (L) 10:30 Topics for Discussion (AR) 1:30 Go4Life Walking Club (L) 2:00 Holly's Book Club (AR) 3:00 Sundaes on Sunday (LR) 3:30 B-I-N-G-O (AR) 6:00 Meditate to Classical Music	Happy Birthday Ruth! 10:00 Sit and Be Fit (LR) 10:30 Drama Club (AR) 11:00 Go4Life® Walking Club (L) 1:30 Poetry Club (AR) 2:00 Discovery Series: A Perfect Fit? (AR) 2:00 Rummikub (LB) 2:00 Meet me @ Moma (AR) 3:00 Wine Tasting Social (LR) 3:30 Crosswords (LR) 6:00 Monday Movie! (LR)	10:00 Exercise Essentials with Stretch Bands (LR) 4 10:30 SingFit® (LR) 11:30 Go4Life Walk to the Grill 1:00 Art Class with Diane (AR) 1:30 Bridge Club w/Hilma (LB) 1:30 Boggle 2:30 Exercise with Will (LR) 3:00 Fresh Popcorn Social (LR) 3:30 Jeopardy! (LR) 4:00 Rosary Club (AR) 6:00 Game Night! (AR)	10:00 Go4Life® Walking Club (L) 5 10:30 Flower Arranging (LB) 11:00 Sit & Be Fit (LR) 1:00 Mini Manicures (AR) 1:30 Shopping at Lawrence Park Center (L) 2:30 Exercise with Will (LR) 3:00 Watermelon Wednesday's Social (LR) 3:30 B-I-N-G-O (LR) 6:00 Meditation w/Jesse (AR)	10:00 Live with Generosity: Baking Dog Biscuits (AR) 6 11:00 Exercise Essentials w/Noodles (LR) 11:30 Lunch at Freddy's (L) 1:30 Communion Room Visits 1:30 Bridge Club with Hilma (AR) 1:30 Go4Life Walking Club (L) 2:00 Catholic Mass (PDR) 2:30 Exercise with Will (LR) 3:00 Sunshine Singers (LR) 3:00 Holly's Social (LR) 3:30 Charades (LR) 6:00 Meditate to Classical Music (LR) 6:00 Puzzles with Sarah (AR)	10:00 Exercise Essentials w/Balls (LR) 7 10:00 Philly Senior Stage Drama Club (LR) 10:30 News Currents Sr. (AR) 11:00 Go4Life Walking Club (L) 1:30 Jewish Service with Irene (AR) 2:00 Weekend Word Puzzles (LR) 2:30 Stretch it Out! (LR) 3:00 National Ice Cream Day Social (LR) 6:00 Puzzles for Relaxation (2H) 6:00 Bingo! (AR)	Shavuot Begins! 8 10:00 Happy Yoga (AR) 10:30 Gardening Club (AR) 1:30 Go4Life® Walking Club (L) 1:30 Bridge Club (LR) 2:00 Arts & Crafts (AR) 3:00 Sangria Saturday Social (LR) 3:30 Afternoon Trivia (LR) 6:00 Movie Night (LR)
Happy Birthday William! 9 10:00 Van to Worship Services 10:00 Morning Stretch with Jeff (L) 10:30 Topics for Discussion (AR) 1:30 Go4Life Walking Club (L) 2:00 Holly's Book Club (AR) 3:00 Japanese Choir Starring Bryna Stepak (LR) 3:00 Sundaes on Sunday (LR) 3:30 B-I-N-G-O (AR) 6:00 Meditate to Classical Music	Shavuot Ends! 10 10:00 Tai Chi with Sandy (LR) 10:30 Meet Me @ Moma (AR) 11:00 Go4Life® Walking Club (L) 1:30 Poetry Club (AR) 2:00 Rummikub (LB) 3:00 Wine Tasting Social (LR) 3:30 Crosswords (LR) 6:00 Art With Sarah (AR) 6:00 Monday Musical (LB)	Happy Birthday Nancy! 11 10:00 Exercise Essentials with Stretch Bands (LR) 10:30 SingFit® (LR) 11:00 Go4Life Walking Club (L) 1:30 Aloha Bingo (AR) 1:30 Bridge Club w/Hilma (LB) 2:30 Exercise with Will (LR) 3:00 Holly's Hawaiian Luau! (LR) 3:30 Hula Hoop Contest 3:45 Limbo Contest (LR) 6:00 Game Night! (AR)	10:00 Go4Life® Walking Club (L) 12 10:30 Flower Arranging (LB) 11:00 Sit & Be Fit (LR) 1:00 Mini Manicures (AR) 1:30 Trip to the Movies! (L) 2:30 Exercise with Will (LR) 3:00 Watermelon Wednesday's Social (LR) 3:30 B-I-N-G-O (LR) 6:00 Meditation w/Jesse (AR)	10:00 Live with Generosity: Coupon Clipping (AR) 13 10:30 Cranium Crunches (LR) 11:00 Exercise Essentials w/Noodles (LR) 1:30 Communion Room Visits 1:30 Bridge Club with Hilma (AR) 1:30 Go4Life Walking Club (L) 2:30 Exercise with Will (LR) 3:00 National Cup Cake Lover's Social (LR) 3:30 Shout it Out! (LR) 6:00 Meditate to Classical Music (LR) 6:00 Puzzles with Sarah (AR)	Flag Day! 14 10:00 Exercise Essentials w/Balls (LR) 10:30 Flag Day Trivia! (LR) 11:00 Go4Life Walking Club (L) 1:30 Jewish Culture with Matt (PDR) 2:00 Culinary Club (AR) 3:00 National Flag Day Social (LR) 3:00 Mason on the Piano (LR) 6:00 Puzzles for Relaxation (2H)	10:00 Happy Yoga (AR) 15 10:30 Jeopardy! (AR) 1:30 Go4Life® Walking Club (L) 1:30 Bridge Club (LR) 2:00 Arts & Crafts (AR) 3:00 Chef's Choice Social (LR) 3:30 Afternoon Trivia (LR) 6:00 Movie Night (LR)
Happy Father's Day! 16 10:00 Van to Worship Services 10:30 Topics for Discussion (AR) 11:00 Father's Day Brunch (MDR) 1:30 Go4Life Walking Club (L) 2:00 Fatherly Wit and Wisdom (AR) 3:00 Sundaes on Sunday (LR) 3:30 B-I-N-G-O (AR) 6:00 Meditate to Classical Music	Happy Birthday Gladys! 17 10:00 Sit and Be Fit (LR) 10:30 Drama Club (AR) 11:00 Go4Life® Walking Club (L) 1:30 Poetry Club (AR) 2:00 Rummikub (LB) 2:00 Meet me @ Moma (AR) 3:00 Wine Tasting Social (LR) 3:30 Crosswords (LR) 6:00 Monday Movie! (LR)	International Picnic Day! 18 10:00 Exercise Essentials with Stretch Bands (LR) 10:30 SingFit® (LR) 11:30 Outdoor Picnic! (Courtyard) 1:00 Art Class with Diane (AR) 1:30 Corn hole and Horseshoes! (Courtyard) 1:30 Bridge Club w/Hilma (LB) 2:30 Exercise with Will (LR) 3:00 Fresh Popcorn Social (LR) 3:00 Jeopardy! (LR) 4:00 Rosary Club (AR) 6:00 Game Night! (AR)	10:00 Go4Life® Walking Club (L) 19 10:30 Flower Arranging (LB) 11:00 Sit & Be Fit (LR) 1:00 Mini Manicures (AR) 1:00 Musical Therapy with Jen (LR) 2:00 Menu Committee (LR) 2:30 Exercise with Will (LR) 3:00 Watermelon Wednesday's Social (LR) 3:30 B-I-N-G-O (LR) 6:00 Meditation w/Jesse (AR)	Quadrangle's 30th Anniversary! 20 10:00 Live with Generosity: Baking Dog Biscuits (AR) 11:00 Exercise Essentials w/Noodles (LR) 1:30 The History of the Quadrangle (LR) 1:30 Communion Room Visits 1:30 Bridge Club with Hilma (AR) 1:30 Go4Life Walking Club (L) 2:30 Exercise with Will (LR) 3:00 Quadrangle's 30th Anniversary Social (LR) 3:30 Shout it Out! (LR) 6:00 Meditate to Classical Music (LR) 6:00 Puzzles with Sarah (AR)	10:00 Exercise Essentials w/Balls (LR) 21 10:00 Philly Senior Stage Drama Club (LR) 10:30 News Currents Sr. (AR) 11:00 Go4Life Walking Club (L) 1:30 Jewish Service with Irene (AR) 2:00 Weekend Word Puzzles (LR) 2:30 Stretch it Out! (LR) 3:00 Mason on the Piano (LR) 3:00 Holly's Happy Hour Social (LR) 3:45 Music with Miguel aka DJ Migs (LR) 6:00 Puzzles for Relaxation (2H) 6:00 Bingo! (AR)	10:00 Happy Yoga (AR) 22 10:30 Gardening Club (AR) 1:30 Go4Life® Walking Club (L) 1:30 Bridge Club (LR) 2:00 Arts & Crafts (AR) 3:00 Chef's Choice Social (LR) 3:30 Afternoon Trivia (LR) 6:00 Movie Night (LR)
10:00 Van to Worship Services 23 10:00 Holly Cinema (LR) 10:00 Morning Stretch with Jeff (L) 10:30 Topics for Discussion (AR) 1:30 Go4Life Walking Club (L) 2:00 Holly's Book Club (AR) 3:00 Sundaes on Sunday (LR) 3:30 B-I-N-G-O (AR) 6:00 Meditate to Classical Music	Happy Birthday Jennie! 24 10:00 Tai Chi with Sandy (LR) 10:30 Meet Me @ Moma (AR) 11:00 Go4Life® Walking Club (L) 1:30 Poetry Club (AR) 2:00 Rummikub (LB) 3:00 Wine Tasting Social (LR) 3:30 Crosswords (LR) 6:00 Art With Sarah (AR) 6:00 Monday Musical (LB)	10:00 Exercise Essentials with Stretch Bands (LR) 25 10:30 SingFit® (LR) 11:30 Go4Life Walk to the Grill 1:30 Bridge Club w/Hilma (LB) 2:00 Meet Me at Moma (LR) 2:30 Exercise with Will (LR) 3:00 Cooking Demo Social (LR) 3:00 Fresh Popcorn Social (LR) 3:30 Jeopardy! (LR) 4:00 Rosary Club (AR) 6:00 Game Night! (AR)	10:00 Go4Life® Walking Club (L) 26 10:30 Flower Arranging (LB) 11:00 Sit & Be Fit (LR) 1:00 Mini Manicures (AR) 1:30 Holly Cinema (LR) 1:30 Trip to Valley Forge Casino (AR) 2:30 Exercise with Will (LR) 3:00 Watermelon Wednesday's Social (LR) 3:30 B-I-N-G-O (LR) 5:00 Patty on Piano (LR) 6:00 Meditation w/Jesse (AR)	10:30 Live with Generosity: Making Tie Die Shirts (AR) 27 10:30 Cranium Crunches (LR) 11:00 Exercise Essentials w/Noodles (LR) 1:30 Communion Room Visits 1:30 Bingo Store-Cash Those Bucks! (AR) 1:30 Bridge Club with Hilma (AR) 1:30 Go4Life Walking Club (L) 2:30 Exercise with Will (LR) 3:00 Resident Council (LR) 3:00 Holly's Social (LR) 3:30 Shout it Out! (LR) 6:00 Meditate to Classical Music (LR) 6:00 Puzzles with Sarah (AR)	10:00 Exercise Essentials w/Balls (LR) 28 10:30 News Currents Sr. (AR) 11:00 Go4Life Walking Club (L) 1:30 Jewish Culture with Matt (AR) 2:00 Weekend Word Puzzles (LR) 2:30 Stretch it Out! (LR) 3:00 Holly's Happy Hour Social (LR) 3:30 Word in a Word (LR) 6:00 Puzzles for Relaxation (2H)	10:00 Happy Yoga (AR) 29 10:30 Culinary Club (AR) 1:30 Go4Life® Walking Club (L) 1:30 Bridge Club (LR) 2:00 Arts & Crafts (AR) 3:00 Chef's Choice Social (LR) 3:30 Afternoon Trivia (LR) 6:00 Movie Night (LR)