

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BR Breakfast Room DR Dining Room LI Library LO Lobby LR Living Room O Outing P Porch					9:30 Catholic Mass on TV & Communion (LR) <b>1</b> 10:00 Exercise Essentials-Noodle Workout (LR) 10:45 Crafty Corner (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Bingo (LR) 2:00 Great Courses Series (LR) 3:00 Music Appreciation Social (LR) 6:15 Evening Meditation (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>2</b> 10:00 Exercise Essentials-Band Workout (LR) 11:00 Flower Arranging Club with Jane (LR) 11:30 Word Games (LR) 11:30 NewsCurrents Sr. (LR) 1:00 Go4Life® Walking Club (P) 1:15 Afternoon Matinee (LR) 1:30 Manicures (LI) 3:00 SingFit® Social (LR) 6:15 Color Me Calm (LI)
10:00 Sunday Mass on TV (LR) <b>3</b> 11:00 Exercise Essentials-Hand Workout (LR) 11:30 The Daily Chronicle (LR) 1:00 Chair-gating with Kelley (LR) 2:00 Go4Life® Walking Club (P) 2:30 My 2 Cents Game (LI) 3:00 Trivia Social (LO) 6:30 Puzzle Club (LI) 8:20 Patriots Game (LR)	9:30 Morning Mass on TV (LR) <b>4</b> 10:15 Music with Mara (LR) 11:00 Floor Hockey (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Bingo (LR) 1:45 Trip to Weston Library (O) 2:00 Current Events (LI) 3:00 Brain Games Social (LO) 6:15 Evening Meditation (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>5</b> 10:30 Gifford School Visit 11:00 Art Class with Cindy (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 2:00 Stickers Club (LI) 3:00 Word Game Social (LO) 6:15 Color Me Calm (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>6</b> 10:00 Exercise Essentials-Noodle Workout (LR) 10:30 Trip to Dunkin Donuts (O) 10:45 My 2 Cents Game (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 2:00 Short Stories (LI) 2:30 Healing Movement with Paula (LR) 3:00 Travel Club Social (LR) 6:15 Evening Meditation (LI) 6:30 Evening Relaxation Circle (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>7</b> 10:00 Morning Stretch (LR) 10:45 Tapping with Val (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Puzzle Club (LI) 2:00 Book Club (LI) 3:00 Happy Hour Social (LR) 6:15 Color Me Calm (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>8</b> 10:00 Exercise Essentials-Noodle Workout (LR) 10:45 Crafty Corner (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Trip to Buddy Dog Humane Society (O) 1:30 Bingo (LR) 2:00 Great Courses Series (LR) 3:00 Music Appreciation Social (LR) 6:15 Evening Meditation (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>9</b> 10:00 Exercise Essentials-Band Workout (LR) 11:00 Flower Arranging Club with Jane (LR) 11:30 Word Games (LR) 11:30 NewsCurrents Sr. (LR) 1:00 Go4Life® Walking Club (P) 1:15 Afternoon Matinee (LR) 1:30 Manicures (LI) 3:00 SingFit® Social (LR) 4:00 Relaxation Circle with Aromatherapy (LI) 6:15 Color Me Calm (LI)
10:00 Sunday Mass on TV (LR) <b>10</b> 11:00 Exercise Essentials-Hand Workout (LR) 11:30 The Daily Chronicle (LR) 1:00 Chair-gating with Darley (LR) 2:00 Go4Life® Walking Club (P) 2:30 My 2 Cents Game (LI) 3:00 Trivia Social (LO) 6:30 Puzzle Club (LI)	<b>Veterans Day</b> <b>11</b> 9:30 Morning Mass on TV (LR) 10:00 Creative Movement with CC King (LR) 11:00 Floor Hockey (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Bingo (LR) 1:45 Scenic Ride (O) 2:00 Current Events (LI) 3:00 Brain Games Social (LO) 6:15 Evening Meditation (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>12</b> 10:30 Gifford School Visit 11:00 Art Class with Cindy (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:45 Trip to Walgreen's (O) 2:00 Stickers Club (LI) 3:00 Word Game Social (LO) 6:15 Color Me Calm (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>13</b> 10:00 Exercise Essentials-Noodle Workout (LR) 10:30 Outing to Rivers School Concert (O) 10:45 My 2 Cents Game (LR) 11:00 Trip to Walgreen's (O) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Stickers Club (LI) 2:30 Tai Chi (LR) 3:00 Travel Club Social (LR) 6:15 Evening Meditation (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>14</b> 10:00 Morning Stretch (LR) 10:45 Meet Me At MoMA (BR) 11:00 Dining Out- 99 Restaurant (O) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Puzzle Club (LI) 2:30 Resident Council (LR) 3:00 Happy Hour Social (LR) 6:15 Color Me Calm (LI) 7:00 Game Show Club (LR)	9:30 Catholic Mass on TV & Communion (LR) <b>15</b> 9:30 Morning Mass on TV (LR) 10:00 Exercise Essentials- Noodle Workout (LR) 10:45 Crafty Corner (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Bingo (LR) 2:00 Great Courses Series (LR) 3:00 Music Appreciation Social (LR) 6:15 Evening Meditation (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>16</b> 10:00 Exercise Essentials-Band Workout (LR) 11:00 Flower Arranging Club with Jane (LR) 11:30 Word Games (LR) 11:30 NewsCurrents Sr. (LR) 1:00 Go4Life® Walking Club (P) 1:15 Afternoon Matinee (LR) 1:30 Manicures (LI) 3:00 SingFit® Social (LR) 4:00 Relaxation Circle with Aromatherapy (LI) 6:15 Color Me Calm (LI)
10:00 Sunday Mass on TV (LR) <b>17</b> 11:00 Exercise Essentials-Hand Workout (LR) 11:30 The Daily Chronicle (LR) 1:00 Chair-gating with Darley (LR) 2:00 Go4Life® Walking Club (P) 2:30 My 2 Cents Game (LI) 3:00 Trivia Social (LO) 6:30 Puzzle Club (LI)	9:30 Morning Mass on TV (LR) <b>18</b> 10:15 Music with Mara (LR) 11:00 Floor Hockey (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Bingo (LR) 1:45 Trip to Weston Library (O) 2:00 Current Events (LI) 3:00 Brain Games Social (LO) 6:15 Evening Meditation (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>19</b> 10:30 Gifford School Visit 11:00 Art Class with Cindy (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 2:00 Stickers Club (LI) 3:00 Short Story Discussion Group (LI) 3:00 Word Game Social (LO) 6:15 Color Me Calm (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>20</b> 10:00 Trip to Christmas Tree Shop (O) 10:00 Exercise Essentials- Noodle Workout (LR) 10:45 My 2 Cents Game (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Baking with Colette (BR) 2:30 Tai Chi (LR) 3:00 Travel Club Social (LR) 6:15 Evening Meditation (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>21</b> 10:00 Morning Stretch (LR) 10:30 Visit from Beacon High School (DR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Puzzle Club (LI) 3:00 Happy Hour Social (LR) 6:15 Color Me Calm (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>22</b> 10:00 Exercise Essentials-Noodle Workout (LR) 10:45 Crafty Corner (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:15 Tapping with Val (LR) 1:30 Bingo (LR) 2:00 Great Courses Series (LR) 3:00 Music Appreciation Social (LR) 6:15 Evening Meditation (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>23</b> 10:00 Exercise Essentials-Band Workout (LR) 11:00 Flower Arranging Club with Jane (LR) 11:30 Word Games (LR) 11:30 NewsCurrents Sr. (LR) 1:00 Go4Life® Walking Club (P) 1:15 Afternoon Matinee (LR) 1:30 Manicures (LI) 3:00 SingFit® Social (LR) 4:00 Relaxation Circle with Aromatherapy (LI) 6:15 Color Me Calm (LI)
10:00 Sunday Mass on TV (LR) <b>24</b> 11:00 Exercise Essentials-Hand Workout (LR) 11:30 The Daily Chronicle (LR) 1:00 Chair-gating with Darley (LR) 2:00 Go4Life® Walking Club (P) 2:30 My 2 Cents Game (LI) 3:00 Trivia Social (LO) 6:30 Puzzle Club (LI)	9:30 Morning Mass on TV (LR) <b>25</b> 10:00 Creative Movement with CC King (LR) 11:00 Floor Hockey (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Bingo (LR) 1:45 Trip to Weston Library (O) 2:00 Current Events (LI) 3:00 Brain Games Social (LO) 6:15 Evening Meditation (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>26</b> 10:30 Gifford School Visit 11:00 Art Class with Cindy (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 2:00 Stickers Club (LI) 3:00 Word Game Social (LO) 6:15 Color Me Calm (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>27</b> 10:00 Exercise Essentials-Noodle Workout (LR) 10:45 My 2 Cents Game (LR) 11:00 Trip to Walgreen's (O) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Baking with Colette (BR) 2:30 Healing Movement with Paula (LR) 3:00 Birthday Celebration Social (LR) 6:15 Evening Meditation (LI) 7:00 Game Show Club (LR)	<b>Happy Thanksgiving!</b> <b>28</b> 9:30 Morning Mass on TV (LR) 10:00 Morning Stretch (LR) 10:45 Meet Me At MoMA (BR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Puzzle Club (LI) 3:00 Happy Hour Social (LR) 6:15 Color Me Calm (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>29</b> 10:00 Exercise Essentials-Noodle Workout (LR) 10:45 Crafty Corner (LR) 11:30 The Daily Chronicle (LR) 1:00 Go4Life® Walking Club (P) 1:30 Bingo (LR) 2:00 Great Courses Series (LR) 3:00 Music Appreciation Social (LR) 6:15 Evening Meditation (LI) 7:00 Game Show Club (LR)	9:30 Morning Mass on TV (LR) <b>30</b> 10:00 Exercise Essentials-Band Workout (LR) 11:00 Flower Arranging Club with Jane (LR) 11:30 Word Games (LR) 11:30 NewsCurrents Sr. (LR) 1:00 Go4Life® Walking Club (P) 1:15 Afternoon Matinee (LR) 1:30 Manicures (LI) 3:00 SingFit® Social (LR) 4:00 Relaxation Circle with Aromatherapy (LI) 6:15 Color Me Calm (LI)