

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALA AL Activity Room ALCA AL Central Park ALDAL Dining Room ALP AL Parlor AT Activity Table DR Dining Room G Garden Area K Kitchen L Lobby LR Living Room LS Life Stations OG Outside Garden						
10:00 Let's Make a Deal 10:30 Exercise Essentials 1:00 Bingo (AT) 1:00 Art Expression (AT) 2:00 Zion Fellowship Church (LR) 2:00 Walking Club (OG) 3:00 I Love Lucy (LR) 3:15 Group Social (DR) 5:30 After Dinner Music- Johnny Cash 6:00 Evening Stretches (LR) 6:30 Family Feud (AT)	10:00 The Price is Right (LR) 10:30 Exercise Essentials (LR) 1:00 Baking Club 1:30 Bingo 2:00 Go4Life@ Walking Club 2:45 Daily Chronicles 3:15 Group Social (DR) 3:45 White Board Game 4:00 Art Discussion 5:30 After Dinner Music- Dean Martin 6:00 Bowling Club (LS) 6:30 Wheel of Fortune (LR)	10:00 The Price is Right (LR) 10:30 Exercise Essentials (LR) 1:00 Crafts 1:30 Veteran's Day Event (ALA) 1:30 Go4Life@ Walking Club 2:15 Art Expressions (AT) 2:45 Daily Chronicles 3:15 Group Social (DR) 3:30 Senior Smiles (AT) 3:30 White Board Games 5:30 After Dinner Music- Tony Bennett 6:00 Book Club (LR) 6:00 Evening Stretches (LR) 6:30 Wheel of Fortune (LR)	10:00 The Price is Right (LR) 10:30 Exercise Essentials (LR) 1:00 Crafts 1:00 Baking Club 2:00 Music & Motion (LR) 2:45 Daily Chronicles 3:15 Group Social (DR) 3:45 Andy Griffith Show (LR) 4:00 WH Discussions 5:30 After Dinner Music- Bing Crosby 6:00 Trivia Club (LR) 6:00 Evening Stretches (LR) 6:30 Wheel of Fortune (LR)	10:00 The Price is Right (LR) 10:30 Exercise Essentials (LR) 10:30 Balloon Volleyball 10:45 Mark Hoffman Performs (ALC) 11:00 Outing (L) 1:30 Rosary with Barbara 1:30 Go4Life@ Walking Club 2:00 Tea and Talk 2:45 Daily Chronicles 3:15 Group Social (DR) 3:45 Finishing Lines (AT) 5:30 After Dinner Music- Patsy Cline 6:00 Evening Stretches (LR) 6:30 Wheel of Fortune (LR)	10:00 The Price is Right (LR) 10:30 Exercise Essentials (LR) 10:30 Balloon Volleyball 10:45 Craig Siemsen Performs (ALA) 1:00 Manicures & Hand Massages 2:00 Garden Club (G) 2:45 Musical Movie 2:45 Daily Chronicles 3:15 Group Social (DR) 4:30 Book Club 5:30 After Dinner Music - Connie Francis 6:00 Jeopardy (LR) 6:30 Wheel of Fortune (LR)	10:00 Exercise Essentials (LR) 10:30 News Currents Sr. (LR) 11:00 Catholic Communion (LR) 11:00 Movies & Stars 1:00 Bingo (AT) 2:00 Sing-fit (OG) 2:30 Board Games (AT) 3:00 Activity with Emily (AT) 3:15 Group Social (DR) 5:30 After Dinner Music- Elvis 6:00 Evening Stretches (LR) 7:00 Comedy Movie (LR)
10:00 Let's Make a Deal 10:30 Exercise Essentials 1:00 Bingo (AT) 1:00 Art Expression (AT) 2:00 Zion Fellowship Church (LR) 2:00 Walking Club (OG) 3:00 I Love Lucy (LR) 3:15 Group Social (DR) 5:30 After Dinner Music- Johnny Cash 6:00 Evening Stretches (LR) 6:30 Family Feud (AT)	10:00 The Price is Right (LR) 10:30 Exercise Essentials (LR) 1:00 Baking Club 1:30 Bingo 2:00 Go4Life@ Walking Club 2:45 Daily Chronicles 3:15 Group Social (DR) 3:45 White Board Games 4:00 Art Discussion 5:30 After Dinner Music- Dean Martin 6:00 Bowling Club (LS) 6:30 Wheel of Fortune (LR)	10:00 The Price is Right (LR) 10:30 Exercise Essentials (LR) 10:45 Davey D Performs (LS) 1:00 Crafts 1:30 Go4Life@ Walking Club 1:30 Bingo 2:15 Art Expressions (AT) 2:45 Daily Chronicles 3:15 Group Social (DR) 3:30 Senior Smiles (AT) 3:30 White Board Games 4:00 Stevenson High School Key Club (LR) 5:30 After Dinner Music- Tony Bennett 6:00 Book Club (LR) 6:00 Evening Stretches (LR) 6:30 Wheel of Fortune (LR)	10:00 The Price is Right (LR) 10:30 Exercise Essentials (LR) 10:45 Tamar Performs on Piano (ALC) 1:00 Baking Club 2:00 Music & Motion (LR) 2:45 Daily Chronicles 3:15 Group Social (DR) 3:45 Andy Griffith Show (LR) 4:00 WH Discussions 5:30 After Dinner Music- Bing Crosby 6:00 Trivia Club (LR) 6:00 Evening Stretches (LR) 6:30 Wheel of Fortune (LR)	10:00 The Price is Right (LR) 10:30 Exercise Essentials (LR) 10:30 Balloon Volleyball 11:00 Outing (L) 1:30 Steve Justman Performs (ALA) 1:30 Rosary with Barbara 1:30 Go4Life@ Walking Club 2:00 Senior Dance Therapy (LR) 2:00 Tea and Talk 2:45 Daily Chronicles 3:15 Group Social (DR) 3:45 Finishing Lines (AT) 5:30 After Dinner Music- Patsy Cline 6:00 Evening Stretches (LR) 6:30 Wheel of Fortune (LR)	10:00 The Price is Right (LR) 10:30 Exercise Essentials (LR) 1:00 Manicures & Hand Massages 2:00 Garden Club (G) 2:45 Daily Chronicles 3:15 Group Social (DR) 3:30 White Board Games (LR) 4:00 Fitness Friday 5:30 After Dinner Music - Connie Francis 6:00 Jeopardy (LR) 6:00 Evening Stretches (LR) 6:30 Wheel of Fortune (LR)	10:00 News Currents Sr. (LR) 11:00 Catholic Communion (LR) 11:00 Movies & Stars 1:00 Bingo (AT) 2:00 Sing-fit (OG) 2:30 Board Games (AT) 3:00 Activity with Emily (AT) 3:15 Group Social (DR) 5:30 After Dinner Music- Elvis 6:00 Evening Stretches (LR) 7:00 Comedy Movie (LR)
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NOVEMBER 2019
Reminiscence
 Sunrise of Buffalo Grove
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LIVE WITH PURPOSE

