

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Room B AL Bistro BUS Bus Outing LR AL Living Room RB Reminiscence Bistro RLR Reminiscence Living Room TV TV Room		9:30 Daily Chronicle and Coffee Club (B) 1 10:00 Go4Life® Chair Yoga (LR) 10:30 Baker's Club (B) 11:00 Lunch Bunch Outing (BUS) 1:00 Go4Life® Walking Club 2:15 Fitness Time with Sam (LR) 3:00 Baker's Club Social (B) 6:15 Coloring by Numbers (B) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 2 10:00 Chair Exercise (LR) 11:00 SingFit (TV) 1:00 Go4Life® Walking Club 1:30 Flower Club (B) 3:00 Anticipation Club Social (B) 4:30 Evening Meditation (TV) 6:15 Jumbo Bowling (LR) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 3 10:00 Morning Stretch (LR) 11:00 Hand Massages and Manicures (B) 1:00 Go4Life® Walking Club 1:30 Name 5... (LR) 2:30 Fitness Time with Jim (LR) 3:00 Afternoon Social (B) 3:30 Key Chain Craft (B) 3:30 Bible Study w/ Yolanda (TV) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 4 10:00 Exercise Essentials (LR) 11:00 SingFit (LR) 1:00 Go4Life® Walking Club 2:00 Live w/ Generosity Service Project (B) 3:00 Daily Social (B) 3:30 Short Stories (LR) 6:15 Bingo for Bucks 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 5 10:00 Exercise Essentials (LR) 1:00 Go4Life® Walking Club 1:30 Craft Corner (B) 1:30 Classic Movie & Popcorn (AR) 2:00 SingFit (TV) 3:00 Wine & Cheese Social (B) 7:00 Night Owl Social (B)
9:30 Daily Chronicle and Coffee Club (B) 6 9:30 Mass at St. Fabian (BUS) 10:30 Morning Stretch (LR) 11:30 Remember When...? (LR) 1:00 Go4Life® Walking Club 2:30 Hot Chocolate Outing (BUS) 3:00 Sunday Social & Chit Chat (B) 6:15 Adult Coloring Pages (B) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 7 10:30 Exercise Essentials (LR) 1:00 Go4Life® Walking Club 2:30 Beach Ball Exercise (LR) 3:00 Afternoon Social (B) 3:45 Sheryl Entertains (LR) 4:30 Evening Meditation (TV) 6:15 Name 5... (LR) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 8 10:30 Baker's Club (B) 11:00 Su's News, Muse & Views (LR) 11:00 Lunch Bunch Outing (BUS) 1:00 Go4Life® Walking Club 2:15 Fitness Time with Jim (LR) 3:00 Baker's Club Social (B) 6:15 Coloring by Numbers (B) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 9 10:00 Chair Exercise (LR) 11:00 SingFit (TV) 1:00 Go4Life® Walking Club 1:30 Flower Club (B) 2:00 Long Family Apple Orchard Outing (BUS) 3:00 Anticipation Club Social (B) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 10 10:00 Morning Stretch (LR) 10:15 Luann's Dance Performance (B) 11:00 Hand Massages and Manicures (B) 1:00 Go4Life® Walking Club 1:30 Name 5... (LR) 2:30 Fitness Time with Jim (LR) 3:00 Afternoon Social (B) 3:30 Trivia Time (B) 3:30 Bible Study w/ Yolanda (TV) 6:15 Bean Bag Toss (LR) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 11 10:00 Exercise Essentials (LR) 10:30 Meet me at MOMA (B) 11:00 SingFit (LR) 1:00 Go4Life® Walking Club 2:00 Live w/ Generosity Service Project (B) 3:00 Daily Social (B) 6:15 Bingo for Bucks 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 12 10:00 Exercise Essentials (LR) 1:00 Go4Life® Walking Club 1:30 Craft Corner (B) 1:30 Classic Movie & Popcorn (AR) 2:00 SingFit (TV) 3:00 Wine & Cheese Social (B) 6:15 Reminiscing with the Senses (B) 7:00 Night Owl Social (B)
9:30 Daily Chronicle and Coffee Club (B) 13 9:30 Mass at St. Fabian (BUS) 10:30 Morning Stretch (LR) 1:00 Go4Life® Walking Club 2:30 Target Shopping Outing (BUS) 3:00 Sunday Social & Chit Chat (B) 6:15 Adult Coloring Pages (B) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 14 10:00 Exercise Essentials (LR) 10:30 Tom Z Entertains (LR) 1:00 Go4Life® Walking Club 1:15 SingFit® (TV) 3:00 Afternoon Social (B) 3:30 Halloween Craft (B) 4:30 Evening Meditation (TV) 6:15 Family Support Group (AR) 6:15 Name 5... (LR) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 15 10:00 Go4Life® Chair Yoga (LR) 10:30 Baker's Club (B) 11:00 Lunch Bunch Outing (BUS) 1:00 Go4Life® Walking Club 2:15 Fitness Time with Jim (LR) 3:00 Baker's Club Social (B) 6:15 Coloring by Numbers (B) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 16 10:00 Chair Exercise (LR) 11:00 SingFit (TV) 1:00 Go4Life® Walking Club 1:30 Flower Club (B) 3:00 Anticipation Club Social (B) 4:30 Hospitality Cart 6:15 Jumbo Bowling (LR) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 17 10:00 Morning Stretch (LR) 11:00 Hand Massages and Manicures (B) 1:00 Go4Life® Walking Club 1:30 Name 5... (LR) 2:30 Fitness Time with Jim (LR) 3:00 Afternoon Social (B) 3:30 Adult Coloring Pages (B) 6:15 Bean Bag Toss (LR) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 18 10:00 Exercise Essentials (LR) 11:00 SingFit (LR) 1:00 Go4Life® Walking Club 2:00 Live w/ Generosity Service Project (B) 3:00 Daily Social (B) 3:30 Short Stories (LR) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 19 10:00 Exercise Essentials (LR) 1:00 Go4Life® Walking Club 1:30 Craft Corner (B) 1:30 Classic Movie & Popcorn (AR) 2:00 SingFit (TV) 3:00 Wine & Cheese Social (B) 6:15 Short Story Time (B) 7:00 Night Owl Social (B)
9:30 Daily Chronicle and Coffee Club (B) 20 9:30 Mass at St. Fabian (BUS) 10:30 Morning Stretch (LR) 1:00 Movie Theater Outing (BUS) 1:00 Go4Life® Walking Club 3:00 Sunday Social & Chit Chat (B) 6:15 Adult Coloring Pages (B) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 21 10:00 Exercise Essentials (LR) 10:30 Tom Z Entertains (LR) 11:00 Library Visit (LR) 1:00 Peaceful Connections Massage Therapy 1:00 Go4Life® Walking Club 3:00 Afternoon Social (B) 3:30 Cranium Crunches (B) 4:30 Evening Meditation (TV) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 22 10:00 Go4Life® Chair Yoga (LR) 10:30 Baker's Club (B) 11:00 Lunch Bunch Outing (BUS) 1:00 Go4Life® Walking Club 2:15 Fitness Time with Jim (LR) 3:00 Baker's Club Social (B) 6:15 Coloring by Numbers (RB) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 23 10:00 Chair Exercise (LR) 10:30 Joel Entertains (LR) 1:00 Go4Life® Walking Club 1:30 Flower Club (B) 3:00 Anticipation Club Social (B) 4:30 Evening Meditation (TV) 6:15 Jumbo Bowling (LR) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 24 10:00 Morning Stretch (LR) 10:15 Luann's Dance Performance (B) 11:00 Hand Massages and Manicures (B) 1:00 Go4Life® Walking Club 1:30 Name 5... (LR) 2:30 Fitness Time with Jim (LR) 3:00 Afternoon Social (B) 3:30 Bible Study w/ Yolanda (TV) 6:15 Bean Bag Toss (LR) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 25 10:00 Exercise Essentials (LR) 10:30 Meet me at MOMA (B) 11:00 SingFit (LR) 1:00 Go4Life® Walking Club 2:00 Live w/ Generosity Service Project (B) 3:00 Daily Social (B) 6:15 Bingo for Bucks 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 26 10:00 Exercise Essentials (LR) 1:00 Go4Life® Walking Club 1:30 Craft Corner (B) 1:30 Classic Movie & Popcorn (AR) 2:00 SingFit (TV) 3:00 Wine & Cheese Social (B) 6:15 Music Reflection (B) 7:00 Night Owl Social (B)
9:30 Daily Chronicle and Coffee Club (B) 27 9:30 Mass at St. Fabian (BUS) 10:30 Morning Stretch (LR) 1:00 Go4Life® Walking Club 3:00 Sunday Social & Chit Chat (B) 6:00 Halloween Party 6:15 Adult Coloring Pages (B) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 28 10:00 Exercise Essentials (LR) 1:00 Go4Life® Walking Club 1:15 SingFit® (TV) 2:30 Beach Ball Exercise (LR) 3:00 Afternoon Social (B) 4:30 Evening Meditation (TV) 6:15 Name 5... (LR) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 29 10:00 Go4Life® Chair Yoga (LR) 10:30 Baker's Club (B) 11:00 Lunch Bunch Outing (BUS) 1:00 Go4Life® Walking Club 2:15 Fitness Time with Jim (LR) 3:00 Baker's Club Social (RB) 6:15 Coloring by Numbers (RB) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 30 10:00 Chair Exercise (LR) 11:00 SingFit (TV) 1:00 Go4Life® Walking Club 1:30 Flower Club (B) 3:00 Anticipation Club Social (B) 4:30 Evening Meditation (TV) 6:15 Jumbo Bowling (LR) 7:00 Night Owl Social (B)	9:30 Daily Chronicle and Coffee Club (B) 31 10:00 Morning Stretch (LR) 11:00 Hand Massages and Manicures (B) 1:00 Go4Life® Walking Club 1:30 Name 5... (LR) 2:30 Fitness Time with Jim (LR) 3:00 BINGO Bucks Store (B) 3:00 Afternoon Social (B) 3:30 Resident Council (TV) 3:30 Halloween Activity & Trivia (B) 3:30 Bible Study w/ Yolanda (TV) 6:15 Bean Bag Toss (LR) 7:00 Night Owl Social (B)		