

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|---|--|
| F Fernwood Living Room SP Stony Point Living Room | | Happy Birthday Ken H. 1 9:30 News w/Care Mgr (SP) 10:00 Bingo (SP) 10:15 Go4Life Walking Club 11:00 Live with Anticipation Lunch Outing 2:30 Ice Cream Sundae Social 2:45 Exercise w/ Legacy (SP) 3:30 SingFit® (SP) 6:30 Games and Puzzle Club (SP) | 10:15 Go4Life Walking Club 2 10:30 Fitness with Henry (SP) 11:00 Bible Discussions w/Sylvia (SP) 2:00 Arts & Crafts w/ Jane (SP) 2:30 Wine and Cheese Trivia Social w/Care Mgr (SP) 3:00 Shopping Trip | 10:00 Fall Reminiscence 3 10:30 Cornhole w/Care Mgr (SP) 11:00 Go4Life Walking Club 1:00 Fitness with Henry (SP) 1:30 Pet Therapy W/Jill 3:00 Bingo Store Social (SP) 7:30 Movie Night | World Smile Day 4 9:15 Catholic Visits (SP) 10:30 Bingo w/Care Mgr (SP) 11:00 Pumpkin Carving w/ Legacy (F) 11:15 Go4Life Walking Club 2:00 Manicures 2:15 Card Games Club (SP) 2:30 Fruit and Trivia Social (SP) 3:30 Sing A Long w/ Carolyn (SP) | Do Something Nice 5 10:15 Go4Life Walking Club 10:30 Bingo w/Care Mgr (SP) 1:30 Stretches w/Care Mgr (SP) 2:00 Fun Trivia 3:00 Chips and Dip Cornhole Social w/Care Mgr (SP) 6:30 Movie Lover's Club (SP) |
| 10:00 Televised Worship with Charles Stanley (Ch 10) 6 10:15 Go4Life Walking Club (SP) 11:00 Televised Worship (Grove Ave) 11:00 Bowling w/ Keory (F) 1:15 Church Services w/ St. Mattheus (F) 2:30 Scenic Ride 3:30 Popcorn Social 7:30 Refreshments/Meditation with Care Mgr | 10:00 Dart Ball Game (F) 7 10:00 Adult Coloring w/ Carolyn (SP) 10:30 Blood Pressure Screening w/Legacy (SP) 11:00 Corn Hole w/Care Mgr (SP) 1:30 Word Games w/Care Mgr 2:30 Music w/Kevin- St.Pt. 2:30 Cards and Cookies Social w/Care Mgr (SP) 3:15 Exercise with Henry (SP) 4:00 Manicures 7:30 Refreshments/Meditation w/Care Mgr | Yom Kippur 8 9:30 News w/Care Mgr (SP) 10:00 Bingo (SP) 10:15 Go4Life Walking Club 11:00 Live with Anticipation Lunch Outing 2:30 Ice Cream Social 2:45 Exercise w/ Legacy (SP) 3:30 SingFit® (SP) 6:30 Games and Puzzle Club (SP) | 10:15 Go4Life Walking Club 9 10:30 Fitness with Henry (SP) 11:00 Bible Discussions w/Sylvia (SP) 2:00 Bifocals Senior Theatre (SP) 2:30 Wine and Cheese Trivia Social w/Care Mgr (SP) | National Angel Food Cake Day 10 10:00 Live w/ Generosity: Baby Blankets to Hospitals Doll Blankets to REM 10:30 Cornhole w/Care Mgr (SP) 11:00 Go4Life Walking Club 1:30 Pet Therapy W/Jill 2:00 Fitness with Henry (F) 2:30 World War II Celebration (SP) 3:00 Bingo Store Social (SP) 7:30 Movie Night | 9:15 Catholic Visits (SP) 11 10:30 Bingo w/Care Mgr (SP) 11:15 Go4Life Walking Club 1:00 Hand Massages (SP) 2:00 Spelling Bee (SP) 2:15 Card Games Club (SP) 2:30 Fruit and Trivia Social (SP) 3:30 Sing A Long w/ Carolyn (SP) | National Gumbo Day 12 10:15 Go4Life Walking Club 10:30 Bingo w/Care Mgr (SP) 1:30 Stretches w/Care Mgr (SP) 2:00 Fun Trivia 3:00 Chips and Dip Cornhole Social w/Care Mgr (SP) 6:30 Movie Lover's Club (SP) |
| Sukkot begins at Sundown 13 10:00 Televised Worship with Charles Stanley (Ch 10) 10:15 Go4Life Walking Club (SP) 11:00 Televised Worship (Grove Ave) 11:00 Bowling w/ Keory (F) 1:15 Exercise Essentials w/Care Mgr (F) 1:45 Scenic Ride w/ Ice Cream 3:30 Popcorn Social 7:30 Refreshments/Meditation with Care Mgr | National Dessert Day / Columbus Day 14 10:00 Go4Life Walking Club 10:00 Adult Coloring w/ Carolyn (SP) 10:30 Blood Pressure Screening w/Legacy (SP) 11:00 Corn Hole w/Care Mgr (SP) 1:30 Word Games w/Care Mgr 2:00 Meet & Greet New Residents Social (SP) 2:30 Cards and Cookies Social w/Care Mgr (SP) 3:15 Exercise with Henry (SP) 7:30 Refreshments/Meditation w/Care Mgr | 9:30 News w/Care Mgr (SP) 15 10:00 Bingo (SP) 10:15 Go4Life Walking Club 11:00 Live with Anticipation Lunch Outing 2:00 Chef Demonstration 2:30 Ice Cream Cone Social 2:45 Exercise w/ Legacy (SP) 3:30 SingFit® (SP) 6:30 Games and Puzzle Club (SP) | Bosses Day 16 10:15 Go4Life Walking Club 10:30 Fitness with Henry (SP) 11:00 Bible Discussions w/Sylvia (SP) 12:00 Luncheon with New Residents & ED 2:00 Arts & Crafts w/ Jane (SP) 2:30 Wine and Cheese Trivia Social w/Care Mgr (SP) 3:00 Shopping Trip 3:00 Music w/ Mary Stella (F) | 10:00 Brain-teasers 17 10:30 Cornhole w/Care Mgr (SP) 11:00 Go4Life Walking Club 1:00 Fitness with Henry (SP) 1:30 Pet Therapy W/Jill 3:00 Bingo Store Social (SP) 5:00 Dinnertime Music w/ Bill 7:30 Movie Night | Happy Birthday Kay S. 18 9:15 Catholic Visits (SP) 10:30 Bingo w/Care Mgr (SP) 11:15 Go4Life Walking Club 2:00 Manicures 2:15 Card Games Club (SP) 2:30 Fruit and Trivia Social (SP) 3:30 Sing A Long w/ Carolyn (SP) | 10:15 Go4Life Walking Club 19 10:30 Bingo w/Care Mgr (SP) 1:30 Stretches w/Care Mgr (SP) 2:00 Fun Trivia 3:00 Chips and Dip Cornhole Social w/Care Mgr (SP) 6:30 Movie Lover's Club (SP) |
| 10:00 Televised Worship with Charles Stanley (Ch 10) 20 10:15 Go4Life Walking Club (SP) 11:00 Televised Worship (Grove Ave) 11:00 Bowling w/ Keory (F) 1:15 Exercise Essentials w/Care Mgr (F) 2:30 Scenic Ride 3:30 Popcorn Social 7:30 Refreshments/Meditation with Care Mgr | 10:00 Dart Ball Game (F) 21 10:00 Adult Coloring w/ Carolyn (SP) 10:30 Blood Pressure Screening w/Legacy (SP) 11:00 Corn Hole w/Care Mgr (SP) 1:30 Word Games w/Care Mgr 2:30 Cards and Cookies Social w/Care Mgr (SP) 3:15 Exercise with Henry (SP) 4:00 Manicures 7:30 Refreshments/Meditation w/Care Mgr | National Nut Day 22 9:30 News w/Care Mgr (SP) 10:00 Bingo (SP) 10:15 Go4Life Walking Club 11:00 Live with Anticipation Lunch Outing 2:30 Ice Cream Social 2:45 Exercise w/ Legacy (SP) 3:30 SingFit® (SP) 6:30 Games and Puzzle Club (SP) | 10:15 Go4Life Walking Club 23 10:30 Fitness with Henry (SP) 11:00 Bible Discussions w/Sylvia (SP) 2:00 Pumpkin Painting w/Hospice Community Care (SP) 2:30 Wine and Cheese Trivia Social w/Care Mgr (SP) | 10:00 Live w/ Generosity: Baby Blankets to Hospitals Doll Blankets to REM 24 10:30 Cornhole w/Care Mgr (SP) 11:00 Go4Life Walking Club 1:30 Pet Therapy W/Jill 2:00 Fitness with Henry (F) 3:00 Virginia Museum of Fine Arts Outing 3:00 Bingo Store Social (SP) 7:30 Movie Night | 9:15 Catholic Visits (SP) 25 10:30 Bingo w/Care Mgr (SP) 11:15 Go4Life Walking Club 1:00 Hand Massages (SP) 2:00 Spelling Bee 2:15 Card Games Club (SP) 2:30 Fruit and Trivia Social (SP) 3:30 Sing A Long w/ Carolyn (SP) | Happy Birthday Hubert V. 26 10:15 Go4Life Walking Club 10:30 Bingo w/Care Mgr (SP) 1:30 Stretches w/Care Mgr (SP) 2:00 Fun Trivia 3:00 Chips and Dip Cornhole Social w/Care Mgr (SP) 6:30 Movie Lover's Club (SP) |
| Navy Day 27 10:00 Televised Worship with Charles Stanley (Ch 10) 10:15 Go4Life Walking Club (SP) 11:00 Televised Worship (Grove Ave) 11:00 Bowling w/ Keory (F) 1:15 Exercise Essentials w/Care Mgr (F) 1:45 Scenic Ride 3:30 Popcorn Social 7:30 Refreshments/Meditation with Care Mgr | 10:00 Go4Life Walking Club 28 10:00 Adult Coloring w/ Carolyn (SP) 10:30 Blood Pressure Screening w/Legacy (SP) 11:00 Corn Hole w/Care Mgr (SP) 1:30 Word Games w/Care Mgr 2:00 Housewarming 2:30 Cards and Cookies Social w/Care Mgr (SP) 3:15 Exercise with Henry (SP) 7:30 Refreshments/Meditation w/Care Mgr | 9:30 News w/Care Mgr (SP) 29 10:00 Bingo (SP) 10:15 Go4Life Walking Club 11:00 Live with Anticipation Lunch Outing 2:30 Ice Cream Sundae Social 2:45 Exercise w/ Legacy (SP) 3:30 SingFit® (SP) 6:30 Games and Puzzle Club (SP) | Happy Birthday Elizabeth J. / National Candy Corn Day 30 10:15 Go4Life Walking Club 10:30 Fitness with Henry (SP) 11:00 Bible Discussions w/Sylvia (SP) 2:00 Resident Council (SP) 2:30 Wine and Cheese Trivia Social w/Care Mgr (SP) 3:00 Shopping Trip | Happy Halloween 31 10:00 Halloween Trivia Fun 10:30 Cornhole w/Care Mgr (SP) 11:00 Go4Life Walking Club 1:00 Fitness with Henry (SP) 1:30 Pet Therapy W/Jill 3:00 Bingo Store Social (SP) 4:30 Trick or Treat with Residents 7:30 Movie Night | | |