

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Frisco Sunrise welcome participation and hosting in the Feed Frisco Family Services custom annual drive ... please join us and give Donation of items Listed in our Lobby !!!</p>	<p>Happy Thanksgiving Thursday</p> <p>November 28th</p> <p>Turkeys you get to dress our tables with your best suit !</p> <p>"gobble gobble" delicious</p>	<p>CONSTITUTIONAL ELECTION DAY FOR FRISCO IS</p> <p>FRIDAY, NOVEMBER 5, 2019 FROM 7 a.m. to 7 p.m. check you local voting locations</p>	<p>look out for our volunteers this month lots of exciting groups!</p> <p>did you know November is health awareness Month?</p>	<p>Stay tuned in FOR TIMES AND DATES</p> <p>TALENTED MUSICIANS</p> <p>COWBOY DEAR JOHN AND</p> <p>MIKE FRANKEL FOR CONCERTS</p>	<p>10:00 Devotion (Reminiscence) 1</p> <p>11:00 SingFit</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Balloon Volleyball</p> <p>2:30 Validation 1:1 with LEM</p> <p>3:30 Aubrey Slaver (AL Bistro)</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 2</p> <p>10:00 Group Exercise with LEM/CM</p> <p>10:30 Reminiscence Resident Town Hall</p> <p>11:00 Sunshine Choir (Assisted Living Bistro)</p> <p>1:00 Midday Meditation/Walk</p> <p>2:30 Karaoke</p> <p>2:30 Spa Manicures</p> <p>3:30 Social</p> <p>3:30 Art Stern Performs (AL Bistro)</p> <p>6:00 Movie</p>
<p>10:00 Devotion (Reminiscence) 3</p> <p>10:00 Sittercise/LEM</p> <p>10:45 Sunday Morning Worship (The Cottage Living Room)</p> <p>11:15 After Service coffee/LEM</p> <p>1:00 Midday Meditation/Walk</p> <p>1:45 Mike Frankel Performs</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 4</p> <p>11:00 Music Appreciation/LEM</p> <p>1:00 Midday Meditation/Walk</p> <p>2:00 Reflection Room /LEM</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Concert Piano with Greg Slavin (The Cottage Living Room) 5</p> <p>10:00 Devotion (Reminiscence)</p> <p>1:00 Midday Meditation/Walk</p> <p>1:00 Bingo/with Barb</p> <p>2:30 Living With Anticipation</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>9:30 Living With Anticipation/ Vanity 6</p> <p>10:00 Devotion (Reminiscence)</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Parachute</p> <p>2:00 Chicken Soup for the Soul</p> <p>3:30 Social</p> <p>3:30 Community Outing/Shopping</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 7</p> <p>10:30 Music Therapy</p> <p>12:00 Out to Lunch</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Volleyball</p> <p>3:00 Flowers/ Sewing</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 8</p> <p>11:00 SingFit</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Balloon Volleyball</p> <p>2:30 Validation 1:1 with LEM</p> <p>3:30 Laurie Gabriel (AL Bistro)</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 9</p> <p>10:00 Group Exercise with LEM/CM</p> <p>11:00 Sunshine Choir (Assisted Living Bistro)</p> <p>1:00 Midday Meditation/Walk</p> <p>2:30 Karaoke</p> <p>2:30 Spa Manicures</p> <p>3:30 Social</p> <p>6:00 Movie</p>
<p>10:00 Devotion (Reminiscence) 10</p> <p>10:00 Sittercise/LEM</p> <p>10:45 Sunday Morning Worship (The Cottage Living Room)</p> <p>11:15 After Service coffee/LEM</p> <p>1:00 Midday Meditation/Walk</p> <p>2:00 Enchanting Tea table /LEM</p> <p>2:30 Ring Toss</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 11</p> <p>11:00 Music Appreciation/LEM</p> <p>1:00 Midday Meditation/Walk</p> <p>2:00 Art Tactile/ LEM</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Concert Piano with Greg Slavin (The Cottage Living Room) 12</p> <p>10:00 Devotion (Reminiscence)</p> <p>1:00 Midday Meditation/Walk</p> <p>1:00 Bingo/with Barb</p> <p>2:30 Living With Anticipation</p> <p>3:30 Social</p> <p>3:30 Afternoon Drive</p> <p>6:00 Movie</p>	<p>9:30 Living With Anticipation/ Vanity 13</p> <p>10:00 Devotion (Reminiscence)</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Parachute</p> <p>2:00 Chicken Soup for the Soul</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 14</p> <p>10:30 John Dear</p> <p>12:00 Out to Lunch</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Volleyball</p> <p>3:00 Flowers/ Sewing</p> <p>3:30 Social</p> <p>3:30 Afternoon Drive</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 15</p> <p>11:00 SingFit</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Balloon Volleyball</p> <p>2:30 Validation 1:1 with LEM</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 16</p> <p>10:00 Group Exercise with LEM/CM</p> <p>11:00 Sunshine Choir (Assisted Living Bistro)</p> <p>1:00 Midday Meditation/Walk</p> <p>2:30 Karaoke</p> <p>2:30 Spa Manicures</p> <p>3:30 Social</p> <p>6:00 Movie</p>
<p>10:00 Devotion (Reminiscence) 17</p> <p>10:00 Sittercise/LEM</p> <p>10:45 Sunday Morning Worship (The Cottage Living Room)</p> <p>11:15 After Service coffee/LEM</p> <p>1:00 Midday Meditation/Walk</p> <p>2:00 Enchanting Tea table /LEM</p> <p>2:30 Ring Toss</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 18</p> <p>11:00 Music Appreciation/LEM</p> <p>1:00 Midday Meditation/Walk</p> <p>2:00 Reflection Room /LEM</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Concert Piano with Greg Slavin (The Cottage Living Room) 19</p> <p>10:00 Devotion (Reminiscence)</p> <p>1:00 Midday Meditation/Walk</p> <p>1:00 Bingo/with Barb</p> <p>2:30 Living With Anticipation</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>9:30 Living With Anticipation/ Vanity 20</p> <p>10:00 Devotion (Reminiscence)</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Parachute</p> <p>2:00 Chicken Soup for the Soul</p> <p>3:30 Social</p> <p>3:30 Community Outing/Shopping</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 21</p> <p>10:30 Mike Frankel</p> <p>12:00 Out to Lunch</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Volleyball</p> <p>3:00 Flowers/ Sewing</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 22</p> <p>11:00 SingFit</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Balloon Volleyball</p> <p>2:30 Validation 1:1 with LEM</p> <p>3:30 Michelle Priest (AL Bistro)</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 23</p> <p>10:00 Group Exercise with LEM/CM</p> <p>11:00 Sunshine Choir (Assisted Living Bistro)</p> <p>1:00 Midday Meditation/Walk</p> <p>2:30 Karaoke</p> <p>2:30 Spa Manicures</p> <p>3:30 Social</p> <p>6:00 Movie</p>
<p>10:00 Devotion (Reminiscence) 24</p> <p>10:00 Sittercise/LEM</p> <p>10:45 Sunday Morning Worship (The Cottage Living Room)</p> <p>11:15 After Service coffee/LEM</p> <p>1:00 Midday Meditation/Walk</p> <p>2:00 Enchanting Tea table /LEM</p> <p>2:30 Ring Toss</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 25</p> <p>11:00 Music Appreciation/LEM</p> <p>1:00 Midday Meditation/Walk</p> <p>2:00 Art Tactile/ LEM</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Concert Piano with Greg Slavin (The Cottage Living Room) 26</p> <p>10:00 Devotion (Reminiscence)</p> <p>1:00 Midday Meditation/Walk</p> <p>1:00 Bingo/with Barb</p> <p>2:30 Living With Anticipation</p> <p>3:30 Social</p> <p>3:30 Afternoon Drive</p> <p>6:00 Movie</p>	<p>9:30 Living With Anticipation/ Vanity 27</p> <p>10:00 Devotion (Reminiscence)</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Parachute</p> <p>2:00 Chicken Soup for the Soul</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 28</p> <p>10:30 John Dear</p> <p>12:00 Out to Lunch</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Volleyball</p> <p>3:00 Flowers/ Sewing</p> <p>3:30 Social</p> <p>3:30 Afternoon Drive</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 29</p> <p>11:00 SingFit</p> <p>1:00 Midday Meditation/Walk</p> <p>1:30 Balloon Volleyball</p> <p>2:30 Validation 1:1 with LEM</p> <p>3:30 Social</p> <p>6:00 Movie</p>	<p>10:00 Devotion (Reminiscence) 30</p> <p>10:00 Group Exercise with LEM/CM</p> <p>11:00 Sunshine Choir (Assisted Living Bistro)</p> <p>1:00 Midday Meditation/Walk</p> <p>2:30 Karaoke</p> <p>2:30 Spa Manicures</p> <p>3:30 Social</p> <p>6:00 Movie</p>