

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Room B Bistro DR Dining Room LR Living Room MR Media Room P Patio PDR Private Dining Room 3rd Floor, REMReminiscence Neighborhood TC 4th Floor, Terrace Club Neighborhood					8:00 Breakfast Hour (DR) 8:45 Daily Chronicles (DR) 1 10:00 Local Shopping Trip 11:15 Morning Exercise Essentials (B) 12:00 Lunch Hour (DR) 1:15 Local Shopping Trip 3:00 Flower Arranging (B) 3:00 Happy Hour! Mocktails & Snacks (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 2 8:45 Daily Chronicles (DR) 11:00 Bible Study with Pastor John (MR) 11:15 Exercise Essentials (B) 12:00 Lunch Hour (DR) 3:00 Happy Hour! Mocktails & Snacks (B) 3:00 Larry Martin on Piano 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)
Daylight Savings 3 8:00 Breakfast Hour (DR) 8:45 Daily Chronicles (DR) 11:15 Chair Aerobics (MR) 12:00 Lunch Hour (DR) 3:00 Jerry the Singer (TC) 3:00 Happy Hour! Mocktails & Snacks (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 4 8:45 Daily Chronicles (DR) 11:15 Exercise Essentials 12:00 Lunch Hour (DR) 3:00 Resident Bowling Tournament (B) 3:00 Irish Coffee Social 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 5 8:45 Daily Chronicles (DR) 11:15 Chair Yoga (MR) 12:00 Lunch Hour (DR) 3:00 Resident Basketball Tournament (AR) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 6 8:45 Daily Chronicles (DR) 10:45 Music & Rhythm Class (B) 12:00 Lunch Hour (DR) 3:00 Nail Care and Wellness Hand and Back Massage (B) 3:00 Precious the Singer (REIM) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	HAPPY BIRTH DAY MARTHA 7 8:00 Breakfast Hour (DR) 8:45 Daily Chronicles (DR) 9:30 Communion with Pat, Nan, & Delores (B) 11:15 Chair Tai Chi (MR) 12:00 Lunch Hour (DR) 3:00 Bingo Social (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 8 8:45 Daily Chronicles (DR) 10:00 Local Shopping Trip 11:15 Exercise Essentials 12:00 Lunch Hour (DR) 1:15 Local Shopping Trip 3:00 Flower Arranging (B) 3:00 Happy Hour! Mocktails & Snacks (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 9 8:45 Daily Chronicles (DR) 11:00 Bible Study with Pastor John (MR) 11:15 Exercise Essentials (B) 12:00 Lunch Hour (DR) 3:00 Joe on Piano (B) 3:00 Happy Hour! Mocktails & Snacks (B) 3:30 Visit with Cate the Therapy Dog 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)
8:00 Breakfast Hour (DR) 10 8:45 Daily Chronicles (DR) 11:15 Chair Aerobics (MR) 12:00 Lunch Hour (DR) 3:00 Happy Hour! Mocktails & Snacks (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	Veterans' Day 11 8:00 Breakfast Hour (DR) 8:45 Daily Chronicles (DR) 11:15 Exercise Essentials 12:00 Lunch Hour (DR) 3:00 Resident Bowling Tournament (B) 3:00 Irish Coffee Social 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 12 8:45 Daily Chronicles (DR) 10:30 Lee Allen on Piano 11:15 Chair Yoga (MR) 12:00 Lunch Hour (DR) 3:00 Resident Basketball Tournament (AR) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 13 8:45 Daily Chronicles (DR) 10:45 Steve Schwartz on Piano (TC) 11:15 Exercise Essentials 12:00 Lunch Hour (DR) 3:00 Nail Care and Wellness Hand and Back Massage (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 14 8:45 Daily Chronicles (DR) 9:30 Communion with Pat, Nan, & Delores (B) 11:15 Chair Tai Chi (MR) 12:00 Lunch Hour (DR) 3:00 Bingo Social (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:00 Iris on Piano 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 15 8:45 Daily Chronicles (DR) 10:00 Local Shopping Trip 11:15 Exercise Essentials 12:00 Lunch Hour (DR) 1:15 Local Shopping Trip 3:00 Flower Arranging (B) 3:00 Happy Hour! Mocktails & Snacks (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	HAPPY BIRTHDAY DENNY! 16 8:00 Breakfast Hour (DR) 8:45 Daily Chronicles (DR) 11:00 Bible Study with Pastor John (MR) 11:15 Exercise Essentials (B) 12:00 Lunch Hour (DR) 1:30 Bob on Accordion (TC) 3:00 Happy Hour! Mocktails & Snacks (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)
8:00 Breakfast Hour (DR) 17 8:45 Daily Chronicles (DR) 11:15 Chair Aerobics (MR) 12:00 Lunch Hour (DR) 3:00 Happy Hour! Mocktails & Snacks (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 18 8:45 Daily Chronicles (DR) 11:15 Exercise Essentials 12:00 Lunch Hour (DR) 3:00 Scott Hill on Guitar (B) 3:00 Resident Bowling Tournament (B) 3:00 Irish Coffee Social 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 19 8:45 Daily Chronicles (DR) 11:15 Chair Yoga (MR) 12:00 Lunch Hour (DR) 3:00 Resident Basketball Tournament (AR) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 20 8:45 Daily Chronicles (DR) 10:45 Music & Rhythm Class (B) 12:00 Lunch Hour (DR) 3:00 Nail Care and Wellness Hand and Back Massage (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 21 8:45 Daily Chronicles (DR) 9:30 Communion with Pat, Nan, & Delores (B) 11:00 Resident Council Meeting (MR) 11:15 Chair Tai Chi (MR) 12:00 Lunch Hour (DR) 3:00 George Moore on Guitar 3:00 Bingo Social (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 22 8:45 Daily Chronicles (DR) 10:00 Local Shopping Trip 11:15 Exercise Essentials 12:00 Lunch Hour (DR) 1:15 Local Shopping Trip 3:00 Bob on Guitar (TC) 3:00 Flower Arranging (B) 3:00 Happy Hour! Mocktails & Snacks (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 23 8:45 Daily Chronicles (DR) 11:00 Bible Study with Pastor John (MR) 11:15 Exercise Essentials (B) 12:00 Lunch Hour (DR) 3:00 Happy Hour! Mocktails & Snacks (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)
Thanksgiving Luncheon 24 8:00 Breakfast Hour (DR) 8:45 Daily Chronicles (DR) 11:15 Chair Aerobics (MR) 12:00 Lunch Hour (DR) 3:00 Happy Hour! Mocktails & Snacks (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 25 8:45 Daily Chronicles (DR) 11:15 Exercise Essentials 12:00 Lunch Hour (DR) 3:00 Resident Bowling Tournament (B) 3:00 Irish Coffee Social 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 26 8:45 Daily Chronicles (DR) 11:15 Chair Yoga (MR) 12:00 Lunch Hour (DR) 3:00 Resident Basketball Tournament (AR) 3:00 Marilyn on Piano (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 27 8:45 Daily Chronicles (DR) 11:15 Exercise Essentials 12:00 Lunch Hour (DR) 3:00 Nail Care and Wellness Hand and Back Massage (B) 3:00 Jerry the Singer (REIM) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	Thanksgiving Day 28 8:00 Breakfast Hour (DR) 8:45 Daily Chronicles (DR) 9:30 Communion with Pat, Nan, & Delores (B) 11:15 Chair Tai Chi (MR) 12:00 Lunch Hour (DR) 3:00 Bingo Social (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 29 8:45 Daily Chronicles (DR) 10:00 Local Shopping Trip 11:15 Exercise Essentials 12:00 Lunch Hour (DR) 1:15 Local Shopping Trip 3:00 Flower Arranging (B) 3:00 Happy Hour! Mocktails & Snacks (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)	8:00 Breakfast Hour (DR) 30 8:45 Daily Chronicles (DR) 11:00 Bible Study with Pastor John (MR) 11:15 Exercise Essentials (B) 12:00 Lunch Hour (DR) 3:00 Happy Hour! Mocktails & Snacks (B) 4:00 GO 4 LIFE Individual or Group Stroll (P) 5:00 Dinner Hour 6:30 Movie Night (MR)