

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:30 Eat to Save your Life. 1 10:30 Resident Walking Club 11:00 Get Fit with Ann 1:15 Time Life Magazine Presents : 50 of the Most Important People in the Bible 2:00 Candy Bingo 3:30 Flavored Coffee with Gloria Social 7:30 West Side Story	10:00 Resident Walking Group 2 10:30 Amazing Facts for People who like Amazing Facts 11:00 Get fit with Ann 1:00 Learn About the High Holy Holidays with Ann 2:00 Betty Ross Presents Laughter is the Best Medicine 2:00 Target/Library Trip and Abington Nail Salon 3:30 Abington Chat Group and Treats with the Ladies 7:00 L.C.R. with Rose	10:00 Giant Shopping Trip 3 10:30 Resident Walking Club 10:30 20 Question Game 11:00 Get fit with Ann 2:00 Betty Ross Preesents: Laughter is the best Medicine 3:00 Duane the Cartoonist 3:30 Happy Hour with Muriel! 7:00 Residents Pinochle Game	10:00 Resident Walking Club 4 11:00 Dance Aerobic Video Tape 11:30 Resident Outing: Judy Garland Movie 12:45 Board Games 1:00 Adult Relaxation Art Therapy 2:00 Candy Bingo 3:30 Musical Social by Lucille Lee 4:00 Shabbat Services 7:00 Movies of the Past	10:30 Resident Walking Club 5 11:00 Dance Aerobic Video 1:00 Sentimental Reflections 2:30 Suprise Guests for Bingo Tournament From 1:30 to 3:30. 3:30 Saturday Afternoon Surprise Social 7:00 Netflix Adventure Night
10:00 Catholic Communion 6 10:00 Resident Walking Club 10:30 Small Group Bible Study 11:00 Get fit with Ann 1:00 Eagles VS New York Jets 1:15 Ler's Talk Fall Stuff 2:00 Candy Bingo 3:30 Special Coffee Social with The Girls 7:30 The Phantom of the Opera at the Royal Albert Hall	10:00 Giant Shopping Trip 7 10:00 Resident Walking Group 11:00 Dance Aerobic Video Tape 1:00 Exercise Class with Chrissie from Fox Rehab. 2:00 Love of Music with Bill 2:00 The Mahjong Club 2:30 Rosary Club with Janet 3:00 Exercise your Brain with the Word Game Social 7:00 Netflix Movie Presentation	Happy Birthday Mary S 8 10:30 Eat to Save your Life. 10:30 Resident Walking Club 11:00 Get Fit with Ann 11:30 Park's Casino and Boscov's Trip 1:15 Word Game : Odd Man Out. 2:00 Candy Bingo 2:00 Protestant Service in PC Activity Room 3:30 Flavored Coffee with Gloria Social 7:30 Exit Wounds	Yom Kippur 9 10:00 Resident Walking Group 10:30 Save a Life with CPR 11:00 Get fit with Ann 11:00 Protestant Worship Service 1:30 Baking Club : Fall Goodies 2:00 Target/Library Trip and Abington Nail Salon 3:30 Abington Chat Group and Treats with the Ladies 7:00 L.C.R. with Rose	10:00 Gina's Jewelry Sale 10 10:00 Giant Shopping Trip 10:30 Resident Walking Club 11:00 Get fit with Ann 2:00 Scott Gurney Performs Live 2:00 Book of the Month Club with Joanne 3:00 Fall Fest Party 3:30 Happy Hour with Muriel! 7:00 Residents Pinochle Game	10:00 Resident Walking Club 11 11:00 Dance Aerobic Video Tape 11:30 Resident Choice Outing 12:45 Bingo with the Children from St Basil's Academy 12:45 Board Games 1:00 Adult Relaxation Art Therapy 3:30 Musical Social by Lucille Lee 4:00 Shabbat Services 7:00 Movies of the Past	10:30 Resident Walking Club 12 11:00 Dance Aerobic Video 1:00 Sentimental Reflections 1:00 Resident Clothing Drive for Goodwill 2:30 Beading for Alzheimer's Awareness : Living with Generosity 3:30 Saturday Afternoon Surprise Social 7:00 Netflix Adventure Night
10:00 Catholic Communion 13 10:00 Resident Walking Club 10:30 Small Group Bible Study 11:00 Get fit with Ann 12:00 Bagel and Lox with Ann 1:00 Eagles VS MN. Vikings 2:00 Candy Bingo 3:30 Special Coffee Social with The Girls 7:30 White Christmas with Danny Kaye and Bing Crosby	10:00 Giant Shopping Trip 14 10:00 Resident Walking Group 10:30 Columbus Day in Canada: How do the Canadians Celebrate? 11:00 Get fit with Ann 1:00 Exercise Class with Chrissie from Fox Rehab. 2:00 Love of Music with Bill 2:00 Mass with Father Janten 2:00 The Mahjong Club 2:30 Rosary Club with Janet 3:00 Exercise your Brain with the Word Game Social 7:00 Netflix Movie Presentation	10:30 Eat to Save your Life. 15 10:30 Resident Walking Club 11:00 Dollar Store Shopping Trip 11:00 Get Fit with Ann 1:15 Poetry Club 2:00 Candy Bingo 3:30 Flavored Coffee with Gloria Social 7:30 One Direction : This is us	10:00 Resident Walking Group 16 10:30 Amazing Facts for People who like Amazing Facts 11:00 Get fit with Ann 11:30 Horticultural Therapy with Marsha 1:00 Sentimental Reflection Video 1:00 Scrabble Game with Eileen and Izzy 2:00 Target/Library Trip and Abington Nail Salon 3:30 Abington Chat Group and Treats with the Ladies 7:00 L.C.R. with Rose	10:00 Giant Shopping Trip 17 10:30 20 Question Game 10:30 Resident Walking Club 11:00 Get fit with Ann 1:00 Health Pro Presents : Nutrition and Health 2:00 Fall Cooking : Home Made Mac and Cheese by Ann 3:30 Happy Hour with Muriel! 7:00 Residents Pinochle Game	10:00 Resident Walking Club 18 11:00 Dance Aerobic Video Tape 11:30 Resident Outing : Trip to the Willow Grove Mall 12:45 Board Games 1:00 Adult Relaxation Art Therapy 2:00 Candy Bingo 3:30 Musical Social by Lucille Lee 4:00 Shabbat Services 7:00 Movies of the Past 7:15 Musical Bingo with Masa	10:30 Resident Walking Club 19 11:00 Dance Aerobic Video 1:00 Sentimental Reflections 2:30 Beading for Alzheimer's Awareness : Living with Generosity 3:00 Hearts Game with Izzy and Company 3:30 Saturday Afternoon Surprise Social 7:00 Netflix Adventure Night
10:00 Catholic Communion 20 10:00 Resident Walking Club 10:30 Small Group Bible Study 11:00 Get fit with Ann 1:15 2019 Farmer's Almanac Session 2:00 Candy Bingo 3:30 Special Coffee Social with The Girls 7:30 Company : A Musical Comedy	10:00 Giant Shopping Trip 21 10:00 Resident Walking Group 11:00 Get fit with Ann 1:00 Exercise Class with Chrissie from Fox Rehab. 2:00 Fox Rehab's Jeff Buzzin Presents: The Effects of Exercise versus no Exercise 2:00 Love of Music with Bill 2:00 The Mahjong Club 2:30 Rosary Club with Janet 3:00 Exercise your Brain with the Word Game Social 7:00 Netflix Movie Presentation	10:30 Eat to Save your Life. 22 10:30 Resident Walking Club 11:00 Get Fit with Ann 1:15 Prevention Magazine Episode 1 2:00 Candy Bingo 3:30 Flavored Coffee with Gloria Social 7:30 Ocean's Twelve	10:00 Resident Walking Group 23 10:30 Save a Life with CPR 11:00 Get fit with Ann 12:30 Baking Club Apple cinnamon and Pumpkin Bread 1:00 Scrabble Game with Eileen and Izzy 2:00 Poetry Club 2:00 Target/Library Trip and Abington Nail Salon 3:30 Abington Chat Group and Treats with the Ladies 7:00 L.C.R. with Rose	United Nation's Day 24 10:00 Giant Shopping Trip 10:30 Lets Talk about United Nation's Day 10:30 Resident Walking Club 11:00 Get fit with Ann 1:00 Making Trick or Treat Candy Bags for the Children from YMCA 3:00 Apple Cider and Cookie Social 3:00 Health Discussion: Miracle Foods to Boost Your Health 3:30 Happy Hour with Muriel! 7:00 Residents Pinochle Game	10:00 Resident Walking Club 25 11:00 Dance Aerobic Video Tape 11:30 Resident Outing to Galows Seafood Restaurant 12:45 Board Games 1:00 Adult Relaxation Art Therapy 2:00 Candy Bingo 3:30 Musical Social by Lucille Lee 4:00 Shabbat Services 7:00 Movies of the Past	10:30 Resident Walking Club 26 11:00 Dance Aerobic Video 1:00 Sentimental Reflections 1:00 Resident Clothing Drive for Goodwill 2:30 Beading for Alzheimer's Awareness : Living with Generosity 3:30 Saturday Afternoon Surprise Social 7:00 Netflix Adventure Night
10:00 Catholic Communion 27 10:00 Resident Walking Club 10:30 Small Group Bible Study 11:00 Get fit with Ann 12:00 Bagel and Lox with Ann 1:00 Eagles @Buffalo Bills 2:00 Candy Bingo 3:30 Special Coffee Social with The Girls 7:30 Daddy Long Legs	10:00 Giant Shopping Trip 28 10:00 Resident Walking Group 11:00 Get fit with Ann 1:00 Exercise Class with Chrissie from Fox Rehab. 2:00 Love of Music with Bill 2:00 The Mahjong Club 2:30 Rosary Club with Janet 3:00 Exercise your Brain with the Word Game Social 7:00 Netflix Movie Presentation	10:30 Resident Walking Club 29 10:30 Eat to Save your Life. 11:00 Get Fit with Ann 12:30 Residents Meeting 2:00 Candy Bingo 3:30 Flavored Coffee with Gloria Social 7:30 Oceans Thirteen	Family Night 30 10:00 Getting Ready for Family Night with Ann and Lucille 10:00 Resident Walking Group 10:30 Dance Aerobic video tape 1:00 Sentimental Reflection Video 2:00 Target/Library Trip and Abington Nail Salon 6:00 Family Night Halloween Celebration 6:30 Roaming Magician is Here!	Happy Halloween 31 10:00 YMCA Trick-or-Treaters 10:00 Giant Shopping Trip 10:30 Danish Treat with Muriel 10:30 Resident Walking Club 11:00 Dance Aerobics Video 1:00 Halloween Netflix Scary Movie Presentation 2:00 Betty Ross Preents : Tales of Halloween 3:30 Happy Halloween Social 3:30 Happy Hour with Muriel! 7:00 Hocus Pocus Movie for Halloween Treat 7:00 Residents Pinochle Game	Calendar May Be Subject to Change	