

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AC Activity Center DR Dining Room L Lobby Lib Library M Mezzanine Outing Outing RT Round Table 1st Floor Hallway		<b>Please let us know if you have any suggestions for Programming and Events. Your input is essential!</b>	<b>Birthdays</b> Gladys C - November 3 Keith A - November 6 Joyce L - November 16 Margie H - November 19 Laura B - November 20 Sharon G - November 21 Norma A - November 28		9:30 Bible Study (Lib) <b>1</b> 10:00 Exercise (M) 10:20 Music Together "Generations" (AC) 1:00 Exercise -Balance & Stretch w/ Marianne from SRJC (AC) 2:00 Arts & Crafts (AC) 3:15 Friday Happy Hour (AC) 3:30 Friday Funnies and Trivia (AC) 5:00 Resident Led Pool Challenge (AC) 5:30 Resident Led Black Jack (RT)	9:30 Word Games (AC) <b>2</b> 10:00 Exercise (AC) 10:30 Trivia Challenge (AC) 1:00 Spanish Discussion Group (Lib) 2:00 Bingo (AC) 3:00 Music Appreciation (AC) 3:30 Volleyball (M) 5:15 Special Family Dinner (DR) 5:30 Resident Led Black Jack (RT)
9:15 Catholic Communion (Lib) <b>3</b> 10:00 Exercise (AC) 10:30 News & Donuts (AC) 12:30 Exploring Philosophy (AC) 1:30 Accordion w/Mike (AC) 1:45 Scenic Drive (Outing) 2:30 Bingo (AC) 3:30 Volleyball (M) 5:30 Resident Led Black Jack (RT)	9:00 Shopping Safeway & CVS (Outing) <b>4</b> 10:00 Exercise (AC) 10:30 Exploring the World (AC) 1:00 Exercise -Balance & Stretch w/ Marianne from SRJC (AC) 2:00 Word Games (AC) 2:30 Art Appreciation & Creation (AC) 3:30 Trivia (AC) 4:00 Classical Music Appreciation (AC) 5:00 Resident Led Pool Challenge (AC) 5:30 Resident Led Black Jack (RT)	9:30 Rosary (Lib) <b>5</b> 9:30 Tech Training Tuesday 10:00 Exercise (AC) 10:30 Mind Your Memory (AC) 1:00 Spanish Conversation Group (Lib) 2:00 Bingo (AC) 3:00 Happy Hour, Music and Dancing (AC) 3:30 Your Scientific World 5:00 Resident Led Scrabble (L)	10:00 Exercise (AC) <b>6</b> 10:15 Scenic Drive (Outing) 10:30 Music Appreciation w/Mae (AC) 12:00 Out to the Movies (Outing) 1:00 Exercise- Balance & Stretch w/ Marianne from SRJC (AC) 2:00 Your Life Stories (AC) 2:30 Bingo (AC) 3:30 Volleyball (M) 5:00 Resident Led Pool Challenge (AC)	9:45 Exercise (AC) <b>7</b> 10:15 History Lecture w/Steve (AC) 1:00 Spiritual Discussion (Lib) 2:00 Activity Programming Meeting for Everyone (AC) 2:30 Menu Planning Meeting 3:00 Wine Tasting and Appetizers (AC) 3:30 Sing Along to Piano w/ Susana (AC) 5:30 Resident Led Ping Pong Challenge (M)	<b>Kaiser Flu Clinic 10-12</b> <b>8</b> 9:30 Bible Study (Lib) 10:00 Exercise (M) 10:20 Music Together "Generations" (AC) 1:00 Exercise -Balance & Stretch w/ Marianne from SRJC (AC) 2:00 Ukulele Deb (AC) 3:15 Friday Happy Hour (AC) 3:30 Friday Funnies and Trivia (AC) 5:00 Resident Led Pool Challenge (AC) 5:30 Resident Led Black Jack (RT)	9:30 Word Games (AC) <b>9</b> 10:00 Exercise (AC) 10:30 Trivia Challenge (AC) 1:00 Spanish Discussion Group (Lib) 2:00 Bingo (AC) 3:00 Music Appreciation (AC) 3:30 Volleyball (M) 5:15 Special Family Dinner (DR) 5:30 Resident Led Black Jack (RT)
9:15 Catholic Communion (Lib) <b>10</b> 10:00 Exercise (AC) 10:30 News & Donuts (AC) 1:00 Bingo (AC) 1:45 Scenic Drive (Outing) 2:00 Exploring Philosophy (AC) 3:00 Trivia (AC) 3:30 Volleyball (M) 5:30 Resident Led Black Jack (RT)	<b>Veterans Day</b> <b>11</b> 9:00 Shopping Safeway & CVS (Outing) 10:00 Exercise (AC) 10:30 Exploring the World (AC) 2:00 Veterans Day - Celebrating the Life Stories of Veterans (L) 2:30 Heavy Appetizers, Cocktails & guitar with Mke (L) 3:00 Patriotic Musical performance with Piano and Sax (L) 4:30 Veterans Day Prime Rib Dinner, Residents without Guests (AC) 5:15 Veterans Day Prime Rib Dinner, Residents with Guests (DR) 5:30 Resident Led Black Jack (RT)	9:30 Rosary (Lib) <b>12</b> 9:30 Tech Training Tuesday 10:00 Exercise (AC) 10:30 Current Events Discussion (AC) 1:00 Spanish Conversation Group (Lib) 2:00 Bingo and Happy Hour (AC) 3:00 Your Scientific World (AC) 3:30 Guitar and Flute w/ Linda Lou and Michael (AC) 5:00 Resident Led Scrabble (L)	10:00 Exercise (AC) <b>13</b> 10:15 Scenic Drive (Outing) 10:30 Music Appreciation w/Mae (AC) 12:30 Trader Joes & Thrift Store Shopping (Outing) 1:00 Exercise- Balance & Stretch w/ Marianne from SRJC (AC) 2:00 Guitar w/Christopher (AC) 3:00 Your Life Stories (AC) 4:00 Trivia (AC) 5:00 Resident Led Pool Challenge (AC)	9:45 Exercise (AC) <b>14</b> 10:15 History Lecture w/Steve (AC) 1:00 Spiritual Discussion (Lib) 2:00 Activity Programming Meeting for Everyone (AC) 2:00 Menu Planning Meeting (AC) 2:30 Resident Open Forum (AC) 3:00 Wine Tasting and Appetizers (AC) 5:30 Paws Dog visit w/ Sophie (L) 5:30 Resident Led Ping Pong Challenge (M)	9:30 Bible Study (Lib) <b>15</b> 10:00 Exercise (M) 10:20 Music Together "Generations" (AC) 1:00 Exercise -Balance & Stretch w/ Marianne from SRJC (AC) 2:00 Arts & Crafts (AC) 3:15 Friday Happy Hour (AC) 3:30 Friday Funnies and Trivia (AC) 5:00 Resident Led Pool Challenge (AC) 5:30 Resident Led Black Jack (RT)	9:30 Word Games (AC) <b>16</b> 10:00 Exercise (AC) 10:30 Trivia Challenge (AC) 1:00 Spanish Discussion Group (Lib) 2:00 Bingo (AC) 3:00 New Resident Welcome Party and Happy Hour (AC) 3:00 Music Appreciation (AC) 3:30 Saxophone with Ken (AC) 5:15 Special Family Dinner (DR) 5:30 Resident Led Black Jack (RT)
9:15 Catholic Communion (Lib) <b>17</b> 10:00 Exercise (AC) 10:30 News & Donuts (AC) 12:30 Exploring Philosophy (AC) 1:30 Accordion w/Mike (AC) 1:45 Scenic Drive (Outing) 2:30 Bingo (AC) 3:30 Volleyball (M) 5:30 Resident Led Black Jack (RT)	9:00 Shopping Safeway & CVS (Outing) <b>18</b> 10:00 Exercise (AC) 10:30 Exploring the World (AC) 1:00 Exercise -Balance & Stretch w/ Marianne from SRJC (AC) 2:00 Word Games (AC) 2:30 Art Appreciation & Creation (AC) 3:30 Trivia (AC) 4:00 Classical Music Appreciation (AC) 5:00 Resident Led Pool Challenge (AC) 5:30 Resident Led Black Jack (RT)	9:30 Rosary (Lib) <b>19</b> 9:30 Tech Training Tuesday 10:00 Exercise (AC) 10:30 Current Events Discussion (AC) 1:00 Spanish Conversation Group (Lib) 2:00 Bingo (AC) 3:00 Happy Hour, Music and Dancing (AC) 3:30 Your Scientific World 5:00 Resident Led Scrabble (L)	10:00 Exercise (AC) <b>20</b> 10:30 Music Appreciation w/Mae (AC) 11:00 In & Out for Burgers (Outing) 1:00 Exercise- Balance & Stretch w/ Marianne from SRJC (AC) 2:00 Your Life Stories (AC) 2:15 Scenic Drive (Outing) 2:30 Bingo (AC) 3:30 Volleyball (M) 5:00 Resident Led Pool Challenge (AC)	9:45 Exercise (AC) <b>21</b> 10:15 History Lecture w/Steve (AC) 1:00 Spiritual Discussion (Lib) 2:00 Activity Programming Meeting for Everyone (AC) 2:30 Menu Planning Meeting 3:00 Wine Tasting and Appetizers (AC) 3:30 Casino Games (AC) 5:30 Resident Led Ping Pong Challenge (M)	9:30 Bible Study (Lib) <b>22</b> 10:00 Exercise (AC) 10:30 Art Appreciation and Creation (AC) 1:00 Exercise -Balance & Stretch w/ Marianne from SRJC (AC) 2:00 Ukulele Deb (AC) 3:15 Friday Happy Hour (AC) 3:30 Friday Funnies and Trivia (AC) 5:00 Resident Led Pool Challenge (AC) 5:30 Resident Led Black Jack (RT)	<b>Thanksgiving Buffet</b> <b>23</b> 9:30 Word Games (AC) 10:00 Exercise (AC) 10:30 Piano & Violin with Mae and Lisa (L) 11:30 Thanksgiving Buffet, Residents without Guests (DR) 12:15 Thanksgiving Buffet, Residents with Guests (DR) 1:00 Spanish Discussion Group (Lib) 2:00 Bingo (AC) 3:00 Music Appreciation (AC) 3:30 Volleyball (M) 5:15 Special Family Dinner (DR) 5:30 Resident Led Black Jack (RT)
9:15 Catholic Communion (Lib) <b>24</b> 10:00 Exercise (AC) 10:30 News & Donuts (AC) 1:00 Bingo (AC) 1:45 Scenic Drive (Outing) 2:00 Exploring Philosophy (AC) 3:00 Trivia (AC) 3:30 Volleyball (M) 5:30 Resident Led Black Jack (RT)	9:00 Special Shopping Outing (Outing) <b>25</b> 10:00 Exercise (AC) 10:30 Exploring the World (AC) 1:00 Exercise -Balance & Stretch w/ Marianne from SRJC (AC) 2:00 Word Games (AC) 2:30 Art Appreciation & Creation (AC) 3:30 Piano w/Gary (AC) 4:00 Resident Ambassador Meeting - existing and prospective are welcome (Lib) 5:00 Resident Led Pool Challenge (AC) 5:30 Resident Led Black Jack (RT)	9:30 Rosary (Lib) <b>26</b> 9:30 Tech Training Tuesday 10:00 Exercise (AC) 10:00 "Go 4 Life" Fitness Challenge Monthly (AC) 10:30 Current Events Discussion (AC) 1:00 Spanish Conversation Group (Lib) 2:00 Bingo (AC) 3:00 Happy Hour, Music and Dancing (AC) 3:30 Your Scientific World 5:00 Resident Led Scrabble (L)	10:00 Exercise (AC) <b>27</b> 10:15 Scenic Drive (Outing) 10:30 Music Appreciation w/Mae (AC) 1:00 Exercise- Balance & Stretch w/ Marianne from SRJC (M) 2:00 Guitar w/Christopher (L) 3:00 Jam Nation (M) 4:00 Trivia (L) 5:00 Resident Led Pool Challenge (AC)	<b>Thanksgiving</b> <b>28</b> 9:00 Piano with Iris (L) 10:00 Exercise (M) 10:00 Thanksgiving Day Parade (AC) 10:30 Sing Along (L) 10:30 Football (M) 11:30 Thanksgiving Meal (DR) 2:00 Meaningful Stories (Lib) 3:00 Afternoon Matinee (AC) 5:30 Resident Led Ping Pong Challenge (M)	9:30 Bible Study (Lib) <b>29</b> 10:00 Exercise (AC) 10:30 Art Appreciation and Creation (AC) 1:00 Exercise -Balance & Stretch w/ Marianne from SRJC (AC) 2:00 Bingo (AC) 3:15 Friday Happy Hour (AC) 3:30 Friday Funnies and Trivia (AC) 5:00 Resident Led Pool Challenge (AC) 5:30 Resident Led Black Jack (RT)	9:30 Word Games (AC) <b>30</b> 10:00 Exercise (AC) 10:30 Trivia Challenge (AC) 1:00 Spanish Discussion Group (Lib) 2:00 Bingo (AC) 3:00 Music Appreciation (AC) 3:30 Volleyball (M) 5:15 Special Family Dinner (DR) 5:30 Resident Led Black Jack (RT)

**NOVEMBER 2019**  
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**LIVE WITH PURPOSE**

