

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ACT Activities Room DR Dining Room LB Lobby					10:00 Exercise Essentials (LB) <b>1</b> 11:00 The Wisdom Circle w/ Rabbi Moshe Wolvovsky (LB) 12:00 NewsCurrents Sr. 2:15 <b>House Social: Jeff Bryer</b> (LB) 4:15 Go4Life Walking Club 7:00 Depart Temple Beth El 7:30 Movie Night (Bistro)	10:15 Scenic Drive <b>2</b> 10:30 Exercise Essentials (LB) 12:00 Trivia (LB) 2:30 B I N G O 4:15 Go4Life Walking Club 4:15 <b>Crochet &amp; Knitting</b> (ACT) 7:30 Movie Night (Bistro)
<b>Daylight Savings Day Ends</b> <b>3</b> 10:00 Depart: Saint Jude Church Mass 11:00 Exercise Essentials 12:00 Word Game (LB) 2:30 <b>House Social: Heart &amp; Soul</b> (LB) 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>Resident Council Meeting</b> <b>4</b> 10:00 Exercise Essentials (LB) 10:30 Catholic Mass w/ Father Richard (ACT) 10:45 <b>The World in Review with Ira Plitt</b> (LB) 12:00 Word Games (LB) 2:30 <b>Resident Council Meeting (LB)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>Election Day</b> <b>5</b> 10:00 Exercise Essentials (LB) 10:45 <b>Wii Bowling (LB)</b> 12:00 (New) Trivia (LB) 2:30 B I N G O 2:30 <b>Evening Movie (Bistro)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>Live with Purpose Concert</b> <b>6</b> 9:00 Shopping Time 10:00 Exercise Essentials (LB) 10:45 Live with Reflection Meditation 11:00 <b>Let's Play Domino's (LB)</b> 11:15 Crochet & Knitting Club 2:30 <b>Live with Purpose Concert</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	10:00 Exercise Essentials (LB) <b>7</b> 10:30 <b>Mahjong Club (LB)</b> 10:45 <b>Wire &amp; Wing Beading Class</b> (ACT) 10:45 <b>SingFit (LB)</b> 12:00 Word Games (LB) 2:30 B I N G O 2:30 <b>Evening Movie (Bistro)</b> 4:15 Go4Life Walking Club 7:30 Dr. Roger's Big Band (LB)	10:00 Exercise Essentials (LB) <b>8</b> 11:00 <b>The Wisdom Circle w/ Rabbi Moshe Wolvovsky (LB)</b> 12:00 NewsCurrents Sr. 2:30 <b>House Social: Jerry T (LB)</b> 4:15 Go4Life Walking Club 7:00 Depart Temple Beth El 7:30 Movie Night (Bistro)	<b>Therapy Dog Visit</b> <b>9</b> 10:15 Scenic Drive 10:30 Exercise Essentials (LB) 11:30 <b>Upscale Biz Therapy Dog Visit (LB)</b> 12:00 Trivia (LB) 2:30 B I N G O 4:15 Go4Life Walking Club 4:15 <b>Crochet &amp; Knitting (ACT)</b> 7:30 Movie Night (Bistro)
10:00 Depart: Saint Jude Church Mass <b>10</b> 11:00 Exercise Essentials 12:00 Word Game (LB) 2:30 <b>House Social: Dr. Tzvi (LB)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>Veterans Day</b> <b>11</b> 10:00 Exercise Essentials (LB) 10:45 <b>The World in Review with Ira Plitt (LB)</b> 12:00 Word Games (LB) 2:30 <b>Veterans Day Program (LB)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>Food Forum</b> <b>12</b> 10:00 Exercise Essentials (LB) 10:45 <b>Food Forum (LB)</b> 12:00 (New) Trivia (LB) 2:30 B I N G O 2:30 <b>Evening Movie (Bistro)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>Culinary Demonstration</b> <b>13</b> 9:00 Shopping Time 10:00 Exercise Essentials (LB) 10:45 Live with Reflection Meditation 11:00 <b>Let's Play Domino's (LB)</b> 11:15 Crochet & Knitting Club 12:00 <b>Depart: Movies to view "Judy"</b> (Check board for exact departure time) 2:30 <b>Cooking with Chef Brian (LB)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	10:00 Exercise Essentials (LB) <b>14</b> 10:30 <b>Mahjong Club (LB)</b> 10:45 <b>Art Class with Jutta (ACT)</b> 10:45 <b>SingFit (LB)</b> 12:00 Word Games (LB) 2:30 B I N G O 2:30 <b>Evening Movie (Bistro)</b> 3:45 <b>Comedy Hour with Jerry Sachs (LB)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>New Resident Luncheon</b> <b>15</b> 10:00 Exercise Essentials (LB) 11:00 <b>The Wisdom Circle w/ Rabbi Moshe Wolvovsky (LB)</b> 12:00 New Resident Luncheon (PDR) 12:00 NewsCurrents Sr. 2:30 <b>House Social: Gene Fabian (LB)</b> 3:00 <b>National Sundaes Day</b> 4:15 Go4Life Walking Club 7:00 Depart Temple Beth El 7:30 Movie Night (Bistro)	10:15 Scenic Drive <b>16</b> 10:30 Exercise Essentials (LB) 12:00 Trivia (LB) 2:30 B I N G O 4:15 Go4Life Walking Club 4:15 <b>Crochet &amp; Knitting</b> (ACT) 7:30 Movie Night (Bistro)
10:00 Depart: Saint Jude Church Mass <b>17</b> 11:00 Exercise Essentials 12:00 Word Game (LB) 2:30 <b>House Social: Myron Samuel (The Music Man) (LB)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>Lunch Outing</b> <b>18</b> 10:00 Exercise Essentials (LB) 10:45 <b>The World in Review with Ira Plitt (LB)</b> 11:30 <b>Lunch Outing: The Cheesecake Factory</b> 12:00 Word Games (LB) 2:30 <b>House Social</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	10:00 Exercise Essentials (LB) <b>19</b> 10:45 <b>(NEW) Tech Support: Cellphones &amp; Tablets (ACT)</b> 10:45 <b>Wii Bowling (LB)</b> 12:00 (New) Trivia (LB) 2:30 B I N G O 2:30 <b>Evening Movie (Bistro)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>20</b> 9:00 Shopping Time 10:00 Exercise Essentials (LB) 10:45 Live with Reflection Meditation 11:00 <b>Let's Play Domino's (LB)</b> 11:15 Crochet & Knitting Club 2:30 <b>House Social</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	10:00 Exercise Essentials (LB) <b>21</b> 10:30 <b>Mahjong Club (LB)</b> 10:45 <b>Wire &amp; Wing Beading Class (ACT)</b> 10:45 <b>SingFit (LB)</b> 12:00 Word Games (LB) 2:30 B I N G O 2:30 <b>Evening Movie (Bistro)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	10:00 Exercise Essentials (LB) <b>22</b> 11:00 <b>The Wisdom Circle w/ Rabbi Moshe Wolvovsky (LB)</b> 12:00 NewsCurrents Sr. 2:30 <b>House Social: Beverly Pester (LB)</b> 4:15 Go4Life Walking Club 7:00 Depart Temple Beth El 7:30 Movie Night (Bistro)	10:15 Scenic Drive <b>23</b> 10:30 Exercise Essentials (LB) 12:00 Trivia (LB) 2:30 B I N G O 4:15 Go4Life Walking Club 4:15 <b>Crochet &amp; Knitting</b> (ACT) 7:30 Movie Night (Bistro)
10:00 Depart: Saint Jude Church Mass <b>24</b> 11:00 Exercise Essentials 12:00 Word Game (LB) 2:30 <b>House Social: Carolyn Smylie (LB)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>25</b> 10:00 Exercise Essentials (LB) 10:45 <b>The World in Review with Ira Plitt (LB)</b> 12:00 Word Games (LB) 2:30 <b>House Social</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>Culinary Creations</b> <b>26</b> 10:00 Exercise Essentials (LB) 10:45 <b>Culinary Creations (ACT)</b> 10:45 <b>Wii Bowling (LB)</b> 12:00 (New) Trivia (LB) 2:30 B I N G O 2:30 <b>Evening Movie (Bistro)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>Birthday Celebration</b> <b>27</b> 9:00 Shopping Time 10:00 Exercise Essentials (LB) 10:45 Live with Reflection Meditation 11:00 <b>Let's Play Domino's (LB)</b> 11:15 Crochet & Knitting Club 2:30 <b>Birthday Bash with Jaycee (LB)</b> 2:30 House Social 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	<b>Happy Thanksgiving!</b> <b>28</b> 10:00 Exercise Essentials (LB) 10:30 <b>Mahjong Club (LB)</b> 10:45 <b>Art Class with Jutta (ACT)</b> 10:45 <b>SingFit (LB)</b> 12:00 Word Games (LB) 2:30 B I N G O 2:30 <b>Evening Movie (Bistro)</b> 4:15 Go4Life Walking Club 7:30 Movie Night (Bistro)	10:00 Exercise Essentials (LB) <b>29</b> 11:00 <b>The Wisdom Circle w/ Rabbi Moshe Wolvovsky (LB)</b> 12:00 NewsCurrents Sr. 2:30 <b>House Social: James Perkoswki (LB)</b> 4:15 Go4Life Walking Club 7:00 Depart Temple Beth El 7:30 Movie Night (Bistro)	10:15 Scenic Drive <b>30</b> 10:30 Exercise Essentials (LB) 12:00 Trivia (LB) 2:30 B I N G O 4:15 Go4Life Walking Club 4:15 <b>Crochet &amp; Knitting</b> (ACT) 7:30 Movie Night (Bistro)

**NOVEMBER 2019**  
**Brighton Gardens Assisted Living**  
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LIVE WITH PURPOSE

