

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|--|--|
| AR Activities Room B Bistro DRAL Dining Room FS Fitness Studio LIB 2nd Floor Library LR 1st Floor Living Room MT Movie Theatre P Patio | | 9:30 Go4Life® Walking Club 10:15 Exercise Essentials (AR) 10:45 The Daily Chronicle 11:00 Grocery & Coffee Run 11:00 Resident Support Group and Discussion 1:00 Afternoon at the Spa 1:30 Flower Arranging Club (B) 3:30 Terrific Tuesday Trivia Social (B) 6:00 Guided Meditation 6:30 Action Film (MT) | 1 9:30 Go4Life® Walking Club 10:15 Morning Workout 10:45 The Daily Chronicle 11:00 Drama Society with Erin 11:30 Lunch Bunch 1:00 Afternoon at the Spa 1:30 Movie Matinee 1:30 Meet Me At MoMa 2:00 Open Art Studio 2:00 Card Games in the Bistro 3:30 Word & Wine Social 6:30 Weekly RomCom (MT) | 2 9:30 Go4Life® Walking Club 10:00 Beauty Shop Open Today 10:15 Exercise Essentials (AR) 10:45 The Daily Chronicle 11:00 Travel Thursday 11:00 Learn Sign Language 1:30 News Currents Sr. (AR) 2:30 Card Games in the Bistro 3:30 Thankful Thursday Social (B) 6:00 Guided Meditation 6:30 Evening Movie (MT) | 3 9:30 Go4Life® Walking Club 10:15 Get Fit with Chris 10:30 Catholic Communion Service 10:45 The Daily Chronicle 11:00 Crossword Club 1:30 Current Events Club 2:00 Open Art Studio 3:30 Fabulous Friday Social (B) 4:30 Shabbat Service (LR) 6:30 Netflix Featured | 4 9:30 Go4Life® Walking Club 10:15 Exercise Essentials (AR) 10:45 The Daily Chronicle 11:00 Word Games 1:00 Live with Generosity Club 1:30 Scenic Drive 2:30 Card Games in the Bistro 3:30 Saturday Social Hour (B) 4:00 Bingo in the Bistro (AR) 6:00 Featured Concert (MT) |
| 9:30 Go4Life® Walking Club 10:15 Sunday Stretches (AR) 10:45 The Daily Chronicle 11:00 Hymns at the Piano with Ruth 11:30 Non-Denominational Prayer Service (B) 1:30 Live with Anticipation Club 2:30 Card Games in the Bistro 3:30 SingFit® Social (B) 6:00 Guided Meditation 6:30 Sunday Night Movie | 6 9:30 Go4Life® Walking Club 10:00 Beauty Shop Open Today 10:15 Exercise Essentials 10:45 The Daily Chronicle 11:00 Newspaper Reading Club 11:00 Audubon Society Club 1:30 Meet Me at MoMa 2:00 Open Art Studio 3:30 Kick Off the Week Social (B) 6:30 Documentary & Discuss (MT) | 7 9:30 Go4Life® Walking Club 10:15 Exercise Essentials (AR) 10:45 The Daily Chronicle 11:00 Grocery & Coffee Run 11:00 Resident Support Group and Discussion 1:00 Afternoon at the Spa 1:30 Flower Arranging Club (B) 2:00 Resident Council (AR) 2:30 Music Appreciation (B) 3:30 Terrific Tuesday Trivia Social (B) 6:00 Guided Meditation 6:30 Action Film (MT) | 8 9:30 Go4Life® Walking Club 10:15 Morning Workout 10:45 The Daily Chronicle 11:00 Drama Society with Erin 11:30 Lunch Bunch 1:00 Afternoon at the Spa 1:30 Movie Matinee 1:30 Meet Me At MoMa 2:00 Open Art Studio 2:00 Card Games in the Bistro 2:30 Board Game & Card Club (B) 3:30 Word & Wine Social 6:30 Weekly RomCom (MT) | 9 9:30 Go4Life® Walking Club 10:00 Beauty Shop Open Today 10:15 Exercise Essentials (AR) 10:45 The Daily Chronicle 11:00 Travel Thursday 11:00 Learn Sign Language 1:30 News Currents Sr. (AR) 2:30 Card Games in the Bistro 3:30 Thankful Thursday Social (B) 6:00 Guided Meditation 6:30 Evening Movie (MT) | 10 9:30 Go4Life® Walking Club 10:15 Get Fit with Chris 10:30 Catholic Communion Service 10:45 The Daily Chronicle 11:00 Crossword Club 1:30 Current Events Club 2:00 Open Art Studio 3:30 Fabulous Friday Social (B) 4:30 Shabbat Service (LR) 6:30 Netflix Featured | 11 9:30 Go4Life® Walking Club 10:15 Exercise Essentials (AR) 10:45 The Daily Chronicle 11:00 Word Games 1:00 Live with Generosity Club 1:30 Scenic Drive 2:30 Card Games in the Bistro 3:30 Saturday Social Hour (B) 4:00 Bingo in the Bistro (AR) 6:00 Featured Concert (MT) |
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OCTOBER 2019
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LIVE WITH PURPOSE

