

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>C1A Cottage 1 Activity Center</b> <b>C2L Cottage 2 Living Room</b> <b>C3C Cottage 3 Court Yard</b> <b>C3D Cottage 3 Dining Room</b> <b>C3L Cottage 3 Living Room</b>			<b>HAPPY NEW YEAR!</b> 9:30 Catholic Communion (C1A) <b>1</b> 9:45 Top News Today (C3L) 10:00 Reading Club (LEMsmall group) (C3L) 10:30 <b>Exercise with Lyn (C3D)</b> 10:45 Flower Arrangement (C3D) 1:45 Trivia Time (C3L) 2:30 Hydration and Snack Social (C3D) 2:30 Go4Life Walking (C3L) 3:15 SingFit (C3L) 4:00 Do You Remember When... (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Top News Today (C3L) <b>2</b> 10:30 Writing Club (LEM small group) (C3L) 11:00 Kitchen Helpers Club (C3D) 2:00 Stretch and Be Fit (C3L) 2:30 Adult Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 Trivia Time (C3L) 6:30 Jigsaw Puzzle Club (C3L)	9:45 Sports Page (C3L) <b>3</b> 10:00 Morning Exercise (C3L) <b>10:30 Therapy Dog Visit (C3L)</b> 10:30 Men's Club (LEMsmall group) (C3D) 11:00 Short Stories (C3L) 2:00 SingFit (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Short Story (C3L)	9:45 Daily Chronicles (C3L) <b>4</b> 10:00 Sunrise Exercise (C3L) 10:30 Puzzles Solvers Club (C3L) 2:00 Painting/Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Jingo Bingo (C3D) 4:00 Dance Party Saturday (C3L) 6:00 Turner Classic Movies (C3L)
<b>HAPPY BIRTHDAY DOLORES</b> <b>5</b> 9:45 Sunday Morning News and Coffee (C3D) 10:00 Church Service at Sunrise (C1A) 10:30 Sit and Be Fit (C3L) 11:00 Chicken Soup for the Soul (C3L) 2:30 Puzzles and More (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 6:00 Turner Classic Movies (C3L)	9:30 Current Events (C3L) <b>6</b> 10:00 Exercise Essentials (C3L) 11:00 Short Stories (C3L) 1:45 Coloring/Crafts (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 SingFit Music Therapy (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Front Page News (C3L) <b>7</b> 10:00 Sittercise (C3L) <b>10:00 Art Class with Kathy (C3D)</b> 10:30 Mother's Club (LEMsmall group) (C3L) 11:00 Mind Your Mind (C3L) 2:00 Short Stories/Trivia (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Balloon/Noodle Toss (C3L) 6:30 Team Member Spotlight (C3L)	9:30 Catholic Communion (C1A) <b>8</b> 9:45 Top News Today (C3L) 10:00 Reading Club (LEM small group) (C3L) <b>10:30 Exercise with Lyn (C3D)</b> 10:45 Flower Arrangement (C3D) 1:45 Trivia Time (C3L) 2:30 Hydration and Snack Social (C3D) 2:30 Go4Life Walking (C3L) 3:15 SingFit (C3L) 4:00 Do You Remember When... (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Top News Today (C3L) <b>9</b> 10:30 Writing Club (LEM small group) (C3L) 11:00 Kitchen Helpers Club (C3D) 2:00 Stretch and Be Fit (C3L) 2:30 Adult Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 Trivia Time (C3L) 6:30 Jigsaw Puzzle Club (C3L)	<b>HAPPY BIRTHDAY FLORENCE B.</b> <b>10</b> 9:45 Sports Page (C3L) 10:00 Morning Exercise (C3L) <b>10:30 Therapy Dog Visit (C3L)</b> 10:30 Men's Club (LEMsmall group) (C3D) 11:00 Short Stories (C3L) 2:00 SingFit (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Card Making (C3D)	9:45 Daily Chronicles (C3L) <b>11</b> 10:00 Sunrise Exercise (C3L) 10:30 Puzzles Solvers Club (C3L) 2:00 Painting/Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Crafty Corner (C3D) 4:00 Dance Party Saturday (C3L) 6:00 Turner Classic Movies (C3L)
9:45 Sunday Morning News and Coffee (C3D) <b>12</b> 10:00 Church Service at Sunrise (C1A) 10:30 Sit and Be Fit (C3L) 11:00 Chicken Soup for the Soul (C3L) 2:30 Puzzles and More (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 6:00 Turner Classic Movies (C3L)	9:30 Current Events (C3L) <b>13</b> 10:00 Exercise Essentials (C3L) 11:00 Short Stories (C3L) 1:45 Coloring/Crafts (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 SingFit Music Therapy (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Front Page News (C3L) <b>14</b> 10:00 Sittercise (C3L) 10:30 Mother's Club (LEMsmall group) (C3L) 11:00 Mind Your Mind (C3L) 2:00 Short Stories/Trivia (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Balloon/Noodle Toss (C3L) 6:30 Team Member Spotlight (C3L)	9:30 Catholic Communion (C1A) <b>15</b> 9:45 Top News Today (C3L) 10:00 Reading Club (LEM small group) (C3L) <b>10:30 Exercise with Lyn (C3D)</b> 10:45 Flower Arrangement (C3D) 1:45 Trivia Time (C3L) 2:30 Hydration and Snack Social (C3D) 2:30 Go4Life Walking (C3L) 3:15 SingFit (C3L) 4:00 Do You Remember When... (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Top News Today (C3L) <b>16</b> 10:30 Writing Club (LEM small group) (C3L) 11:00 Kitchen Helpers Club (C3D) 2:00 Stretch and Be Fit (C3L) 2:30 Adult Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 Trivia Time (C3L) 6:30 Jigsaw Puzzle Club (C3L)	9:45 Sports Page (C3L) <b>17</b> 10:00 Morning Exercise (C3L) <b>10:30 Therapy Dog Visit (C3L)</b> 10:30 Men's Club (LEMsmall group) (C3D) 11:00 Short Stories (C3L) 2:00 SingFit (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Easy Does It Trivia (C3L)	9:45 Daily Chronicles (C3L) <b>18</b> 10:00 Sunrise Exercise (C3L) 10:30 Puzzles Solvers Club (C3L) 2:00 Painting/Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Jingo Bingo (C3D) 4:00 Dance Party Saturday (C3L) 6:00 Turner Classic Movies (C3L)
9:45 Sunday Morning News and Coffee (C3D) <b>19</b> 10:00 Church Service at Sunrise (C1A) 10:30 Sit and Be Fit (C3L) 11:00 Chicken Soup for the Soul (C3L) 2:30 Puzzles and More (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 6:00 Turner Classic Movies (C3L)	9:30 Current Events (C3L) <b>20</b> 10:00 Exercise Essentials (C3L) 11:00 Short Stories (C3L) 1:45 Coloring/Crafts (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 SingFit Music Therapy (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Front Page News (C3L) <b>21</b> 10:00 Sittercise (C3L) <b>10:00 Art Class with Kathy (C3D)</b> 10:30 Mother's Club (LEMsmall group) (C3L) 11:00 Mind Your Mind (C3L) 2:00 Short Stories/Trivia (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Balloon/Noodle Toss (C3L) 6:30 Team Member Spotlight (C3L)	9:30 Catholic Communion (C1A) <b>22</b> 9:45 Top News Today (C3L) 10:00 Reading Club (LEM small group) (C3L) <b>10:30 Exercise with Lyn (C3D)</b> 10:45 Flower Arrangement (C3D) 1:45 Trivia Time (C3L) 2:30 Hydration and Snack Social (C3D) 2:30 Go4Life Walking (C3L) 3:15 SingFit (C3L) 4:00 Do You Remember When... (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Top News Today (C3L) <b>23</b> 10:30 Writing Club (LEM small group) (C3L) 11:00 Kitchen Helpers Club (C3D) 2:00 Stretch and Be Fit (C3L) 2:30 Adult Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 Trivia Time (C3L) 6:30 Jigsaw Puzzle Club (C3L)	9:45 Sports Page (C3L) <b>24</b> 10:00 Morning Exercise (C3L) <b>10:30 Therapy Dog Visit (C3L)</b> 10:30 Men's Club (LEMsmall group) (C3D) 11:00 Short Stories (C3L) 2:00 SingFit (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Can You Picture This? (C3L)	9:45 Daily Chronicles (C3L) <b>25</b> 10:00 Sunrise Exercise (C3L) 10:30 Puzzles Solvers Club (C3L) 2:00 Painting/Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Crafty Corner (C3D) 4:00 Dance Party Saturday (C3L) 6:00 Turner Classic Movies (C3L)
9:45 Sunday Morning News and Coffee (C3D) <b>26</b> 10:00 Church Service at Sunrise (C1A) 10:30 Sit and Be Fit (C3L) 11:00 Chicken Soup for the Soul (C3L) 2:30 Puzzles and More (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 6:00 Turner Classic Movies (C3L)	9:30 Current Events (C3L) <b>27</b> 10:00 Exercise Essentials (C3L) 11:00 Short Stories (C3L) 1:45 Coloring/Crafts (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 SingFit Music Therapy (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Front Page News (C3L) <b>28</b> 10:00 Sittercise (C3L) 10:30 Mother's Club (LEMsmall group) (C3L) 11:00 Mind Your Mind (C3L) 2:00 Short Stories/Trivia (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Balloon/Noodle Toss (C3L) 6:30 Team Member Spotlight (C3L)	9:30 Catholic Communion (C1A) <b>29</b> 9:45 Top News Today (C3L) 10:00 Reading Club (LEM small group) (C3L) <b>10:30 Exercise with Lyn (C3D)</b> 10:45 Flower Arrangement (C3D) 1:45 Trivia Time (C3L) 2:30 Hydration and Snack Social (C3D) 2:30 Go4Life Walking (C3L) 3:15 SingFit (C3L) 4:00 Do You Remember When... (C3L) 6:30 Team Member Spotlight (C3L)	9:45 Top News Today (C3L) <b>30</b> 10:30 Writing Club (LEM small group) (C3L) 11:00 Kitchen Helpers Club (C3D) 2:00 Stretch and Be Fit (C3L) 2:30 Adult Coloring (C3D) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 4:00 Trivia Time (C3L) 6:30 Jigsaw Puzzle Club (C3L)	9:45 Sports Page (C3L) <b>31</b> 10:00 Morning Exercise (C3L) <b>10:30 Therapy Dog Visit (C3L)</b> 10:30 Men's Club (LEMsmall group) (C3D) 11:00 Short Stories (C3L) 2:00 SingFit (C3L) 2:30 Go4Life Walking (C3L) 3:00 Hydration and Snack Social (C3D) 3:15 Finish the Phrase (C3L)	