

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1B 1st Floor Bistro 1DR 1st Floor Dining Room 1L 1st Floor Lobby 1P 1st Floor Parlor 2AR 2nd Floor Activity Room 2CP 2nd Floor Central Park 2CT 2nd Floor Cards Table OG Outside Garden R Reminiscence					10:15 Exercise Essentials (2AR) <b>1</b> 10:45 <b>Craig Siemsen Performs (2AR)</b> 1:30 Manicures (2CP) 1:45 <b>Shopping at Walmart (1L)</b> 3:15 Trinity Students Games (1B) 6:30 Hallmark Movie in Parlor (1P)	9:30 Go4Life® Walking Club (1L) <b>2</b> 10:15 Exercise Essentials (2AR) 10:45 Catholic Communion (2AR) 1:00 Dice Game (2AR) 2:00 Bingo for Quarters (2AR) 3:15 Fun Games w/Rueben (1B) 6:30 Saturday Night Movies (2AR)
<b>Change Clocks Today 3</b> 9:30 Go4Life® Walking Club (1L) 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 1:30 Bingo for Quarters (2AR) 2:00 Zion Fellowship Church (R) 3:15 White Board Game Social (1B) 6:00 Musical Concert (DVD's) (1P)	9:30 Go4Life® Walking Club (1L) <b>4</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 News Currents Sr. (2AR) 2:00 Culinary Club (2AR) 3:00 Lucky Duck for Quarters Social (1B) 4:00 Before Dinner Inside Walking Club (1L) 6:30 Evening Game Shows (1P)	9:15 <b>Feed My Starving Children (1L)</b> <b>5</b> 9:30 Go4Life® Walking Club (1L) 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Arm Chair Travel (1L) 1:30 Heavenly Bread w/Sue (1B) 2:00 Stretch & Laughter Yoga (1B) 3:15 Wine & Cheese Social (1B) 5:00 <b>Dinner Music w/Greg (1B)</b> 6:00 Bingo for Quarters (1P)	9:30 Go4Life® Walking Club (1L) <b>6</b> 10:00 Daily Chronicles (2AR) 10:15 <b>Friends &amp; Family Exercise Essentials w/Karen (2AR)</b> 11:15 <b>Out to Lunch - Olive Garden (1L)</b> 1:30 Manicures (2CP) 1:30 Creative Hour w/Susan (2AR) 3:15 Snacks & Facts Trivia Social (2CP) 4:00 Before Dinner Walking Club (1L) 6:30 Bingo for Quarters (2CP)	9:30 Go4Life® Walking Club (1L) <b>7</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 <b>Mark Hoffman Performs (2CP)</b> 1:30 Balloon Volleyball (2CP) 1:30 Let's Pray the Rosary (R) 3:15 Jeopardy Social (2CP) 6:00 <b>Family Informational (1P)</b>	9:30 Go4Life® Walking Club (1L) <b>8</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Documentaries w/Sue (2AR) 1:30 Manicures (2CP) 2:45 "Thanksgiving" Block Party (2CP) 3:15 Wine & Cheese Social (1B) 4:30 Before Dinner Inside Walking Club (1L) 6:30 Hallmark Movie in Parlor (1P)	9:30 Go4Life® Walking Club (1L) <b>9</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Catholic Communion (2AR) 1:00 Dice Game (2CP) 2:00 Bingo for Quarters (2AR) 3:15 Fun Games w/Rueben (1B) 6:30 Saturday Night Movies (2AR)
9:30 Go4Life® Walking Club (1L) <b>10</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 1:30 Bingo for Quarters (2AR) 2:00 Zion Fellowship Church (R) 3:15 White Board Game Social (1B) 6:00 Musical Concert (DVD's) (1P)	<b>Veteran's Day 11</b> 9:30 Go4Life® Walking Club (1L) 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Jazz Documentary (2AR) 12:00 <b>Special Veteran's Day Pinning &amp; Cake (1DR)</b> 2:00 Culinary Club (2AR) 3:00 Lucky Duck for Quarters Social (1B) 4:00 Before Dinner Inside Walking Club (1L) 6:30 Evening Game Shows (1P)	9:30 Go4Life® Walking Club (1L) <b>12</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 <b>Davey D Performs (2AR)</b> 1:30 An Afternoon at the Movies (2AR) 4:00 Stevenson High School Key Club (2CP) 6:00 Bingo for Quarters (1P)	9:30 Go4Life® Walking Club (1L) <b>13</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 <b>Tamar Performs on Piano (R)</b> 1:30 Manicures (2CP) 1:30 Creative Hour w/Susan (2AR) 3:15 Snacks & Facts Trivia Social (2CP) 4:00 Before Dinner Inside Walking Club (1L) 6:30 Bingo for Quarters (2CP)	9:30 Go4Life® Walking Club (1L) <b>14</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Balloon Volleyball (2CP) 1:30 <b>Steve Justman Performs (2AR)</b> 1:30 Let's Pray the Rosary (R) 2:00 <b>Senior Dance Therapy (R)</b> 2:30 <b>Resident Council Meeting (2AR)</b> 3:15 Jeopardy Social (2CP) 6:00 Wheel of Fortune (2AR)	9:30 Go4Life® Walking Club (1L) <b>15</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Manicures (2AR) 2:00 <b>Chris White Performs (2CP)</b> 3:15 Trinity Students Games (1B) 4:00 Before Dinner Inside Walking Club (1L) 6:30 Hallmark Movie in Parlor (1P)	9:30 Go4Life® Walking Club (1L) <b>16</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Catholic Communion (2AR) 1:00 Peanut Butter Bird Feeders (2AR) 2:00 Bingo for Quarters (2AR) 3:15 Fun Games w/Rueben (1B) 6:30 Saturday Night Movies (2AR)
9:30 Go4Life® Walking Club (1L) <b>17</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 1:30 Bingo for Quarters (2AR) 2:00 Zion Fellowship Church (R) 3:15 White Board Game Social (1B) 6:00 Musical Concert (DVD's) (1P)	9:30 Go4Life® Walking Club (1L) <b>18</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 News Currents Sr. (2AR) 1:30 Culinary Club with Kim (2AR) 3:15 Lucky Duck for Quarters Social (1B) 6:30 Evening Game Shows (1P)	9:30 Go4Life® Walking Club (1L) <b>19</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Arm Chair Travel (1L) 11:15 <b>Out to Lunch - On the Border (1L)</b> 1:30 Heavenly Bread w/Sue (2AR) 2:00 Stretch & Laughter Yoga (2AR) 3:15 Wine & Cheese Social (1B) 5:00 <b>Dinner Music w/Greg (1B)</b> 6:00 Bingo for Quarters (1P)	9:30 Go4Life® Walking Club (1L) <b>20</b> 9:45 <b>Laura Sprague Elementary Students (2CP)</b> 1:30 Manicures (2CP) 1:30 Creative Hour w/Susan (2AR) 3:15 Daily Chronicles Social (2AR) 3:30 Exercise Essentials (2AR) 4:00 Before Dinner Inside Walking Club (1L) 4:15 Snacks & Facts (1B) 6:30 Bingo for Quarters (2CP)	9:30 Go4Life® Walking Club (1L) <b>21</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Balloon Volleyball (2CP) 1:15 Let's Pray the Rosary (R) 2:00 <b>Special Thanksgiving Movie (1P)</b> 4:15 Jeopardy Social (2CP) 6:00 <b>Family Night - Joe Henderson Performs (1DR)</b>	9:30 Go4Life® Walking Club (1L) <b>22</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 <b>Drum Circle (2AR)</b> 1:00 Manicures (2CP) 2:00 <b>Pie Eating Contest - Come Watch! (2AR)</b> 3:15 Trinity Students Games (1B) 4:00 Before Dinner Inside Walking Club (1L) 6:30 Hallmark Movie in Parlor (1P)	9:30 Go4Life® Walking Club (1L) <b>23</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Catholic Communion (2AR) 1:00 Fall Crafts (2CP) 2:00 Bingo for Quarters (2AR) 3:15 <b>Meet Me at MOMA (2AR)</b> 4:15 Saturday Night Social - SingFit (1P) 6:30 Saturday Night Movies (2AR)
9:30 Go4Life® Walking Club (1L) <b>24</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 1:30 Bingo for Quarters (2AR) 2:00 Zion Fellowship Church (R) 3:15 White Board Game Social (1B) 6:00 Musical Concert (DVD's) (1P)	9:30 Go4Life® Walking Club (1L) <b>25</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 News Currents Sr. (2AR) 1:15 <b>Vernon Township Christmas Performance</b> 3:00 Lucky Duck for Quarters Social (1B) 4:00 Before Dinner Inside Walking Club (1L) 6:30 Evening Game Shows (1P)	9:30 Go4Life® Walking Club (1L) <b>26</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 <b>Shopping Trip (1L)</b> 1:30 Heavenly Bread w/Sue (2AR) 2:00 Stretch & Laughter Yoga (2AR) 3:30 <b>Rabbi Nancy's Discussion (R)</b> 4:00 Stevenson High School Key Club (2CP) 6:00 Bingo for Quarters (1P)	9:30 Go4Life® Walking Club (1L) <b>27</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Bible Study w/Karen (2AR) 11:00 <b>Out to Lunch - Garden Berry Cafe (1L)</b> 1:30 Manicures (2CP) 1:30 Creative Hour w/Susan (2AR) 4:00 Before Dinner Inside Walking Club (1L) 4:15 Snacks & Facts Trivia Social (2CP) 6:30 Bingo for Quarters (2CP)	<b>Thanksgiving Day 28</b> 9:30 Go4Life® Walking Club (1L) 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Balloon Volleyball (2CP) 1:30 An Afternoon Movie (2AR) 1:30 Let's Pray the Rosary (R) 4:15 Jeopardy Social (2CP) 5:00 <b>Thanksgiving Dinner (1DR)</b> 6:30 "It's A Wonderful Life" Movie (1P)	9:30 Go4Life® Walking Club (1L) <b>29</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Documentaries w/Sue (2AR) 1:30 Manicures (2CP) 3:15 Trinity Students Games (1B) 4:00 Before Dinner Inside Walking Club (1L) 6:30 Hallmark Movie in Parlor (1P)	9:30 Go4Life® Walking Club (1L) <b>30</b> 10:00 Daily Chronicles (2AR) 10:15 Exercise Essentials (2AR) 10:45 Catholic Communion (2AR) 1:00 Dice Game (2CP) 2:00 Bingo for Quarters (2AR) 3:15 <b>Meet Me at MOMA (2AR)</b> 4:15 Saturday Night Social - SingFit 6:30 Saturday Night Movies (2AR)

**NOVEMBER 2019**  
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