

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
63 Channel 63 ACT Activities Room ADD Addison Wing (Apt 495) AUD Auditorium BAR Bar Area CR Cardroom DR Dining Room FR Front of Building LOB Lobby POL Pool SR Sunroom					9:00 Bank Run & Dunkin Donuts (FR) 9:30 Exercise Essentials (AUD) 10:30 Errands (FR) 11:30 Errands (FR) 12:30 Wisdom Circle with Rabbi Moshe Wolvovsky (AUD) 2:00 Bank Run (FR) 2:45 Live Entertainment: Edie Dicaro (AUD) 2:45 Happy Hour (AUD) 5:45 Transportation to Temple Beth El 7:30 Movie Night (63) 7:30 Shabbat Services (AUD)	9:00 Exercise Essentials (AUD) 2 10:00 The Stratford Court Swing Band (AUD) 11:00 Trivia (ACT) 1:00 Saturday Shopping: Steinmart & Bed, Bath & Beyond (FR) 1:30 BINGO (AUD) 3:00 Word Games (AUD) 7:30 Live Entertainment: Manny Silver, Singer (AUD) 7:30 Movie Night (63)
10:00 Transportation to Church 3 1:00 Poker 1:30 Current Events with Art Brownstein (AUD) 1:30 Shopping: Target, Michael's, Ross 3:00 Afternoon Movie (63) 3:15 BINGO (AUD) 4:45 Dinner Outing: Ruby Tuesday's 7:30 Movie Night (63)	<b>4 National Sandwich Day</b> 9:00 Bank Run & Dunkin Donuts (FR) 9:30 Exercise Essentials (AUD) 10:30 Errands (FR) 11:30 Errands (FR) 12:00 Sandwich Day (SR) 12:00 NEW Wii Bowling (ADD) 1:00 Hangman (ACT) 1:00 Poker 2:00 Stratford U: Opera "La Boheme" (AUD) 2:00 Library Trip (FR) 2:00 Shopping at Howard's (FR) 7:30 Speaker: Art Brownstein (AUD) 7:30 Movie Night (63)	<b>5 Election Day</b> 9:30 Exercise Essentials (AUD) 10:00 Depart Edgewater for Voting 10:30 Painting Class (ACT) 11:00 Depart Edgewater for Voting 1:00 Chair Yoga & Meditation (AUD) 1:00 Poker 2:00 NEW Word Games (ADD) 3:00 Blackjack--Sign up required (AUD) 7:30 BINGO (AUD) 7:30 Movie Night (63)	9:30 Exercise Essentials (AUD) 6 10:15 Meditation (AUD) 1:00 NEW Wire & Bead Class (ADD) 2:30 Word Games (ACT) 3:00 National Diabetes Month with Allegiance (AUD) 7:00 Poker (CR) 7:30 Movie Night (63) 7:30 The Great Courses (AUD)	9:30 Exercise Essentials (AUD) 7 10:00 Barbara & Mel Watches (SR) 10:15 Current Events (AUD) 11:00 Blood Pressure Clinic 11:45 Birthday Luncheon (DR) 1:00 NEW Chair Yoga & Meditation (ADD) 3:00 Meet the Doctor...Dr. Guarch "Hypertension" (AUD) 7:30 Live Entertainment: Barbara Evans, Singer (AUD) 7:30 Movie Night (63)	9:00 Bank Run & Dunkin Donuts (FR) 8 9:30 Exercise Essentials (AUD) 10:00 Prestige Jewelry by Ronelle 10:30 Errands (FR) 11:30 Errands (FR) 12:30 Wisdom Circle with Rabbi Moshe Wolvovsky (AUD) 2:00 Bank Run (FR) 2:45 Live Entertainment: Heart & Soul (AUD) 2:45 Happy Hour (AUD) 7:00 Transportation to Temple Beth El 7:30 Movie Night (63) 7:30 Shabbat Services (AUD)	9:00 Exercise Essentials (AUD) 9 10:00 The Stratford Court Swing Band (AUD) 11:00 Trivia (ACT) 1:00 Shopping: Town Center Mall 1:30 BINGO (AUD) 3:00 Word Games (AUD) 7:30 Live Entertainment: Barbara Ellen, Singer (AUD) 7:30 Movie Night (63)
10:00 Watches & Jewelry Repair by Terry 10 10:00 Transportation to Church 1:00 Poker 1:30 Shopping: Kohl's 2:00 Live Entertainment: Alfonso (LOB) 3:00 Afternoon Movie (63) 3:15 BINGO (AUD) 4:45 Dinner Outing: Bird Nest Tree (Chinese) 7:30 Movie Night (63)	<b>11 Veterans Day</b> 9:00 Bank Run & Dunkin Donuts (FR) 9:30 Exercise Essentials (AUD) 10:30 Errands (FR) 10:30 Stratford U: Book Club (ACT) 11:30 Errands (FR) 12:00 NEW Wii Bowling (ADD) 1:00 Poker 1:30 Veterans Day Program (AUD) 2:00 Library Trip (FR) 2:00 Shopping at Howard's (FR) 3:00 Stratford U: 50 Years of Great Entertainment 1930-80 with Mort (AUD) 7:30 Speaker: Liz Reynolds (AUD) 7:30 Movie Night (63)	<b>12 BBQ on the Patio</b> 9:30 Exercise Essentials (AUD) 10:30 Painting Class (ACT) 11:15 Book Mobile (ADD) 12:00 BBQ on the Patio 1:00 Chair Yoga & Meditation (AUD) 1:00 Poker 2:00 NEW Word Games (ADD) 3:00 Blackjack--Sign up required (AUD) 7:30 BINGO (AUD) 7:30 Movie Night (63)	9:30 Exercise Essentials (AUD) 13 11:30 Men's Club Luncheon with Speaker (AUD) 12:00 Depart: Movies to view "Judy" (Check board for exact departure time) 12:15 Ladies Welcome for Men's Club Speaker (AUD) 1:00 NEW Wire & Bead Class (ADD) 1:30 Food Forum (AUD) 2:30 Word Games (ACT) 7:00 Stratford U: Trivia Night with Sandi (ACT) 7:00 Poker (CR) 7:30 Movie Night (63)	9:30 Exercise Essentials (AUD) 14 10:15 Current Events (AUD) 11:00 Blood Pressure Clinic 1:00 NEW Chair Yoga & Meditation (ADD) 2:00 Book Review with Ronelle Delmont (AUD) 3:00 Word Games (ACT) 7:00 Coin & Stamp Club (AUD) 7:30 Karaoke with Kelly (BAR) 7:30 Movie Night (63)	9:00 Bank Run & Dunkin Donuts (FR) 15 9:30 Exercise Essentials (AUD) 10:30 Errands (FR) 11:30 Errands (FR) 12:30 Wisdom Circle with Rabbi Moshe Wolvovsky (AUD) 2:00 Bank Run (FR) 2:45 Live Music: Beverly Pester (AUD) 2:45 Happy Hour (AUD) 7:00 Transportation to Temple Beth El 7:30 Movie Night (63) 7:30 Shabbat Services (AUD)	9:00 Exercise Essentials (AUD) 16 10:00 The Stratford Court Swing Band (AUD) 11:00 Trivia (ACT) 1:00 Shopping: Bealls 1:30 BINGO (AUD) 3:00 Word Games (AUD) 7:30 Live Entertainment: David Meulemans, Singer (AUD) 7:30 Movie Night (63)
10:00 Karen's Boutique 17 10:00 Transportation to Church 12:45 Youth Performance by Ms. Jodi's Play to Dance (AUD) 1:00 Poker 1:30 Shopping: Town Center Mall 1:30 Current Events with Art Brownstein (AUD) 3:00 Afternoon Movie (63) 3:15 BINGO (AUD) 4:45 Dinner Outing: Bone Fish Grill 7:30 Movie Night (63)	9:00 Bank Run & Dunkin Donuts (FR) 18 9:30 Exercise Essentials (AUD) 10:30 Errands (FR) 11:30 Errands (FR) 12:00 Depart: Seminole Coconut Creek Casino (FR) 12:00 NEW Wii Bowling (ADD) 1:00 Hangman (ACT) 1:00 Poker 2:00 Stratford U: Opera "Don Pasquale" (AUD) 2:00 Library Trip (FR) 2:00 Shopping at Howard's (FR) 7:30 Speaker: Ronald Feinman (AUD) 7:30 Movie Night (63)	9:30 Exercise Essentials (AUD) 19 10:30 Painting Class (ACT) 1:00 Mona's 100th Birthday Celebration! (BAR) 1:00 Chair Yoga & Meditation (AUD) 1:00 Poker 2:00 NEW Word Games (ADD) 3:00 Blackjack--Sign up required (AUD) 7:30 BINGO (AUD) 7:30 Movie Night (63)	9:30 Exercise Essentials (AUD) 20 10:15 Meditation (AUD) 11:00 Green Thumb Club (AUD) 1:00 NEW Wire & Bead Class (ADD) 1:30 Stratford U: Meeting for Friendships (BAR) 2:30 Word Games (ACT) 3:00 Stratford U: Let Me Tell About...The Century Club moderated by Maidie Schwartz (AUD) 7:00 Poker (CR) 7:30 Movie Night (63) 7:30 The Great Courses (AUD)	9:30 Exercise Essentials (AUD) 21 10:15 Current Events (AUD) 11:00 Blood Pressure Clinic 1:00 NEW Chair Yoga & Meditation (ADD) 2:00 Manger's Chat (AUD) 3:00 Word Games (ACT) 7:30 Movie Night (63) 7:30 Stratford U: Game Night (DR)	9:00 Bank Run & Dunkin Donuts (FR) 22 9:30 Exercise Essentials (AUD) 10:30 Errands (FR) 11:30 Errands (FR) 12:30 Wisdom Circle with Rabbi Moshe Wolvovsky (AUD) 2:00 Bank Run (FR) 2:45 Live Entertainment: Heart & Soul (AUD) 2:45 Happy Hour (AUD) 7:00 Transportation to Temple Beth El 7:30 Movie Night (63) 7:30 Shabbat Services (AUD)	9:00 Exercise Essentials (AUD) 23 10:00 The Stratford Court Swing Band (AUD) 11:00 Trivia (ACT) 1:00 Shopping: Town Center Mall 1:30 BINGO (AUD) 3:00 Word Games (AUD) 7:30 Live Entertainment: Iris Revson, Singer (AUD) 7:30 Movie Night (63)
10:00 Transportation to Church 24 1:00 Poker 1:30 Shopping: Boca Trader Joe's 3:00 Afternoon Movie (63) 3:15 BINGO (AUD) 4:45 Dinner Outing: Burton's Grill & Bar 7:30 Movie Night (63) 7:30 Burton Fisher's Opera Journey's (AUD)	9:00 Bank Run & Dunkin Donuts (FR) 25 9:30 Depart: Veterans Luncheon at Seminole Coconut Creek Casino 9:30 Exercise Essentials (AUD) 10:30 Errands (FR) 11:00 Book Mobile (ADD) 11:30 Errands (FR) 12:00 NEW Wii Bowling (ADD) 1:00 Hangman (ACT) 1:00 Poker 2:00 Stratford U: Opera "Don Pasquale" (AUD) 2:00 Library Trip (FR) 2:00 Shopping at Howard's (FR) 7:30 Speaker: Harry Getzov (AUD) 7:30 Movie Night (63)	9:30 Exercise Essentials (AUD) 26 10:30 Painting Class (ACT) 1:00 Chair Yoga & Meditation (AUD) 1:00 Poker 1:30 Judy's Brain Train (AUD) 3:00 Blackjack--Sign up required (AUD) 7:30 BINGO (AUD) 7:30 Movie Night (63)	9:30 Exercise Essentials (AUD) 27 10:15 Meditation (AUD) 1:00 NEW Wire & Bead Class (ADD) 2:00 Movie Matinee & Popcorn "The Farewell" (AUD) 7:00 Stratford U: Trivia Night with Sandi (ACT) 7:00 Poker (CR) 7:30 Movie Night (63)	<b>Thanksgiving</b> 28 7:30 -9:30 Breakfast (Dining Room Only) (DR) 9:30 Exercise Essentials (AUD) 10:15 Current Events (AUD) 11:00 Blood Pressure Clinic 1:00 Thanksgiving Feast (DR) 3:00 Word Games (ACT) 4:00 Live Entertainment (AUD) 7:30 Movie Night (63)	9:00 Bank Run & Dunkin Donuts (FR) 29 9:30 Exercise Essentials (AUD) 10:30 Errands (FR) 11:30 Errands (FR) 12:30 Wisdom Circle with Rabbi Moshe Wolvovsky (AUD) 2:00 Bank Run (FR) 2:45 Live Entertainment: Myron Samuels (AUD) 2:45 Happy Hour (AUD) 7:00 Transportation to Temple Beth El 7:30 Movie Night (63) 7:30 Shabbat Services (AUD)	9:00 Exercise Essentials (AUD) 30 10:00 The Stratford Court Swing Band (AUD) 11:00 Trivia (ACT) 1:00 Shopping: Marshall's & Homegoods 1:30 BINGO (AUD) 3:00 Word Games (AUD) 7:30 Live Entertainment: Carolyn Smylie, Singer (AUD) 7:30 Movie Night (63)

**NOVEMBER 2019**  
**Independent Living**

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LIVE WITH PURPOSE



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