

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					10:00 Exercise Essentials 1 10:00 Aromatherapy 10:30 Nurturing the Spirit 11:00 Kitchen Creation w/ Susan 11:30 BINGO 2:00 Sabbath Services 2:30 House Social: Jeff Bryer 3:45 Table Games 6:30 Movie Night	10:00 Exercise Essentials 2 10:00 Aromatherapy 10:30 Nurturing the Spirit 11:00 Ball Toss 11:30 Reading round table 1:30 Trivia Hour 2:30 House Social 6:30 Movie Night
10:00 Exercise Essentials 3 10:00 Aromatherapy 10:30 Inspirational Bible Reading 10:30 Nurturing the Spirit 11:30 Reading round table 1:30 Hymn Singing 2:30 House Social: Heart & Soul 6:30 Movie Night	Resident Council Meeting 4 10:00 Exercise Essentials 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:15 Expressive Art 1:30 Nursery Life Skill Center 2:30 House Social 3:30 Table Games 6:30 Movie Night	Election Day 5 10:00 Exercise Essentials 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Gardening 1:30 SingFit® 2:30 House Social: Making Smoothies 3:00 Table Crafts 4:30 Puzzle Time 6:30 Movie Night	Live with Purpose Concert 6 10:00 Exercise Essentials 10:00 Aromatherapy 10:30 Fun with Word Games 10:30 Touring our Town 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 1:15 Expressive Art (Activities Room) 2:30 Live with purpose concert (Lobby) 3:45 Table Games 6:30 Movie Night		10:00 Exercise Essentials 7 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Inspirational Music w/ Jeff 11:45 Food Quiz/Word Games 1:30 SingFit 2:00 Pamper Spa Hour 3:45 Table Games 4:30 Puzzle Time 6:30 Movie Night 7:30 Dr. Roger's Big Band	10:00 Exercise Essentials 8 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Kitchen Creation w/ Susan 11:30 BINGO 2:00 Sabbath Services 2:30 House Social: Jerry T 3:45 Table Games 6:30 Movie Night
10:00 Exercise Essentials 10 10:00 Aromatherapy 10:30 Inspirational Bible Reading 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:30 Reading round table 1:30 Hymn Singing 2:30 House Social: Dr. Tzvi 6:30 Movie Night	Veterans Day 11 10:00 Exercise Essentials 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:15 Meet me at MoMA 1:30 Nursery Life Skill Center 2:30 Veterans Day Program 3:30 Table Games 6:30 Movie Night	10:00 Exercise Essentials 12 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Gardening 1:30 SingFit® 2:00 Coffee Klatch 2:30 House Social: Making Smoothies 3:00 Table Crafts 4:30 Puzzle Time 6:30 Movie Night	Culinary Demonstration 13 10:00 Exercise Essentials 10:00 Aromatherapy 10:30 Fun with Word Games 10:30 Touring our Town 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 1:15 Expressive Art (Activities Room) 2:30 Cooking with Chef Brian 3:45 Table Games 6:30 Movie Night	10:00 Exercise Essentials 14 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Inspirational Music w/ Jeff 11:45 Food Quiz/Word Games 1:30 SingFit 2:00 Pamper Spa Hour 3:45 Table Games 4:30 Puzzle Time 6:30 Movie Night	10:00 Exercise Essentials 15 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Kitchen Creation w/ Susan 11:30 BINGO 2:00 Sabbath Services 2:30 House Social: Gene Fabian 3:45 Table Games 6:30 Movie Night	10:00 Exercise Essentials 16 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Sorting Lap Basket 11:00 Ball Toss 11:30 Reading round table 1:30 Trivia Hour 2:30 House Social 6:30 Movie Night
10:00 Exercise Essentials 17 10:00 Aromatherapy 10:30 Inspirational Bible Reading 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:30 Reading round table 1:30 Hymn Singing 2:30 House Social: Myron Samuel (The Music Man) 6:30 Movie Night	10:00 Exercise Essentials 18 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:15 Expressive Art 1:30 Nursery Life Skill Center 2:30 House Social 3:30 Table Games 6:30 Movie Night	10:00 Exercise Essentials 19 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Gardening 1:30 SingFit® 2:30 House Social: Making Smoothies 3:00 Table Crafts 4:30 Puzzle Time 6:30 Movie Night	10:00 Exercise Essentials 20 10:00 Aromatherapy 10:30 Fun with Word Games 10:30 Touring our Town 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 12:00 Men's Luncheon 1:15 Expressive Art (Activities Room) 3:45 Table Games 6:30 Movie Night	10:00 Exercise Essentials 21 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Inspirational Music w/ Jeff 11:45 Food Quiz/Word Games 1:30 SingFit 2:00 Pamper Spa Hour 3:45 Table Games 4:30 Puzzle Time 6:30 Movie Night	10:00 Exercise Essentials 22 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Kitchen Creation w/ Susan 11:30 BINGO 2:00 Sabbath Services 2:30 House Social: Beverly Pester 3:45 Table Games 6:30 Movie Night	10:00 Exercise Essentials 23 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Sorting Lap Basket 11:00 Ball Toss 11:30 Reading round table 1:30 Trivia Hour 2:30 House Social 6:30 Movie Night
10:00 Exercise Essentials 24 10:00 Aromatherapy 10:30 Inspirational Bible Reading 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:30 Reading round table 1:30 Hymn Singing 2:30 House Social: Carolyn Smylie 6:30 Movie Night	10:00 Exercise Essentials 25 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:15 Meet me at MoMA 1:30 Nursery Life Skill Center 2:30 House Social 3:30 Table Games 6:30 Movie Night	10:00 Exercise Essentials 26 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Gardening 1:30 SingFit® 2:30 House Social: Making Smoothies 3:00 Table Crafts 4:30 Puzzle Time 6:30 Movie Night	Birthday Celebration 27 10:00 Exercise Essentials 10:00 Aromatherapy 10:30 Fun with Word Games 10:30 Touring our Town 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 1:15 Expressive Art (Activities Room) 2:30 Birthday Bash with Jaycee 3:45 Table Games 6:30 Movie Night	Happy Thanksgiving! 28 10:00 Exercise Essentials 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Inspirational Music w/ Jeff 11:45 Food Quiz/Word Games 1:30 SingFit 2:00 Pamper Spa Hour 3:45 Table Games 4:30 Puzzle Time 6:30 Movie Night	10:00 Exercise Essentials 29 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Kitchen Creation w/ Susan 11:30 BINGO 2:00 Sabbath Services 2:30 House Social: James Perkoswki 3:45 Table Games 6:30 Movie Night	10:00 Exercise Essentials 30 10:00 Aromatherapy 10:30 Go4Life® Walking Club 10:30 Nurturing the Spirit 11:00 Sorting Lap Basket 11:00 Ball Toss 11:30 Reading round table 1:30 Trivia Hour 2:30 House Social 6:30 Movie Night

NOVEMBER 2019
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LIVE WITH PURPOSE

