

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Room LR Main Living Room R1L Reminiscence 1st Floor Living Room R1R Reminiscence 1st Floor Reflection Room R3L Reminiscence 3rd Floor Living Room R3R Reminiscence 3rd Floor Reflection Room					9:30 News/Daily Chronicle and Coffee 1 10:30 Exercise Essentials- Resident Choice 11:00 Live with Anticipation Club 1:00 SingFit® 2:30 Baking Club 3:00 Musical Social with Join The Band (LR) 4:00 Go4Life Walking Club 6:00 Evening Meditation	9:30 News/Daily Chronicle and Coffee 2 10:00 Christian Prayer Service (R3L) 10:30 Live with Action 11:00 Finishing Lines Trivia 1:00 Letters Home 2:30 Baking Club 3:00 Travel Around the World Social 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs 6:30 Night at the Movies
9:30 News/Daily Chronicle and Coffee 3 10:30 Live with Action 11:00 Catholic Mass-Televised 1:00 Letters Home 2:30 Baking Club 3:00 Word Scramblers Social 4:00 Go4Life Walking Club	9:30 News Currents SR. 4 10:30 Exercise Essentials-Noodles 11:00 Outing: Scenic Bus Ride 1:30 SingFit® 2:00 Rosary and Communion with St. Ladislav Parish 2:30 Baking Club 3:00 Crafting Social 4:00 Go4Life Walking Club 6:00 Evening Meditation	9:30 News/Daily Chronicle and Coffee 5 10:30 Church On The Move (LR) 1:30 Artistic Expression 2:30 Baking Club 3:00 Zumba Social 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs	9:30 News/Daily Chronicle and Coffee 6 10:30 Exercise Essentials-Bands 11:00 Community Service Project 1:30 SingFit® 2:30 Baking Club 3:00 Musical Social with Rick Kalister 4:00 Go4Life Walking Club 6:00 Evening Meditation	9:30 News/Daily Chronicle and Coffee 7 10:15 Keith's Strength, Balance and Flexibility Class 11:00 Music Therapy with Mary (R1L) 1:30 Brain Games- Trivia 2:30 Baking Club 3:00 Prize Bingo Social with Debbie 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs	Happy BDay Judy S! 8 9:30 News/Daily Chronicle and Coffee 10:30 Exercise Essentials- Resident Choice 11:00 Porter Library Book Exchange 11:00 Live with Anticipation Club 1:30 SingFit® 2:00 Veterans Day Program 2:30 Baking Club 3:00 Musical Social with Jim Kelly 4:00 Go4Life Walking Club 6:00 Evening Meditation	9:30 News/Daily Chronicle and Coffee 9 10:30 Live with Action 11:00 Finishing Lines Trivia 1:00 Letters Home 2:30 Baking Club 3:00 Travel Around the World Social 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs 6:30 Night at the Movies
9:30 News/Daily Chronicle and Coffee 10 10:30 Live with Action 11:00 Catholic Mass-Televised 1:00 Letters Home 2:30 Baking Club 3:00 Word Scramblers Social 4:00 Go4Life Walking Club	Veterans Day 11 9:30 News Currents SR. 10:30 Exercise Essentials-Noodles 11:00 Outing: Scenic Bus Ride 1:30 SingFit® 2:00 Rosary and Communion with St. Ladislav Parish 2:30 Baking Club 3:00 Crafting Social 4:00 Go4Life Walking Club 6:00 Evening Meditation	9:30 News/Daily Chronicle and Coffee 12 9:45 Church On The Move (LR) 1:30 Artistic Expression 2:30 Baking Club 3:00 Zumba Social 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs	9:30 News/Daily Chronicle and Coffee 13 10:30 Exercise Essentials 11:00 Community Service Project 1:30 SingFit® 2:30 Baking Club 3:00 Musical Social with Rick Kalister 4:00 Go4Life Walking Club 6:00 Evening Meditation	9:30 News/Daily Chronicle and Coffee 14 10:15 Keith's Strength, Balance and Flexibility Class 11:00 Music Therapy with Mary (R1L) 1:30 Meet Me at Moma 2:30 Baking Club 3:00 Prize Bingo Social with Debbie 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs	9:30 News/Daily Chronicle and Coffee 15 10:30 Exercise Essentials- Resident Choice 11:00 Live with Anticipation Club 1:30 SingFit® 2:30 Baking Club 3:00 Musical Social with Greg Piscura 4:00 Go4Life Walking Club 6:00 Evening Meditation	9:30 News/Daily Chronicle and Coffee 16 10:00 Christian Prayer Service (R3L) 10:30 Live with Action 11:00 Finishing Lines Trivia 1:00 Letters Home 2:30 Baking Club 3:00 Travel Around the World Social 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs 6:30 Night at the Movies
9:30 News/Daily Chronicle and Coffee 17 10:30 Live with Action 11:00 Catholic Mass-Televised 1:00 Letters Home 2:30 Baking Club 3:00 Word Scramblers Social 4:00 Go4Life Walking Club	9:30 News Currents SR. 18 10:30 Exercise Essentials-Noodles 11:00 Outing: Scenic Bus Ride 1:30 SingFit® 2:00 Rosary and Communion with St. Ladislav Parish 2:30 Baking Club 3:00 Westlake Library Presentation 4:00 Go4Life Walking Club 6:00 Evening Meditation	9:30 News/Daily Chronicle and Coffee 19 10:00 Bible Study with Jim (R1L) 10:30 Church On The Move (LR) 1:30 Artistic Expression 2:30 Baking Club 3:00 Zumba Social 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs	9:30 News/Daily Chronicle and Coffee 20 10:30 Exercise Essentials-Bands 11:00 Community Service Project 1:30 SingFit® 2:30 Baking Club 3:00 Musical Social with Rick Kalister 4:00 Go4Life Walking Club 6:00 Evening Meditation	9:30 News/Daily Chronicle and Coffee 21 10:15 Keith's Strength, Balance and Flexibility Class 11:00 Music Therapy with Mary (R1L) 1:30 Brain Games- Trivia 2:30 Baking Club 3:00 Prize Bingo Social with Debbie 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs	9:30 News/Daily Chronicle and Coffee 22 10:30 Exercise Essentials- Resident Choice 11:00 Live with Anticipation Club 1:30 SingFit® 2:30 Baking Club 3:00 Musical Social with John Pearson 4:00 Go4Life Walking Club 6:00 Evening Meditation	9:30 News/Daily Chronicle and Coffee 23 10:30 Live with Action 11:00 Finishing Lines Trivia 1:00 Letters Home 2:30 Baking Club 3:00 Travel Around the World Social 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs 6:30 Night at the Movies
9:30 News/Daily Chronicle and Coffee 24 10:30 Live with Action 11:00 Catholic Mass-Televised 1:00 Letters Home 2:30 Baking Club 3:00 Word Scramblers Social 4:00 Go4Life Walking Club	9:30 News Currents SR. 25 10:30 Exercise Essentials-Noodles 11:00 Outing: Scenic Bus Ride 1:30 SingFit® 2:00 Rosary and Communion with St. Ladislav Parish 2:30 Baking Club 3:00 Crafting Social 4:00 Go4Life Walking Club 6:00 Evening Meditation	Happy BDay Sallie S & Eliza C! 26 9:30 News/Daily Chronicle and Coffee 10:30 Church On The Move (LR) 1:30 Artistic Expression 2:30 Baking Club 3:00 Zumba Social 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs	9:30 News/Daily Chronicle and Coffee 27 10:30 Exercise Essentials-Bands 11:00 Community Service Project 1:30 SingFit® 2:30 Baking Club 3:00 Musical Social with Rick Kalister 4:00 Go4Life Walking Club 6:00 Evening Meditation	Thanksgiving 28 9:30 News/Daily Chronicle and Coffee 10:15 Keith's Strength, Balance and Flexibility Class 11:00 Music Therapy with Mary (R1L) 1:30 Meet Me at Moma 2:30 Baking Club 3:00 Prize Bingo Social with Debbie 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs	9:30 News/Daily Chronicle and Coffee 29 10:30 Exercise Essentials- Resident Choice 11:00 Live with Anticipation Club 1:30 SingFit® 2:30 Baking Club 3:00 Musical Social with Billy Kaye 4:00 Go4Life Walking Club 6:00 Evening Meditation	9:30 News/Daily Chronicle and Coffee 30 10:00 Christian Prayer Service (R3L) 10:30 Live with Action 11:00 Finishing Lines Trivia 1:00 Letters Home 2:30 Baking Club 3:00 Travel Around the World Social 4:00 Go4Life Walking Club 6:00 Live w/ Legacy with CMs 6:30 Night at the Movies