

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Library DR Dining Room			10:00 Coffee & Conversation (DR) 1 10:30 Strong seniors 11:00 SingFit (DR) 11:30 Balloon fun 1:30 Baking Club 2:00 Go4Life® Walking Club 2:30 Mini golf 3:00 Winterfest Social (DR) 3:30 Hand Massages and art project 4:00 Flute with Matt 6:30 Easy Listening Music	10:00 Coffee and Current Events 2 10:30 SingFit 11:30 Mini golf 1:30 Work out after lunch 2:00 Trivia 3:00 Thursday Tea social (DR) 3:30 Color me fun 4:00 Go4Life® Walking Club 6:30 Jazz Appreciation Night	10:00 ZUMBA w/Cynthia 3 11:00 Hangman and Word Games 1:30 Coffee and Current events 2:00 Bistro Bowling 3:00 Frosty and Fun Social (DR) 4:00 Finish the Phrase 4:00 Catholic Communion 6:30 Easy Listening Music	10:00 Good Morning Chat & Updates! 4 10:30 Saturday Sports 11:00 Baking Club 2:00 Bingo 3:00 Cookies & Comedy Social 3:30 Color me fun 4:00 Go 4 Life Walking Club 6:30 Mystery Movie Night
10:00 Good Morning Chat & Updates! 5 10:30 Morning yoga 11:30 Sunday Hymns (DR) 2:00 Walk and roll 2:30 Brain games 3:00 Brownie Social (DR) 3:30 Hand Massages and artistry 4:00 Singing group 6:30 Sunday Night Movie	10:00 Morning exercise 6 10:30 Coffee and chronicals 11:30 SingFit (DR) 1:00 Go 4 Life Walking Club 1:30 Bingo 2:30 Trivia (DR) 3:00 Gourmet Coffee and Danish Pet Therapy Social (DR) 3:30 Hand Massages and coloring 4:00 Mind games! 6:30 Easy Listening Music	10:00 Zumba with Cynthia 7 11:00 Coffee and Current Events 11:30 Mini golf 1:30 SingFit (DR) 2:00 Bake It Forward 3:00 Wine and Cheese Social (DR) 3:30 Coloring time 4:00 Go4Life Walking Club 6:30 Comedy Movie Night	10:00 Coffee & Conversation (DR) 8 10:30 Strong seniors 11:00 SingFit (DR) 1:30 Mind games 2:00 Balloon games 2:30 Go4Life® Walking Club 3:00 Winterfest Social (DR) 3:30 Hand Massages and art project 4:00 End of day singing 6:30 Easy Listening Music	10:00 Coffee and Current Events 9 10:30 SingFit 11:30 Mini golf 1:30 Eye Spy 2:00 Horse Shoes 3:00 Gingerbread and Cocoa Social (DR) 3:30 Bingo 3:30 Bingo 4:00 Go4Life® Walking Club 6:30 Coloring	10:00 ZUMBA w/Cynthia 10 11:00 Hangman and Word Games 1:30 Coffee and Current events 2:00 Bistro Bowling 3:00 Frosty and Fun Social (DR) 4:00 Finish the Phrase 4:00 Catholic Communion 6:30 Easy Listening Music	10:00 Good Morning Chat & Updates! 11 10:30 Saturday Sports 11:00 Baking Club 2:00 Bingo 3:00 Cookies & Comedy Social 3:30 Color me fun 4:00 Go 4 Life Walking Club 6:30 Mystery Movie Night
10:00 Good Morning Chat & Updates! 12 10:30 Morning yoga 11:00 Sunday Hymns (DR) 11:45 Bible lyric readings 1:00 Flute with matt 1:30 Walk and roll 2:00 Outdoor balloon fun 2:30 Trivia 3:00 Brownie Social (DR) 3:30 Hand Massages and artistry 4:00 Mind games 6:30 Sunday Night Movie	10:00 Morning exercise 13 10:30 Food Bank Bingo 11:30 Trivia (DR) 12:00 Lunch outing 1:30 Doodle hour 2:30 Coffee and Chronicles (DR) 3:00 Pet therapy and merry cherry Social 3:30 Singfit 4:00 Mind games! 6:30 Easy Listening Music	10:00 Zumba with Cynthia 14 11:00 Coffee and Current Events 11:30 Mini golf 1:30 SingFit (DR) 2:00 Bake It Forward 3:00 Wassail and Cheese Social (DR) 3:30 Coloring time 4:00 Go4Life Walking Club 6:30 Comedy Movie Night	10:00 Coffee & Conversation (DR) 15 10:30 Strong seniors 11:00 SingFit (DR) 1:30 Scenic ride 2:30 Go4Life® Walking Club 3:00 Winterfest Social (DR) 3:30 Hand Massages and art project 4:00 Flute with matt 6:30 Easy Listening Music	10:00 Coffee and Current Events 16 10:30 SingFit 11:30 Mini golf 1:30 Eye Spy 2:00 Horse Shoes 3:00 Gingerbread and Cocoa Social (DR) 3:30 Bingo 4:00 Go4Life® Walking Club 6:30 Jazz Appreciation Night	10:00 ZUMBA w/Cynthia 17 11:00 Hangman and Word Games 1:30 Coffee and Current events 2:00 Bistro Bowling 3:00 Frosty and Fun Social (DR) 4:00 Finish the Phrase 4:00 Catholic Communion 6:30 Easy Listening Music	10:00 Good Morning Chat & Updates! 18 10:30 Saturday Sports 11:00 Baking Club 2:00 Bingo 3:00 Cookies & Comedy Social 3:30 Color me fun 4:00 Go 4 Life Walking Club 6:30 Mystery Movie Night
10:00 Good Morning Chat & Updates! 19 10:30 Morning yoga 11:00 Sunday Hymns (DR) 11:30 What am I? 1:30 Walk and roll 1:45 Flute with matt 2:00 Bible verses reading 2:30 Bowling 3:30 Hand Massages and artistry 4:00 Mind games 6:30 Sunday Night Movie	10:00 Morning exercise 20 10:30 Food Bank Bingo 11:30 SingFit (DR) 1:15 Balloon game 1:30 Go 4 Life Walking Club 1:45 Flute with matt 2:00 Coffee and Chronicles (DR) 2:30 Trivia 3:00 Social and reading with dale 4:00 Goodbye songs! 6:30 Easy Listening Music	10:00 Zumba with Cynthia 21 11:00 Coffee and Current Events 11:30 Mini golf 1:30 SingFit (DR) 2:00 Bake It Forward 3:00 Wassail and Cheese Social (DR) 3:30 Coloring time 4:00 Go4Life Walking Club 6:30 Comedy Movie Night	10:00 Coffee & Conversation (DR) 22 10:30 Strong seniors 11:00 SingFit (DR) 12:00 Lunch outing 2:30 Go4Life® Walking Club 3:00 Winterfest Social (DR) 3:30 End of day singing 4:00 Balloon fun 6:30 Easy Listening Music	10:00 Coffee and Current Events 23 10:30 SingFit 11:30 Mini golf 1:30 Eye Spy 2:00 Horse Shoes 3:00 Gingerbread and Cocoa Social (DR) 3:30 Color me fun 4:00 Go4Life® Walking Club 6:30 Jazz Appreciation Night	10:00 ZUMBA w/Cynthia 24 11:00 Hangman and Word Games 1:30 Scenic ride 1:30 Coffee and Current events 2:00 Bistro Bowling 3:00 Frosty and Fun Social (DR) 3:30 Walking club 4:00 Finish the Phrase 4:00 Catholic Communion 6:30 Easy Listening Music	10:00 Good Morning Chat & Updates! 25 10:30 Saturday Sports 11:00 Baking Club 2:00 Bingo 3:00 Cookies & Comedy Social 3:30 Color me fun 4:00 Go 4 Life Walking Club 6:30 Mystery Movie Night
10:00 Good Morning Chat & Updates! 26 10:30 Morning yoga 11:00 Sunday Hymns (DR) 1:30 Walk and roll 2:00 SCENIC DRIVE 3:00 Brownie Social (DR) 3:30 Hand Massages and artistry 4:00 Mind games 6:30 Sunday Night Movie	10:00 Morning exercise 27 10:30 Food Bank Bingo 12:00 Chinese New Year lunch outing (red pepper) 2:30 Coffee and Chronicles (DR) 3:00 Pet therapy and merry cherry Social 3:30 SingFit 6:30 Easy Listening Music	10:00 Zumba with Cynthia 28 11:00 Coffee and Current Events 11:30 Mini golf 1:30 SingFit (DR) 2:00 Bake It Forward 3:00 Wassail and Cheese Social (DR) 3:30 Coloring time 4:00 Go4Life Walking Club 6:30 Comedy Movie Night	10:00 Coffee & Conversation (DR) 29 10:30 Strong seniors 11:00 SingFit (DR) 1:30 Trivia and word games 2:30 Go4Life® Walking Club 3:00 Winterfest Social (DR) 3:30 Hand Massages and art project 4:00 Flute with matt 6:30 Easy Listening Music	10:00 Coffee and Current Events 30 10:30 SingFit 11:30 Mini golf 1:30 Eye Spy 2:00 Horse Shoes 3:00 Gingerbread and Cocoa Social (DR) 3:30 Color me fun 4:00 Go4Life® Walking Club 6:30 Jazz Appreciation Night	10:00 ZUMBA w/Cynthia 31 11:00 Hangman and Word Games 1:30 Coffee and Current events 2:00 Bistro Bowling 3:00 Frosty and Fun Social (DR) 4:00 Finish the Phrase 4:00 Catholic Communion 6:30 Easy Listening Music	

JANUARY 2020

Reminiscence
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