

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:30 Morning News Hour (LR) 1 10:45 Pretty Nails (AR) 1:15 Walking Club with Care Manager (B) 1:15 Dominoes Club (B) 2:00 Musical Performance (AR) 3:00 Bingo Bash with Care Manager (B) 3:15 Sunday Snacks, News, & Travel Stories (AR) 6:30 Sunday Night Movie (LR)	9:30 Morning News Hour (LR) 2 10:00 Dominoes (Bistro) 10:30 Trip to the SPCA (B) 1:15 Walking Club with Care Manager (B) 3:30 Math Games & Puzzles (AR) 6:30 Monday Night Movie (Living Room)	9:30 Morning News Hour (LR) 3 10:00 Dominoes (B) 10:00 Communion with Rose in Terrace Club (TC) 11:00 NewsCurrents Sr. (AR) 1:10 Zumba! (LR) 1:15 Walking Club with Care Manager (B) 2:00 Monterey High Choir (DR) 4:00 Arts & Crafts 6:30 Evening Movie (LR)	8:30 Dr. Brooks, Podiatrist is Here (8:30a-5:00p) 4 9:30 Morning News Hour (LR) 9:30 Rite Aid (B) 11:00 Flower arranging with Jan (B) 1:15 Walking Club with Care Manager (B) 2:00 Pretty Nails with Emy (AR) 3:15 Science Physics Exploration (AR) 4:15 Dominoes & Games Club 6:30 Movie Night (LR) 11:30 Exercise w/ Emy & Juliana (LR)	9:30 Morning News Hour (LR) 5 10:00 Lets Play Dominoes (B) 11:00 SingFit® (AR) 1:15 Walking Club with Care Manager (B) 2:30 Exercise Class with Karen (LR) 2:30 Bridge Club : Library (LR) 3:00 Ice Cream Sundae Bar Social with Emy (B) 4:00 Farkle & Phase 10 w/ New Friends! 6:30 Evening Movie (LR)	9:15 Scenic Drive with Shannon (B) 6 9:30 Morning News Hour (LR) 10:30 Dominoes (B) 11:00 Exercise with Emy (AR) 1:15 Walking Club with Care Manager (B) 1:30 Target (B) 2:15 Root beer Float & Open Mic Jokes! (AR) 3:00 Ron & Friends Music Performance (LR) 6:30 Friday Night Flick (LR)	9:30 Morning News Hour (LR) 7 10:30 Outing : Grocery Shopping (B) 10:30 Exercise Class with Emy (AR) 11:00 Dominoes Club (B) 1:15 Walking Club with Care Manager (B) 2:00 Running Errands (B) 3:30 Meet me at MOMA (Art/Discussion) (AR) 6:30 Evening Movie (LR)	
9:30 Morning News Hour (LR) 8 10:45 Pretty Nails (AR) 1:15 Walking Club with Care Manager (B) 1:15 Dominoes Club (B) 3:00 Bingo Bash with Care Manager (B) 3:30 Afternoon Tea & Travel Stories (AR) 6:30 Sunday Night Movie (LR)	9:30 Morning News Hour (LR) 9 10:00 Dominoes (Bistro) 10:30 Trip to the SPCA (B) 1:15 Walking Club w/ Care Manager (B) 1:30 Walking Club at MPC Track: 1 hr. (weather permitting) Please sign up in Green Bk (B) 4:00 Fun New Games & Classic Favs 6:30 Monday Night Movie (Living Room)	9:30 Morning News Hour (LR) 10 10:00 Aquarium Private Tour (1 1/2 hrs.) (B) 10:00 Dominoes (B) 10:00 Communion with Rose in Terrace Club (TC) 1:15 Walking Club with Care Manager (B) 1:30 Zumba! (AR) 2:00 News Currents Sr. 4:00 Arts & Crafts 6:30 Evening Movie (LR)	1:30 Exercise Class w/ Emy & Friends (LR) 11 9:30 Morning News Hour (LR) 9:30 Rite Aid (B) 11:00 Flower arranging with Jan (B) 1:15 Walking Club with Care Manager (B) 2:00 Pretty Nails with Emy (AR) 4:00 Special Aroma Therapy Lab (AR) 4:00 Dominoes Club 6:30 Movie Night (LR)	9:30 Morning News Hour (LR) 12 10:00 Lets Play Dominoes (B) 1:15 Walking Club with Care Manager (B) 2:30 Exercise Class with Karen (LR) 2:30 Bridge Club : Library (LR) 3:30 Ice Cream Sundae & Jeopardy Challenge! (AR) 4:00 Farkle & Phase 10 w/Friends! 6:30 Evening Movie (LR)	9:15 Scenic Drive with Shannon (B) 13 9:30 Morning News Hour (LR) 10:30 Dominoes (B) 11:00 Exercise with Emy (AR) 1:15 Walking Club with Care Manager (B) 1:30 Target (B) 3:30 Rootbeer Floats & Open Mic Jokes! (AR) 6:30 Friday Night Flick (LR)	9:30 Morning News Hour (LR) 14 10:30 Preschool Christmas Carolers (30 mins.) (LR) 10:30 Outing : Grocery Shopping (B) 11:00 Dominoes Club (B) 11:15 Exercise Class with Emy (LR) 1:15 Walking Club with Care Manager (B) 2:00 Running Errands (B) 3:30 Spiritual Favorites Concert (LR) 6:30 Evening Movie (LR)	
9:30 Morning News Hour (LR) 15 10:45 Pretty Nails (AR) 1:15 Walking Club with Care Manager (B) 1:15 Dominoes Club (B) 3:00 Bingo Bash with Care Manager (B) 3:30 Afternoon Tea & Travel Stories (AR) 6:30 Sunday Night Movie (LR)	9:30 Morning News Hour (LR) 16 10:00 Dominoes (Bistro) 10:30 Trip to the SPCA (B) 1:15 Walking Club with Care Manager (B) 1:30 Walking Club: MPC track (B) 4:00 Fun New Games & Classic Favs 6:30 Monday Night Movie (Living Room)	9:30 Morning News Hour (LR) 17 10:00 Dominoes (B) 10:00 Communion with Rose in Terrace Club (TC) 11:00 NewsCurrents Sr. 1:15 Walking Club with Care Manager (B) 1:30 Zumba! (AR) 2:00 Poetry with Magdalena (TC) 2:00 Bridge Club: Library 4:00 Arts & Crafts 6:00 Music: Camel Choral Society (LR) 6:30 Evening Movie (LR)	9:30 Morning News Hour (LR) 18 9:30 Rite Aid (B) 10:30 Exercise Class (AR) 11:00 Flower arranging with Jan (B) 1:15 Walking Club with Care Manager (B) 2:00 Pretty Nails with Emy (AR) 4:00 Dominoes Club 4:00 Science & Physics Exploration (AR) 6:30 Movie Night (LR)	9:30 Morning News Hour (LR) 19 10:30 Music: Kids Holiday Choir (DR) 1:15 Walking Club with Care Manager (B) 2:30 Exercise Class with Karen (AR) 2:30 Bridge Club : Library (LR) 3:00 Ice Cream Sundae Bar Social with Emy (B) 4:00 Farkle & Phase 10 w/Friends! 6:30 Evening Movie (LR)	9:15 Scenic Drive with Shannon (B) 20 9:30 Morning News Hour (LR) 10:30 Dominoes (B) 11:00 Exercise with Emy (AR) 1:15 Walking Club with Care Manager (B) 1:30 Target (B) 3:30 Rootbeer Floats & Open Mic Jokes! (AR) 6:30 Friday Night Flick (LR)	9:30 Morning News Hour (LR) 21 10:30 Outing : Grocery Shopping (B) 11:00 Dominoes Club (B) 1:15 Walking Club with Care Manager (B) 1:30 Running Errands (B) 3:00 Performance by : Janet & Martin (AL) (LR) 6:30 Evening Movie (LR)	
9:30 Morning News Hour (LR) 22 1:15 Walking Club with Care Manager (B) 1:15 Dominoes Club (B) 1:30 Sunrise Residents Christmas Carol Rehearsal! (AR) 3:00 Bingo Bash with Care Manager (B) 3:30 Afternoon Tea & Travel Stories (AR) 6:30 Sunday Night Movie (LR)	9:30 Morning News Hour (LR) 23 10:00 Dominoes (Bistro) 10:30 Trip to the SPCA (B) 1:15 Walking Club with Care Manager (B) 1:30 Walking Club: MPC track (B) 3:00 Music! Million Dollar Productions (LR) 4:00 Fun New Games & Classic Favs 6:30 Monday Night Movie (Living Room)	9:30 Morning News Hour (LR) 24 10:00 Christmas Mass (AR) 10:00 Dominoes (B) 11:00 NewsCurrents Sr. 11:30 Flower Arranging (B) 1:30 Zumba! (AR) 2:00 Bridge Club: Library 4:00 Arts & Crafts: Free Choice Options 6:00 Music! Christmas Songs! (LR) 6:30 Evening Movie (LR)	9:30 Morning News Hour (LR) 25 10:30 Exercise Class (AR) 1:15 Walking Club with Care Manager (B) 1:30 Pretty Nails (AR) 1:30 New! Sign Language Class! Learn a fun song with hand motions! (AR) 2:15 Piano Music! (LR) 4:00 Dominoes Club 6:30 Movie Night (LR)	9:30 Morning News Hour (LR) 26 10:00 Lets Play Dominoes (B) 11:00 SingFit® (AR) 1:15 Walking Club with Care Manager (B) 2:30 Exercise Class with Karen (AR) 2:30 Bridge Club : Library (LR) 3:00 Performance by Mike Noonan (LR) 4:00 Farkle & Phase 10 w/Friends! 6:30 Evening Movie (LR)	9:15 Scenic Drive with Shannon (B) 27 9:30 Morning News Hour (LR) 10:30 Dominoes (B) 11:00 Exercise with Emy (AR) 1:15 Walking Club with Care Manager (B) 1:30 Target (B) 3:00 Georgette & Justice: Singing & Piano (LR) 6:30 Friday Night Flick (LR)	9:30 Morning News Hour (LR) 28 10:30 Outing : Grocery Shopping (B) 10:30 Exercise Class with Emy (AR) 11:00 Dominoes Club (B) 1:15 Walking Club with Care Manager (B) 2:00 Running Errands (B) 6:30 Evening Movie (LR)	
9:30 Morning News Hour (LR) 29 1:15 Walking Club with Care Manager (B) 1:15 Dominoes Club (B) 3:00 Bingo Bash with Care Manager (B) 3:30 Afternoon Tea & Travel Stories (B) 6:30 Sunday Night Movie (LR)	9:30 Morning News Hour (LR) 30 10:00 Dominoes (Bistro) 10:30 Trip to the SPCA (B) 1:15 Walking Club with Care Manager (B) 1:30 Walking Club: MPC track (B) 4:30 Fun New Games & Classic Favs 6:30 Monday Night Movie (Living Room)	9:30 Morning News Hour (LR) 31 10:00 Dominoes (B) 10:00 Communion with Rose in Terrace Club (TC) 11:00 NewsCurrents: explore animal facts plus interesting events in history, geography, & today! (AR) 1:15 Walking Club with Care Manager (B) 1:30 Zumba! (AR) 2:00 Bridge Club: Library 2:30 New Year's Eve Bash! Aloha Theme: Goodbye 2019, Hello 2020! (B) 3:30 Performance by: Mike Noonan (LR) 6:30 Evening Movie (LR)	AP Activities Patio AR Activities Room B Bistro DR Dining Room LR Living Room MB Meeting in the MB Bistro TC Terrace Club				