

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR ACTIVITY ROOM B BISTRO L LIBRARY LR LIVING ROOM		Rosh Hashanah 9:00 Daily Chronicle 9:30 Exercise w/ Robert (AR) 9:30 WALMART (B) 10:30 Catholic Communion (AR) 1:30 Community Dance Party (REM Neighborhood) 3:00 Word Game Social (LR) 3:30 Nail Spa w/ Care Managers (B) 4:15 Go4Life Walking Club (B) 6:30 Rash Hashanah Dinner (AR)	Happy Birthday Walter G 9:00 Daily Chronicle 9:30 Irish Band Rehearsal (LR) 9:30 Exercise Essentials w/ Kathy 10:30 Meet Me at MoMa (AR) 2:00 Resident Council Meeting (Note: This month it is the 1st Wed.) 3:00 Community Crossword Puzzle Social (B) 4:15 Go4Life Walking Club (B)	9:00 Daily Chronicle 9:30 Exercise Essentials w/ Kathy (AR) 10:30 Support Group W Bayada (AR) 1:30 Entertainment: Songs from The Sound of Music 3:00 Wine and Cheese Social (B) 4:15 Go4Life Walking Club (B) 6:30 Team Trivia w/ Ann	9:00 Daily Chronicle 9:30 Exercise Essentials w/ Kathy (AR) 10:30 BINGO w/ Ann (AR) 1:15 Music Appreciation w/ Ann (AR) 3:00 Coloring Club Social (B) 4:00 Shabbat Service (AR) 4:15 Go4Life Walking Club (B)	9:00 Daily Chronicle 9:30 <i>Chair Tai Chi w/ Robert (AR)</i> 10:30 Independent Activities 1:30 Crafts w/ Joanna and An 2:30 Word Within a Word w/Ann (B) 3:00 Snack Social w/ Ann 4:15 Go4Life Walking Club (B) 6:30 Netflix Movie (AR)
ACTIVE AGING WEEK 9:00 Daily Chronicle 9:30 Exercise Club w/ Kathy (AR) 9:30 1:1 Visits w/ Susan 10:30 Bible Study w/ Kathy (AR) 11:15 All Faiths Spiritual Reflections (AR) 1:30 Video Views: Active Aging (AR) 3:00 Dear Abby Social (B) 4:15 Go4Life Walking Club (B) 6:30 POKENO (B)	Active Aging Week National Chocolate Pretzel Day 9:00 Daily Chronicle 9:30 Exercise Essentials w/ Kathy (AR) 10:30 Culinary Club: Chocolate Covered Pretzels (AR) 1:30 Floral Arranging Club w/ Judy (AR) 3:00 ACTIVE AGING WEEK w/ Laurie from Bayada Social (AR) 3:00 CC Food Share Social (B) 4:00 Needlework Club (AR) 4:15 Go4Life Walking Club (B) 6:15 Classic Movie Night (AR)	Active Aging Week 9:00 Daily Chronicle 9:30 Seated Yoga w/ Susan 11:00 News Currents (AR) 1:30 Active Aging: Community Dance Party (REM Neighborhood) (LR) 3:00 Word Game Social Social (B) 3:30 Nail Spa w/ Care Managers (AR) 4:15 Go4Life Walking Club (B)	Active Aging Week 9:00 Daily Chronicle 9:30 Active Aging: Exercise Essentials w/ Kathy 9:30 Irish Band Rehearsal (LR) 10:30 Active Aging: Balloon Volley Ball w/ Care Managers (AR) 1:30 Volley Ball w/ care managers (AR) 3:00 Word Game Social w/ Brian 4:15 Go4Life Walking Club (B)	Active Aging Week 9:00 Daily Chronicle 9:30 Active Aging: Exercise Essentials w/ Kathy (AR) 10:30 Service with Pastor Mark (AR) 1:30 Confession w/ Monsignor Hennessey (REM/Meditation Room) 2:00 Mass w/ Monsignor Hennessey (AR) 3:00 Wine and Cheese Social (B) 4:15 Go4Life Walking Club (B) 6:30 Team Trivia w/ Ann	Active Aging Week 9:00 Daily Chronicle 9:30 Active Aging: Exercise Essentials w/ Kathy (AR) 10:30 BINGO w/ Ann (AR) 1:15 Music Appreciation w/ Ann (AR) 3:00 Coloring Club Social (B) 4:00 Shabbat Service (AR) 4:15 Go4Life Walking Club (B)	Active Aging Week 9:00 Daily Chronicle 9:30 Active Aging: Chair Tai Chi w/ Robert (AR) 10:30 Independent Activities 1:30 Crafts w/ Joanna and An 2:30 Word Within a Word w/Ann (B) 3:00 Snack Social w/ Ann 4:15 Go4Life Walking Club (B) 6:30 Netflix Movie (AR)
9:00 Daily Chronicle 9:15 Catholic Communion (L) 9:30 Exercise Club w/ Kathy (AR) 9:30 1:1 Visits w/ Susan 10:30 Bible Study w/ Kathy (AR) 11:15 All Faiths Spiritual Reflections (AR) 1:30 Video Views: Our Funny Furry Friends (AR) 3:00 Readers Digest Social (B) 4:15 Go4Life Walking Club (B) 6:30 POKENO (B)	National Dessert Day 9:00 Daily Chronicle 9:30 Exercise Essentials w/ Kathy (AR) 10:30 Culinary Club: Brownies (AR) 1:30 Here's To Your Health w/ Bayada (B) 1:30 Floral Arranging Club w/ Judy (AR) 3:00 CC Food Share Social (B) 4:00 Needlework Club (AR) 4:15 Go4Life Walking Club (B) 6:15 Classic Movie Night (AR)	9:00 Daily Chronicle 9:30 Seated Yoga w/ Susan 10:30 Catholic Communion (AR) 11:00 News Currents (AR) 1:30 Buzzy Plays the Tunes (REM Neighborhood) (LR) 2:30 Sunrise Choir REM Neighborhood (LR) 3:00 Word Game Social (B) 3:30 Nail Spa w/ Care Managers (AR) 4:15 Go4Life Walking Club (B)	9:00 Daily Chronicle 9:30 Irish Band Rehearsal (LR) 9:30 Exercise Essentials w/ Kathy 10:30 Meet Me at MoMa (AR) 11:00 LUNCH TRIP: Jade Garden (B) 3:00 Snack Social (B) 4:15 Go4Life Walking Club (B)	9:00 Daily Chronicle 9:30 Sing Fit w/ Susan (AR) 10:30 Bible Study w/ Pastor Duane 1:30 Putt-Putt Golf (AR) 3:00 Wine and Cheese Social (B) 4:15 Go4Life Walking Club (B) 6:30 Team Trivia w/ Ann	9:00 Daily Chronicle 9:30 Exercise Essentials w/ Kathy (AR) 10:30 BINGO w/ Ann (AR) 1:15 Music Appreciation w/ Ann (AR) 3:00 Coloring Club Social (B) 4:00 Shabbat Service (AR) 4:15 Go4Life Walking Club (B)	9:00 Daily Chronicle 9:30 <i>Chair Tai Chi w/ Robert (AR)</i> 10:30 Independent Activities 1:30 Crafts w/ Joanna and An 2:30 Word Within a Word w/Ann (B) 3:00 Snack Social w/ Ann 4:15 Go4Life Walking Club (B) 6:30 Netflix Movie (AR)
Happy Birthday Kathleen D 9:00 Daily Chronicle 9:15 Catholic Communion (L) 9:30 Exercise Club w/ Kathy (AR) 9:30 1:1 Visits w/ Susan 10:30 Bible Study w/ Kathy (AR) 11:15 All Faiths Spiritual Reflections (AR) 1:30 DRESHER DOLLARS AUCTION (AR) 4:15 Go4Life Walking Club (B) 6:30 POKENO (B)	National Pumpkin Cheese Cake Day 9:00 Daily Chronicle 9:30 Exercise Essentials w/ Kathy (AR) 10:30 Culinary Club: Pumpkin Cheese Cake (AR) 1:30 Floral Arranging Club w/ Judy (AR) 3:00 CC Food Share Social (B) 4:00 Needlework Club (AR) 4:15 Go4Life Walking Club (B) 6:15 Classic Movie Night (AR)	Happy Birthday Philamena B 9:00 Daily Chronicle 9:30 WALMART (B) 9:30 Exercise w/ Robert (AR) 10:30 Catholic Communion (AR) 1:30 Buzzy on Piano (LR) 2:30 Sunrise Choir REM Neighborhood (LR) 3:00 Word Game Social (B) 3:30 Nail Spa w/ Care Managers (AR) 4:15 Go4Life Walking Club (B)	9:00 Daily Chronicle 9:30 Irish Band Rehearsal (LR) 9:30 Exercise Essentials w/ Kathy 1:00 TRIP: Goddard School (B) 3:00 Snack Social (B) 4:15 Go4Life Walking Club (B)	Family Night: Costume Party 9:00 Daily Chronicle 9:30 Sing Fit w/ Susan (B) 1:30 Putt-Putt Golf (AR) 3:00 Wine and Cheese Social (B) 4:15 Go4Life Walking Club (B) 5:30 FAMILY EVENT: Costume Party (LR)	9:00 Daily Chronicle 9:30 Exercise Essentials w/ Kathy (AR) 10:30 BINGO w/ Ann (AR) 1:15 Music Appreciation w/ Ann (AR) 3:00 Coloring Club Social (B) 4:00 Shabbat Service (AR) 4:15 Go4Life Walking Club (B)	9:00 Daily Chronicle 9:30 <i>Chair Tai Chi w/ Robert (AR)</i> 10:30 Independent Activities 1:30 Crafts w/ Joanna and An 2:30 Word Within a Word w/Ann (B) 3:00 Snack Social w/ Ann 4:15 Go4Life Walking Club (B) 6:30 Netflix Movie (AR)
9:00 Daily Chronicle 9:15 Catholic Communion (L) 9:30 Exercise Club w/ Kathy (AR) 9:30 1:1 Visits w/ Susan 10:30 Bible Study w/ Kathy (AR) 11:15 All Faiths Spiritual Reflections (AR) 1:30 Video Views: The Month's News in Pictures (AR) 3:00 Creative Forecast Social 4:15 Go4Life Walking Club (B) 6:30 POKENO (B)	National Chocolate Day 9:00 Daily Chronicle 9:30 Exercise Essentials w/ Kathy (AR) 10:30 Culinary Club: Chocolate Cake (AR) 1:30 Floral Arranging Club w/ Judy (AR) 3:00 CC Food Share Social (B) 4:00 Needlework Club (AR) 4:15 Go4Life Walking Club (B) 6:15 Classic Movie Night (AR)	EVENING FALL CHOIR 9:00 Daily Chronicle 9:30 Seated Yoga w/ Susan 10:30 Catholic Communion (AR) 11:00 News Currents (AR) 1:30 Buzzy on Piano (LR) 2:30 Sunrise Choir REM Neighborhood (LR) 3:00 Word Game Social (B) 3:30 Nail Spa w/ Care Managers (AR) 4:15 Go4Life Walking Club (B) 6:30 Fall Choir (LR)	9:00 Daily Chronicle 9:30 Irish Band Rehearsal (LR) 9:30 Exercise Essentials w/ Kathy 1:30 TRIP: Elmwood Zoo (B) 3:00 Snack Social (B) 4:15 Go4Life Walking Club (B)	Halloween 9:00 Daily Chronicle 9:30 Sing Fit w/ Susan (AR) 11:00 Special Halloween Arm Chair Travels (AR) 1:30 Putt-Putt Golf (AR) 3:00 Spooktacular Wine and Cheese Social (B) 4:15 Go4Life Walking Club (B) 6:30 Team Trivia w/ Ann		