

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 You Tube Warm Up & Has Fit Exercise (AR) 1 10:00 Catholic Communion Service (PLR) 10:45 Chair Zumba with Jennette (B) 1:30 Go4Life@ Walking 3:30 Sunrise Resident Choir First Annual Holiday Performance & Hot Chocolate Social (B) 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 2 10:30 COFFEE & CONVERSATION with KELLY (B) 11:15 SingFit@ with Maggie (PLR) 1:30 Go4Life@ Walking 2:00 Ovation Singers from Chadwick School Perform (B) 3:00 Margarita Mondays! 3:30 Bingo in the Garden Living Room 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 3 10:45 Morning Rummy Tiles for Kelly Bucks (GLR) 1:30 Documentary Tuesday (AR) 1:30 Go4Life@ Walking 3:00 Music Entertainment with Pete Dawson (B) 3:30 Root Beer Float Social (B) 6:30 Mid Night Movie (AR)	9:00 Knitting Circle (GLR) 4 9:30 Chair Yoga with Ele (PLR) 9:30 You Tube Warm Up & Has Fit Exercise (AR) 10:30 Outing to Torrance Memorial Festival of the Trees 1:30 Go4Life@ Walking 1:30 Documentary Wednesday (AR) 3:00 Wine and Cheese Social (GLR) 3:30 Rummy Tiles for Kelly Bucks (GLR) 6:30 Mid Night Movie (AR)	9:30 Exercise with Lynne 5 10:45 Rummy Tiles for Kelly Bucks (GLR) 1:30 Go4Life@ Walking 3:00 Sorbet Social (GLR) 3:30 Black Jack with Karen & Marcia (GLR) 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 6 9:30 TRAVELS with JOSHUA (L) 1:30 Go4Life@ Walking 1:30 TRAVELS with JOSHUA (L) 3:00 Fresh Fruit Friday Social (GLR) 3:30 Sunrise Holiday Choir Practice with Niromi and Maggie (TC) 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 7 9:30 Knitting for a Cause with Marcia (GLR) 10:30 RHCC Praise and Worship Music (B) 1:30 Go4Life@ Walking 3:00 Amuse A Capella Singers Perform (B) 3:00 Saturday Popsicle Social (GLR) 3:30 Bingo with the Students (GLR) 6:30 Mid Night Movie (AR)
9:30 You Tube Warm Up & Has Fit Exercise (AR) 8 10:00 Catholic Communion Service (PLR) 10:45 Chair Zumba with Jennette (B) 1:30 Go4Life@ Walking 3:00 Ice Cream Sundae Social (GLR) 3:30 Bingo! (GLR) 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 9 11:15 SingFit@ with Maggie (PLR) 1:30 Go4Life@ Walking 2:00 WORDS WITHIN A WORD COMPETITION (GLR) 3:00 Margarita Mondays! 3:30 Bingo in the Garden Living Room 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 10 10:00 Joann's Jewelry Shop (GLR) 10:45 Morning Rummy Tiles for Kelly Bucks (GLR) 1:30 Go4Life@ Walking 2:30 Jimmy Brewster sings in the Bistro (B) 3:00 Root Beer Float Social (B) 4:00 Rummy Tiles (GLR) 6:30 Mid Night Movie (AR)	9:00 Knitting Circle (GLR) 11 9:30 You Tube Warm Up & Has Fit Exercise (AR) 11:00 Church Chimes performance (B) 1:30 Go4Life@ Walking 1:30 Documentary Wednesday (AR) 3:00 Wine and Cheese Social (GLR) 3:30 Rummy Tiles for Kelly Bucks (GLR) 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 12 10:45 Rummy Tiles for Kelly Bucks (GLR) 11:00 Health Pro Active Aging Class with Jennifer (AR) 1:30 Go4Life@ Walking 2:00 Resident Council (GLR) 3:00 Sorbet Social (GLR) 3:30 Black Jack with Karen & Marcia (GLR) 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 13 9:30 TRAVELS with JOSHUA (L) 1:30 Go4Life@ Walking 1:30 TRAVELS with JOSHUA (L) 3:00 Fresh Fruit Friday Social (GLR) 3:30 Sunrise Holiday Choir Practice with Niromi and Maggie (TC) 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 14 9:30 Knitting for a Cause with Marcia (GLR) 1:30 Go4Life@ Walking 3:00 Saturday Popsicle Social (GLR) 3:30 Bingo with the Students (GLR) 6:30 Mid Night Movie (AR)
9:30 You Tube Warm Up & Has Fit Exercise (AR) 15 10:00 Catholic Communion Service (PLR) 1:30 Go4Life@ Walking 2:30 Daybreak Ministry Music (REM) 3:00 Ice Cream Sundae Social (GLR) 3:30 Bingo! (GLR) 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 16 10:30 Music & Movement with Sara (B) 1:30 Go4Life@ Walking 2:00 WORDS WITHIN A WORD COMPETITION (GLR) 3:00 Margarita Mondays! 3:30 The Bingo Store 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 17 10:45 Morning Rummy Tiles for Kelly Bucks (GLR) 1:30 Documentary Tuesday (AR) 1:30 Go4Life@ Walking 3:00 Gaynor and Maggie Perform (B) 3:30 Root Beer Float Social (B) 6:30 Mid Night Movie (AR)	9:00 Knitting Circle (GLR) 18 9:30 You Tube Warm Up & Has Fit Exercise (AR) 10:00 Chair Yoga with Ele (PLR) 1:30 Go4Life@ Walking 1:30 Documentary Wednesday (AR) 3:00 Monthly Birthday and Welcoming Party! with the SONshine Singers (B) 3:30 Rummy Tiles for Kelly Bucks (GLR) 6:30 Mid Night Movie (AR) 8:00 Scenic Drive thru the Christmas Lights	9:30 Exercise with Lynne 19 10:45 Rummy Tiles for Kelly Bucks (GLR) 1:30 Go4Life@ Walking 3:00 Sorbet Social (GLR) 3:30 Black Jack with Karen & Marcia (GLR) 6:30 A Ukulele Holiday Surprise 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 20 11:30 OUT TO LUNCH! (L) 1:30 Go4Life@ Walking 3:00 Fresh Fruit Friday Social (GLR) 3:30 Sunrise Holiday Choir Practice with Niromi and Maggie (TC) 6:15 Scenic Drive thru the Christmas Lights 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 21 9:30 Knitting for a Cause with Marcia (GLR) 1:30 Go4Life@ Walking 2:00 Arjun & Friends Holiday Concert (B) 3:00 Saturday Popsicle Social (GLR) 3:30 Bingo with the Students (GLR) 6:30 Mid Night Movie (AR)
9:30 Party Prep - Water Bottles & Coffee Cups 9:30 You Tube Warm Up & Has Fit Exercise (AR) 22 10:00 Catholic Communion Service (TC) 1:30 Go4Life@ Walking 2:30 Party Prep - Table Setting 3:00 Ice Cream Sundae Social (GLR) 3:30 Community Bingo in the Terrace Club Dining Room 5:00 Friends & Family Holiday Dinner 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 23 10:00 Music & Movement with Sara (B) 1:30 Holiday Afternoon Movie (AR) 1:30 Go4Life@ Walking 3:00 Margarita Mondays! 3:30 Bingo in the Garden Living Room 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 24 10:45 Morning Rummy Tiles for Kelly Bucks (GLR) 1:30 Documentary Tuesday (AR) 1:30 Go4Life@ Walking 3:00 Root Beer Float Social (B) 3:30 Bingo in the Garden Living Room 6:30 Mid Night Movie (AR)	9:00 Knitting Circle (GLR) 25 9:30 You Tube Warm Up & Has Fit Exercise (AR) 1:30 Go4Life@ Walking 1:30 Documentary Wednesday (AR) 3:00 Wine and Cheese Social (GLR) 3:30 Rummy Tiles for Kelly Bucks (GLR) 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 26 10:45 Rummy Tiles for Kelly Bucks (GLR) 1:30 Go4Life@ Walking 2:00 Chabad Chanukah Party (B) 3:00 Sorbet Social (GLR) 3:30 Black Jack with Karen & Marcia (GLR) 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 27 9:30 TRAVELS with JOSHUA (L) 1:30 Go4Life@ Walking 1:30 TRAVELS with JOSHUA (L) 3:00 Fresh Fruit Friday Social (GLR) 3:30 Monthly Cocktail Party! (B) 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 28 9:30 Knitting for a Cause with Marcia (GLR) 1:30 Neil Doral at the Piano 1:30 Go4Life@ Walking 3:00 Saturday Popsicle Social (GLR) 3:30 Bingo with the Students (GLR) 6:30 Mid Night Movie (AR)
9:30 You Tube Warm Up & Has Fit Exercise (AR) 29 10:00 Catholic Communion Service (PLR) 10:45 Chair Zumba with Jennette (B) 1:30 Go4Life@ Walking 2:00 Trivia with Bob 3:00 Ice Cream Sundae Social (GLR) 3:30 Bingo! (GLR) 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 30 11:15 SingFit@ with Maggie (PLR) 1:30 Go4Life@ Walking 2:00 WORDS WITHIN A WORD COMPETITION (GLR) 3:00 Margarita Mondays! 3:30 Bingo in the Garden Living Room 6:30 Mid Night Movie (AR)	9:30 You Tube Warm Up & Has Fit Exercise (AR) 31 10:45 Morning Rummy Tiles for Kelly Bucks (GLR) 1:30 Documentary Tuesday (AR) 1:30 Go4Life@ Walking 3:30 New Year's Eve Music Social with Carla D. (B) 6:30 Mid Night Movie (AR)	AR Activity Room B Bistro GLR Garden Living Room L Lobby PLR Piano Living Room REM Reminiscence TC Terrace Club TCP Terrace Club Patio			