Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Room ARK Activity Room Kitchen BR Bistro CY Courtyard DR Dining Room LFK Live with Fulfillment Kitchen LR Living Room LWF Live with Fulfillment Oub Hub O Outing DR Private Dining Room RDR Reminiscence Dining Room RK Reminiscence Kitchen RL Reminiscence Lounge RLR Reminiscence Living Room RP Reminiscence Living Room RP Reminiscence Living Room RP Reminiscence Living Room RP Reminiscence Parlor		9:30 Exercise Essentials (Activity Room) 10:00 Wil Jeopardy (Activity Room) 11:00 Go4Life Walking Club 1:30 Bingo Club with Charissa 3:00 Tipsy Tuesday (Activity Room) 3:45 Balloon Volleyball (Activity Room) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Game Hour (Terrace Club Library)	9:30 Yoga with Julia (Activity Room) 10:00 Meet I/ve at MbMA (Activity Room) 10:30 Introducing Felicia & her story (AR) 10:30 Go4Life Walking Club 11:00 Shadow Box Creations (LWF) 1:30 Crafts with Laura (Activity Room) 3:00 Entertainment with Dawn Fellmer (AR) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Hand Massages & Meditation (Living Room) 7:00 Late Night Movie (Activity Room)	9:30 Evercise Essentials (Activity Room) 10:00 Wii Bowling (Activity Room) 10:30 Go4Life Walking Club 11:00 Live with Anticipation (Activity Room) 1:30 Bingo Club (AR) 3:00 Word Search Social (Activity Room) 3:45 Balloon Hockey (Activity Room) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Free Time Game Play (Terrace Club Library) 7:00 Late Night Movie (Activity Room)	Flu Shot Clinic 9:00 Shopping Outing @ CVS 10:00 Exercise Essentials 10:30 Go4Life Walking Oub 11:00 Philosopy 101 (AR) 1:30 Pretty Nails 3:00 SingFit Social (Activity Room) 3:45 Balloon Volleyball 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Wii Jeopardy (Activity Room)	9:30 Exercise Essentials 10:15 Crazy Bingo (AR) 11:00 Go4Life Walking Club (Meet in Bistro) 1:30 Travel Club 3:00 Bernie on the Plano Social (Bistro) 3:45 Balloon Hockey (Activity Room) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Scrabble (Terrace Club Library)
11:00 Holy Communion & Rosary Reading 1:30 Bingo Club with Linda (LWF) 3:00 Root Beer Float & Wii Social (Activity Room) 3:45 Kickball (AR) 4:15 Daily Prayer & Reflection (Activity Room) 6:00 Late Night Wii Jeopardy (Activity Room)	Halloween Door Decorating begins 9:30 Exercise Essentials 10:00 News Currents with Linda 10:30 Garden Club (CY) 11:00 Lunch Bunch @ Famous Dave's (BR) 1:30 Monday Matinee 1:45 Game Time Hour (Terrace Club) 2:00 Go4Life Walking Club 3:00 Word Scramble Social (BR) 3:45 Balloon Baseball 4:15 Daily Prayer & Reflection (Activity Room) 6:00 Late Night Wii Bowling (Activity Room)	Yom Kippur Begins at Sundown 9:30 Exercise Essentials (Activity Room) 10:00 Wii Jeopardy (Activity Room) 11:00 Go4Life Walking Qub 1:30 Bingo Club with Charissa 3:00 Tipsy Tuesday w/ Nellie Norris (Activity Room) 3:45 Mni Colf 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Came Hour (Terrace Qub Library)	Yom Kippur 9:30 Yoga with Julia (Activity Room) 10:00 Meet Me at MoMA (Activity Room) 10:30 Go4Life Walking Club 11:00 Creative Writing w/ Vanessa (AR) 1:30 Crafts with Laura (Activity Room) 3:00 Andy the Puppeteer (AR) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Hand Massages & Meditation (Living Room) 7:00 Late Night Movie (Activity Room)	Country Store opens @ 9am 9:00 Country Store (Activity Room) 10:00 Wil Bowling (Activity Room) 10:30 Go4Life Walking Club 11:00 Live with Anticipation (Activity Room) 1:30 Bingo Club (AR) 3:00 The Voice of Theresa Social (AR) 3:45 Balloon Hockey (Activity Room) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Free Time Game Play (Terrace Club Library) 7:00 Late Night Movie (Activity Room)	9:00 Shopping Outing @ Smiths 10:00 Exercise Essentials 10:30 Go4Life Walking Club 11:00 Philosopy 101 (AR) 1:30 Pretty Nails 3:00 SingFit Social (Activity Room) 3:45 Balloon Volleyball 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Wii Jeopardy (Activity Room)	9:30 Exercise Essentials 10:15 Crazy Bingo (AR) 11:00 Connie Master's Gospel 11:00 Go/Life Walking Club (Meet in Bistro) 1:30 Travel Club 3:00 Clark on the Flute Social (Bistro) 3:45 Balloon Hockey (Activity Room) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Scrabble (Terrace Club Library)
9:30 Exercise Essentials with Linda 10:00 Go4Life Walking Club 10:30 B.I.O.N.I.C Club (Activity Room) 11:00 Holy Communion & Rosary Reading 1:30 Bingo Club with Linda (LWF) 3:00 Root Beer Float & Wii Social (Activity Room) 3:45 Kickball (AR) 4:15 Daily Prayer & Reflection (Activity Room) 6:00 Late Night Wii Jeopardy (Activity Room)	Columbus Day! 9:30 Exercise Essentials 10:00 News Ourrents with Linda 10:30 Garden Olub (CY) 1:30 Monday Matinee 1:45 Garme Time Hour (Terrace Olub) 2:00 Go4Life Walking Olub 3:00 Word Scramble Social (BR) 3:45 Balloon Baseball 4:15 Daily Prayer & Reflection (Activity Room) 6:00 Late Night Wii Bowling (Activity Room)	Oktoberfest 3-5pm 9:30 Exercise Essentials (Activity Room) 10:00 Wil Jeopardy (Activity Room) 11:00 Go4Life Walking Club 1:30 Bingo Club with Charissa 3:00 Oktoberfest Social (Activity Room) 3:45 Balloon Volleyball (Activity Room) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Came Hour (Terrace Club Library)	3:00 Wine & Word Search Social (AR)	9:30 Exercise Essentials (Activity Room) 10:30 Wii Bowling (Activity Room) 10:30 Go4Life Walking Club 11:00 Live with Anticipation (Activity Room) 1:30 Bingo Club (AR) 3:00 Lou Demois Happy Hour (Activity Room) 3:45 Balloon Hockey (Activity Room) 4:15 Paily Prayer & Reflection (Activity Room) 6:15 Free Time Game Play (Terrace Club Library) 7:00 Late Night Movie (Activity Room)	9:00 Shopping Outing @ Target 10:00 Exercise Essentials 10:30 Go4Life Walking Club 11:00 Philosopy 101 (AR) 1:30 Pretty Nails 3:00 SingFit Social (Activity Room) 3:45 Balloon Volleyball 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Wi Jeopardy (Activity Room)	Alzheimer's Walk @ Town Square Happy Birthday Betty C! 9:30 Exercise Essentials 10:15 Crazy Bingo (AR) 11:00 GodLife Walking Club (Meet in Bistro) 1:30 Travel Club 3:00 Hangman Social (Bistro) 3:45 Balloon Hockey (Activity Room) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Scrabble (Terrace Club Library)
11:00 Holy Communion & Rosary Reading 1:30 Bingo Club with Linda (LWF) 3:00 Boot Beer Float & Wii Social (Activity Room) 3:45 Kickball (AR) 4:15 Daily Prayer & Reflection (Activity Room) 6:00 Late Night Wii Jeopardy (Activity Room)	9:30 Exercise Essentials 10:00 News Currents with Linda 10:30 Garden Club (CY) 11:00 Lunch Bunch @ Red Robin (BR) 1:30 Monday Matinee 1:45 Game Time Hour (Terrace Club) 2:00 Go4Life Walking Club 3:00 Word Scramble Social (BR) 3:45 Balloon Baseball 4:15 Daily Prayer & Reflection (Activity Room) 6:00 Late Night Wii Bowling (Activity Room)	9:30 Exercise Essentials (Activity Room) 10:00 Wil Jeopardy (Activity Room) 11:00 Go4Life Walking Club 1:30 Bingo Club with Charissa 3:15 Tipsy Tuesday w/ Mchael Sara (Activity Room) 3:45 Mni Colf 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Game Hour (Terrace Club Library)	9:30 Yoga with Julia (Activity Room) 10:00 Meet Me at MoMA (Activity Room) 10:30 Go4Life Walking Club 11:00 Creative Witing w Vanessa (AR) 2:00 Dining Services & Resident Council (AR) 3:00 Brain Teaser Social (AR) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Hand Massages & Meditation (Living Room) 7:00 Late Night Movie (Activity Room)	United Nation's Day 9:30 Exercise Essentials (Activity Room) 10:00 Wii Bowling (Activity Room) 10:30 Go4Life Walking Club 11:00 Live with Anticipation (Activity Room) 1:30 Bingo Club (AR) 3:40 Balloon Hockey (Activity Room) 4:15 Dinner/Casino Night @ Fiesta (BR) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Free Time Game Play (Terrace Club Litrary) 7:00 Late Night Movie (Activity Room)	9:00 Shopping Outing @ Trader Joe's 10:00 Exercise Essentials 10:30 Go4Life Walking Club 11:00 Philosopy 101 (AR) 1:30 Pretty Nails 3:00 SingFit Social (Activity Room) 3:45 Balloon Volleyball 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Wii Jeopardy (Activity Room)	Halloween Party 3-5pm 9:30 Exercise Essentials 10:15 Crazy Bingo (AR) 11:00 Go4Life Walking Club (Meet in Bistro) 1:30 Travel Club 3:00 Hallow een Party Festivities (Bistro) 3:45 Balloon Hockey (Activity Room) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Scrabble (Terrace Club Library)
Happy Birthday Mary V! 9:30 Exercise Essentials with Linda 10:00 Go4Life Walking Club 10:30 B.I.O.N.I.C Club wGail (Activity Room) 11:00 Holy Communion & Rosary Reading 1:30 Bingo Club with Linda (LWF) 3:00 Root Beer Float & Wii Social (Activity Room) 3:45 Kickball (AR) 4:15 Daily Prayer & Reflection (Activity Room) 6:00 Late Night Wii Jeopardy (Activity Room)	9:30 Exercise Essentials 10:00 News Ourrents with Linda 10:30 Garden Qub (CY) 1:30 Monday Matinee 1:45 Garme Time Hour (Terrace Qub) 2:00 Go4Life Walking Qub 3:00 Word Scramble Social (BR) 3:45 Balloon Baseball 4:15 Daily Prayer & Reflection (Activity Room) 6:00 Late Night Wii Bowling (Activity Room)	9:30 Exercise Essentials (Activity Room) 10:00 Wil Jeopardy (Activity Room) 11:00 Go4Life Walking Oub 1:30 Bingo Olub with Charissa 3:00 Tipsy Tuesday (Activity Room) 3:45 Balloon Volleyball (Activity Room) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Late Night Came Hour (Terrace Olub Library)	Happy Birthday Dolores M! 9:30 Yoga with Julia (Activity Room) 10:00 Meet Me at MoWA (Activity Room) 10:30 Go4Life Walking Olub 11:00 Shadow Box Creations (LWF) 1:30 Crafts with Laura (Activity Room) 3:00 Wine & Word Search Social (AR) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Hand Massages & Meditation (Living Room) 7:00 Late Night Movie (Activity Room)	Happy Halloween!! 9:30 Exercise Essentials (Activity Room) 10:00 Wii Bowling (Activity Room) 10:30 Go4Life Walking Club 11:00 Live with Anticipation (Activity Room) 1:30 Bingo Club (AR) 3:00 Spootkacular Social (Activity Room) 3:45 Balloon Hockey (Activity Room) 4:15 Daily Prayer & Reflection (Activity Room) 6:15 Free Time Game Play (Terrace Club library) 7:00 Late Night Movie (Activity Room)		

## OCTOBER 2019 Assisted Living Sunrise of Henderson

**LIVE WITH PURPOSE** 

