

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																												
		9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Noodles 10:30 Sing Fit 11:00 Word of the Day 1:30 Music with Lil Joe 1:30 Makeovers & Manicures w/ RC 2:30 Homemade Cookie Day 2:30 Life Skills 3:30 Bulletin Board Trivia 6:00 Baking Club 6:30 Evening Meditation	1 9:30 Go4Life@ Walking Club 10:00 Communion with Bob from Holy Family Parish 10:30 Exercise Essentials with Weights 11:00 Maintain Your Brain 1:30 Bus ride to White House 1:30 Veterans Club 2:30 Name your Car Day 2:30 Letters Home 3:00 Person, Place, or Thing Social 3:30 Remember When? 6:00 Baking Club 6:30 Hand Massage & Hot Chocolate	2 9:00 Beauty Shop with Denise 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Balls 10:30 News Currents SR 11:00 Name 5 1:30 Sing Fit 2:30 National Poetry Day 2:30 Lap Baskets 3:30 Hang Man 6:00 Baking Club 6:30 Evening Meditation	3 9:30 Go4Life@ Walking Club 10:00 Communion & Prayer Service with Deacon Mike 10:30 Exercise Essentials- Bands 11:00 Meet me at MtMA w/ RC 1:30 Community Service Project 2:30 National Taco Day 2:30 Life Skills 3:00 Learning About Merlot Social 3:30 Joke of The Day 6:00 Baking Club 6:30 Mvbie & Popcorn	4 9:00 Bread Baking 9:30 Go4Life@ Walking Club 10:00 Maestro-cise 10:30 Conversation Starters 12:00 Alzheimer's Support Group 1:30 Dr Wilkins 1:30 Teachers Club 2:30 World Teachers Day 3:00 What comes to mind 3:45 Joke of the Day 6:00 Bingo 6:30 Evening Meditation	5 8:30 Catholic Church Outing 9:30 Go4Life@ Walking Club 10:00 Go4Life@ Exercise 10:30 Protestant Church Outing 10:30 Vindicator News 11:00 Alphabet Categories 1:30 Sing Fit 3:00 Learn About Chocolate Sundaes 6:00 Baking Club 6:30 Feel The Beat	6 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Pom Poms 10:30 Vindicator News 11:00 Links Senior 1:00 Floral Arranging 1:00 Laughter Yoga with RC 1:30 Live with Anticipation Club 2:30 National Frappe Day 2:30 Letters Home 3:30 Joke of the Day 6:00 Baking Club 6:30 Bible Study & Youth Music	7 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Noodles 10:30 Sing Fit 11:00 Word of the Day 1:30 Music with Tom Cramer 1:30 Makeovers & Manicures w/ RC 2:30 Life Skills 3:30 Bulletin Board Trivia 6:00 Baking Club 6:30 Evening Meditation	8 9:30 Go4Life@ Walking Club 10:00 Communion with Bob from Holy Family Parish 10:30 Exercise Essentials with Weights 11:00 Maintain Your Brain 11:30 Lunch Bunch 1:30 Veterans Club 1:30 Don & Sandy Gospel Sing-Along 2:30 World Post Day Social 2:30 Letters Home 3:00 Guess the Year Social 3:30 Remember When? 6:00 Baking Club 6:30 Hand Massage & Hot Chocolate	9 9:00 Beauty Shop with Denise 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Balls 10:30 News Currents SR 11:00 Name 5 1:30 Sing Fit 2:30 National Cake Decorating Social 2:30 Lap Baskets 3:30 Hang Man 6:00 Baking Club 6:30 Evening Meditation	10 9:30 Go4Life@ Walking Club 10:00 Communion & Prayer Service with Deacon Mike 10:30 Exercise Essentials- Bands 11:00 Sip n Paint w/RC 1:30 Community Service Project 2:30 Life Skills 3:00 Learning About Muscato Social 3:30 Joke of The Day 6:00 Baking Club 6:30 Mvbie & Popcorn	11 9:00 Bread Baking 9:30 Go4Life@ Walking Club 10:00 Bean Bag Toss 10:30 Massage with Hope 10:30 Conversation Starters 1:30 Book Club 2:30 National Farmers Day Social 3:00 What comes to mind 3:45 Joke of the Day 6:00 Bingo 6:30 Evening Meditation	12 8:30 Catholic Church Outing 9:30 Go4Life@ Walking Club 10:00 Go4Life@ Exercise 10:30 Protestant Church Outing 10:30 Vindicator News 11:00 Alphabet Categories 1:30 Sing Fit 3:00 Learning About Strawberry Sundaes 6:00 Baking Club 6:30 Childhood Memories	13 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Pom Poms 10:30 Vindicator News 11:00 Links Senior 1:00 Floral Arranging 1:00 Laughter Yoga with RC 1:30 Live with Anticipation Club 2:30 Columbus Day Social 2:30 Letters Home 3:30 Joke of the Day 6:00 Baking Club 6:30 Bible Study & Youth Music	14 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Noodles 10:30 Sing Fit 11:00 Word of the Day 11:30 Mens Luncheon 1:30 Music with Lon G 1:30 Makeovers & Manicures w/ RC 2:30 I love Lucy Social 2:30 Life Skills 3:30 Bulletin Board Trivia 6:00 Baking Club 6:30 Evening Meditation	15 9:30 Go4Life@ Walking Club 10:00 Communion with Bob from Holy Family Parish 10:30 Exercise Essentials with Weights 11:00 Maintain Your Brain 1:30 Bus ride to Millcreek park 1:30 Veterans Club 2:30 Global Cat Day Social 2:30 Letters Home 3:00 Person, Place, or Thing Social 3:30 Remember When? 6:00 Baking Club 6:30 Hand Massage & Hot Chocolate	16 9:00 Beauty Shop with Denise 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Balls 10:30 News Currents SR 11:00 Name 5 1:30 Sing Fit 2:30 Mulligan day Social 2:30 Lap Baskets 3:30 Hang Man 6:00 Baking Club 6:30 Evening Meditation	17 9:30 Go4Life@ Walking Club 10:00 Communion & Prayer Service with Deacon Mike 10:30 Exercise Essentials- Bands 11:00 Meet me at MtMA w/ RC 1:30 Community Service Project 2:30 Life Skills 3:00 Learning About Zinfandel Social 3:30 Joke of The Day 6:00 Baking Club 6:30 Mvbie & Popcorn	18 8:30 Alzheimer's Walk 9:00 Bread Baking 9:30 Go4Life@ Walking Club 10:00 Ring Toss 10:30 Conversation Starters 1:30 Book Club 2:30 National Pumpkin Day Social 3:00 What comes to mind 3:45 Joke of the Day 6:00 Bingo 6:30 Evening Meditation	19 8:30 Catholic Church Outing 9:30 Go4Life@ Walking Club 10:00 Go4Life@ Exercise 10:30 Protestant Church Outing 10:30 Vindicator News 11:00 Communion with Kathy 11:00 Alphabet Categories 1:30 Sing Fit 3:00 Learning About Carmel Sundae 6:00 Baking Club 6:30 Feel The Beat	20 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Pom Poms 10:30 Vindicator News 11:00 Links Senior 1:00 Floral Arranging 1:00 Laughter Yoga with RC 1:30 Live with Anticipation Club 2:30 National Apple Day Social 2:30 Letters Home 3:30 Joke of the Day 6:00 Baking Club 6:30 Bible Study & Youth Music	21 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Noodles 10:30 Sing Fit 11:00 Word of the Day 1:30 Resident Council 1:30 Makeovers & Manicures w/ RC 2:30 National Nut Day 2:30 Life Skills 3:00 New Resident Reception 3:30 Bulletin Board Trivia 6:00 Baking Club 6:30 Evening Meditation	22 9:30 Go4Life@ Walking Club 10:00 Communion with Bob from Holy Family Parish 10:30 Exercise Essentials with Weights 11:00 Maintain Your Brain 1:30 Chocolate Cupcake Day 1:30 Bus ride to Villa Marie 1:30 Veterans Club 2:30 Letters Home 3:00 Guess the Year Social 3:30 Remember When? 6:00 Baking Club 6:30 Hand Massage & Hot Chocolate	23 9:00 Beauty Shop with Denise 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Balls 10:30 News Currents SR 11:00 Name 5 1:30 Sing Fit 2:30 National Bologna Day Social 2:30 Lap Baskets 3:00 Live Life Full Support Group 3:30 Hang Man 6:00 Baking Club 6:30 Evening Meditation	24 9:30 Go4Life@ Walking Club 10:00 Communion & Prayer Service with Deacon Mike 10:30 Exercise Essentials- Bands 11:00 Sip n Paint w/RC 1:30 Community Service Project 2:30 Life Skills 3:00 Learning About Sangria Social 3:30 Joke of The Day 6:00 Baking Club 6:30 Mvbie & Popcorn	25 8:30 Alzheimer's Walk 9:00 Bread Baking 9:30 Go4Life@ Walking Club 10:00 Ring Toss 10:30 Conversation Starters 1:30 Book Club 2:30 National Pumpkin Day Social 3:00 What comes to mind 3:45 Joke of the Day 6:00 Bingo 6:30 Evening Meditation	26 8:30 Catholic Church Outing 9:30 Go4Life@ Walking Club 10:00 Go4Life@ Exercise 10:30 Protestant Church Outing 10:30 Vindicator News 11:00 Alphabet Categories 1:30 Hymn's with Dan 1:30 Sing Fit 3:00 Learn About Butterscotch Sundae 6:00 Baking Club 6:30 Childhood Memories	27 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Pom Poms 10:30 Vindicator News 11:00 Links Senior 1:00 Floral Arranging 1:00 Laughter Yoga with RC 1:30 Live with Anticipation Club 2:30 National Chocolate Day 2:30 Letters Home 3:30 Joke of the Day 6:00 Baking Club 6:30 Bible Study & Youth Music	28 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Noodles 10:30 Sing Fit 11:00 Word of the Day 1:30 Pumpkin Carving 1:30 Makeovers & Manicures w/ RC 2:30 National Oatmeal Day Social 2:30 Life Skills 3:30 Bulletin Board Trivia 6:00 Baking Club 6:30 Evening Meditation	29 9:30 Go4Life@ Walking Club 10:00 Communion with Bob from Holy Family Parish 10:30 Exercise Essentials with Weights 11:00 Maintain Your Brain 1:30 Halloween Party 1:30 Veterans Club 2:30 Carmel Apple Day Social 2:30 Letters Home 3:30 Remember When? 6:00 Trick or Treat 6:00 Baking Club 6:30 Hand Massage & Hot Chocolate	30 9:00 Beauty Shop with Denise 9:30 Go4Life@ Walking Club 10:00 Exercise Essentials- Balls 10:30 News Currents SR 11:00 Name 5 1:30 Sing Fit 2:30 Halloween Day Social 2:30 Lap Baskets 3:30 Hang Man 6:00 Baking Club 6:30 Evening Meditation	31	