

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:00 Daily Chronicle (DR) 9:15 St. Therese Church Outing 9:30 Catholic Mass on TV (L) 10:00 Exercise Essentials (B) 11:00 Word Scramble (B) 1:45 Bingo (B) 3:00 Grandparent's Club Ice Cream Social (B) 3:30 Flip Flop Card Game (B) 3:45 Hospitality Cart (YA) 4:15 Go4Life@ Walking Club (B) 6:30 Documentary Night (L)</p>	<p>3RD 3rd Floor AR Activity Room B Bistro BP Back Patio DR Dining Room FP Front Porch L Library P Parlor PD Private Dining Room YA Your Apartment</p>					<p>8:00 Daily Chronicle (DR) 10:00 NT Fitness w/ Nencho (B) 11:00 Shut the Box Game (B) 1:45 Kirsten on the Violin (B) 3:00 Flavored Popcorn Social 3:15 Go4Life@ Walking Club (B) 3:45 Pampered Hands w/ Rachel (B) 6:30 Mind Benders (B)</p>
<p>8:00 Daily Chronicle (DR) 9:15 St. Therese Church Outing 9:30 Catholic Mass on TV (L) 10:00 Exercise Essentials (B) 11:00 Word Scramble (B) 1:45 Bingo (B) 3:00 Grandparent's Club Ice Cream Social (B) 3:30 Flip Flop Card Game (B) 3:45 Hospitality Cart (YA) 4:15 Go4Life@ Walking Club (B) 6:30 Documentary Night (L)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Tone up w/ Genesis (B) 10:30 Shoulder and Arm Massages (B) 11:00 Old Photograph/History Club 1:45 Let's Get Away Scenic Drive 2:30 Go4Life@ Walking Club (B) 3:00 Resident of the Month Social (B) 4:00 Creative Minds Club (B) 6:30 Shepherds Gate Bible Study 6:30 Evening Meditation (AR)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:30 Shoulder and Arm Massages (B) 10:45 Golden Soul Stories (B) 11:15 Community Generosity Project (B) 1:45 Singfit (AR) 3:00 Rootbeer Float Social (B) 3:30 Go4Life@ Walking Club (B) 3:45 Circle Talk (B) 6:30 Card Club</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:30 Shoulder and Arm Massages (B) 11:00 Lunch at Big Boy 1:45 Dining Service Meeting (AR) 3:00 Anticipation Club Social w/ Bread and Butter (B) 3:30 Go4Life@ Walking Club (B) 3:30 Rosary (AR) 3:45 Rally Roll (B) 6:30 Evening Meditation (AR)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Tone up w/ Genesis (B) 10:30 Shoulder Massages (B) 11:00 Resident Council Meeting (B) 1:45 Bingo w/ Joanne (B) 2:30 St. John Vianney Communion (3RD) 3:00 Crispy Creams w/ Mark (B) 4:00 Go4Life@ Walking Club (B) 4:00 Men's Club (AR) 4:15 Horticultural Club (Flower Arranging) (B) 6:30 Evening Meditation (AR)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:15 Friday Flock at Trinity Lutheran Church 10:30 Shoulder Massages (B) 11:15 News Currents SR. (L) 1:45 Left, Right, Center (AR) 3:00 Fruity Friday Social (B) 3:30 Go4Life@ Walking Club (B) 3:45 Singfit w/ Rachel (AR) 6:30 Friday Night Movie (L)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:30 Shoulder Massages (B) 11:00 Shut the Box Game (B) 1:45 10 Minute Tales (L) 3:00 Flavored Popcorn Social 3:15 Go4Life@ Walking Club (B) 3:45 Pampered Hands w/ Rachel (B) 6:30 Sing-A-Long w/ Kay & Toni (P)</p>
<p>8:00 Daily Chronicle (DR) 9:30 Catholic Mass on TV (L) 10:00 Exercise Essentials (B) 11:00 Word Scramble (B) 1:45 Bingo (B) 3:00 Grandparent's Club Ice Cream Social (B) 3:30 Flip Flop Card Game (B) 3:45 Hospitality Cart (YA) 4:15 Go4Life@ Walking Club (B) 6:30 Documentary Night (L)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Tone up w/ Genesis (B) 10:30 Shoulder and Arm Massages (B) 11:00 Old Photograph/History Club 1:45 Timeless Trivia (B) 2:30 Go4Life@ Walking Club (B) 3:00 Meet Me at MOMA Social (B) 4:00 Creative Minds Club (B) 6:30 Evening Meditation (AR)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:30 Shoulder and Arm Massages (B) 10:45 Golden Soul Stories (B) 11:15 Community Generosity Project (B) 1:45 Singfit (AR) 3:00 Rootbeer Float Social (B) 3:30 Go4Life@ Walking Club (B) 3:45 Circle Talk (B) 6:30 Card Club</p>	<p>8:00 Daily Chronicle (DR) 10:00 CC Dance Plus (B) 11:45 Lunch Inning (Olive Garden) (AR) 1:45 Know it or Blow it Game (B) 3:00 Anticipation Club Social w/ Bread and Butter (B) 3:30 Go4Life@ Walking Club (B) 3:30 Rosary (AR) 3:45 Pokeno (B) 6:30 Evening Meditation (AR)</p>	<p>8:00 Daily Chronicle (DR) 9:30 Big Game Museum 10:00 Tone up w/ Genesis (B) 11:00 Old Time Clips w/ Lori (B) 1:45 Bingo w/ Joanne (B) 3:00 Chit Chat Social (B) 3:45 Left, Right, Center (B) 4:00 Go4Life@ Walking Club (B) 4:00 Men's Club (AR) 4:15 Horticultural Club (Flower Arranging) (B) 6:30 Evening Meditation (AR)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:30 Shoulder Massages (B) 11:15 News Currents SR. (L) 1:45 Singfit (AR) 3:00 Fruity Friday Social (B) 3:30 Go4Life@ Walking Club (B) 3:45 Non-Denominational Bible Study (AR) 5:00 Father's Day BBQ 6:30 Friday Night Movie (L)</p>	<p>8:00 Daily Chronicle (DR) 10:00 NT Fitness w/ Nencho (B) 11:00 Cards for Cuties (B) 1:45 No Bake Club (B) 3:00 Flavored Popcorn Social 3:15 Go4Life@ Walking Club (B) 3:45 Pampered Hands w/ Rachel (B) 6:30 Sing-A-Long w/ Kay & Toni (P)</p>
<p>8:00 Daily Chronicle (DR) 9:15 St. Therese Church Outing 9:30 Catholic Mass on TV (L) 10:00 Exercise Essentials (B) 11:00 Word Scramble (B) 1:45 Celebrating Father's Day w/ Dave & January (B) 3:00 Grandparent's Club Ice Cream Social (B) 3:30 Flip Flop Card Game (B) 4:15 Go4Life@ Walking Club (B) 6:30 Documentary Night (L)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Tone up w/ Genesis (B) 10:30 Shoulder and Arm Massages (B) 11:00 Dollar Tree Outing 1:45 Let's Get Away (Erma's Custard) 1:45 Left, Right, Center (B) 2:30 Go4Life@ Walking Club (B) 3:00 Word Search Social (B) 4:00 Creative Minds Club (B) 6:30 Evening Meditation (AR)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:30 Shoulder and Arm Massages (B) 10:45 Golden Soul Stories (B) 11:15 Community Generosity Project (B) 1:45 Singfit (AR) 3:00 Rootbeer Float Social (B) 3:30 Go4Life@ Walking Club (B) 3:45 Circle Talk (B) 6:30 Card Club</p>	<p>8:00 Daily Chronicle (DR) 10:00 Harsen's Island 10:00 Exercise Essentials (B) 10:30 Shoulder and Arm Massages (B) 1:45 Left, Right, Center (B) 3:00 Anticipation Club Social w/ Bread and Butter (B) 3:30 Step by Step Painting Class (B) 3:30 Go4Life@ Walking Club (B) 6:30 Family Fun Karaoke Night (B) 6:30 Evening Meditation (AR)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Tone up w/ Genesis (B) 10:30 Shoulder Massages (B) 11:00 YOU be the JUDGE (Real life Cases) (L) 1:30 Plaster Playhouse (Ceramic Outing) 1:45 Bingo w/ Joanne (B) 2:30 St. John Vianney Communion (3RD) 3:00 Chocolate Bliss Social (B) 4:00 Go4Life@ Walking Club (B) 4:00 Men's Club (AR) 4:15 Horticultural Club (Flower Arranging) (B) 6:30 Evening Meditation (AR)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:30 Shoulder Massages (B) 11:15 News Currents SR. (L) 1:45 Singfit (AR) 3:00 Fruity Friday Social (B) 3:30 Go4Life@ Walking Club (B) 3:45 Non-Denominational Bible Study (AR) 6:30 Friday Night Movie (L)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:30 Shoulder Massages (B) 11:00 Run for the Roses Game (B) 1:45 Rob Johnson (B) 3:00 Flavored Popcorn Social 3:15 Go4Life@ Walking Club (B) 3:45 Left, Right, Center (B) 6:30 Sing-A-Long w/ Kay & Toni (P)</p>
<p>8:00 Daily Chronicle (DR) 9:15 St. Therese Church Outing 9:30 Catholic Mass on TV (L) 10:00 Exercise Essentials (B) 11:00 Word Scramble (B) 1:45 Bingo (B) 3:00 Grandparent's Club Ice Cream Social (B) 3:30 Flip Flop Card Game (B) 3:45 Hospitality Cart (YA) 4:15 Go4Life@ Walking Club (B) 6:30 Documentary Night (L)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Tone up w/ Genesis (B) 10:30 Shoulder and Arm Massages (B) 11:00 Rhonda's Adventures (Climbing Mt. Everest) (L) 1:45 Let's Get Away Scenic Drive 1:45 Left, Right, Center (B) 2:30 Go4Life@ Walking Club (B) 3:00 Meet Me at MOMA Social (B) 4:00 Creative Minds Club (B) 6:30 Evening Meditation (AR)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:30 Shoulder and Arm Massages (B) 10:45 Golden Soul Stories (B) 11:15 Community Generosity Project (B) 1:45 Singfit (AR) 3:00 Rootbeer Float Social (B) 3:30 Shopping at Walmart 3:30 Go4Life@ Walking Club (B) 3:45 Circle Talk (B) 6:30 Birthday Party w. Jeff C (B)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:30 Shoulder and Arm Massages (B) 11:00 Everybody Knows (B) 1:45 Comical Clips (L) 3:00 Anticipation Club Social w/ Bread and Butter (B) 3:30 Go4Life@ Walking Club (B) 3:30 Rosary (AR) 3:45 Rally Roll (B) 6:30 Evening Meditation (AR)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Tone up w/ Genesis (B) 10:30 Shoulder Massages (B) 11:00 YOU be the JUDGE (Real life cases) (L) 1:45 Bingo w/ Joanne (B) 3:00 Chit Chat Social (B) 4:00 Go4Life@ Walking Club (B) 4:00 Men's Club (AR) 4:15 Horticultural Club (Flower Arranging) (B) 6:30 Evening Meditation (AR)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:30 Shoulder Massages (B) 11:15 News Currents SR. (L) 1:45 Singfit (AR) 3:00 Fruity Friday Social (B) 3:30 Go4Life@ Walking Club (B) 3:45 Non-Denominational Bible Study (AR) 6:30 Friday Night Movie (L)</p>	<p>8:00 Daily Chronicle (DR) 10:00 Exercise Essentials (B) 10:30 Shoulder Massages (B) 11:00 Shut the Box Game (B) 1:45 Vanessa Carr Entertains (B) 3:00 Flavored Popcorn Social 3:15 Go4Life@ Walking Club (B) 3:45 Pampered Hands w/ Rachel (B) 6:30 Sing-A-Long w/ Kay & Toni (P)</p>

JUNE 2019
Assisted Living
Sunrise Shelby

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LIVE WITH PURPOSE

