

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>AC</b> Activity Center <b>BI</b> Bistro <b>BY</b> Backyard <b>CP</b> Central Park <b>IC</b> In Community <b>LDR</b> Left Dining RM <b>LP</b> Left Parlor <b>OS</b> Outside <b>PDR</b> Private Dining Room <b>RDR</b> Right Dining RM <b>RP</b> Right Parlor <b>RR</b> Resident Rooms <b>SU</b> Sign Up at Concierge Desk						
9:00 Communion by Eucharistic Ministers (RDR) <b>3</b> 9:30 Mass at St. Pius X Church 10:30 News, Coffee & Tea Time (RDR) 11:30 Fun & Fold with Eval (LDR) 1:00 Snoezelen Experience (RDR) 2:30 Sing-a-long (RDR) 3:00 Live with Anticipation Club at Social (RDR) 3:30 Loma's Puzzles & Games (LDR) 4:00 Kitchen Skill with Carmelita (RDR) 4:30 Walking Club with Pierre (OS) 7:30 New Release Movie Night (LDR)	10:15 Rosary Service with Kathy (RDR) <b>4</b> 10:30 Scenic Van Ride with Debbie 11:00 Baking Club (LDR) 1:15 Cranium Crunchers with Stef (RDR) 2:15 Reading Corner (RDR) 2:30 Walking Club with Pierre (IC) 3:00 SingFit@ at Social (RDR) 4:00 Verbal Expression - Finishing Line (RDR) 4:15 Pierre Table Games (LDR) 4:30 Fun & Fold Club with Ermitte (RDR) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Classic Movie Night (LDR)	10:00 Exercise Essentials: Noodles (RDR) <b>5</b> 10:30 Beverages & News Debbie (RDR) 11:00 Treasure Box/Bingo with Pierre & Lorna (RDR) 11:00 Backyard Green Thumb Program (BY) 1:00 Snoezelen Experience (LP) 2:00 Adult Coloring with Angie (RDR) 2:30 Walking Club with Pierre (IC) 3:00 Cocktails & Sing-a-long at Social with Pierre & Ermitte (RDR) 3:30 Fun & Fold with Marie H. (LDR) 4:00 Kitchen Reminiscence Kit (LDR) 7:00 Tuesday Tea & Jeopardy with Ermitte (RP) 7:30 Drama Movie Night (LDR)	10:15 Good Morning Chat & Updates! (RDR) <b>6</b> 10:30 Exercise Essentials : Balls with Monica (RDR) 11:00 Restaurant Hunter Sr. Trip with Debbie (OS) 11:15 Sensory Stations with Angie (RDR) 1:15 SingFit Music Therapy (RDR) 2:00 Lucky Ticket Pot BINGO HOUR with Janet (RDR) 2:00 News Currents Sr. with Angie (LDR) 3:00 Name That Tune at Social (RDR) 4:00 Walking Club with Monica (OS) 4:15 Adult Coloring Corner (RDR) 4:30 Kitchen Life Skill with Ermitte (RDR) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Mystery Movie Night (LDR)	8:30 Beauty Parlor Opens (CP) <b>7</b> 10:15 World Travel with Care Manager Lateisha (LDR) 10:30 Homemade Baking Station (LDR) 11:00 Laughter Exercises with Angie (RDR) 1:00 Snoezelen Experience (LP) 2:15 Category Catch with Ermitte (RP) 3:00 Floral Arrangements with Angie at Social (RDR) 4:00 Walking Club with Pierre (IC) 4:00 I Hear Memories with Angie (OS) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Veteran's Movie Night (LDR)	10:00 Good Morning Chat & Updates! (RDR) <b>8</b> 10:15 Shop the Ticket Store "Using your Colorful Activity Books" (AC) 10:30 Exercise Essentials (RDR) 11:00 Create a Self-Reflection Collage with Angie (RDR) 11:15 Shabbat Services with Rabbi Lewis (RR) 11:15 Fitness Senior Style with Rich (AC) 1:00 Snoezelen Experience (LP) 2:00 Arts & Crafts with Angie (RDR) 2:15 SingFit@ (AC) 2:30 Sheila's "Easy does it" Puzzle Corner (RDR) 3:00 Cranium Crunch at Social Sheila (RDR) 4:00 Sorting Lap Basket (RP) 4:15 Walking Club with Sheila (OS) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Action & Adventure Movie Night (LDR)	10:00 Morning Stretch with Ermitte (RDR) <b>9</b> 10:30 Baking Club with Anna S. (LDR) 10:30 Sports & News Talk with Angie (RDR) 11:00 Brain Quest Trivia (LP) 11:30 Backyard Green Thumb Project with Angie (BY) 1:00 Snoezelen Experience (LP) 1:30 SingFit@ (RDR) 2:00 Finishing Lines Expressions with Angie (RDR) 2:30 Treasure Box/BINGO (LDR) 3:00 Hydration & Light Snack at Social (RDR) 3:45 Happy Hour with Live Music By Peter H. (CP) 4:00 Movie Trivia with Carmelita (RP) 7:30 Classic Movie Night (LDR)
9:00 Communion by Eucharistic Ministers (RDR) <b>10</b> 9:30 Mass at St. Pius X Church 10:15 Musical Trivia with Shirley (RDR) 10:30 News, Coffee & Tea Time (RDR) 11:30 Fun & Fold with Eval (LDR) 1:00 Snoezelen Experience (RDR) 2:30 Sing-a-long (RDR) 3:00 Live with Anticipation Club at Social (RDR) 3:30 Loma's Puzzles & Games (LDR) 4:00 Kitchen Skill with Carmelita (RDR) 4:30 Walking Club with Pierre (OS) 7:30 New Release Movie Night (LDR)	10:15 Rosary Service with Kathy (RDR) <b>11</b> 10:30 Scenic Van Ride with Debbie 10:30 Good Neighbor Choir (BI) 11:00 Baking Club (LDR) 1:15 Cranium Crunchers with Stef (RDR) 2:15 Reading Corner (RDR) 2:30 Walking Club with Pierre (IC) 3:00 SingFit@ at Social (RDR) 4:00 Verbal Expression - Finishing Line (RDR) 4:15 Pierre Table Games (LDR) 4:30 Fun & Fold Club with Ermitte (RDR) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Classic Movie Night (LDR)	10:00 Exercise Essentials: Noodles (RDR) <b>12</b> 10:30 Beverages & News Debbie (RDR) 11:00 Treasure Box/Bingo with Pierre & Lorna (RDR) 11:00 Backyard Green Thumb Program (BY) 1:00 Snoezelen Experience (LP) 2:00 Adult Coloring with Angie (RDR) 2:30 Walking Club with Pierre (IC) 3:00 Cocktails & Sing-a-long at Social with Pierre & Ermitte (RDR) 3:30 Fun & Fold with Marie H. (LDR) 4:00 Kitchen Reminiscence Kit (LDR) 7:00 Tuesday Tea & Jeopardy with Ermitte (RP) 7:30 Drama Movie Night (LDR)	10:15 Good Morning Chat & Updates! (RDR) <b>13</b> 10:30 Exercise Essentials : Balls with Monica (RDR) 11:00 Restaurant Hunter Sr. Trip with Debbie (OS) 11:15 Sensory Stations with Angie (RDR) 1:15 SingFit Music Therapy (RDR) 2:00 Lucky Ticket Pot BINGO HOUR with Janet (RDR) 2:00 News Currents Sr. with Angie (LDR) 3:00 Name That Tune at Social (RDR) 4:00 Walking Club with Monica (OS) 4:15 Adult Coloring Corner (RDR) 4:30 Kitchen Life Skill with Ermitte (RDR) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Mystery Movie Night (LDR)	8:30 Beauty Parlor Opens (CP) <b>14</b> 10:15 Exercise Essentials : Noodles (RDR) 10:15 World Travel with Care Manager Lateisha (LDR) 10:30 Homemade Baking Station (LDR) 11:00 Laughter Exercises with Angie (RDR) 1:00 Snoezelen Experience (LP) 2:15 Category Catch with Ermitte (RP) 3:00 Floral Arrangements with Angie at Social (RDR) 4:00 Walking Club with Pierre (IC) 4:00 I Hear Memories with Angie (OS) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Veteran's Movie Night (LDR)	10:00 Good Morning Chat & Updates! (RDR) <b>15</b> 10:30 Exercise Essentials (RDR) 11:00 Where in the World Collage Creation with Angie (RDR) 11:15 Shabbat Services with Rabbi Lewis (RR) 1:00 Snoezelen Experience (LP) 2:00 Arts & Crafts with Angie (RDR) 2:30 Sheila's "Easy does it" Puzzle Corner (RDR) 3:00 Cranium Crunch at Social Sheila (RDR) 4:00 Sorting Lap Basket (RP) 4:15 Walking Club with Sheila (OS) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Action & Adventure Movie Night (LDR)	10:00 Morning Stretch with Ermitte (RDR) <b>16</b> 10:30 Baking Club with Anna S. (LDR) 10:30 Community Service with Angie (OS) 11:00 Brain Quest Trivia (LP) 11:30 Backyard Green Thumb Project with Angie (BY) 1:00 Snoezelen Experience (LP) 1:30 SingFit@ (RDR) 2:00 Finishing Lines Expressions with Angie (RDR) 2:30 Treasure Box/BINGO (LDR) 3:00 Hydration & Light Snack at Social (RDR) 3:45 Happy Hour with Live Music By Peter H. (BY) 4:00 Movie Trivia with Carmelita (RP) 7:30 Classic Movie Night (LDR)
9:00 Communion by Eucharistic Ministers (RDR) <b>17</b> 9:30 Mass at St. Pius X Church 10:30 News, Coffee & Tea Time (RDR) 11:30 Fun & Fold with Eval (LDR) 1:00 Snoezelen Experience (RDR) 2:30 Sing-a-long (RDR) 3:00 Live with Anticipation Club at Social (RDR) 3:30 Loma's Puzzles & Games (LDR) 4:00 Kitchen Skill with Carmelita (RDR) 4:30 Walking Club with Pierre (OS) 7:30 New Release Movie Night (LDR)	10:15 Rosary Service with Kathy (RDR) <b>18</b> 10:30 Scenic Van Ride with Debbie 11:00 Baking Club (LDR) 1:15 Cranium Crunchers with Stef (RDR) 2:15 Reading Corner (RDR) 2:30 Walking Club with Pierre (IC) 3:00 SingFit@ at Social (RDR) 4:00 Verbal Expression - Finishing Line (RDR) 4:15 Pierre Table Games (LDR) 4:30 Fun & Fold Club with Ermitte (RDR) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Classic Movie Night (LDR)	10:00 Exercise Essentials: Noodles (RDR) <b>19</b> 10:30 Beverages & News Debbie (RDR) 11:00 Treasure Box/Bingo with Pierre & Lorna (RDR) 11:00 Backyard Green Thumb Program (BY) 1:00 Snoezelen Experience (LP) 2:00 Adult Coloring with Angie (RDR) 2:30 Walking Club with Pierre (IC) 3:00 Cocktails & Sing-a-long at Social with Pierre & Ermitte (RDR) 3:30 Fun & Fold with Marie H. (LDR) 4:00 Music Therapy with Jessica (RDR) 4:00 Kitchen Reminiscence Kit (LDR) 7:00 Tuesday Tea & Jeopardy with Ermitte (RP) 7:30 Drama Movie Night (LDR)	10:15 Good Morning Chat & Updates! (RDR) <b>20</b> 10:30 Exercise Essentials : Balls with Monica (RDR) 11:00 Restaurant Hunter Sr. Trip with Debbie (OS) 11:15 Sensory Stations with Angie (RDR) 1:15 SingFit Music Therapy (RDR) 2:00 Lucky Ticket Pot BINGO HOUR with Janet (RDR) 2:00 News Currents Sr. with Angie (LDR) 2:30 Rosary Service (AC) 3:00 Name That Tune at Social (RDR) 4:00 Walking Club with Monica (OS) 4:15 Adult Coloring Corner (RDR) 4:30 Kitchen Life Skill with Ermitte (RDR) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Mystery Movie Night (LDR)	8:30 Beauty Parlor Opens (CP) <b>21</b> 10:15 World Travel with Care Manager Lateisha (LDR) 10:30 Homemade Baking Station (LDR) 11:00 Laughter Exercises with Angie (RDR) 11:00 Men's Social Group with Angie (LP) 1:00 Snoezelen Experience (LP) 2:15 Category Catch with Ermitte (RP) 3:00 Floral Arrangements with Angie at Social (RDR) 4:00 Walking Club with Pierre (IC) 4:00 I Hear Memories with Angie (OS) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Veteran's Movie Night (LDR)	10:00 Good Morning Chat & Updates! (RDR) <b>22</b> 10:30 Exercise Essentials (RDR) 11:00 Create a Self-Reflection Collage with Angie (RDR) 11:15 Shabbat Services with Rabbi Lewis (RR) 1:00 Snoezelen Experience (LP) 2:00 Arts & Crafts with Angie (RDR) 2:15 SingFit@ (AC) 2:30 Sheila's "Easy does it" Puzzle Corner (RDR) 3:00 Cranium Crunch at Social Sheila (RDR) 4:00 Sorting Lap Basket (RP) 4:15 Walking Club with Sheila (OS) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Action & Adventure Movie Night (LDR)	10:00 Morning Stretch with Ermitte (RDR) <b>23</b> 10:30 Baking Club with Anna S. (LDR) 10:30 Sports & News Talk with Angie (RDR) 11:00 Brain Quest Trivia (LP) 11:30 Backyard Green Thumb Project with Angie (BY) 1:00 Snoezelen Experience (LP) 1:30 SingFit@ (RDR) 2:00 Finishing Lines Expressions with Angie (RDR) 2:30 Treasure Box/BINGO (LDR) 3:00 Hydration & Light Snack at Social (RDR) 3:45 Happy Hour with Live Music By Peter H. (CP) 4:00 Movie Trivia with Carmelita (RP) 7:30 Classic Movie Night (LDR)
9:00 Communion by Eucharistic Ministers (RDR) <b>24</b> 9:30 Mass at St. Pius X Church 10:15 Musical Trivia with Shirley (RDR) 10:30 News, Coffee & Tea Time (RDR) 11:30 Fun & Fold with Eval (LDR) 1:00 Snoezelen Experience (RDR) 2:30 Sing-a-long (RDR) 3:00 Live with Anticipation Club at Social (RDR) 3:30 Loma's Puzzles & Games (LDR) 4:00 Kitchen Skill with Carmelita (RDR) 4:30 Walking Club with Pierre (OS) 7:30 New Release Movie Night (LDR)	10:15 Rosary Service with Kathy (RDR) <b>25</b> 10:30 Scenic Van Ride with Debbie 10:30 Good Neighbor Choir (BI) 11:00 Baking Club (LDR) 1:15 Cranium Crunchers with Stef (RDR) 2:15 Reading Corner (RDR) 2:30 Walking Club with Pierre (IC) 3:00 SingFit@ at Social (RDR) 4:00 Verbal Expression - Finishing Line (RDR) 4:15 Pierre Table Games (LDR) 4:30 Fun & Fold Club with Ermitte (RDR) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Classic Movie Night (LDR)	10:00 Exercise Essentials: Noodles (RDR) <b>26</b> 10:30 Beverages & News Debbie (RDR) 11:00 Treasure Box/Bingo with Pierre & Lorna (RDR) 11:00 Backyard Green Thumb Program (BY) 1:00 Snoezelen Experience (LP) 2:00 Adult Coloring with Angie (RDR) 2:15 Historian Guest Speaker - Paul (AC) 2:30 Walking Club with Pierre (IC) 3:00 Cocktails & Sing-a-long at Social with Pierre & Ermitte (RDR) 3:30 Fun & Fold with Marie H. (LDR) 4:00 Kitchen Reminiscence Kit (LDR) 7:00 Tuesday Tea & Jeopardy with Ermitte (RP) 7:30 Drama Movie Night (LDR)	10:15 Good Morning Chat & Updates! (RDR) <b>27</b> 10:30 Exercise Essentials : Balls with Monica (RDR) 11:00 Restaurant Hunter Sr. Trip with Debbie (OS) 11:00 Surfing Senior Tech Class (AC) 11:15 Sensory Stations with Angie (RDR) 1:15 SingFit Music Therapy (RDR) 2:00 Lucky Ticket Pot BINGO HOUR with Janet (RDR) 2:00 News Currents Sr. with Angie (LDR) 2:15 Wellness Wednesday with Old Tappan's Nursing Team (AC) 3:00 Name That Tune at Social (RDR) 3:00 Birthday of the Month Celebration Social (RDR) 4:00 Walking Club with Monica (OS) 4:15 Adult Coloring Corner (RDR) 4:30 Kitchen Life Skill with Ermitte (RDR) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Mystery Movie Night (LDR)	8:30 Beauty Parlor Opens (CP) <b>28</b> 10:15 Exercise Essentials : Noodles (RDR) 10:15 World Travel with Care Manager Lateisha (LDR) 10:30 Homemade Baking Station (LDR) 11:00 Laughter Exercises with Angie (RDR) 1:00 Snoezelen Experience (LP) 2:10 Resident Council Meeting (AC) 2:15 Category Catch with Ermitte (RP) 2:15 Jessica Musical Therapy (RDR) 2:15 Music Therapy with Jessica (RDR) 3:00 Floral Arrangements with Angie at Social (RDR) 4:00 Walking Club with Pierre (IC) 4:00 I Hear Memories with Angie (OS) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Veteran's Movie Night (LDR)	10:00 Good Morning Chat & Updates! (RDR) <b>29</b> 10:30 Exercise Essentials (RDR) 11:00 Where in the World Collage Creation with Angie (RDR) 11:15 Shabbat Services with Rabbi Lewis (RR) 1:00 Snoezelen Experience (LP) 2:00 Arts & Crafts with Angie (RDR) 2:30 Sheila's "Easy does it" Puzzle Corner (RDR) 3:00 Cranium Crunch at Social Sheila (RDR) 4:00 Sorting Lap Basket (RP) 4:15 Walking Club with Sheila (OS) 7:00 Jeopardy & Popcorn Pierre (RP) 7:30 Action & Adventure Movie Night (LDR)	10:00 Morning Stretch with Ermitte (RDR) <b>30</b> 10:30 Baking Club with Anna S. (LDR) 10:30 Community Service with Angie (OS) 11:00 Brain Quest Trivia (LP) 11:30 Backyard Green Thumb Project with Angie (BY) 1:00 Snoezelen Experience (LP) 1:30 SingFit@ (RDR) 2:00 Finishing Lines Expressions with Angie (RDR) 2:30 Treasure Box/BINGO (LDR) 3:45 Happy Hour with Live Music By Peter H. (BY) 4:00 Movie Trivia with Carmelita (RP) 7:30 Classic Movie Night (LDR)

**NOVEMBER 2019**  
**Reminiscence**  
**Sunrise of Old Tappan**  
195 Old Tappan Rd, Old Tappan  
NJ 07675; 201-750-1110

**LIVE WITH PURPOSE**



**SUNRISE SENIOR LIVING**