

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:45 Sunday Morning News and Coffee (C3D) 1 10:00 Church Service at Sunrise (C1A) 10:30 Sit and Be Fit (C3L) 11:00 Chicken Soup for the Soul (C3L) 2:30 Puzzles and More (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 6:00 Turner Classic Movies (C3L)	9:30 Current Events (C3L) 2 10:00 Exercise Essentials (C3L) 11:00 Short Stories (C3L) 1:45 Coloring/Crafts (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 SingFit Music Therapy (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Front Page News (C3L) 3 10:00 Sittercise (C3L) 10:00 Art Class with Kathy (C3D) 10:30 Mother's Club (LEMsmall group) (C3L) 11:00 Mind Your Mind (C3L) 2:00 Short Stories/Trivia (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Balloon/Noodle Toss (C3L) 6:30 Team Member Spotlight (C3L)	HAPPY BIRTHDAY CAROL C. 4 9:30 Catholic Communion (C1A) 9:45 Top News Today (C3L) 10:00 Reading Club (LEM small group) (C3L) 10:45 Flower Arrangement (C3D) 1:45 Trivia Time (C3L) 2:30 Hydration and Snack Social (C3D) 2:30 Go4Life Walking (C3L) 3:15 SingFit (C3L) 4:00 Do You Remember When... (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Top News Today (C3L) 5 10:30 Writing Club (LEM small group) (C3L) 11:00 Kitchen Helpers Club (C3D) 2:00 Stretch and Be Fit (C3L) 2:30 Adult Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 Trivia Time (C3L) 6:30 Jigsaw Puzzle Club (C3L)	9:45 Sports Page (C3L) 6 10:00 Morning Exercise (C3L) 10:30 Therapy Dog Visit (C3L) 11:00 Men's Club (LEMsmall group) (C3D) 2:00 SingFit (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Short Story (C3L)	9:45 Daily Chronicles (C3L) 7 10:00 Sunrise Exercise (C3L) 10:30 Puzzles Solvers Club (C3L) 2:00 Painting/Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Jingo Bingo (C3D) 4:00 Dance Party Saturday (C3L) 6:00 Turner Classic Movies (C3L)
9:45 Sunday Morning News and Coffee (C3D) 8 10:00 Church Service at Sunrise (C1A) 10:30 Sit and Be Fit (C3L) 11:00 Chicken Soup for the Soul (C3L) 2:30 Puzzles and More (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 6:00 Turner Classic Movies (C3L)	9:30 Current Events (C3L) 9 10:00 Exercise Essentials (C3L) 11:00 Short Stories (C3L) 1:45 Coloring/Crafts (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 SingFit Music Therapy (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Front Page News (C3L) 10 10:00 Sittercise (C3L) 10:30 Mother's Club (LEMsmall group) (C3L) 11:00 Mind Your Mind (C3L) 2:00 Short Stories/Trivia (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Balloon/Noodle Toss (C3L) 6:30 Team Member Spotlight (C3L)	9:30 Catholic Communion (C1A) 11 9:45 Top News Today (C3L) 10:00 Reading Club (LEM small group) (C3L) 10:30 Exercise with Lyn (C3D) 10:45 Flower Arrangement (C3D) 1:45 Trivia Time (C3L) 2:30 Hydration and Snack Social (C3D) 2:30 Go4Life Walking (C3L) 3:15 SingFit (C3L) 4:00 Do You Remember When... (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Top News Today (C3L) 12 10:30 Writing Club (LEMsmall group) (C3L) 11:00 Kitchen Helpers Club (C3D) 1:30 Entertainment: Tempe Senior Songbirds (C1A) 2:00 Stretch and Be Fit (C3L) 2:30 Adult Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 Trivia Time (C3L) 6:30 Jigsaw Puzzle Club (C3L)	9:45 Sports Page (C3L) 13 10:00 Morning Exercise (C3L) 10:30 Therapy Dog Visit (C3L) 11:00 Men's Club (LEMsmall group) (C3D) 2:00 SingFit (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Card Making (C3D)	9:45 Daily Chronicles (C3L) 14 10:00 Sunrise Exercise (C3L) 10:30 Puzzles Solvers Club (C3L) 2:00 Painting/Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Crafty Corner (C3D) 4:00 Dance Party Saturday (C3L) 6:00 Turner Classic Movies (C3L) 6:30 Chloretta's Carolers (C1A)
9:45 Sunday Morning News and Coffee (C3D) 15 10:00 Church Service at Sunrise (C1A) 10:30 Sit and Be Fit (C3L) 11:00 Chicken Soup for the Soul (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 6:00 Turner Classic Movies (C3L)	9:30 Current Events (C3L) 16 10:00 Exercise Essentials (C3L) 11:00 Short Stories (C3L) 1:45 Coloring/Crafts (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 SingFit Music Therapy (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Front Page News (C3L) 17 10:00 Sittercise (C3L) 10:00 Art Class with Kathy (C3D) 10:30 Mother's Club (LEM small group) (C3L) 11:00 Mind Your Mind (C3L) 2:00 Short Stories/Trivia (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Balloon/Noodle Toss (C3L) 6:30 Pueblo Middle School Show Choir (C1A) 6:30 Team Member Spotlight (C3L)	HAPPY BIRTHDAY FRANK M. 18 9:30 Catholic Communion (C1A) 9:45 Top News Today (C3L) 10:00 Reading Club (LEMsmall group) (C3L) 10:30 Exercise with Lyn (C3D) 10:45 Flower Arrangement (C3D) 1:45 Trivia Time (C3L) 2:00 Christmas Carols - In-Joy (C3L) 2:30 Hydration and Snack Social (C3D) 2:30 Go4Life Walking (C3L) 3:15 SingFit (C3L) 4:00 Do You Remember When... (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Top News Today (C3L) 19 10:30 Writing Club (LEM small group) (C3L) 11:00 Kitchen Helpers Club (C3D) 2:00 Stretch and Be Fit (C3L) 2:30 Adult Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 Trivia Time (C3L) 6:30 Jigsaw Puzzle Club (C3L)	9:45 Sports Page (C3L) 20 10:00 Morning Exercise (C3L) 10:30 Therapy Dog Visit (C3L) 11:00 Men's Club (LEMsmall group) (C3D) 2:00 SingFit (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Easy Does It Trivia (C3L)	9:45 Daily Chronicles (C3L) 21 10:00 Sunrise Exercise (C3L) 10:30 Puzzles Solvers Club (C3L) 2:00 Painting/Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Jingo Bingo (C3D) 4:00 Dance Party Saturday (C3L) 6:00 Turner Classic Movies (C3L)
HAPPY BIRTHDAY LARRY R. 22 9:45 Sunday Morning News and Coffee (C3D) 10:00 Church Service at Sunrise (C1A) 10:30 Sit and Be Fit (C3L) 11:00 Chicken Soup for the Soul (C3L) Corona Del Sol High School "Music for a Cure" (C3L) 2:30 Puzzles and More (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 6:00 Turner Classic Movies (C3L)	9:30 Current Events (C3L) 23 10:00 Exercise Essentials (C3L) 11:00 Short Stories (C3L) 1:30 Christmas Singing with Marlene (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 SingFit Music Therapy (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Front Page News (C3L) 24 10:00 Sittercise (C3L) 10:30 Mother's Club (LEMsmall group) (C3L) 11:00 Mind Your Mind (C3L) 2:00 Short Stories/Trivia (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Balloon/Noodle Toss (C3L) 6:30 Team Member Spotlight (C3L)	MERRY CHRISTMAS 25 9:30 Catholic Communion (C1A) 9:45 Top News Today (C3L) 10:00 Reading Club (LEM small group) (C3L) 10:45 Flower Arrangement (C3D) 1:45 Trivia Time (C3L) 2:30 Hydration and Snack Social (C3D) 2:30 Go4Life Walking (C3L) 3:15 SingFit (C3L) 4:00 Do You Remember When... (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Top News Today (C3L) 26 10:30 Writing Club (LEM small group) (C3L) 11:00 Kitchen Helpers Club (C3D) 2:00 Stretch and Be Fit (C3L) 2:30 Adult Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 Trivia Time (C3L) 6:30 Jigsaw Puzzle Club (C3L)	9:45 Sports Page (C3L) 27 10:00 Morning Exercise (C3L) 10:30 Therapy Dog Visit (C3L) 11:00 Men's Club (LEMsmall group) (C3D) 2:00 SingFit (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Can You Picture This? (C3L)	9:45 Daily Chronicles (C3L) 28 10:00 Sunrise Exercise (C3L) 10:30 Puzzles Solvers Club (C3L) 2:00 Painting/Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Crafty Corner (C3D) 4:00 Dance Party Saturday (C3L) 6:00 Turner Classic Movies (C3L)
9:45 Sunday Morning News and Coffee (C3D) 29 10:00 Church Service at Sunrise (C1A) 10:30 Sit and Be Fit (C3L) 11:00 Chicken Soup for the Soul (C3L) 2:30 Puzzles and More (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 6:00 Turner Classic Movies (C3L)	9:30 Current Events (C3L) 30 10:00 Exercise Essentials (C3L) 11:00 Short Stories (C3L) 1:45 Coloring/Crafts (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 SingFit Music Therapy (C3L) 6:30 Team Member Spotlight (C3L)	NEW YEAR'S EVE HAPPY BIRTHDAY WILLIAM R. & ALICER. 31 9:45 Front Page News (C3L) 10:00 Sittercise (C3L) 10:30 Mother's Club (LEMsmall group) (C3L) 11:00 Mind Your Mind (C3L) 2:00 Short Stories/Trivia (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Balloon/Noodle Toss (C3L) 6:30 Team Member Spotlight (C3L)	C1A Cottage 1 Activity Center C2L Cottage 2 Living Room C3C Cottage 3 Court Yard C3D Cottage 3 Dining Room C3L Cottage 3 Living Room			