

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1LR First Floor Living Room 2B Second Floor Bistro 2L Second Floor Lobby 2LR Second Floor Living Room 3B Third Floor Bistro 3L Third Floor Lobby 3LR Third Floor Living Room BDR Buckingham Dining LA IL Activity Center					10:00 Flex & Stretch (1LR) 1 11:00 Gardening Club with Jeanine (1LR) 1:30 Bingo (1LR) 3:00 Mix & Mingle with Steve Hom and Karla Chisholm (1LR) 4:15 Brain Fitness (1LR) 5:00 Shabbat Dinner (1LA)	All Souls' Day 2 10:00 Exercise Class (1LR) 10:45 Shabbat Services (3LR) 11:00 Trivia Time 11:30 Table Flowers (2B) 1:30 Bingo (1LR) 3:15 Activity Social (1LR) 6:30 BBC Mystery (1LR)
Daylight Saving Time Ends 3	10:00 Mass with Our Lady of Grace (1LR) 4 10:45 Flex and Stretch (1LR) 11:15 Current Events (1LR) 1:30 Art History (1LR) 3:00 Spanish with Erik (1LR) 4:15 Brain Fitness (1LR) 4:45 Afternoon Stretch (1LR) 6:00 Evening Program with Jeanine	10:30 Flex & Stretch (1LR) 5 11:00 Validation (2B) 11:00 French with Jeanine (1LR) 11:30 Jewish Dose of Happiness (3LR) 1:30 Cookie Baking & Reminsicing (1LR) 3:00 Bingo Social (1LR) 4:15 Science Club (1LR) 4:45 Afternoon Stretch (1LR) 6:00 Tuesday Evening with Theresa	10:30 Flex & Stretch (1LR) 6 11:00 Prayers, Hymns & Devotions (1LR) 12:00 Lunch Bunch Trip to the IL Dining Room 2:00 Words in a Word (1LR) 3:00 Rosary with Anne (2LR) 3:30 Armchair Travel (1LR)	10:30 Flex & Stretch (1LR) 7 11:00 SingFit® (1LR) 2:00 Nail Salon and a Movie (1LR) 4:15 Brain Fitness (1LR) 4:45 Afternoon Stretch (1LR)	10:30 Resident Council (1LR) 8 11:00 Crafting & Outreach with Randi (2B) 11:15 Trivia (1LR) 1:30 Bingo (1LR) 3:00 Mix & Mingle with Harper Denhard (1LR)	10:00 Exercise Class (1LR) 9 11:00 Trivia Time 11:30 Table Flowers (2B) 1:30 Bingo (1LR) 3:15 Activity Social (1LR) 6:30 BBC Mystery (1LR)
10:00 Exercise Class (1LR) 10 11:00 Hymn Sing (1LR) 3:00 Sunday Social (1LR) 6:30 Sunday Night Mystery: "Murder, She Wrote" (1LR)	Veteran's Day 11 10:30 Flex & Stretch (1LR) 11:00 Words in a Word (1LR) 1:30 Dr. Jenner Presents: General Douglas MacArthur (1LR) 3:00 Veterans day Social (1LR)	10:30 Flex & Stretch (1LR) 12 11:00 Who, What, When, and Where (1LR) 1:30 Cookie Baking & Reminsicing (1LR) 3:00 Bingo Social (1LR) 4:15 Science Club (1LR)	10:30 Flex & Stretch (1LR) 13 11:00 Prayers, Hymns & Devotions (1LR) 11:15 Lunch Bunch Trip to G&M Restaurant 2:00 Words in a Word (1LR) 3:00 Rosary with Anne (2LR) 3:30 Reminiscences (1LR) 6:00 Reminiscing with Theresa (1LR)	10:30 Flex & Stretch (1LR) 14 11:00 Steven Gellman Sings (1LR) 2:00 Spelling Bee 3:15 Balloon Volleyball (1LR) 4:15 Brain Fitness (1LR) 6:00 Daily Chronicles with Theresa (1LR)	10:30 Flex & Stretch (1LR) 15 11:00 Learn Something New With Theresa (1LR) 1:30 Bingo (1LR) 3:00 November in History (1LR) 4:15 Brain Fitness (1LR)	10:00 Exercise Class (1LR) 16 10:45 Shabbat Services (3LR) 11:00 Trivia Time 11:30 Table Flowers (2B) 1:30 Bingo (1LR) 3:15 Activity Social (1LR) 6:30 BBC Mystery (1LR)
10:00 Exercise Class (1LR) 17 11:00 Hymn Sing (1LR) 2:00 "Teen Angel" (1LR) 3:30 Wild Turkey Tale (1LR) 6:30 Sunday Night Mystery: "Murder, She Wrote" (1LR)	10:30 Flex & Stretch (1LR) 18 11:00 Music by Billy Lynch (1LR) 3:00 Spanish with Erik (1LR) 4:15 Brain Fitness (1LR)	10:30 Flex & Stretch (1LR) 19 11:00 Current Events (1LR) 12:00 BIRTHDAY LUNCHEON (BDR) 2:00 Cookie Baking & Reminsicing (1LR) 3:00 Bingo Social (1LR) 4:00 Trip Planning (2B) 4:15 Science Club (1LR)	10:30 Flex & Stretch (1LR) 20 11:00 Prayers, Hymns & Devotions (1LR) 2:00 Shopping at Target 2:00 Puppetry and Songs (1LR) 3:00 Rosary with Anne (2LR) 3:30 Armchair Travel (1LR) 6:00 Reminiscing with Theresa (1LR)	10:30 Flex & Stretch (1LR) 21 11:00 SingFit® (1LR) 11:30 Lunch Trip to Pizza Hut 2:00 Music & Dance with Dale & Garrey (2LR) 3:15 Nail Salon and a Movie (1LR) 6:00 Daily Chronicles with Theresa (1LR)	10:30 Flex & Stretch (1LR) 22 11:00 Gardening Club with Jeanine (1LR) 1:30 Brain Fitness (1LR) 2:30 Mix & Mingle with Nancy Abramson (1LR) 3:45 Bingo (1LR)	10:00 Exercise Class (1LR) 23 11:00 Trivia Time 11:30 Table Flowers (2B) 1:30 Bingo (1LR) 3:15 Activity Social (1LR) 6:30 BBC Mystery (1LR)
10:00 Exercise Class (1LR) 24 11:00 Hymn Sing (1LR) 1:30 Learn about Heddy Lamar 3:00 Sunday Social (1LR) 6:30 Sunday Night Mystery: "Murder, She Wrote" (1LR)	10:30 Flex & Stretch (1LR) 25 11:00 Words in a Word (1LR) 1:30 Art History (1LR) 3:00 Spanish with Erik (1LR) 4:15 Brain Fitness (1LR) 6:30 Bingo with Bill & Rosemary	10:30 Flex & Stretch (1LR) 26 11:00 Current Events (1LR) 1:30 Cookie Baking & Reminsicing (1LR) 3:00 Bingo Social (1LR) 4:15 Science Club (1LR)	10:30 Flex & Stretch (1LR) 27 11:00 Prayers, Hymns & Devotions (1LR) 11:30 Lunch Bunch Trip to Hunan Delight 2:00 Puppetry and Songs (1LR) 3:00 Rosary with Anne (2LR) 3:30 Armchair Travel (1LR) 6:00 Reminiscing with Theresa (1LR)	THANKSGIVING DAY 28 10:30 Flex & Stretch (1LR) 11:00 SingFit® (1LR) 1:30 Learn Something New... (1LR) 3:15 Fun with Brenda (1LR) 6:30 "Miracle on 34th Street" (1LR)	10:30 Flex & Stretch (1LR) 29 11:00 Gardening Club with Jeanine (1LR) 1:30 Bingo (1LR) 3:00 Mix & Mingle with Charles Sullivan (1LR) 4:15 Brain Fitness (1LR)	10:00 Exercise Class (1LR) 30 11:00 Trivia Time 11:30 Table Flowers (2B) 1:30 Bingo (1LR) 3:15 Activity Social (1LR) 6:30 BBC Mystery (1LR)

NOVEMBER 2019
Skilled Nursing
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LIVE WITH PURPOSE



BEDFORD COURT
 MONOGRAM COLLECTION BY SUNRISE