

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Rm AR2 2nd Flr Activity Rm B Bistro LR Living Rm MR Media Rm P Patio PDR Private Dining Rm RK Reminiscence Kitchen TC Terrace Club 4th Flr					8:00 Breakfast Hour 10:00 Rhythm and Groove 11:30 Daily News Reads 12:00 Lunch Hour 1:00 Movie Matinee 1:30 Afternoon Lifeskill Baskets (AR) 3:00 Happy Hour! Mocktails & Snacks (LR) 3:00 Flower Arranging (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 10:00 Exercise Essentials (LR) 11:00 Christian Spiritual Study (MR) 11:30 Daily News Reads 12:00 Lunch Hour 1:00 Movie Matinee 1:30 Afternoon Lifeskill Baskets (AR) 3:00 Larry Martin on Piano 3:00 Happy Hour! Mocktails & Snacks (LR) 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night
Daylight Savings 3	8:00 Breakfast Hour 4 10:00 Rhythm and Groove 11:30 Daily News Reads 12:00 Lunch Hour 1:30 Balloon Game Social (LR) 3:00 Irish Coffee Social 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 5 10:00 Exercise Essentials (LR) 11:00 Nail Care & Hand Massage (AR) 11:30 Daily News Reads 12:00 Lunch Hour 3:00 Musical Tunes with Vher 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 6 10:00 Rhythm and Groove 10:45 Music & Rhythm Class 11:30 Daily News Reads 12:00 Lunch Hour 3:00 Precious the Singer 3:00 Baking with Joanne 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 7 10:00 Exercise Essentials (LR) 10:15 Communion 11:00 Nail Care & Hand Massage (AR) 11:30 Daily News Reads 12:00 Lunch Hour 3:00 Bingo 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 8 10:00 Rhythm and Groove 11:30 Daily News Reads 12:00 Lunch Hour 1:00 Movie Matinee 3:00 Happy Hour! Mocktails & Snacks (LR) 3:00 Flower Arranging (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 9 10:00 Exercise Essentials (LR) 11:00 Christian Spiritual Study (MR) 11:00 Gardening 11:30 Daily News Reads 12:00 Lunch Hour 1:00 Movie Matinee 3:00 Joe on Piano 3:00 Happy Hour! Mocktails & Snacks (LR) 3:30 Visit with Cate the Therapy Dog 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night
8:00 Breakfast Hour 10 10:00 Exercise Essentials (LR) 11:00 Karaoke with Maryanne 11:30 Daily News Reads 12:00 Lunch Hour 1:30 Bean Bag Toss Social 3:00 Happy Hour! Mocktails & Snacks (LR) 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	Veterans Day 11 8:00 Breakfast Hour 10:00 Rhythm and Groove 11:30 Daily News Reads 12:00 Lunch Hour 1:30 Balloon Game Social (LR) 3:00 Irish Coffee Social 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 12 10:00 Exercise Essentials (LR) 10:30 Lee Allen on Piano 11:00 Aroma Therapy & Hand/Back Massage 11:30 Daily News Reads 12:00 Lunch Hour 3:00 Musical Tunes with Vher 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 13 10:00 Rhythm and Groove 10:45 Steve Schwartz on Piano 11:30 Daily News Reads 12:00 Lunch Hour 3:00 Baking with Joanne 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 14 10:00 Exercise Essentials (LR) 10:15 Communion 11:00 Aroma Therapy & Hand/Back Massage 11:30 Daily News Reads 12:00 Lunch Hour 1:45 Iris on Piano 3:00 Bingo 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 15 10:00 Rhythm and Groove 11:30 Daily News Reads 12:00 Lunch Hour 1:00 Movie Matinee 3:00 Happy Hour! Mocktails & Snacks (LR) 3:00 Flower Arranging (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 16 10:00 Exercise Essentials (LR) 11:00 Christian Spiritual Study (MR) 11:00 Painting Social (AR) 11:30 Daily News Reads 12:00 Lunch Hour 1:00 Movie Matinee 1:30 Bob on Accordion 3:00 Happy Hour! Mocktails & Snacks (LR) 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night
8:00 Breakfast Hour 17 10:00 Exercise Essentials (LR) 11:00 Karaoke with Maryanne 11:30 Daily News Reads 12:00 Lunch Hour 1:30 Bean Bag Toss Social 3:00 Happy Hour! Mocktails & Snacks (LR) 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 18 10:00 Rhythm and Groove 11:30 Daily News Reads 12:00 Lunch Hour 1:30 Balloon Game Social (LR) 3:00 Scott Hill on Guitar 3:00 Irish Coffee Social 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 19 10:00 Exercise Essentials (LR) 11:00 Nail Care & Hand Massage (AR) 11:30 Daily News Reads 12:00 Lunch Hour 3:00 Musical Tunes with Vher 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 20 10:00 Rhythm and Groove 10:45 Music & Rhythm Class 11:30 Daily News Reads 12:00 Lunch Hour 3:00 Baking with Joanne 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 21 10:00 Exercise Essentials (LR) 10:15 Communion 11:00 Nail Care & Hand Massage (AR) 11:30 Daily News Reads 12:00 Lunch Hour 1:30 Dave on Guitar 3:00 George Moore on Guitar 3:00 Bingo 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	HAPPY BIRTHDAY NORMA! 22 8:00 Breakfast Hour 10:00 Rhythm and Groove 11:30 Daily News Reads 12:00 Lunch Hour 1:00 Movie Matinee 3:00 Bob on Guitar 3:00 Happy Hour! Mocktails & Snacks (LR) 3:00 Flower Arranging (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 23 10:00 Exercise Essentials (LR) 11:00 Christian Spiritual Study (MR) 11:00 Gardening 11:30 Daily News Reads 12:00 Lunch Hour 1:00 Movie Matinee 3:00 Happy Hour! Mocktails & Snacks (LR) 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night
Thanksgiving Luncheon 24 8:00 Breakfast Hour 10:00 Exercise Essentials (LR) 11:00 Karaoke with Maryanne 11:30 Daily News Reads 12:00 Lunch Hour 1:30 Bean Bag Toss Social 3:00 Happy Hour! Mocktails & Snacks (LR) 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 25 10:00 Rhythm and Groove 11:30 Daily News Reads 12:00 Lunch Hour 1:30 Balloon Game Social (LR) 3:00 Irish Coffee Social 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 26 10:00 Exercise Essentials (LR) 11:00 Aroma Therapy & Hand/Back Massage 11:30 Daily News Reads 12:00 Lunch Hour 1:30 Balloon Game Social (LR) 3:00 Marilyn on Piano 3:00 Musical Tunes with Vher 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 27 10:00 Rhythm and Groove 11:30 Daily News Reads 12:00 Lunch Hour 3:00 Jerry the Singer 3:00 Baking with Joanne 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	Thanksgiving Day 28 8:00 Breakfast Hour 10:00 Exercise Essentials (LR) 10:15 Communion 11:00 Aroma Therapy & Hand/Back Massage 11:30 Daily News Reads 12:00 Lunch Hour 3:00 Bingo 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 29 10:00 Rhythm and Groove 11:30 Daily News Reads 12:00 Lunch Hour 1:00 Movie Matinee 3:00 Happy Hour! Mocktails & Snacks (LR) 3:00 Flower Arranging (AR) 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night	8:00 Breakfast Hour 30 10:00 Exercise Essentials (LR) 11:00 Christian Spiritual Study (MR) 11:00 Painting Social (AR) 11:30 Daily News Reads 12:00 Lunch Hour 1:00 Movie Matinee 3:00 Happy Hour! Mocktails & Snacks (LR) 4:00 Go4Life@ Walking Club 5:00 Dinner Hour 6:00 Evening Relaxation 6:30 Movie Night

NOVEMBER 2019
Reminiscence
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LIVE WITH PURPOSE

