

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2TV 2nd Floor TV Room BO Bistro DR Dining Room FP Front Porch IN Indoors LB Library OD Outdoors OUT Outing PDR Private Dining Room PK Park TPO Terrace Patio TR Terrace Room TV TV Room		<u>Happy Birthday</u>	10:00 Exercise Essentials w/ Care Team (BO) <b>1</b> 11:00 Resident Council Meeting (BO) 1:30 Basketball Fun (BO) 3:00 Fresh Fruit Social (BO) 3:30 Afternoon Meditation (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:15 Movie Tonight (TR)	10:00 Exercise Essentials (BO) <b>2</b> 10:30 Video Lecture (TR) 2:00 Bible Study 3:00 Smoothie Social (BO) 3:30 Flower Arranging (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials (BO) <b>3</b> 11:00 Big Word Little Word (BO) 1:30 Basketball Fu (BO) 3:00 Wine & Cheese Social (BO) 4:00 Relax & Recharge Stretching w/ Gale (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials (BO) <b>4</b> 11:00 Words That Start With "LO" (BO) 1:30 Golden Girls/ I Love Lucy (TR) 3:00 Ice-cream Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:15 Saturday Night Movie (TR)
10:00 Exercise Essentials w/ Care Team (BO) <b>5</b> 10:30 Favorite Songs w/ Alexa (BO) 11:00 Columbia Baptist Church Worship (BO) 1:30 Basketball Fun (BO) 3:00 Fresh Baked Treat & Tea Social (BO) 3:30 Afternoon Meditation (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials (BO) <b>6</b> 10:30 Favorite Songs w/ Alexa (BO) 11:00 Giant Crossword Puzzle (BO) 1:30 Basketball/ Bean Bag Toss (BO) 2:30 <b>Music w/ Jon Futrell (BO)</b> 3:00 Root Beer Float Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials <b>7</b> 10:30 Armchair Travels (TR) 1:30 SingFit® (BO) 3:00 Treat Social (BO) 3:30 Trivia (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials w/ Care Team (BO) <b>8</b> 10:45 NewsCurrents Sr. 11:30 This Day in History 1:30 Bean Bag Toss (BO) 3:00 Fresh Fruit Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:15 Movie Tonight (TR)	10:00 Exercise Essentials (BO) <b>9</b> 10:30 Video Lecture (TR) 2:00 Bible Study 3:00 Smoothie Social (BO) 3:30 Flower Arranging (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Fun Facts (BO) <b>10</b> 11:00 Yoga w/ Anita (BO) 1:30 Bean Bag Toss (BO) 3:00 Wine & Cheese Social (BO) 3:00 Afternoon BINGO (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials (BO) <b>11</b> 11:00 Words That Start With "AM/MA" (BO) 1:30 Golden Girls/ I Love Lucy (TR) 3:00 Ice-cream Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:15 Saturday Night Movie (TR)
10:00 Exercise Essentials w/ Care Team (BO) <b>12</b> 10:30 Favorite Songs w/ Alexa (BO) 11:00 Columbia Baptist Church Worship (BO) 1:30 Bean Bag Toss (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials (BO) <b>13</b> 10:30 Favorite Songs w/ Alexa (BO) 11:00 Giant Crossword Puzzle (BO) 1:30 SingFit® (BO) 3:00 Root Beer Float Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials <b>14</b> 10:30 Armchair Travels (BO) 1:30 Resident Choice Fun! (BO) 3:00 Treat Social (BO) 3:30 Trivia (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials w/ Care Team (BO) <b>15</b> 10:45 NewsCurrents Sr. 11:30 This Day in History 1:30 Basketball Fun (BO) 3:00 Fresh Fruit Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:15 Movie Tonight (TR)	10:00 Exercise Essentials (BO) <b>16</b> 10:30 Video Lecture (TR) 2:00 Bible Study 3:00 Smoothie Social (BO) 3:30 Flower Arranging (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials (BO) <b>17</b> 11:00 Big Word Little Word (BO) 1:30 Basketball Fun (BO) 3:00 Wine & Cheese Social w/ Andy (BO) 3:00 Trivia with Andy B. (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials (BO) <b>18</b> 11:00 Words That Start With "ON/NO" (BO) 1:30 Golden Girls/ I Love Lucy (TR) 3:00 Ice-cream Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:15 Saturday Night Movie (TR)
10:00 Exercise Essentials w/ Care Team (BO) <b>19</b> 10:30 Favorite Songs w/ Alexa (BO) 11:00 Columbia Baptist Church Worship (BO) 1:30 Basketball Fun (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials (BO) <b>20</b> 10:30 Favorite Songs w/ Alexa (BO) 11:00 Giant Crossword Puzzle (BO) 2:30 <b>Tunes w/ Tom Stringer (BO)</b> 3:00 Root Beer Float Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials <b>21</b> 10:30 Armchair Travels (BO) 1:30 Resident Choice Fun! (BO) 3:00 Treat Social (BO) 3:30 Trivia (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials w/ Care Team (BO) <b>22</b> 10:45 NewsCurrents Sr. 11:30 This Day in History 1:30 Bean Bag Toss (BO) 3:00 Fresh Fruit Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:15 Movie Tonight (TR)	10:00 Exercise Essentials (BO) <b>23</b> 10:30 Video Lecture (TR) 2:00 Bible Study 3:00 Smoothie Social (BO) 3:30 Flower Arranging (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Fun Facts (BO) <b>24</b> 11:00 Yoga w/ Anita (BO) 1:30 Bean Bag Toss (BO) 3:00 Wine & Cheese Social (BO) 3:00 Afternoon BINGO (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials (BO) <b>25</b> 11:00 Words That Start With "UN/UR" (BO) 1:30 Golden Girls/ I Love Lucy (TR) 3:00 Ice-cream Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:15 Saturday Night Movie (TR)
10:00 Exercise Essentials w/ Care Team (BO) <b>26</b> 10:30 Favorite Songs w/ Alexa (BO) 11:00 Columbia Baptist Church Worship (BO) 1:30 Bean Bag Toss (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials (BO) <b>27</b> 10:30 Favorite Songs w/ Alexa (BO) 11:00 Giant Crossword Puzzle (BO) 1:30 SingFit® (BO) 3:00 Root Beer Float Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials <b>28</b> 10:30 Armchair Travels (BO) 1:30 Resident Choice Fun! (BO) 3:00 Treat Social (BO) 3:30 Trivia (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials w/ Care Team (BO) <b>29</b> 10:45 NewsCurrents Sr. 11:30 This Day in History 1:30 Basketball Fun (BO) 3:00 Fresh Fruit Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:15 Movie Tonight (TR)	10:00 Exercise Essentials (BO) <b>30</b> 10:30 Video Lecture (TR) 2:00 Bible Study 3:00 Smoothie Social (BO) 3:30 Flower Arranging (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	10:00 Exercise Essentials (BO) <b>31</b> 11:00 Big Word Little Word (BO) 1:30 Basketball Fun (BO) 3:00 Wine & Cheese Social (BO) 4:00 Go4Life® Indoor Walking Club (IN) 6:30 Evening News (TV)	